

Vocabulary

كلمات الصف العاشر

الفصل الدراسي الأول

Grade 10

1st Term

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L1	N	word	P.S	Definition	Meaning
lesson 1	1	nutritious	adj	(of food) very good for you; containing many substances which help the body grow	مغذى
	2	pledge	n	a serious promise	تعهد
	3	portion	n	a part or share of something larger	حصة / كمية
	4	resist	v	to refuse to accept something and try to stop it from happening	يقاوم
	5	swap	v	to give something to somebody and receive something in exchange	يستبدل

L2	N	word	P.S	Definition	Meaning
lesson 2	1	attitude	n	a feeling or opinion about something or someone, or a way of behaving caused by this	موقف / توجه
	2	bestow	v	to give something as an honour or present	يمنح / يقدر
	3	consume	v	to eat or drink something	يستهلك
	4	inactive	adj	not doing anything; not active	غير نشيط
	5	involvement	n	the act of taking part in something or dealing with somebody	انخراط / مشاركة
	6	notable	adj	important and deserving attention, because of being very good or interesting	ملحوظ
	7	nutrition	n	the substances taken into the body as food and how they influence health	التغذية
	8	routinely	adv	as part of the way in which things are regularly done	بشكل روتيني
	9	stimulate	v	to encourage something to grow, develop, or become active	يحفز
	10	urge	v	to advise or try hard to persuade somebody to do something	يحث / يدفع

L4	N	word	P.S	Definition	Meaning
lesson 4	1	aroma	n	a pleasant smell that is easy to notice	رائحة / عبق
	2	filling	adj	(of food) making your stomach feel full	مشبع
	3	preservatives	n	a substance used to prevent food or wood from decaying	مواد حافظة
	4	prioritise	v	to put tasks, problems, etc. in order of importance	يعطى الأولوية
	5	soak	v	to put something in liquid for a time so that it becomes completely wet	ينقع

L5	N	word	P.S	Definition	Meaning
lesson 5	1	affordable	adj	cheap enough that people can afford to pay it or buy it	بسعر معقول
	2	indeed	adv	really or certainly, often used to emphasise something	بالفعل
	3	nutritional	adj	connected with the process by which living things receive necessary food	غذائي
	4	organisation	n	the act of making arrangements or preparations for something	تنظيم
	5	subsidise	v	to pay part of the cost of something	يدعم ماليًا

L7	N	word	P.S	Definition	Meaning
lesson 7	1	biological	adj	connected with the processes that take place within living things	حيوي / بيولوجي
	2	chemically	adv	in a way that is connected with chemistry or chemicals	كيميائيًا
	3	effective	adj	producing the result that is wanted or intended; producing a successful result	فعال
	4	fatigue	n	a feeling of being extremely tired, usually from hard work or exercise	تعب / إرهاق
	5	inflammation	n	a condition where body tissue becomes red, painful and swollen from infection	التهاب

L7	N	word	P.S	Definition	Meaning
lesson 7	6	malnutrition	n	weakness and bad health caused by insufficient food or improper diet	سوء تغذية
	7	personalised	adj	marked in some way to show that it belongs to a particular person	مخصص
	8	process	v	to treat raw material, food, etc. in order to change it or preserve it	يعالج / يُعالج
	9	regulate	v	to control something by means of rules	ينظم
	10	still	adv	continuing to happen or continuing to be done	لا يزال

L9	N	word	P.S	Definition	Meaning
lesson 9	1	decade	n	a period of ten years, especially a continuous period (e.g. 2000–2009)	عقد / عشر سنوات
	2	legume	n	a plant that has its seeds in a pod, such as the bean or pea	بقوليات
	3	overlook	v	to fail to see, notice, or consider something	يغفل عن / يهمل
	4	stroll	v	to walk in a slow, relaxed way, especially for pleasure	يتمشى
	5	sustainable	adj	able to continue over a period of time	مستدام

L10	N	word	P.S	Definition	Meaning
lesson 10	1	assign	v	to give somebody something to use, or a piece of work or responsibility	يكلف بـ
	2	break down	ph.v	to divide into parts to be analysed	يفكك / يحلل
	3	hurdle	n	a problem or difficulty that must be solved before you can achieve something	عقبة
	4	tempting	adj	attractive, making people want to have or do something	مغري
	5	wholesome	adj	good for you, likely to improve life physically, morally, or emotionally	صحي / مفيد

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Unit Two

L1	N	word	P.S	Definition	Meaning
lessons 1	1	injure	v	to hurt or cause physical harm to a person or animal	يؤذي / يصيب
	2	landfill	n	an area where large amounts of waste material are buried under earth	مكب نفايات
	3	reusable	adj	able to be used more than once	قابل لإعادة الاستخدام
	4	second-hand	adj	not new; owned by somebody else before	مستعمل
	5	wind turbine	compound noun	a tall structure with wind-driven blades producing electricity	توربين رياح

L2	N	word	P.S	Definition	Meaning
lesson 2	1	alternative	n	a thing you can choose to do or have out of two or more possibilities	بديل
	2	awareness	n	interest in and concern about a particular situation or area of interest	وعي / ادراك
	3	convert	v	to change from one form, purpose, or system to another	يحول
	4	decisive	adj	able to make decisions quickly and confidently	حاسم
	5	ecosystem	n	all living things in an area and how they affect each other and the environment	نظام بيئي
	6	emission	n	the production or sending out of light, heat, gas, etc.	انبعاث غاز / حراره
	7	entirely	adv	in every way possible; completely	بالكامل
	8	expertise	n	expert knowledge or skill in a particular subject or job	خبرة / تخصص
	9	flowing	adj	moving in one direction, especially continuously and easily	متدفق
	10	run out	ph.v	to use up or finish a supply of something	ينفد

L4	N	word	P.S	Definition	Meaning
lessons 4	1	combination	n	the act of joining or mixing two or more things to form a single unit	مزيج / مجموعة
	2	concept	n	a principle or idea	مفهوم / فكرة
	3	unnecessary	adj	not needed or wanted, or more than is needed	غير ضروري
	4	unplug	v	to disconnect electrical equipment from the electricity supply	يفصل من الكهرباء
	5	vacant	adj	not filled or occupied; available to be used	شاغر / فارغ

L5	N	word	P.S	Definition	Meaning
lesson 5	1	ambitious	adj	needing a lot of effort, money or time to succeed	طموح
	2	ideal	adj	perfect, or the best possible	مثالي
	3	power	v	to supply a machine or vehicle with operating energy	يزود بالطاقة
	4	power grid	compound noun	a network system transmitting electricity across a large area	شبكة الكهرباء
	5	tailor	v	to make or adapt something for a particular purpose or person	يُخصص / يفصل لغرض معين

L7	N	word	P.S	Definition	Meaning
lesson 7	1	add up	phv	to increase by small amounts until there is a large total	يتراكم / يضاف
	2	antique	n	an old and often valuable object such as furniture	تحفة / عتيق
	3	directly	adv	without stopping or changing direction	مباشرة
	4	dispose of	phv	to get rid of something, especially by throwing it away	يتخلص من
	5	enormous	adj	extremely large	هائل / ضخم جدًا

lessons 7	6	eventually	adv	in the end, especially after a long time or much effort	في النهاية
	7	make over	phv	to improve something or someone by modifying parts	يجدد / يغير
	8	regard	v	to think about somebody or something in a particular way	يعتبر / ينظر إلى
	9	tablet	n	a portable touchscreen computer usually without physical keyboard	جهاز لوحي
	10	upcycling	n	making new objects or furniture out of old, used, or waste items	إعادة تدوير ابتكارية

L9	N	word	P.S	Definition	Meaning
lesson 9	1	bury	v	to put something into a hole in the ground and cover it	يدفن / يطممر
	2	composting	n	storing plant material so it decays into soil-enriching matter	صناعة السماد العضوي
	3	decompose	v	to break down into smaller parts naturally	يتحلل
	4	densely	adv	in a way containing many people, things, or plants closely spaced	بكثافة
	5	incineration	n	burning waste material until it is completely destroyed	حرق / ترميد النفايات

L10	N	word	P.S	Definition	Meaning
lesson 10	1	brand-new	adj	completely new, especially not yet used	جديد كلياً / غير مستعمل
	2	manufacture	v	to produce goods in large numbers in a factory with machines	يصنع / ينتج
	3	outlive	v	to live or exist longer than someone or something else	يعيش أطول من / يدوم أكثر
	4	seldom	adv	not often; rarely	نادرًا
	5	strict	adj	strongly limiting behavior or severely enforcing rules	صارم / متشدد

L1	N	word	P.S	Definition	Meaning
lessons 1	1	artefact	n	an object made by a human, especially of historical or cultural interest	قطعة أثرية
	2	evidence	n	facts, signs, or objects proving that something is true	دليل
	3	illustrate	v	to make meaning clearer using examples, pictures, etc.	يوضح
	4	pass down	phv	to teach or give something to younger generations	ينقل عبر الاجيال
	5	stand for	phv	to support, represent, or symbolize something	يرمز إلى / يمثل

L2	N	word	P.S	Definition	Meaning
lesson 2	1	automatic	adj	having controls that work without needing human operation	تلقائي
	2	creativity	n	the use of skill and imagination to produce something new or art	إبداع
	3	creator	n	a person who has made or invented a particular thing	مبتكر
	4	detailed	adj	giving many details and paying great attention to information	مفصل
	5	devote to	phv	to dedicate an amount of time or attention to something	يكرس ل / يخصص
	6	director	n	a person in charge of an activity, company, or film project	مدير
	7	leading	adj	most important or most successful	رائد
	8	precisely	adv	exactly; accurately	بدقة
	9	sadly	adv	in an unhappy or unfortunate way	للأسف / بحزن
	10	translation	n	changing text or speech from one language into another	ترجمة

L4	N	word	P.S	Definition	Meaning
lessons 4	1	expand	v	to become or make greater in size, number, or importance	يوسع
	2	narrow	adj	having a small distance from one side to the other	ضيق
	3	passage	n	a long narrow corridor in a building or covered pathway	ممر / رواق
	4	surround	v	to be everywhere around something or someone	يحيط بـ
	5	watchtower	n	a tall tower where guards keep watch over an area	برج مراقبة

L5	N	word	P.S	Definition	Meaning
lesson 5	1	award	n	a prize such as money or a plaque given for an achievement	جائزة
	2	conference	n	a large official meeting where people gather to discuss views	مؤتمر
	3	document	v	to record something via written text, photo, or film	يوثق
	4	insightful	adj	showing clear, deep, and original understanding of complex situations	عميق الفهم
	5	mechanical	adj	operated by or connected with machines and their parts	ميكانيكي

L7	N	word	P.S	Definition	Meaning
lesson 7	1	alive	adj	continuing to exist or endure	حي
	2	ceremony	n	formal traditional acts performed on important social occasions	مراسم / احتفال
	3	continuous	adj	existing for a period of time without interruption	مستمر
	4	educate	v	to teach somebody about something or how to do something	يعلم
	5	identify	v	to recognize someone or something and say who or what they are	يتعرف على / يحدد

lessons 7	6	overseas	adv	in, from, or to other countries across the sea	في الخارج
	7	patiently	adv	waiting calmly or accepting difficulties without anger	بصبر
	8	publish	v	to produce and distribute printed or digital books or newspapers	ينشر
	9	root	n	the origin or fundamental basis of something	جذر / اصل
	10	view	v	to hold a particular opinion or way of thinking about something	يشاهد / ينظر

L9	N	word	P.S	Definition	Meaning
lesson 9	1	bridge	n	a structure providing connection or contact between different things	جسر
	2	classic	adj	having a timeless, traditional style that remains fashionable	كلاسيكي
	3	decorative	adj	decorated to look appealing; intended to be pretty	زخرفي
	4	dye	v	to change the color of something with a special liquid	يصبغ
	5	identity	n	who or what someone or something is; distinct characteristics	هوية

L10	N	word	P.S	Definition	Meaning
lesson 10	1	amazingly	adv	in a very surprising way that causes admiration	بشكل مذهل
	2	customise	v	to alter or build something to suit individual user needs	يخصص
	3	hidden	adj	placed or situated in a location where it cannot be easily seen	مخفي
	4	tuck away	ph.v	to be located in a quiet, secluded place	يقع بعيدا / يخفى
	5	walker	n	a person who walks, especially for recreation or health	شخص يمشي

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Unit Four

L1	N	word	P.S	Definition	Meaning
lessons 1	1	citizenship	n	the state and duties of being an active citizen in a community	المواطنة
	2	continuously	adv	occurring repeatedly or continuously without interruption	باستمرار
	3	site	n	a location where a structure, town, or monument is situated	موقع
	4	tie	n	a close relationship or connection linking people or nations	رابطة / صلة
	5	well-known	adj	known and recognized by a large number of people	مشهور / معروف

L2	N	word	P.S	Definition	Meaning
lesson 2	1	capacity	n	someone's maximum ability to do or contain something	قدرة / سعة
	2	collection	n	a curated group of objects or artifacts assembled together	مجموعة
	3	culturally	adv	relating to the customs, heritage, and values of a society	ثقافيًا
	4	hub	n	the bustling focal center of an activity, trade, or region	مركز
	5	mark	v	to celebrate or formally commemorate an important milestone	يميز / يحدد
	6	nation	n	a community sharing common history, language, and governance	أمة / دولة
	7	new-found	adj	recently discovered, attained, or recognized	مكتشف حديثًا
	8	rapidly	adv	at high speed; swiftly within a short timeframe	بسرعة
	9	sustain	v	to nourish, uphold, and allow to continue over time	يدعم / يحافظ على
	10	transformation	n	a complete and profound evolution or change in form	تحول / يغير

L4	N	word	P.S	Definition	Meaning
lessons 4	1	defence	n	the protection of people or a country against attack or threat	دفاع
	2	downplay	v	to minimize the perceived gravity or importance of an issue	يقلل من أهمية
	3	leader	n	a person who guides or commands a nation or organization	قائد
	4	safeguard	v	to protect from harm, loss, or jeopardy; preserve securely	يحمي / حماية
	5	stable	adj	firmly established; unlikely to deteriorate or falter	مستقر

L5	N	word	P.S	Definition	Meaning
lesson 5	1	altruism	n	disinterested and selfless concern for the well-being of others	إيثار
	2	ancestor	n	a forebear from whom a person is descended	سلف / جد
	3	comply	v	to act in accordance with an established mandate or regulation	يمتثل / يلتزم
	4	loyal	adj	giving firm and steadfast support or allegiance to a group or cause	مخلص / وفي
	5	volunteer	v	to freely offer service without compulsion or financial gain	يتطوع

L7	N	word	P.S	Definition	Meaning
lesson 7	1	contract	n	a formal, legally binding covenant between entities	عقد
	2	equality	n	the state of having identical social standing and equal rights	مساواة
	3	formal	adj	observing established ceremony, etiquette, or legal standards	رسمي
	4	freedom	n	the right to act, think, or speak without arbitrary restraint	حرية
	5	impose	v	to establish authoritatively as compulsory; levy or enforce	يفرض / يلزم

lessons 7	6	informal	adj	casual and friendly; unconstrained by rigid protocol	غير رسمي
	7	interestingly	adv	in a remarkable way that commands intellectual curiosity	من المثير للاهتمام
	8	respect	v	to hold in high esteem, admire, and treat with consideration	يحترم
	9	sentence	v	to formally pronounce judicial condemnation or penal decree	يحكم / يصدر حكماً
	10	universal	adj	applicable to, occurring across, or embracing all humankind	شامل / عالمي

L9	N	word	P.S	Definition	Meaning
lesson 9	1	monument	n	a stately architectural structure celebrating a heroic legacy	نصب تذكاري
	2	rare	adj	seldom encountered; marked by uncommon scarcity	نادر
	3	showcase	v	to exhibit the finest virtues or attributes conspicuously	يعرض
	4	skyline	n	the distinctive horizon profile etched by architectural silhouettes	الأفق العمراني للمدينة
	5	symbolise	v	to serve as an emblematic representation of an abstract virtue	يرمز إلى

L10	N	word	P.S	Definition	Meaning
lesson 10	1	character	n	the composite aggregate of mental and ethical traits defining a person	شخصية
	2	lasting	adj	enduring across time; leaving an indelible impression	دائم
	3	mature	adj	having attained complete psychological stability and sound discretion	راشد / ناضج
	4	record	n	an authentic documented chronicle preserved for posterity	سجل
	5	regulation	n	an authoritative directive issued by governing jurisdiction	قانون / لائحة