

Total (560 Marks)

I. Vocabulary (100 Marks)

100

A) From a, b, c and d, choose the most suitable word that best completes each of the following sentences: (5x10= 50 Marks)

- There's a popular gym in the of my house where I work out regularly.
 - talent
 - vicinity
 - almond
 - degree
- The explorers discovered several islands on their long sailing trip.
 - deserted
 - fatal
 - cardiovascular
 - astronomical
- My uncle was as a manager due to his outstanding skills and experience.
 - waned
 - agonised
 - appointed
 - engulfed
- The price of the iPhone 14 sharply after the introduction of the iPhone 15.
 - put to
 - made up
 - came down
 - coped with
- This high-tech suit is designed for astronauts to wear during spacewalks.
 - randomly
 - vice versa
 - specifically
 - arbitrarily

B) Fill in the spaces with the most suitable words from the list below: (5x10= 50 Marks)

(frequently / extravagantly / fatigued / accolade / universe / integral)

- Effective time management is a/an part of achieving goals and success.
- Messi won "The Best FIFA Men's Player " in 2019, 2022, and in 2023.
- Many scientists strongly believe that there must be life somewhere in the
- The construction workers were after working under the hot sun all day long.
- Some people live, spending millions on luxury cars and palatial villas.

صفوة العلمي الكويت

III- Language Functions (40 Marks)

40

Write what you would say in the following situations: (4x10= 40 Marks)

19. Your sister suggests trying out a new pasta recipe for dinner.

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20. A classmate helped you prepare for an important school event.

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21. A friend of yours asks about the best activities he/she can do during the summer.

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22. Your friends want to know why you think it's important to eat vegetables every day.

.....

IV- Set-Book Questions (40 Marks)

40

Answer ONLY FOUR of the following questions: (4X10=40 Marks)

23. Why should we treat the elderly with reverence?

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24. How did children spend their free time in the past?

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25. How can you prepare for an expedition?

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26. Why is wireless technology considered a great benefit for humanity?

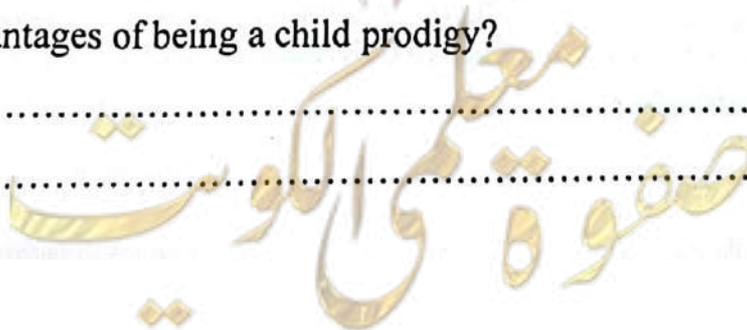
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.....

27. What are the advantages of being a child prodigy?

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V- Writing (120 Marks)

120

Write on the following topic: (Argumentative)

Some people find living in the peaceful countryside appealing, while others favour the excitement and opportunities in cities.

Plan and write an essay of 14 sentences (160 words) discussing both views and stating your own position on the issue.

NB: The topic should include an introduction, 2 body paragraphs and a conclusion.

Outline: (20 Marks)

20

Introduction:

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Body:Paragraph 1:

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Paragraph 2:

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Conclusion:

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صفوة معلمى الكويت

Write your topic here (100 marks)

Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing & punctuation	Total
60	10	10	10	10	100

VI- Reading Comprehension: (110 Marks)

Read the following text carefully, and then answer the questions that follow:

110

What happens if you don't get enough sleep? Randy Gardner, a curious and determined high school student in the United States, wanted to find out. He designed a groundbreaking experiment on the effects of sleeplessness for a school science project. With doctors watching him carefully, Gardner stayed awake for 264 hours and 12 minutes. That's eleven gruelling days and nights without sleep!

What effect did sleeplessness have on Gardner? After just 24 hours without sleep, Gardner started having trouble reading and watching television. The words and pictures became too blurry. By the third day, he was having difficulty performing even simple tasks with his hands. By the fourth day, Gardner was experiencing hallucinations (seeing or hearing something that is not real). For example, when he saw a familiar street sign, he mistakenly thought it was a person. He also imagined he was a famous football player. Over the next few days, Gardner's speech became so **slurred** that people couldn't understand him. He also had severe trouble remembering things. By the eleventh day, Gardner couldn't even pass a simple counting test. In the middle of the test, he simply stopped counting, completely unable to remember what he was doing.

When Gardner finally went to bed, he slept for 14 hours and 45 minutes. The second night he slept for twelve hours, the third night he slept for ten and a half hours, and by the fourth night, he had thankfully returned to his normal sleep schedule.

Even though Gardner recovered relatively quickly, scientists believe that going without sleep can be incredibly dangerous. Because of this, they strongly advise against repeating Randy's experiment. Tests on white rats have shown just how serious sleeplessness can be. After a few weeks without sleep, the rats started losing **their** fur, a sign of declining health. And even though the rats ate more food than usual, they lost weight. Eventually, they tragically died.

During your lifetime, you will probably spend 25 years or more sleeping. But why? What is the purpose of sleep? Surprisingly, scientists don't know for sure. However, some scientists believe we sleep in order to repair brain cells. Other scientists think that sleep helps the body to grow and to relieve stress. Whatever the reason, we know that it is important to get enough sleep for overall health and well-being.

صفوة معلم الكويت

A) From a, b, c and d, choose the correct answer: (5x10= 50 Marks)

28. The best title for this text would be:
- How to Pass a Counting Test
 - The Dangers of Sleep Deprivation
 - Randy Gardner's Reading Project
 - How Much Sleep White Rats Need
29. The underlined word "slurred" in the 2nd paragraph is closest in meaning to:
- unclear
 - unkind
 - unhappy
 - unpaid
30. The underlined word "their" in the 4th paragraph refers to:
- tests
 - the rats
 - a few weeks
 - scientists
31. After just 24 hours without sleep, Gardner:
- couldn't pass a counting test.
 - had trouble remembering things.
 - lost his weight and eventually died.
 - had trouble reading and watching television.
32. All the following statements are **FALSE EXCEPT**:
- All scientists know exactly why we need sleep.
 - Gardner slept for only ten hours after his experiment.
 - Gardner stayed awake for 264 gruelling days and nights.
 - Sleep can repair brain cells, aid growth, and relieve stress.

B) With reference to the text, answer the following questions: (4x15=60 Marks)

33. What did Gardner mistakenly think a street sign was during his hallucinations?

.....
.....

34. Why do scientists advise against repeating Randy's experiment?

.....
.....

35. What happened to the rats after a few weeks without sleep?

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36. How long will you probably spend sleeping during your lifetime?

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VII - Summary Making (60 Marks)**Read the following passage, then do as required:**

Garlic is not just a flavourful addition to your meals; it offers significant health benefits. First, studies suggest garlic can help strengthen your immune system, potentially helping you fight off colds and coughs. Second, garlic might be your heart's best friend. Research indicates it may help improve heart health by lowering blood pressure and cholesterol levels. Third, garlic might even be helpful in managing weight by decreasing the formation of fat cells. Finally, it contains vitamins, minerals, and antioxidants that contribute to overall health. So next time you're chopping some garlic for dinner, remember you're not just adding flavour; you're adding a tiny dose of superhero health benefits.



In a paragraph of FOUR sentences ONLY, summarise and paraphrase the above text in answer to the following question:

What are the health benefits of consuming garlic?

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Rubrics	Content/ relevance of ideas	Paraphrasing	Spelling & grammar	Format	Total
	30	20	5	5	60

VIII. Translation (30 Marks)

Translate the following into good English: (2x15= 30 Marks)

30

ناصر: أصبح زيد الرفاعي أول رجل عربي يصعد أعلى الجبال.
حمد: هذا صحيح، فقد تمكن من تسلق قمة أفريست.

Nasser:

Hamad:

انتهت الأسئلة
مع تمنياتنا لكم بالنجاح