Unit 1 – Kuwait Then and Now: Living the Change Lesson 1 (Reading 1): Discover the New Kuwait

Word	POS	English Meaning	Arabic
rich	adj	having a lot of money or resources	غَنِي /ثَرِي
wonderful	adj	very good or amazing	رَائِع /مُدْهِش
landmark	n	a famous building or place	مَعْلَم /مَكَان مَشْهُور
recently	adv	not long ago	مُؤَخِّرًا
digital	adj	using computers or technology	رَ قْمِي
become	V	to start to be something	يُصْبِح
museum	n	a place where historical things are shown	مَتْحَف
locate	V	to find or be in a certain place	يَقَع /يُحَدِّد مَوْقِع
provide	V	to give what is needed	يُقَدِّم /يُوَفِّر

Lesson 5 (Reading 2): Smart Apps for Smart Living

Word	POS	English Meaning	Arabic
receive	V	to get something that is given to you	يَسْتَلِم /يَتَلَقّى
nowadays	adv	in the present time	في الوَقْت الحَالِي
social	adj	related to people or community	اجْتِمَاعِي
almost	adv	nearly but not completely	تَقْرِيبًا
fond of	adj	liking someone or something	يُحِبّ /يُعْجَب بِ
communicate	V	to share or exchange information	يتَوَاصل /يُخَاطِب
deliver	V	to take something to someone	يُوَصِّلُ /يُسَلِّم
convenient	adj	easy and comfortable to use	مُلَائِم /مُرِيح
previously	adv	before the present time	سكابِقًا
instant	adj	happening immediately	فَوْرِي
tutorial	n	a lesson that teaches something	دَرْس تَعْلِيمِي /شَرْح



Unit 2 – Innovation and Creation

Lesson 1 (Reading 1): Join the Future!

Word	POS	English Meaning	Arabic
brochure	n	a small book that gives information	کْتَیِب
contribute	V	to give help or support	يُسناهِم / يُسناعِد
create	V	to make something new	يُبْدِع / يُنْشِئ
invention	n	a new thing that someone makes	اخْتِرَاع
organisation	n	a group of people working together	مُنَظَمَة
talented	adj	having a special skill or ability	مَوْهُوب
creatively	adv	in an imaginative or original way	بِإِبْدَاع
inventor	n	a person who creates new things	مُخْتَرِع
competition	n	a contest or event to see who is best	مُسنَابَقَة
fair	n	an event where people show and sell things	مَعْرِض
scholarship	n	money to help a student study	مِنْحَة دِرَاسِيَّة
tool	n	an object used to do or make something	أَدَاةً / أَدَوَات
successfully	adv	in a good or positive way	بِنَجَاح

Lesson 5 (Reading 2): From Kuwait to the World: A Bright Idea

Word	POS	English Meaning	Arabic
achievement	n	something you have done successfully	ٳڹؘۨ۫ۘٚۘۘۘۻؘٳڗ
greatly	adv	very much	بِشْنَكْل كَبِير
invent	V	to make or design something new	يَخْتَرِع
junior	adj	having a lower position or less experience	مُبْتَدِئ / أَدْنَى
surgeon	n	a doctor who performs operations	جَرَّاح
determination	n	strong will to keep trying	عَزِيمَة / إِصْرَار
develop	V	to make something better or more advanced	يُطُوِّر
worldwide	adv	everywhere in the world	حَوْل العَالَم
proud	adj	feeling happy about what you or others have done	فَخُور
honour	n	great respect or award for good work	شَرَف / تَكْرِيم
success	n	achieving a good result	نَجَاح
improve	V	to make something better	يُحَسِّن / يُطُوِّر

Unit 3 – Healthy Inside, Healthy Outside Lesson 1 (Reading 1): How Teenagers Live a Healthy Life

Word	POS	English Meaning	Arabic
infographic	n	a picture that gives information or data	رَسْم بَيَانِي /مَعْلُومَات مُصَوَّرَة
whole grain	n	food made from the entire grain seed	حُبُوب كَامِلَة
junk food	n	unhealthy food with little nutrition	طَعَام غَيْر صِحِّي /وَجَبَات سَرِيعَة
active	adj	moving and doing things; not lazy	نَشْيِط
engage	V	to take part in or join an activity	يُشْارِك /يَنْخُرِط
physical	adj	related to the body	بَدَنِي /جَسدِي
enough	adv	as much as you need	كَافٍ _ بشكل كاف
track	V	to follow and check progress	يُتَابِع /يَرْصُد - يتتبع
record	V	to write down or keep information	يُسَجِّل /سِجِلّ
frequently	adv	happening often	كَثِيرًا /بِاسْتِمْرَار
serious	adj	important or not playful	جِدِّي /خَطِير

Lesson 5 (Reading 2): Better Sleep, Better School

Word	POS	English Meaning	Arabic
expert	n	a person with a lot of knowledge or skill	خَبِير /مُتَخَصِّص
actually	adv	really; in fact	فِعْلًا /بِالْحَقِيقَة
device	n	a tool or machine made for a purpose	جِهَاز
chat	v/n	to talk in a friendly or informal way	يَدْرُدِش /دَرْدَشْنَة
enough	adj/adv	as much as needed	كَافٍ
affect	V	to change or influence something	يُوَثِّر عَلَى
memory	n	the ability to remember information	ذَاكِرَة
stressed	adj	feeling worried or under pressure	مُتَوَتِّر/مُجْهَد / مضغوط
encourage	V	to give someone hope or support	يُشَجِّع
regular	adj	happening at the same time often	مُنْتَظِم
instead of	prep	in place of something else	بَدَلًا مِن

حفوة محالكوت

Ibnasakir Intermediate School

Unit 4 – Careers and Future Jobs

Lesson 1 (Reading 1): Jobs in Kuwait: Then and Now

Word	POS	English Meaning	Arabic
face	V	to deal with or experience something difficult	يُوَاجِه
patience	n	the ability to stay calm when waiting	صَبْر
discovery	n	finding something new or unknown	اِكْتِشَاف
rapidly	adv	very quickly	بِسُرُعَة
opportunity	n	a chance to do something	فُرْصَة
appear	V	to become visible or start to exist	يَظْهَر
require	V	to need something	يَحْتَاج /يَتَطَلّب
career	n	a job or profession someone does for a long time	مِهْنَة /حَيَاة مِهْنِيَّة
programmer	n	a person who writes computer programs	مُبَرْمِج
designer	n	a person who creates plans or drawings	مُصمَةِم
comfortably	adv	in a relaxed and easy way	بإرتياح

Lesson 5 (Reading 2): Living the Dream: Job Stories

Word	POS	English Meaning	Arabic
robotics	n	the science of making robots	عِلْم الرُّوبُوتَات
design	V	to plan or create how something will look or work	يُصمَةِم
machine	n	a device that uses power to do work	آلَة
space	n	the area outside Earth's atmosphere	الفضاء
planet	n	a large round object that moves around a star	كَوْكَب
launch	V	to send something into the air or space	يُطْلِق / يُرْسِل
mission	n	an important task or trip	مَهَمَّة
incredibly	adv	in a very surprising or amazing way	بِشْكُلٍ مُدْهِش /جِدًا
retired	adj	no longer working; having stopped a job	مُتَقَاعِد
wildlife	n	animals and plants living in nature	الحَيَاة البَرِّيَّة
rainforest	n	a forest with heavy rain and many trees	غَابَة مَطِيرَة
protect	V	to keep safe from harm	يَحْمِي
widely	adv	by many people or over a large area	على نطاق واسبع