

Learning Unit Four

Simple Living, Better World



صِفْوَةٌ مَعَالِي الْكَوْنِ



صِفْوَةُ مُعَالِمِي الْكُوَيْتِ



Vocabulary

Learning Unit 4

- ① Read each definition carefully. Then choose the most suitable word from the list below.

valuable – thoughtful – balanced – gadget – focus

1. Thinking about something seriously before deciding.
2. Having equal or correct amounts of different things.
3. To give full attention to something or concentrate on it.
4. Something that is worth a lot or is very useful.

thoughtful

balanced

focus

valuable

- ② Complete the dialogue below using the appropriate words from the given box.

mindful – responsibly – preserve – donate – packaging – wasteful

Sara: Hey, Layla! I'm trying to be more mindful about how I shop.

Layla: That's great! I've started buying things with less packaging to reduce waste.

Sara: Me too. I also try to donate clothes that I don't wear instead of throwing them away.

Layla: That's smart. Being wasteful just harms the environment.

Sara: Exactly. We all need to act responsibly to preserve the planet for future generations.

Layla: I totally agree. Even small changes can make a big difference.

- ③  Choose the correct answer from a, b, c or d.

1. Eating a balanced diet will _____ your body, mind, and immune system.
a) donate b) minimise c) focus **d) benefit**
2. We used _____ plates at the picnic to make cleanup easier.
a) disposable b) valuable c) thoughtful d) balanced
3. The chef used a kitchen _____ that slices vegetables in seconds.
a) flavour b) symbol c) expense **d) gadget**



1



Complete the sentences using the correct form of the verb in the present perfect simple or present perfect continuous.

- Sara **has never tried** (never/ try) sushi.
- They **have been studying** (study) for the exam since morning.
- Have you finished** (you/finish) your homework yet?
- She **has broken** (break) her glasses and can't see clearly.
- She **has been learning** (learn) Spanish for two months.

2

Choose the correct answer from a, b, c or d.

- There isn't water left in the bottle; it is almost empty.
a) few **b) much** c) many d) little
- Is there milk in the fridge?
a) any b) many c) few d) little
- We saw people at the concert last night. It was very crowded.
a) any **b) many** c) few d) little
- She is worried because she has time to finish the task.
a) any b) many c) few **d) little**
- people attended the meeting because of the rain.
a) Any b) Many **c) Few** d) Little

3

Choose the correct answer to complete each sentence.

- She (**has worked / has been working**) here since 2015.
- We (**have just received / have been receiving**) the email.

4



Rewrite the sentences using the correct quantifier.

- She has little friends at school, which makes her feel happy.
She has few friends at school, which makes her feel happy.
- Do you have little money to lend me?
Do you have a little money to lend me?



Punctuation Power: Colons and Semicolons

1 A. Read the sentences below. Underline the part that comes after the colon (:) or semicolon (;).

1. There are three ways to live simply: use less, buy less, and recycle more.
2. The average person uses too many resources: most of these can be reduced by small, daily changes.
3. Many people want to save more; they start planning their spending.

B. Discuss with a partner.

1. Colon (:) Look again at sentences 1 and 2.

- What comes before the colon? Is it a complete sentence?
- What comes after the colon? Is it a list or an explanation?
- Can you use a colon if the first part is not a full sentence?

A colon (:): Use a colon after a full sentence to show a list, give an example, or explain something.

2. Semi-colon (;) Look at sentence 3.

- Are there two complete sentences on each side of the semi-colon?
- Are the two ideas closely related?
- Can you use a full stop instead?

A semi-colon (;): Use a semi-colon (;) to join two closely related sentences; each part must be a complete sentence on its own.

2 Colon or Semicolon? Make the Right Choice!

Add (:) or (;) in the blanks.

1. There are three rules for a balanced life ____ eat well, rest enough, and stay active.
2. Simple living has one big benefit ____ it helps you feel more in control.
3. Some people choose to cook at home ____ they want to eat healthier.
4. She avoids fast fashion ____ she prefers to buy only what she needs.

3 Your Turn: Use a Colon and a Semicolon

- Write one sentence using a colon (:) to introduce a list or explanation.
- Write one sentence using a semi-colon to join two related ideas.

1. Colon: I have three favorite hobbies: reading, drawing, and cycling.
2. Semicolon: I wanted to go for a walk; it was too hot outside.



Plan and write a two-paragraph report explaining why reducing waste is important and suggesting practical ways to reduce waste.

Support your ideas with examples from your own experience.



Paragraph 1: (The importance of reducing waste)

Topic sentence:

Reducing waste is very important because it helps protect our environment and saves natural resources.

Supporting details:

When we produce too much waste, it often ends up in landfills or the ocean, causing pollution and harming animals. By reducing waste, we can use fewer materials, save energy, and keep our planet clean. It also helps reduce greenhouse gases, which are harmful to the Earth.

Concluding sentence:

Therefore, reducing waste is a key step to making our world healthier and more sustainable for future generations.

Paragraph 2: (Practical ways to reduce waste with examples)

Topic sentence:

There are many simple ways we can reduce waste in our daily lives.

Supporting details:

We can start by reusing items like bottles and bags instead of throwing them away. Recycling paper, plastic, and glass also helps reduce the amount of waste we produce. Buying products with less packaging and donating clothes we no longer need are other great ways to make a difference. For example, my family keeps reusable shopping bags and uses glass containers instead of plastic ones.

Concluding sentence:

Small actions like these, when done by many people, can greatly help protect our planet and reduce waste.



Reducing Waste

Reducing waste is very important because it helps protect our environment and keeps the Earth clean. When people throw away too much rubbish, it can pollute the land and the sea. Animals may also get hurt when they eat plastic or other trash. Reducing waste also saves natural resources and energy. If everyone works together, we can make our planet a better and healthier place to live.

There are many easy ways to reduce waste. We can use reusable bottles and bags instead of plastic ones. Recycling paper, glass, and plastic helps reduce the amount of rubbish we produce. Donating old clothes instead of throwing them away is another good idea. My family always uses glass containers at home and avoids buying things with too much packaging. Small actions like these can make a big difference to our world.

مَعَ الْكُتُبِ
صِفْوَةٌ بِمِثْلِهَا



A. Vocabulary

1 Complete the sentences with words from the box:

benefit – consumption – disposable – minimise – valuable – focus

1. You should focus on your studies if you want to pass the exam.
2. The museum has many valuable paintings from the 18th century.
3. The doctor advised him to reduce his sugar consumption.
4. To save money, we need to minimise unnecessary spending.
5. Many people use disposable cups for coffee.

B. Grammar

2 Choose the correct answer from a, b, c, or d.

1. She _____ just _____ from an international conference.
☒ a) has / returned b) will / return c) was / returning d) would / return
2. We _____ for the presentation since Monday.
 a) prepare b) prepared c) would prepare ☒ d) have been preparing
3. We had _____ information about the event.
 a) few ☒ b) little c) many d) any

C. Reading Comprehension

3 Read the following text, then answer the questions that follow.

Living simply means focusing on what truly matters. It involves reducing clutter and unnecessary possessions. Many people find happiness by appreciating small things in life. Simple living encourages spending time with family and friends. It can help reduce stress and improve mental health. People who live simply often choose quality over quantity. **They** don't buy unnecessary things and enjoy doing useful activities instead. Living simply is a way to find balance and contentment in a busy world.

a. Choose the correct answer from a, b, c or d.

1. The writer's purpose of writing this paragraph is to:
 a) explain how to collect more possessions.
☒ b) describe the benefits of living simply.
 c) encourage people to work longer hours.
 d) support buying expensive things.
2. The underlined word "They" in the 4th line refers to:
 a) friends b) possessions ☒ c) people d) things

LIVING SIMPLY



Assessment 1

(A)

1. give up
2. inspire
3. fulfil
4. mindset

(B)

1. When did they visit the museum?
What did they do yesterday?
2. were driving
3. Neither the laptop nor the tablet
needs to be charged tonight.

(C)

1. c
2. c
3. b
4. He told them interesting facts about the
plants and animals they saw along the way.

Assessment 2

(A)

1. d
2. b
3. c

(B)

1. c
2. d
3. Any reasonable answer related
to the passage.

(C)

1. finishes
2. I know a place where you can buy
fresh fruits.

Assessment 3

(A)

1. organic
2. commonly
3. maintain
4. flavour

(B)

1. b
2. d
3. c

(C)

1. c
2. Learning about food customs can
teach us about daily life, values,
and traditions in different societies.
3. Because cooking can be a family
activity where people spend time
together and share traditions.

Assessment 4

(A)

1. focus
2. valuable
3. consumption
4. minimise
5. disposable

(B)

1. a
2. d
3. b

(C)

1. b
2. c

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Grade 9A



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