

مذكرات خالد سليم متوفرة ببعض المكتبات أو من خلال الاتصال بـ 99593356

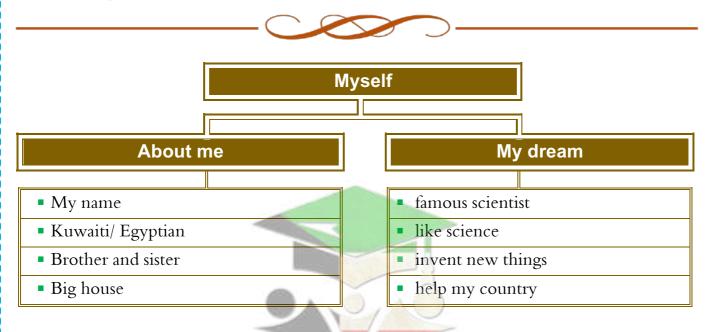


# Physically Challenged People How we help Physically challenged • can't move • need wheelchairs • shouldn't limit their abilities • strange way Physically Challenged How we help them • sports champions • Ahmed Al-Mutairy and Tarek Al-Qalaf • worked hard • like us in most ways

## Physically Challenged People (Handicapped)

Physically challenged people are those who can't move in a normal way. They need wheelchairs to go from place to place. Being in wheelchairs shouldn't limit their abilities. We shouldn't look at them in a strange way. We can help and guide them.

Some of physically challenged people are sports champions. Ahmed Al-Mutairy and Tarek Al-Qalaf are handicapped. They worked hard to be famous. The handicapped are like us in most ways.



## Myself

I'm ...... I'm thirteen years old. I'm Kuwaiti / Egyptian / Syrian. I've got a brother and two sisters. I live in a big house

My dream is to be a famous scientist. I like science very much. I'd like to invent new things. I wish I could help myself and my country.

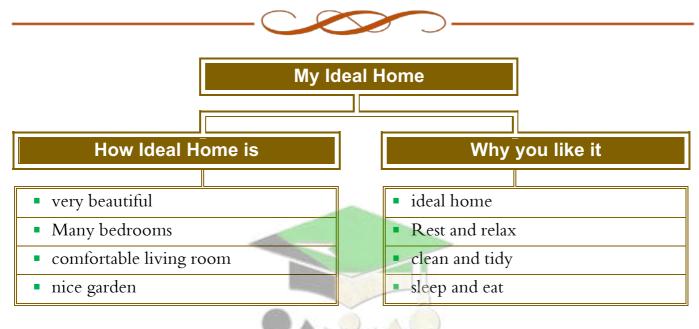


# What makes life interesting What makes life interesting My Favourites I favourite animals I favourite films I favourite foods I favourite activities I favourite books

## My Favourites

Life is beautiful. There are many favourites in my life that makes it interesting. One should do what he/she likes. You can find happiness in many favourite activities.

My favourite animals are horses, camels and monkeys. My favourite films are Fantastic, Four and Titanic. My favourite foods are pizza, fish and rice. My favourite sports are football, basketball and horse-riding. My favourite books are the Quran and Science books.



# My Ideal Home

My ideal home is very beautiful. It is large. It has got many bedrooms for all the family. It has got a comfortable living room, a kitchen and a balcony. It has got a nice garden. My favourite room is my bedroom.

I like my ideal home. It's the place where I rest and relax. Everyone should keep his home clean and tidy. We sleep, eat, play and celebrate at our homes.



# Types of homes - types of homes - types of homes - Some examples - Safe and easy - Made of snow My favourite home - straw home - Cheap and easy to build - Comfortable and healthy - Warm in winter

### My Favourite Home

There are many types of homes. Igloo, wooden and straw homes are some examples of homes. They are safe and easy to build. Igloo homes are made of blocks of hard snow.

A straw home is my favourite home. I'd like to live in it. It's cheap and easy to build. It is comfortable and healthy. It's warm in winter. It's cool in summer. It's safe during bad weather.



# **Cave Diving**

Cave diving is my favourite sport. It is very dangerous. I should be a good swimmer. I train well before I dive in a cave. The cave is dark and quiet. The water is warm.

I need a good teacher and equipment. I must follow the teacher. I should hold the line. I shouldn't follow. I should think.

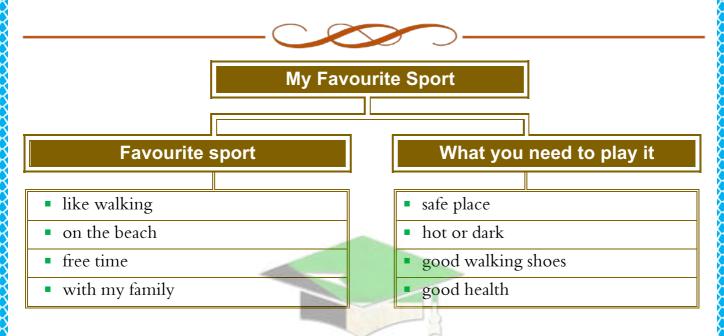


# My Sports Star Favourite star Why you admire him Michael Owen famous sports star famous sports star Liverpool Football Club admire him football hero

## My Sports Star

My favourite sports star is Michael Owen. He is the most famous sports star in Britain. Owen plays for Liverpool Football Club. Young people admire him.

I admire Michael Owen. He is one of the best athletes. He plays in a fantastic way. He believes that everyone can help his country. I like to be a football hero like him.

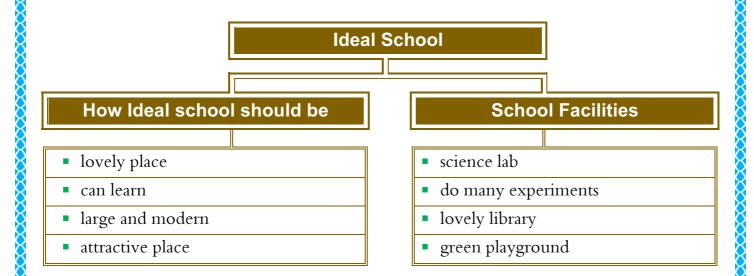


# My Favourite Sport

I like walking very much. It is my favourite sport. I always walk on the beach. I walk in my free time. I sometimes walk with my family.

You should walk in a safe place and take water with you. You shouldn't walk when it is hot or dark. You need good walking shoes. Walking is important for good health.

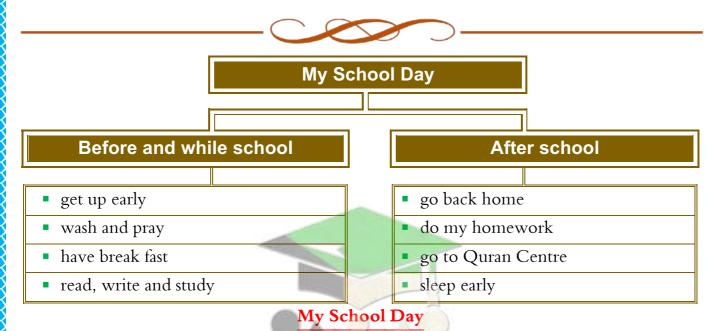




### **Ideal School**

The school is a lovely place. It's the place where we can learn. Ideal school should be large and modern. It should be an attractive place.

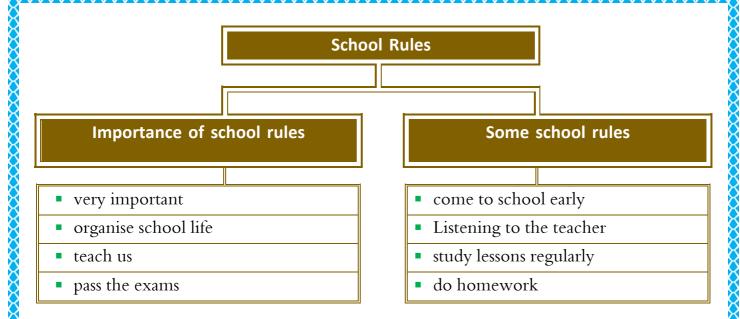
An ideal school has got a science lab. We can do many experiments there. The library is my lovely place. We go there to enjoy reading books. It has a lovely computer lab and a green playground. It is large with a garden where we can grow many plants.



I love my school. I get up early every day. First, I wash and pray. Next, I have my breakfast. After that, I go to school. There, we read, write and study.

I go back home at 2 o'clock very happy. At home, I do my homework and study my lessons. I go to Quran Centre to recite the Quran. I sleep early to get up early.

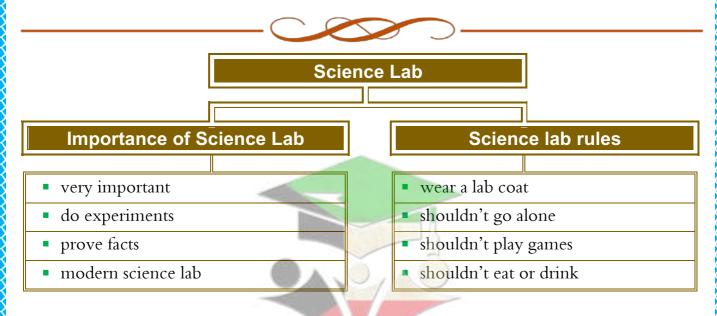




### **School Rules**

School rules are very important. They organise school life. School rules teach us how to behave at school. They help us to pass the exams.

A student should follow some school rules. He / She should come to school early. Listening well to the teacher is very important. You should study your lessons regularly. You must do your homework. You shouldn't forget your books. Running in the corridor is not allowed. You should keep your school clean and tidy.



### Science Lab

Science is very important. Scientists do experiments in the lab. They work hard to prove facts there. There is a modern science lab in our school.

We should wear a lab coat and goggles in the science lab. You shouldn't go to the lab alone. We shouldn't play games or tricks there. We shouldn't eat or drink.

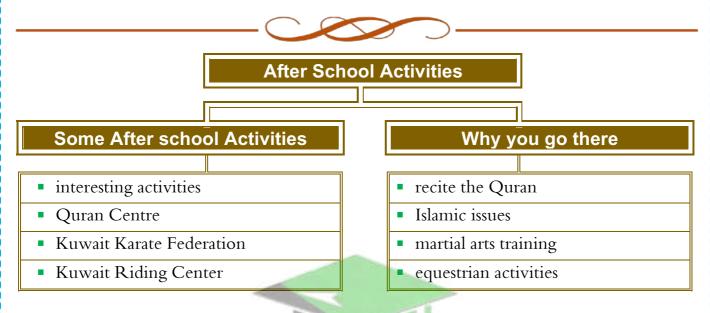


# Science Lab Importance of school library School library rules • very nice place • very nice place • different kinds of books • share knowledge School library rules • be quiet • neat and tidy • ask the school librarian • choose a good book

## **School Library**

School library is a very nice place. I always go there to read and borrow books. There are different kinds of books there. Libraries share knowledge and improve reading skill.

A student should be quiet in the library. You need to keep the place neat and tidy. You can ask the school librarian for help. He can help you choose a good book.



# **After School Activities**

There are many interesting activities after school. We can have a good time in very nice places. The Holy Quran Centre is my favourite place. Kuwait Karate Federation is another place to enjoy your time. Kuwait Riding Center gives the chance to learn about horses and riding.

I go to the Quran Centre to recite the Quran. I also can understand Islamic contemporary issues there. Kuwait Karate Federation offers martial arts training for adults and kids. I like going to Kuwait riding centre because I admire equestrian activities.





### Free Time

I enjoy my free time very much. It is important to spend our free time in a useful way. We need free time to enjoy our life. We can do the activities we like in our free time. My weekend begins on Thursday after school.

People can do many things in their free time. I like surfing the Internet to get information. On Friday, I go to the mosque with my father. Then, we visit my grandparents. On Saturday, I watch TV. Then, I do my homework and pack my school bag.



# Camping

I like camping very much. It's interesting to go camping. People go camping to play games. They tell stories at night around the campfire. Other go camping to practice sports

We can camp in the desert, forest, beach or on the farm. We need to take some equipment when we go camping. We should take water to drink, wash and cook. We should take a torch to see things at night. I take sun cream to protect my skin from the sun. I take insect repellent to keep insects away.

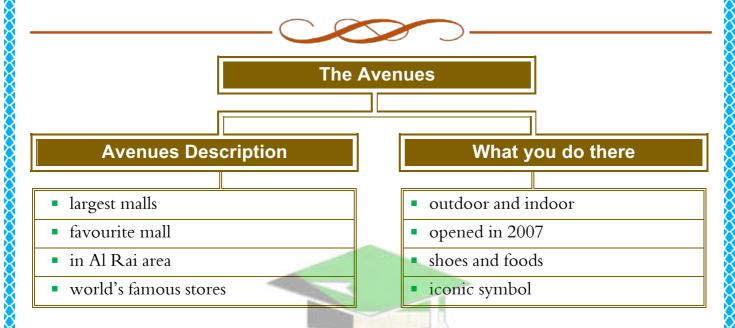


# Shopping Where and when you go shopping • every Friday • with my family • to the supermarket • favourite shopping place Shopping What you buy • buying clothes • like books • computer games • music shop

## **Shopping**

I go shopping every Friday. I go shopping with my family. We go to the supermarket, Al-Mubarakiya Market, fish market and gold market. Avenues is my favourite shopping place.

I like clothes shops because I like buying clothes. I go to the bookshop because I like books. I like the computer games shops because I like computers. Also, I like the music shop.



### The Avenues

The Avenues is one of Kuwait's largest malls in Kuwait. It is my favourite shopping mall. It was opened in 2007. It is in Al Rai area. It includes the world's famous stores. It has a cinema with multi-screens.

You can enjoy a variety of outdoor and indoor restaurants. Some of the largest cafés are located there. You can buy clothes, shoes and foods. I think, the Avenues is an iconic symbol of the modern civilization.





## My Favourite Cuisines

Healthy food is important. In Kuwait, you can enjoy a variety of cuisines. Restaurants serve many delicious dishes. There are Kuwaiti cuisine, Egyptian cuisine, Italian cuisine and Indian cuisine.

I like eating tuna wraps at the Garden Café. Pizza Fort is the best place where you can eat original pepperoni pizza. Indian Feast serves tasty Tandoori Chicken. Kuwaiti Cuisine is my favourite. I prefer Kuwaiti House because it serves delicious and traditional food. I usually eat Chicken Machboos there.



Eid Al-Fitr celebrates the end of Ramadan. It is a religious festival. It comes with happiness and joy. Muslims forget old arguments. The celebration lasts for three days. Schools, shops and offices close on that day.

Muslims do many activities on Eid Al-Fitr. In the morning, people go to prayers. They wear new clothes. Young people receive gifts and money. Muslims help the poor.

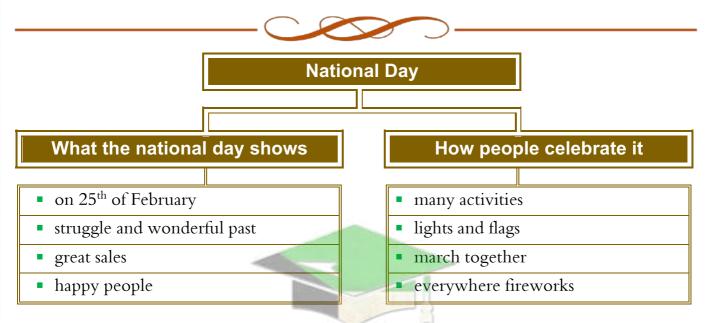


# Chinese New Year What Chinese New Year is How people celebrate it a in late January calendar of the moon fifteen days Happy people Lucky color receive gifts

### Chinese New Year

The Chinese New Year happens in late January. It follows the calendar of the moon. It celebrates spring. It lasts fifteen days. Chinese people are happy.

People decorate their homes. People wear new clothes. People visit family and friends. Red is a lucky color. Young people receive gifts and money. They dance and play music in the street.



# **National Day**

Kuwaitis celebrate the National Day on 25<sup>th</sup> of February. It is a mark of the struggle and wonderful past of the country. Shops offer great sales and discounts, people are happy on that day.

People do many activities on that day. Streets are decorated with lights and flags. Families go out to march together. Kuwaitis wear the national costume of the country. Fireworks are everywhere.

