

اهم موضوعات

English

الصف الثاني عشر

2024

أ / سارة إبراهيم

معلمة اللغة الانجليزية



المنهج الكويتي

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صُفُوٰتِيِّمِيِّكُوِيِّت

Living a long life

Healthy lifestyle

Introduction:

It is said, “Health is better than wealth”. It means that health is better than money. There are many ways to be healthy.

Body:

Paragraph 1:

There are many ways to have a healthy body:

- Eat healthy food
- Drink water
- Do exercise
- Sleep early
- Don’t eat fast food
- Don’t smoke

Paragraph 2:

There are many ways to have a healthy mind:

- Get a hobby
- Do puzzles
- Read books
- Recite the Quran
- Play chess
- Do math problems

Conclusion:

Finally, we should have healthy habits. We should avoid bad habits.



Living a long life Healthy lifestyle

It is said, “Health is better than **wealth**”. It means that health is better than money. There are many ways to be healthy.

There are many ways to have a healthy body. We should eat healthy food. We should drink a lot of water. We should do **exercise**. Sports help us to be strong and **fit**. We should sleep early. We shouldn't eat fast food. We shouldn't **smoke**.

There are many ways to have a healthy mind. We should do **puzzles**. We should read books. We should **recite the Quran**. We should play chess. We should do **math problems**.

Finally, we should have healthy **habits**. We should avoid bad habits.

Wealth	ثروة
Smoke	يدخن
exercise	تمارين
Fit	لائق بدنيا
Puzzles	الغاز
Math	الرياضيات
recite	يتلو
habits	عادات



Introduction:

What is the importance of sleep? Sleep is essential for our bodies and minds. The lack of sleep leads to many problems.

Body:

Paragraph 1:

The importance of sleep:

- Be active
- Improve our mood
- Make us happy
- Good memory
- Restore information
- Think better

Paragraph 2:

Lack of sleep leads to:

- Bad memory
- Be tired
- Make mistakes
- Be unfit
- Be sleepy
- Car accidents

Conclusion:

Finally, sleep makes us enjoy our life. We should use it well.



Sleep

What is the importance of sleep? Sleep is **essential** for our bodies and minds. The **lack of sleep** leads to many problems.

Sleep is very important. It makes us active. It **improves** our mood. It makes us happy. It helps us to have a good **memory**. It helps us to **restore information**. It makes us think **better**.

Lack of sleep can be **harmful**. We will be tired. We will have bad **memory**. We will make **mistakes**. We will be **unfit**. We will be sleepy. It may leads to car accidents.

Finally, sleep makes us enjoy our life. We should use it well.

Essential اساسي

Improve تحسن

Memory ذاكرة

Restore يرجع

Information معلومات

Better افضل

Lack of sleep نقص النوم

Harmful ضار

Mistakes اخطاء

Unfit غير لائق بدنيا

أ سارة ابراهيم



Respecting the elderly

Introduction:

How do we respect the elderly? We should respect the elderly. We should take care of them.

Body:

Paragraph 1:

Reasons to show them respect:

- Took care of us
- Helped us
- Gave us food
- Worked hard
- Gave us medicine
- Made us safe

Paragraph 2:

How to show them respect:

- Be patient
- Listen to their advice
- Spend time with them
- Be polite
- Help them
- Take care of their health

Conclusion:

Finally, Islam urges us to respect the elderly. We have to show love and respect to them.



Respecting the elderly

How do we respect the elderly? We should respect the elderly. We should take care of them.

There are many reasons to show them respect. They took care of us. They worked hard. They gave us food. They helped us. They stayed up to give us medicine. They made us safe.

They need our care and help. We should listen to their advice. We should spend time with them. We should be polite with them. We should take care of their health. We should be patient.

Finally, Islam urges us to respect the elderly. We have to show love and respect to them.

The elderly كبار السن

take care of يعتني بـ

medicine دواء

Safe آمن

Spend time يقضى وقت

Polite مهذب

Patient صبور

urges يحث



Leisure activities

Introduction:

How do people spend their free time? Nowadays, people depend on technology. In the past, people had a lot of free time.

Body:

Paragraph 1:

Leisure activities nowadays:

- Watch TV
- Play video games
- Surf the internet
- Use social media
- Go shopping
- Go to the gym

Paragraph 2:

Leisure activities in the past:

- Played cards
- Spent time outdoors
- Went fishing
- Played simple games
- Told stories
- Visited each other

Conclusion:

Finally, I think life nowadays is more enjoyable than life in the past. We should always spend our free time in a useful way.



Leisure activities

How do people spend their free time? Nowadays, people depend on **technology**. In the past, people had a lot of free time.

Nowadays, we use technology **everywhere**. We can watch TV. We can play video games. We can **surf** the internet. We can use social media. We can go shopping.

In the past, people spent more time **outdoors**. They played **cards**. They went fishing. They played simple games. They told stories to children. They visited each other.

Finally, I think life nowadays is more **enjoyable** than life in the past. We should always spend our free time in a **useful** way.

Technology التكنولوجيا

Nowadays في الوقت الحاضر

everywhere في كل مكان

Surf يتصفح

outdoors بالخارج

Cards العاب ورقية

enjoyable ممتع

useful مفید



صفوة التعليم الكويت

City life and village life

Introduction:

Would you prefer to live in the city or in the country? Some People prefer to live in the city. Others prefer to live in the country.

Body:

Paragraph 1:

Living in a city has many benefits:

- Comfortable
- Many jobs
- Many schools
- things to do
- fun places
- shopping malls

Paragraph 2:

Living in the village has many benefits:

- Peaceful
- A few people
- Clean air
- Green areas
- Less noise
- Cheaper

Conclusion:

Finally, both village and city are good places to live. It depends on what we need.



City life and village life

Would you **prefer** to live in the city or in the country? Some people prefer to live in the city. Others prefer to live in the country.

Living in a city has many **benefits**. The city life is **comfortable**. There are many jobs. There are many schools. There is always something to do. There are many fun places. There are a lot of shopping malls.

Living in the village has many benefits. The village life is more **peaceful**. There aren't many people. It has clean air. There are many **green areas**. It has less noise. Life is **cheaper**.

Finally, both village and city are good places to live. It **depends** on what we need.

Prefer يفضل

benefits فوائد

Comfortable مريحة

Peaceful هادئ

green areas مساحات خضراء

Cheaper أرخص

depend on يعتمد على



Life in the past and nowadays

Introduction:

What is the difference between life in the past and nowadays? Nowadays, people depend on technology. In the Past, life was simple.

Body:

Paragraph 1:

Life nowadays:

- Comfortable
- Many jobs
- Many schools
- Modern houses
- Technology
- Save our time

Paragraph 2:

Life in the past:

- Hard
- No schools
- Small houses
- No electricity
- No clean water
- Difficult

Conclusion:

Finally, I think life nowadays is more enjoyable than life in the past. life nowadays is easier than life in the past.



Life in the past and nowadays

What is the difference between life in the past and nowadays? Nowadays, people depend on **technology**. In the past, life was simple.

Nowadays, life is comfortable. There are a lot of jobs. There are a lot of schools. Houses are **modern** and big. People use technology **everywhere**. This saves their time.

In the past, life was hard. There were no schools. They had no **electricity**. Homes were made of **mud**. They didn't have clean water in their homes. Travelling was **difficult**.

Finally, I think life nowadays is more **enjoyable** than life in the past. Life nowadays is easier than life in the past.

Technology التكنولوجيا

Nowadays في الوقت الحاضر

everywhere في كل مكان

electricity الكهرباء

mud الطين

difficult صعب

enjoyable ممتع

useful مفید



Extreme Sports

Introduction:

Have you ever done an extreme sport? Some people like extreme sports. Others are against.

Body:

Paragraph 1:

Some people like extreme sports for many reasons:

- Be famous
- Be rich
- Get attention
- Develop skills
- Overcome fears
- Be fit

Paragraph 2:

Others are against for many reasons:

- Dangerous
- Expensive
- Illegal
- Lose lives
- Get lost
- Serious injuries

Conclusion:

Finally, extreme sports is suitable for trained people. We can enjoy extreme Sports as a Spectator.



Extreme Sports

Have you ever done an **extreme sport**? Some people like extreme sports. Others are **against**.

Some people like extreme sports for many reasons. They become **famous**. They earn a lot of money. They get a lot of **attention**. They **develop** their skills. Extreme sports help them to **overcome** their **fears**. They keep them **fit**.

Others are against for many reasons. Extreme sports are **dangerous**. They are **expensive**. They may be **illegal**. People lose their lives. They may get lost. They may face **serious injuries**.

Finally, extreme sports is **suitable** for trained people. We can enjoy extreme Sports as a **Spectator**.

Extreme sports رياضات خطرة

Against ضد

Famous مشهور

Attention الاهتمام / انتباه

Develop يتطور

Overcome يتغلب على

Fears الخوف

Fit لائق بدنيا

Dangerous خطير

Expensive غالى الثمن

Illegal غير قانوني

Serious injuries اصابات خطيرة

Suitable مناسب

Spectator مشاهد



Space Exploration

Space technology

Introduction:

Do you think there is life on other planets? Scientists use technology to explore other planets. It gives us hope of finding something new.

Body:

Paragraph 1:

There are many benefits:

- Solve problems
- Makes aircraft faster
- Makes the engines quieter
- Used in medicine
- Helps doctors
- Gives information

Paragraph 2:

Living in space is different:

- Our bodies change
- Bones and leg become weak
- Astronauts must exercise
- small space.
- sleeping bags.
- Staying clean

Conclusion:

Finally, space exploration is very important. It makes our life better.



Space Exploration

Space technology

Do you think there is life on other planets? Scientists use technology to **explore** other planets. It gives us **hope** of finding something new.

There are many **benefits** of space technology. It **solves** many problems on Earth. It makes **aircraft** faster. It makes the **engines** **quieter**. It is used in **medicine**. It helps doctors to save lives. It gives us **information** about **solar system**.

Living in space is different. Our bodies change in space. Our **bones** and leg become weak. **Astronauts** must exercise every day. They live in small space. They sleep in sleeping bags. Staying clean takes more work.

Finally, space exploration is very important. It makes our life better.

Explore يُستكشف

Hope أمل

Benefits فوائد

Aircrafts الطائرات

Engines المحركات

Medicine الطب

Quieter أكثر هدوءاً

Information معلومات

Solar system النظام الشمسي

Astronauts رواد الفضاء



A Child Prodigy

Introduction:

What is a child prodigy? A child prodigy is a person who has a talent or skill at an early age. Being a child prodigy has advantages and disadvantages.

Body:

Paragraph 1:

Being a child prodigy has many advantages:

- Creative thinking
- Be famous
- Be rich
- Get rewards
- Create things
- Help the world

Paragraph 2:

Being a child prodigy has many disadvantages:

- Different from others
- Face problems
- Can not make friends
- Feel isolated
- Treated differently
- Can not enjoy their childhood

Conclusion:

Finally, we should give them more care. Governments have a duty towards them.



A Child Prodigy

What is a child prodigy? A child prodigy is a person who has a **talent** or **skill** at an early age. Being a child prodigy has **advantages** and **disadvantages**.

Being a child prodigy has many advantages. They have **creative thinking**. They will be **famous**. They will be **rich**. They will **create** many things. They will help the world. They will get many **rewards**.

Being a child prodigy has many disadvantages. They will be **different** from others. They will **face** problems. They can't make friends. They may be **treated** differently. They will feel **isolated**. They will not enjoy their **childhood**.

Finally, we should give them more care. **Governments** have a duty towards them.

A Child Prodigy الطفل المعجزة

Talent موهبة

Skill مهارة

Advantages مزايا

Disadvantages عيوب

Creative thinking التفكير الابداعي

Famous مشهور

Rich غني

Create يبتكر

Rewards جوائز

Different مختلف

Face يواجه

Treated يعامل

Isolated معزول

Childhood الطفولة

Government الحكومة

Duty واجبات

