



Lesson 1

Listening

I will learn:

half past, wake up, sleepy, tired,
prepare, get dressed
usually / always ...

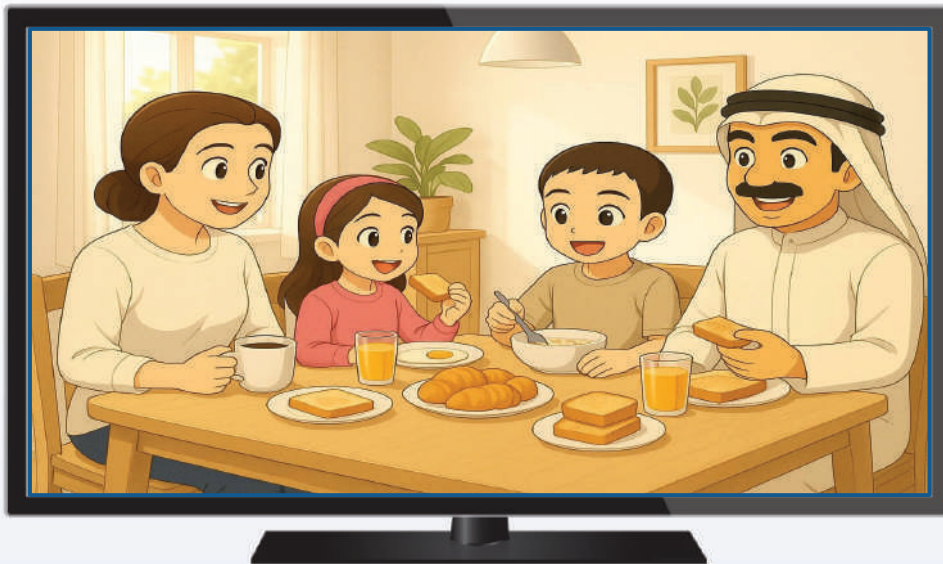


Before you listen

What do you usually do at nine o'clock?



Listen and tick ✓ or ✗



1. Mum usually prepares breakfast.



2. Hamad is sleepy today.



3. Noura always gets dressed late.



Listen again, then choose the correct answer from a, b or c

1. The family usually has their breakfast at

a. half past six

b. five o'clock

c. six o'clock

2. On Fridays, Noura

a. plays with her friends

b. helps her Mum

c. goes shopping

Lesson 2

Grammar

I will learn:

homework

What do you (usually/always) do at half past ...?

What does she/he (usually/always) do at ... o'clock?



Ask and answer



What do you
usually/always do
at half past three?



What does he
usually/always do
at two o'clock?

I
You
We
They

do my homework at...
have dinner at...
wake up at...
prepare food at...

He
She
It

does his homework at...
has breakfast at...
wakes up at...
prepares food at...



Circle the correct answer

1. I always at six o'clock in the morning.

a. walk

b. walked

c. walking

2. She usually her breakfast at seven o'clock.

a. have

b. has

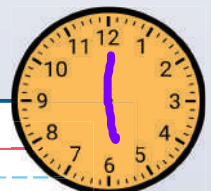
c. had

Speaking



Ask your partner, draw the hands, then complete

My friend always wakes up at 6 o'clock.



Lesson 3

Reading

I will learn:

study, sunrise, afternoon, hour
I **usually** / **always** **at** sunrise/
in the afternoon/ **at** night



Before you read



What do you usually do at night after dinner?



Read Quran



Draw a picture



Walk for half an hour



Read the following passage and choose the correct answer from a, b or c

I am Noura. I usually wake up at 6 o'clock, at sunrise. I wash my face, brush my teeth, and pray. I have my breakfast at half past six.

I always go to school with my Mum by car. I usually go home at 2 o'clock and I study for an hour. Every Thursday, I go to the gym at 3 o'clock in the afternoon. I meet my friend Reem there. **We** play basketball for 2 hours. I have my dinner. At night, I usually go to bed at nine o'clock.

1. The best title for this passage could be

- a. Noura's Day b. Reem's Day c. Mum's Day

2. The underlined word **We** in line 7 refers to

- a. Noura and Mum b. Noura and Reem c. Reem and Mum



Read again, then answer the following question

1. How does Noura go to school?

Noura goes to school by bus.

Lesson 4

Writing

1. Start with ABC
2. Capitalize: Name, Day
3. End with .



Write the missing words to complete the story

On Saturday, Hamad _____ wakes up _____

at _____ half past nine _____ nine. He _____ studies _____

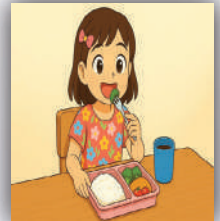
for 2 hours. Then, he goes to see his grandmother.



Write sentences with the help of guide words and pictures using proper punctuation marks

1. (eat – lunch)

She eats her breakfast.



2. (go – gym)

He goes to the gym.



3. (do – homework)

She does a homework.



Lesson 5

Listening

I will learn:

uniform, start, Arabic, religion, participate
What time does school start? It starts **at ...**



Before you listen

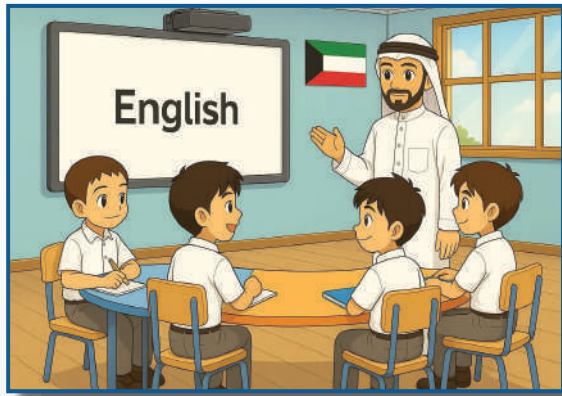


Discuss your favourite subject with your friends.

religion



Listen and tick ✓ or ✗



1. Fahad wakes up at six.

✗

2. Fahad enjoys reading stories in the English class.

✓

3. Nasser likes Arabic and English subjects.

✗



Listen again, then choose the correct answer from a, b or c

1. Fahad's father asked him to

a. put on his uniform

b. take shower

c. play basketball

2. The school starts at half past

a. five

b. six

c. seven

Lesson 6

Grammar

I will learn:

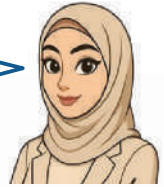
wrote, revised, learned, gave, slept
When **did** you/ she/ he/...?



Ask and answer



What time **did you wake up** yesterday?



I **woke up** at 7 o'clock yesterday.



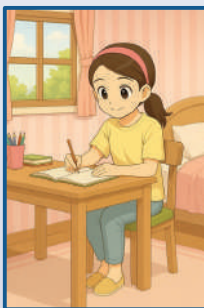
Choose the correct answer from a, b or c

1. Yesterday, Fatima to school at 7 o'clock.
a. going b. goes c. went
2. Rashed his grandmother last Thursday.
a. saw b. sees c. seeing

Speaking



Reorder Noura's day, then talk about it



3



2



4



1



Before you listen

How was your school day?



Read Ahmed's diary, then choose the correct answer from a, b or c

Tuesday, 11th of September

Yesterday was my first day at school. I met a new friend. He was friendly. His name is Salem. We had six classes. My favourite classes are PE, Art and English. In the English class, we learned how to spell and write new words.

In the Art class, our teacher, Mr. Bader, asked us to draw different things. He was so kind to us. I drew a car. It was red. My friend Salem drew a big house. In P.E. class, we played football. It was a fun day. We were happy.

1. The best title for this passage could be

- a. Ahmad's Friend b. Ahmad's Teacher c. Ahmed's Day

2. The underlined word **He** refers to

- a. Ahmed b. Mr. Bader c. Salem



Read again, then answer the following question

1. When did Ahmed write his diary?

On Tuesday, 11th of September

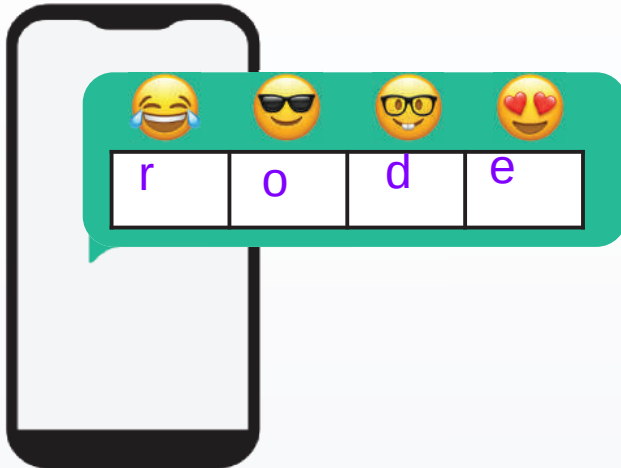
Lesson 8

Writing

1. Start with ABC
2. Capitalize: Name, Day
3. End with.



Find the secret word



r	e	a	p
g	t	o	z
x	l	u	d



Write the sentences with the help of guide words and pictures using proper punctuation marks

1. (washed – hand)

She washed her hands.



2. (rode – park)

He rode his bike in the park.



3. (woke up – 6 o'clock)

He woke up at 6 o'clock.



A) Choose the correct answer from a, b or c

- At school, we learn how to..... different words.
a. spell b. ride c. participate
- I usually wake up early at 6 o'clock, at
a. hour b. sunrise c. uniform
- My mother healthy food for us.
a. starts b. prepares c. revises
- He is He helps his friends every day.
a. sleepy b. light c. friendly

B) Read the following passage then choose the correct answer from a, b or c

Fatma wakes up early in the morning. She gets dressed. She always helps her mother prepare breakfast. Fatma likes to participate in the class. After school, she has lunch. In the afternoon, she studies and writes her homework. She is friendly and kind. In the evening, Fatma and her sister ride their bikes together. At night, she feels tired and sleepy. She brushes her teeth and goes to bed.



- The best title for the passage could be
a. Fatma's Day b. Fatma's Home c. Fatma's School
- The underlined word **she** in line 7 refers to
a. mother b. sister c. Fatma
- Fatma and her sister together.
a. feel tired b. ride their bikes c. prepare breakfast
- Fatma wakes up at half past
a. five b. six c. seven

A) Choose the correct answer from a, b or c

1. She usually a book in the afternoon.
a. read b. reads c. reading
2. My family and I to the park yesterday.
a. go b. going c. went
3. I always get up 10 o'clock, at the weekend.
a. on b. at c. in

B) Write sentences with the help of pictures and guide words using proper punctuation marks

1. (wake up – half past six)

He wakes up at half past six.



2. (always – pray)

He always prays prayers.



3. (go – school)

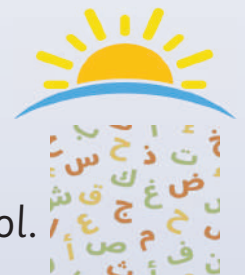
He goes to school.



C) Complete sentences with the suitable words

1. Sara gets up early at

sunrise



2. They learn religion and

Arabic

at school.

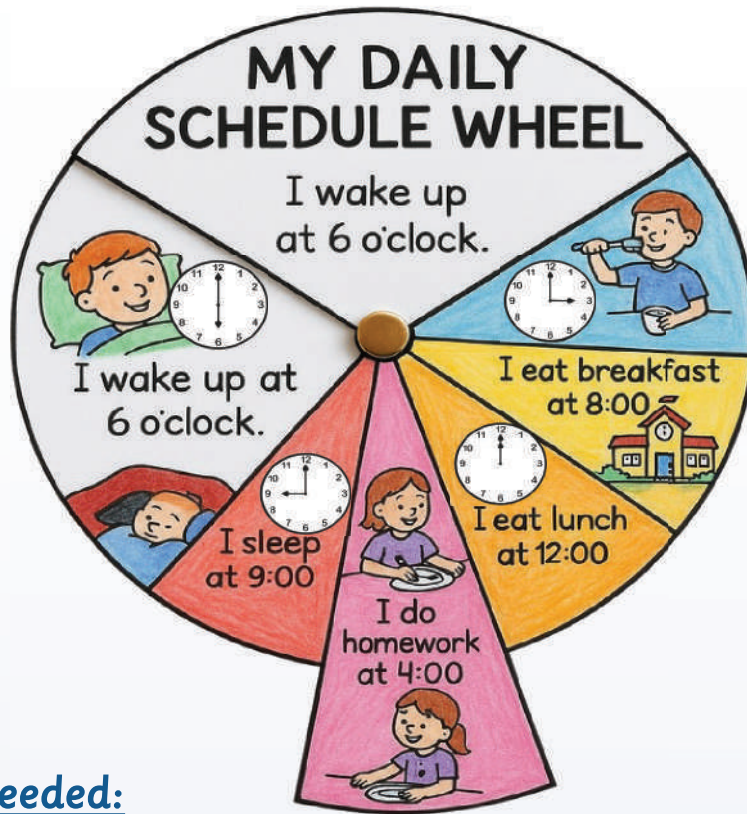
3. School starts at

half past

seven.



Project 2



Materials Needed:

- Two circular pieces of cardstock or construction paper (one slightly smaller than the other)
- Brass paper fastener (split pin)
- Scissors
- Glue sticks
- Crayons, markers, or coloured pencils
- Clock face templates (optional)
- Picture cutouts or printed routine icons (e.g., brushing teeth, eating breakfast, going to school)
- Sentence strips or sticky labels

Step-by-Step Instructions



1. Prepare the Wheel Base
2. Draw or Paste Images
3. Add Time & Sentences
4. Create the Rotating Cover
5. Decorate and Share