

لا تنسونا من صالح دعائكم بظهر الغيب
اللهم رضاك و الجنة



TEACH_ME_PLZ



&

English 4 all

<https://t.me/english4allkuwait>

معالم الكويت
صحفوة





Module One

Life Experiences

Unit One

Healthy Living

Life Experiences

Module One



You are expected to:

- Determine the purpose of different texts
- Exchange information and personal opinions about different topics.
- Write connected paragraphs (email, short story) for different purposes.

Activities:

- Identifying main ideas of texts
- Discussing familiar topics
- Designing a poster
- Retelling a story

Guess the title of the unit .

ASK THE



What's the lesson going to be about ?

1

Life Experiences

Module 1



Reading

Before you read

1 In pairs, look at the pictures and name the sports.

Cycling 8
Basketball 1
Weightlifting 2
Skating 5



High jump 6
Sprinting 7

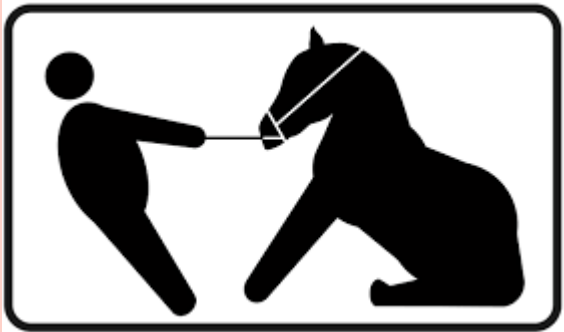


Read the text and guess the meaning of the highlighted words

very

A When you are very fit, and you can do daily tasks better. It doesn't have to be **extremely** fit. Walking is easy and doesn't need any special equipment. Try to take the lift. Even playing a friendly game of football

Walking is easy and doesn't need any special equipment. Try to take the lift. Even playing a friendly game of football



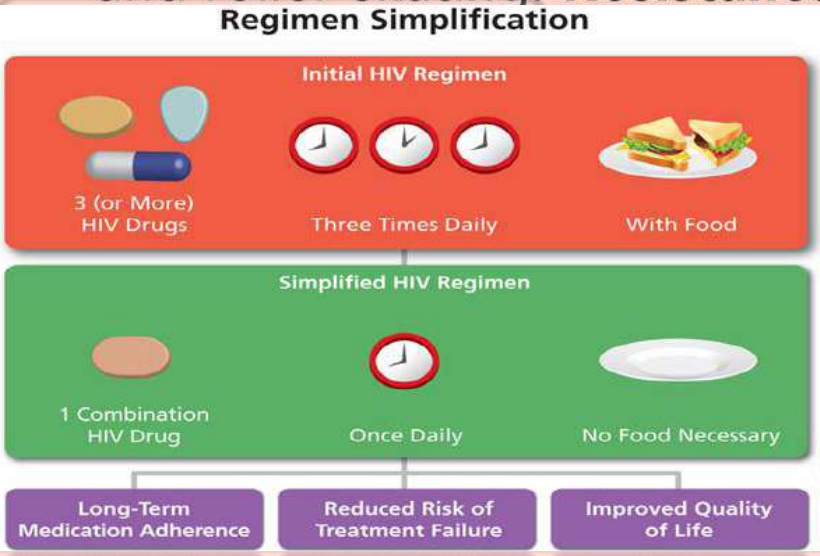
Three main types of exercise – aerobic, resistance and flexibility. You make your heart and lungs work harder. Examples include swimming, cycling, and roller skating. **Resistance** training, such as weightlifting, helps to build muscle and increase strength.



and roller skating.

Resistance training, such as weightlifting, helps to build muscle and increase strength.

flexible. In general, it is important to include a variety of types of exercise.



Keep a diary for training. A good exercise **session** has a warm-up and a cool down.



Include aerobic and resistance exercises. Always include a warm-up and a cool down.

A When you are fit, studying is easier, and you can do daily tasks better. It doesn't

have to be extremely difficult to keep fit. Walking is easy and doesn't need any special

2  **Read the following text and match each title with the right paragraph.**

- Types of Exercise
- How to Exercise
- Tips on How to Keep Fit

up muscles. Stretching activities, such as yoga, make you more **flexible**. In general, it is important to have an exercise regimen which contains all three types of exercise.

C It is important to keep a diary for training. A good exercise **session** has a warm-up of about 5–10 minutes. This could be walking or jogging. Then, move to exercises such as press-ups help to build up your muscles. Also, include aerobic exercise like cycling and basketball. Finally, stretching exercises are good for **cool down**.

2



Read the following text and match each title with the right paragraph.

- Types of Exercise

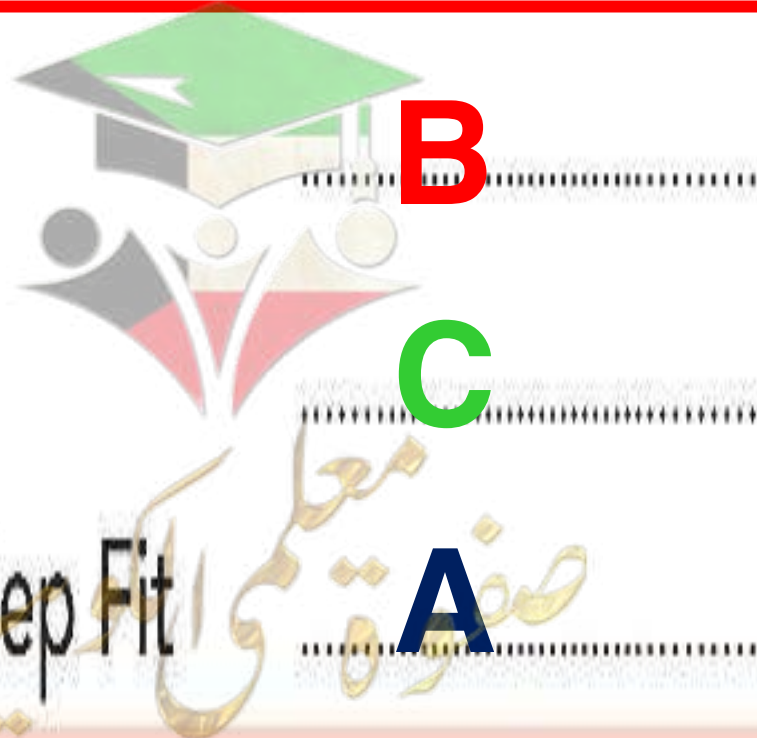
B

- How to Exercise

C

- Tips on How to Keep Fit

A



1



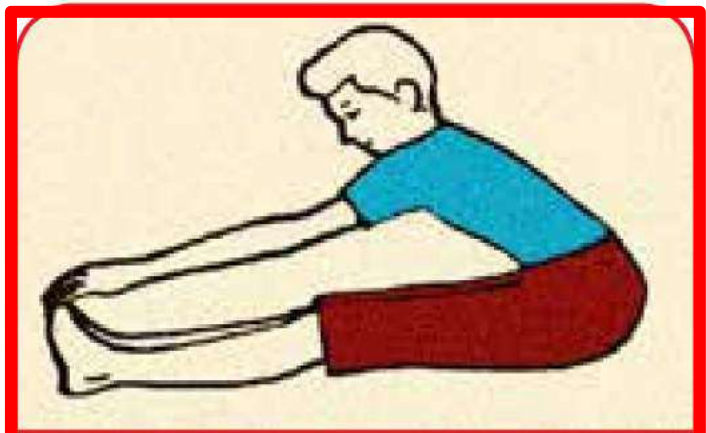
Read the 2nd paragraph and write the missing information about each picture.



Sport: Basketball
Type: **Aerobic**
Good for: **making heart and lungs strong.**



Sport: **Press up**
Type: Resistance
Good for: **Building up muscles**



Sport: **Yoga**
Type: **Stretching**
Good for: It makes you more flexible.

2  **Look at the underlined sentences in each paragraph and decide whether they are:**

A When you are fit, studying is easier, and **Topic Sentence** is better. It doesn't have to be extremely difficult to keep fit. Walking is easy and doesn't need any special

Topic sentences / Supporting details / Concluding sentences

Remember:

The topic sentence is the sentence that expresses the main idea of a paragraph.
The supporting details explain and clarify the main idea.
The concluding **Concluding sentence** sums up the main idea.

important to have an exercise regimen which contains all three types of exercise.

C It is important to keep a diary for training. A good exercise **session** has a warm-up **Supporting details** this could be walking or jogging. Then, move to exercises such as press ups help to build up your muscles. Also, include aerobic exercise like cycling and basketball. Finally, stretching exercises are good for **cool down**.

3 Grammar in context the -ing form (gerund); the infinitive

train / warm up / ~~walk~~ / build

1. Walking every day is very good for you.
2. You need **train** hard for the weight lifting competition.
3. It is important **to warm up** for 10 minutes before the game.
4. Resistance training is good for **building** the body.



3



Use the words in the list to write sentences with **infinitive** or **gerund**. Check with your partner for mistakes.

enjoy / good at / try / interested in / prefer / **promise**

1. Ahmed enjoys **swimming** in the sea.

2. I'm good at **speaking** English.

3. I try to solve the problem by myself.

4. Omar is interested in studying Math.

5. I prefer to have / **having** my lunch at home.

6. They promise to visit us again next summer.



Promise

ПЛОМІСЬ

Visit the school library. Search for books about lifestyles (food, activities, sports) and make a presentation about how you can make yours better and healthier. Share your ideas with the class.

HEALTHY LIFESTYLES



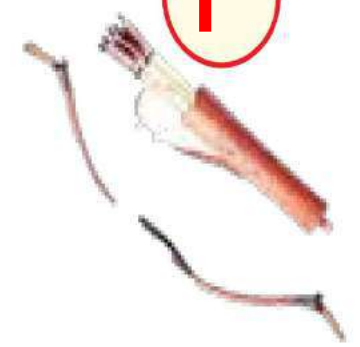
What's the lesson going to be about ?





1 Match the pictures with the right equipment. Which sports do we use each piece of equipment for?

	Sports Equipment	Name of Sports
1	Bow and arrows	Archery
2	Boxing gloves	Boxing
3	Billiards cue/ balls	Billiards
4	Cleats	Football
5	Bowling ball/ pins	Bowling
6	Fishing rod	Fishing



Listening

2  **1.1** a. Guess what these sports are, then listen and check

Sprinting: **Running very fast over a short distance .**

Shot put: **Throwing a heavy metal ball away by shoulder**

صفوة معلمى الكويت

3



1.1

a. Listen and choose what the speakers are talking about.

a. Famous Athletes

b. Sports Races

c. Doing Sports

d. The Olympic Games

صفوة معلمي الكويت



b. Listen again and complete the table.

	Favourite sport	How often	Today
Ayman Jumping Once a week	He is doing long jump.
Maha Running	Two or three times a week	She's doing long distance running
Fawzi	Throwing Twice a week	He's training with a specialist trainer .



Grammar in context

Present simple or Present continuous

4



1.1

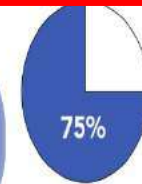
Listen and make notes about Abdulaziz, Nour and Hanan.

	often / usually	at the moment / now
Abdulaziz	He often goes running.	He's doing shot put now.
Nour	She often goes roller skating twice a week.	She is doing long jump now.
Hanan	She usually practices throwing discus once a week.	She's playing basketball

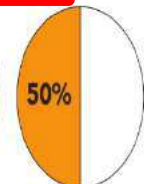
Sample

5  In pairs, discuss and write sentences about your partner's daily routine using the following expressions:

sometimes / usually / never / at the moment / now



Usually



Sometimes



Never

1. **Ali sometimes** goes swimming on Friday .
2. **He usually** studies his lessons with me .
3. **Ali never** stays up late .
4. **He is writing an activity now** .

6



Design a poster for a gym. Give it a name, agree on a logo and discuss the benefits. Draw the logo and write the benefits in the spaces provided

Name

Fitness Center

Benefits

Improve your body muscles .

Change your life style .

Make friends .

Improve your health .

Logo



What's the lesson going to be about ?



Before you read

It shows that which types and food groups we should follow .

1



Think, pair, share

- What does this picture show?
- What are the main food groups?

Fruit
 Vegetables
 Grains
 Protein
 Dairy



Fats
 Proteins
 Vitamins
 Carbs
 Water
 drinks

Read and guess the meaning of the new words in bold

Vegetarianism has become popular because many people believe that it is healthier than eating meat. They consume only vegetables, fruits, nuts, and grains.

A vegetarian diet helps with weight loss and reduces the risk of obesity. It also provides antioxidants and fiber, which help in digestion. More energy is gained from this diet because of the vegetables and fruits.

However, being a vegetarian can be challenging. This diet is low in calcium, proteins, iron, vitamin B12 and zinc. Vegetarians who do not consume dairy products lack these nutrients. It is not in adequate amounts. They need to consume huge amounts of protein to stay in top condition. A balanced diet with a variety of foods, served in small portions, can help keep us energised, motivated and healthy.



Some people go on this diet because they follow a strict diet that includes fruits, vegetables, grains and dairy products.

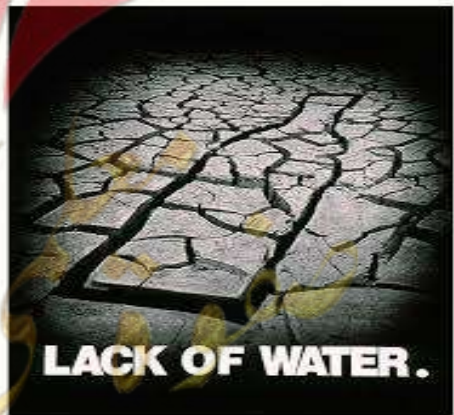
One advantage is that there is less risk of



It has high amounts of fiber and antioxidants because of the vegetables and fruits. However, it can negatively affect one's health.

Vegetarians who do not consume dairy products lack these nutrients. It is not in adequate amounts. They need to consume huge amounts of protein to stay in top condition. A balanced diet with a variety of foods, served in small portions, can help keep us energised, motivated and healthy.

Maintaining good health and cutting out any food group. It is important to support our body and



nutrients are all found in the same place cannot be vegetarians eat.

2



Read the following text and write the main idea of each paragraph.

Vegetarianism has become popular worldwide. Lots of people go on this diet because they consider it to be the key to a healthy life. They follow a strict diet that includes fruits, vegetables, cereal grains, nuts, seeds and sometimes eggs and dairy products.

A vegetarian diet has its advantages. The main advantage is that there is less **risk** of **obesity** and heart diseases. It has high **amounts** of vitamin C, folic acid and fiber. This diet helps to avoid diseases because of the vegetables which are an excellent source of antioxidants. It also helps in digestion **since** vegetables contain more fiber. Lastly, there is more energy **gained** from vegetables **because** they are the primary source of the food chain.

However, being a vegetarian has its downsides and can negatively affect one's health. This diet is low in calcium, proteins, iron, vitamin B12 and zinc. Vegetarians who do not consume milk or dairy products **lack** vitamin D as well. These nutrients are all found in the vegetarian diet but not in **adequate** amounts. Athletes for instance cannot be vegetarians because they need huge amounts of protein that is found in meat.

In conclusion, I think that eating a balanced diet is key to maintaining good health and keeping the body in top condition. A balanced diet does not cut out any food group. It consists of a wide variety of foods, served in the correct amounts to support our body and keep us energised, motivated and healthy.

Paragraph 1

Vegetarianism is the key to a healthy life .

Paragraph 2

The advantages of the vegetarian diet

Paragraph 3

The disadvantages of the vegetarian diet

Paragraph 4

A balanced diet is the key to good health .

صفوة على اللويز

Vegetarianism has become popular worldwide. Lots of people go on this diet because they consider it to be the key to a healthy life. They follow a strict diet that includes fruits, vegetables, cereal grains, nuts, seeds and sometimes eggs and dairy products.

A vegetarian diet has its advantages. The main advantage is that there is less **risk** of **obesity** and heart diseases. It has high **amounts** of vitamin C, folic acid and fiber. This

3



Answer the following questions:

1. What are the advantages of being a vegetarian?
2. Which paragraph is against vegetarianism? How can you tell?
3. What is the writer's opinion of vegetarianism?
4. Do you agree with the writer? Why? Why not?

vegetarian diet but not in **adequate** amounts. Athletes for instance cannot be vegetarians because they need huge amounts of protein that is found in meat.

In conclusion, I think that eating a balanced diet is key to maintaining good health and keeping the body in top condition. A balanced diet does not cut out any food group. It consists of a wide variety of foods, served in the correct amounts to support our body and keep us energised, motivated and healthy.

3



Answer the following questions:

1. What are the advantages of being a vegetarian?

There's less risk of obesity and heart diseases .

2. Which paragraph is against vegetarianism? How can you tell?

Paragraph 3 because it has the disadvantages of vegetarianism .

3. What is the writer's opinion of vegetarianism?

The writer agrees on a balanced diet rather than follows vegetarianism .

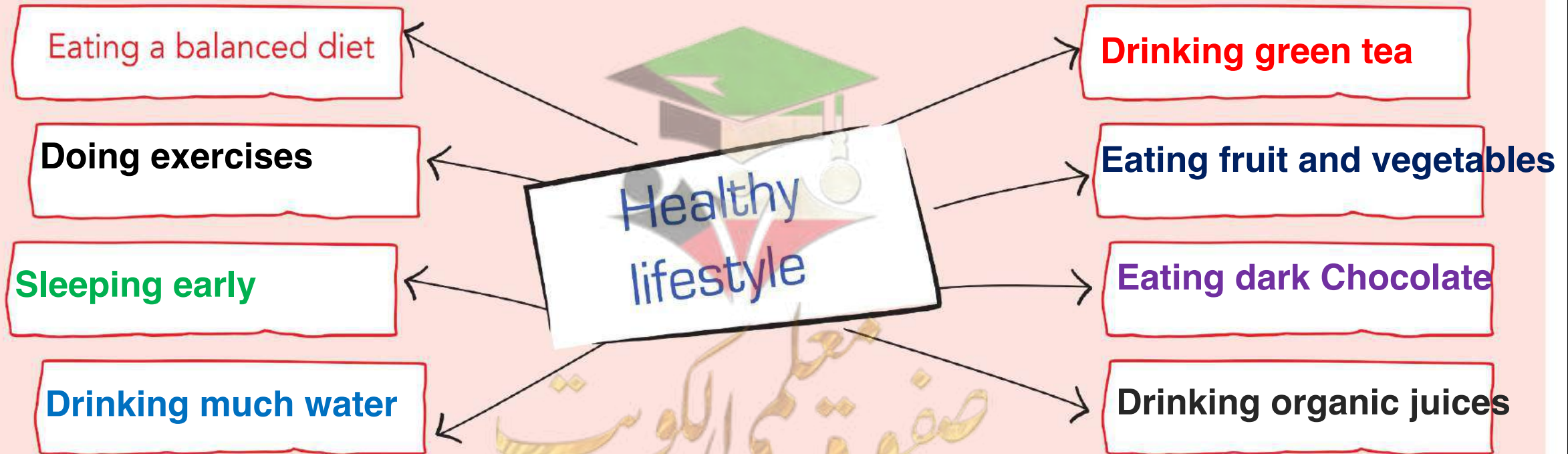
4. Do you agree with the writer? Why? Why not?

Yes, of course . A balanced diet is the key to a good health .

4



In groups, decide on how you can have a healthy lifestyle. Discuss and write your notes in the diagram below to present them to the other groups.



5



Expand your notes to write a report of two paragraphs explaining the things everybody should do to keep fit and healthy.

Why does everybody think that a healthy life style is very difficult to follow? A healthy life style is very easy but it needs a will and a plan to do it well. You must start and you'll enjoy.

Following a diet needs some types of food and exercises. Doing exercises is very important so I advise you all to keep going to the gym. We should drink much water. It removes toxins. We should eat a lot of fruit and vegetables. They are rich in vitamins and fibre. A balanced diet is the key to a good health.

Remember to:

- begin with an interesting introduction such as a question.
- develop the body by adding facts and details.
- edit your writing, checking spelling and punctuation.

Module One

Unit Two

Life Experiences

Life Events



Guess the title of the unit .

What's the lesson going to be about ?



2 Life Events Module 1



Before you read

Reading

1



Think, pair, share

- Have you visited any blogs?

Yes, I have .

I have visited my school blog.

- What have you read about?

I have read about my school subjects and

2



Read the following webpage and answer the questions that follow:



How to Create Your Own Blog?

Would you like to have your own blog? Would you like to connect to the world? Would you like your voice to be heard, your images to be seen and your thoughts and experiences to be read by your friends? How about creating your own blog? It is easy and free to create your own blog. WordPress uses easy steps for building blogs.

1. What are the benefits of blogs?
2. Why is it important to keep your password and username?
3. Find words in the passage that have the same meanings as (photos, connect).
4. Find the opposites of these words in the passage (costly, log out,).
5. What's the main idea of the last paragraph?
6. What kinds of blogs do you like? Why?

Step 4: Choose your plan: Choose a free plan for your blog. This will help you get in touch with the world. There are free plans and paid plans.

Step 5: Create your account: Choose a username and password. It is important to keep your username and password to be able to log into your account. You need to provide your email address. Now you are ready to start connecting to the world.

Blogging is a great way to communicate. You can post information about Kuwait to share our culture with the world, but it is very important not to post personal information or photos. It is also important to consider our Islamic values and traditions when posting on your blog.

1. What are the benefits of blogs?

It's easy to connect to the world and your voice to be heard .

2. Why is it important to keep your password and username?

To be able to log into my account easily .

3. Find words in the passage that have the same meanings as (photos, connect).

images Log into – get in touch w communicat

4. Find the opposites of these words in the passage (costly, log out,).

Free

Log in

5. What's the main idea of the last paragraph?

Importance of blogging and tips we must follow .

6. What kinds of blogs do you like? why?

Blogs about sports .

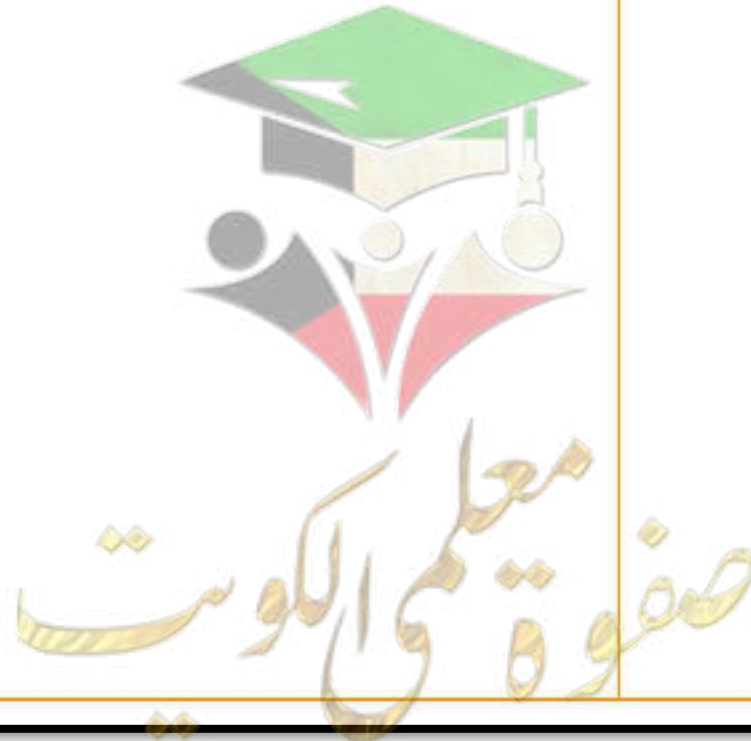
To have fun .

3



2.1 Listen and find out about Ali's and Sara's experiences.

Questions	Ali	Sarah
eaten Italian food?	No	Yes
visited a museum?	Yes	Yes
been to another country?	No	Yes
acted in a play?	Yes	No
made your own website?	Yes	Yes
lost something important?	Yes	No



4 Grammar in context *present perfect +ever; past participle*

 Talk about Ali and Sarah's experiences. Follow the example below.

- Ali has acted in a play. Sarah hasn't acted in a play.
- Ali and Sarah have visited a museum.



صفوة معلمي الكويت

Read and guess the meaning of the following words:

A: Have you ever

- visited any **caverns**?
- participated in **voluntary** work?
- spoken to a **native** speaker of English?
- flown in a helicopter?
- watched a football match at a stadium?



B:

.....

.....

.....

.....

صفوة معلمي الكويت

5



Ask and answer these questions with your partner, then write 4 sentences about you and your partner's experiences.

A: Have you ever

- visited any **caverns**? **Yes , I have .**
- participated in **voluntary** work? **No , I haven't .**
- spoken to a **native** speaker of English? **Yes , I have .**
- flown in a hot air balloon? **No , I haven't .**
- watched a match in the stadium? **Yes , I have .**



A: Have you ever

- visited any **caverns**?
- participated in **voluntary** work?
- spoken to a **native** speaker of English?
- flown in a hot air balloon?
- watched a match in the stadium?

B: Have you ever.....

written a letter to a pen-friend ?.....

seen an accident on a high way ?.....

made a charity party with your friends ?.....

bought a new computer game ?.....

What's the lesson going to be about ?



1  a. Look at the pictures and answer the questions:

1. Why does he look so sad?

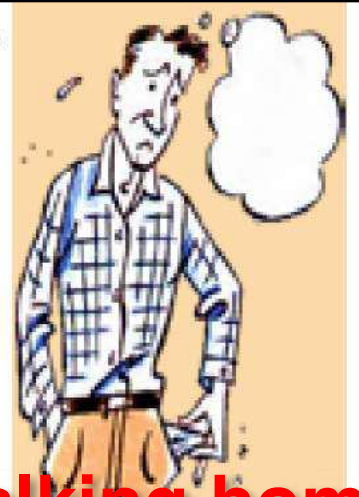
He has lost something.

2. What did he lose?

He lost his money .

3. When do you think it happened?

Maybe when he was walking home .



1. Why does she look so happy?

**She has found her family .
She adopted a boy and a girl .**

2. What did she adopt?

3. When do you think this happened?

Maybe when they were babies .

He feels happy and proud .



1. Will he be able to play football today?

Because his leg is broken .

2. Why do you think so?

3. When do you think it happened?

May be , last week .



1. How do you think he feels now?

He won a race .

2. Why do you think so?

3. When do you think this happened?

Maybe , last year .





b. Choose something that has happened **recently** to you (at home, class, club, street, etc...) and write about it using the present perfect and past simple. Then write about your p

You

I have been to club for 2 hours . My friend Ahmed is sick today .

I used to go there every weekend . I have visited him to make sure he's

I played football with my friends . getting well He had a cough last night

Really , It was the best moment The doctor's examined him 2 hours a

My friend Ali fell in the swimming He has written some medicine

pool We've enjoyed our time a lot and asked Ahmed to stay in bed .

lately

recently

these days

 a. Work in pairs. Practise speaking about your experiences

You : Have you ever **eaten Egyptian food ?**

Your partner : **Yes , I have .**

You : When did you **go and eat it ?**

Your partner : **I went last Friday .**

You : Did you enjoy it?

Your partner **Yes , I did The food was delicious .**



Role- Playing

b. Tell your class about your partner.

e.g. My partner has eaten Moroccan food. He ate it in a restaurant at a shopping mall. He enjoyed it very much.

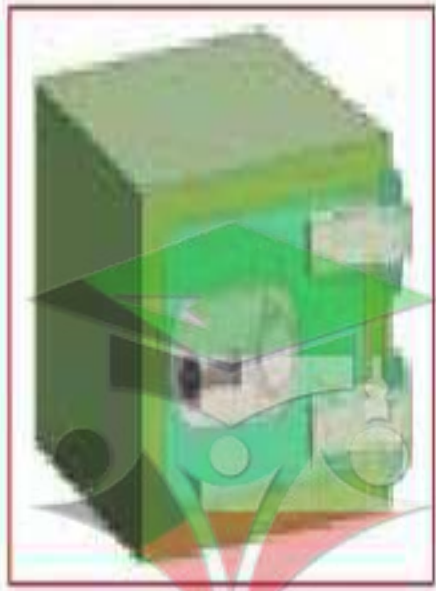


5  In your notebook, write sentences for the following pictures using the word list in exercise 5.

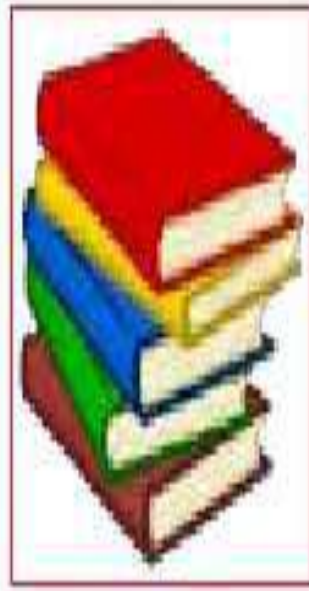


More than usual

- wash hands frequently
- not to catch infections



- learn new things



- read books
- learn new information



Design a questionnaire to find out about your classmates' special experiences.

Questionnaire

Sample

1- Do you feel happy when you face a new experience ?

Always

Often

Seldom

Never

2- Do you think a new experience is good for your life ?

Yes

No

What's the lesson going to be about ?



Do you think life deserves to challenge for ?



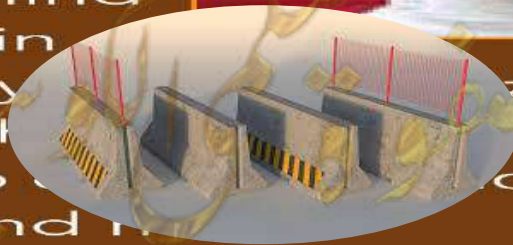
What do you think of these pictures ?



Read and guess the meaning of the following words:

Juri Al-Azmi: Defying the Odds

SIGHT



...TERMINATION...
...lost her sight...
...determination...
...to overcome...
...first place...
...Arab...
...Arab...
...participated...
...contest in...
...students who...
...tition.

One of the difficulties facing Al-Azmi is the lack of many books in Braille, a method of writing invented to help the blind to read. Al-Azmi said in a statement published by the organizing Committee of reading that her visual handicap was a barrier between her and the world around her.

Read and guess the meaning of the following words:

“My Incredible Story” by Ghanim Al Muftah

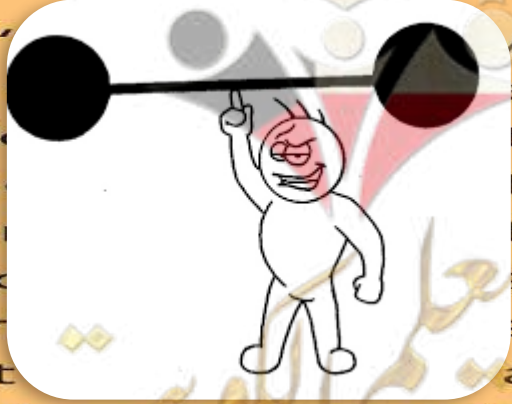


Qatar with a disability which stops the development of the lower spine. Doctors in his family probably would not have advised those whose name means 'winner' to have a child. Ghanim has a dream of becoming a Paralympian.



incredibly inspired

Ghanim said: “I have an Instagram account, with almost 1 million followers. I want to say that everyone has a dream and that everyone can achieve it. So I want to be a window to the world and get our message out in a positive and useful way. I want people to understand that people with disabilities are capable of giving and are active in society.”



and we have to use it in a positive and useful way. I want people to understand that people with disabilities are capable of giving and are active in society.”

1 Discuss the pictures and guess what the lesson is about.

Juri Al-Azmi: Defying the Odds

"My Incredible Story" by Ghanim Al Muftah

It's about physically challenged heroes .



Juri Al-Azmi has always loved reading books and poetry. She lost her sight but did not lose her determination or hope. She was able to overcome her handicap and achieve first place in Kuwait at the "Arab Reading Challenge" contest, beating 16,000 Arab students by reading 50 books. She also participated in the "Arab Reading Challenge Champion" contest in the United Arab Emirates among 18 Arab students who have reached the final stage of the competition.

One of the difficulties facing Al-Azmi is the lack of many books in Braille, a method of writing invented to help the blind to read. Al-Azmi said in a statement published by the Organizing Committee of the competition that she was a lover of reading, and that her visual handicap did not stand a barrier between her and the world around her.



Juri teenager Ghanim was born with a rare disorder which stops the development of the lower spine. Doctors told his family he probably would not survive. Ghanim, whose name means 'winner' in Arabic, has incredibly inspired people around the world by surviving and becoming an athlete. He shares his story of hope, determination and giving, and his dream of becoming a Paralympian.

Ghanim said: "through my Instagram account, where I have almost 1 million followers, I want to say that everyone has a right to dream and has ambitions that they can achieve. Social media is a window to the world. It helps us get our message out there faster and we have to use it in a positive and useful way. I want people to understand that people with disabilities are capable of giving and are active in society."



2 Read the texts and answer the questions below.

Juri Al-Azmi: Defying the Odds

"My Incredible Story" by Ghanim Al Muftah

1. How can Juri read books despite her disability?
2. What challenges is she facing?
3. How did Ghanim inspire and surprise people?
4. The underlined pronoun it refers to
5. The purpose of these two stories is

Reading student in the "the Unit have re

One of the challenges facing Al-Azmi is the lack of many books in Braille, a method of writing invented to help the blind to read. Al-Azmi said in a statement published by the Organizing Committee of the competition that she was a lover of reading, and that her visual handicap did not stand a barrier between her and the world around her.



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2

Read the texts and answer the questions below.

1. How can Juri read books despite her disability?

She uses the method of writing invented by Braille .

2. What challenges is she facing?

The lack of many books in Braille .

3. How did Ghanim inspire and surprise people?

By surviving and becoming an athlete .

4. The underlined pronoun it refers to

Social Media

5. The purpose of these two stories is

To give good examples to the handicapped and others , not to give up hope and challenge .

3



Think, pair, share

Speaking

- What do you think are the best things about Juri/ Ghanim?

Determination and challenge .

- How do people with disabilities contribute to our society?

**They are capable of giving and are active in society .
They can share in sport competitions and go to work .**

4



2.2 Listen to the interview with Peter Delaney.

a. Complete the sentences with a, b, c or d.

Peter started his journey in a. 1999 **b. 2003** c. 2005 d. 2016

He has walked miles **a. 19,000** b. 20,000 c. 40,000 d. 36,000

He across China. a. has walked b. hasn't walked **c. will walk** d. walked

He a sweater with him. a. will carry b. doesn't carry **c. carries** d. carried

He has learnt more than 300 a. songs b. stories c. films **d. poems**

Role - Playing

b. Tell the class about Peter's journey.



Pronunciation *house, road*

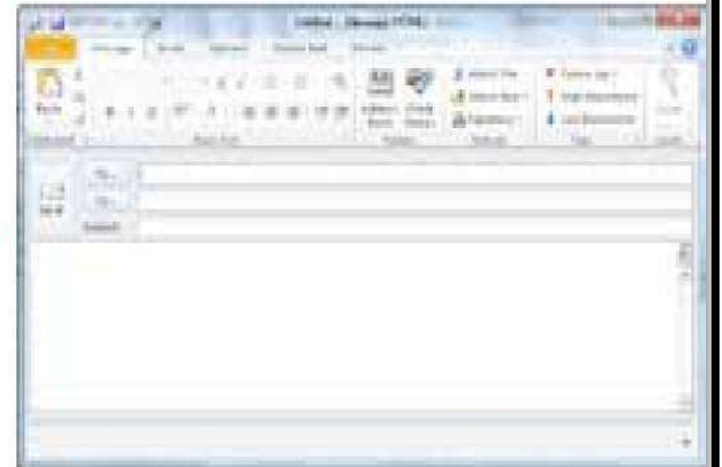
4  Listen and put the words in the right column. Then read them aloud.

<u>House</u> / <u>trousers</u>	<u>Road</u> / <u>most</u>
1. loud 2. south 3. round	1. photo 2. grows 3. coat

Writing

5  **In your notebook, write an email of two paragraphs to your cousin telling him/her about a famous sports person you admire.**

- Include a proper greeting.
- Include all of the following details and any necessary information: *(what sport he/she plays, what he/she achieved, why you admire him/her, what awards he/she has won...etc).*
- Be sure to clearly say what your email is about in the subject field.
- You can end your informal email with: Thank you, Best regards, Yours...etc.



صفحة من الكويت

Module One

Unit Three

Life Experiences How To Live



Life Experiences

Module One



You are expected to:

- Determine the purpose of different texts
- Exchange information and personal opinions about different topics.
- Write connected paragraphs (email, short story) for different purposes.

Activities:

- Identifying main ideas of texts
- Discussing familiar topics
- Designing a poster
- Retelling a story

Guess the title of the unit .

What's the lesson going to be about ?



3 How We Live **Module 1**



Before you read

Reading

1



Discuss in pairs:

- Do you enjoy reading stories? Why?

Yes , I do .I spend my free time nicely .

- Name a story you know. What is it about?

I like police stories It's about crime and justice .

2 Read this story and give it a title.

Deception Doesn't Pay Deception Has No Legs

My dad runs a garage just outside the city. It's the biggest garage in town. It's a family business and my dad is really proud of what he has achieved. All the rich people bring their expensive cars to him to be serviced and repaired. Last year, a mechanic named Don came to work for my dad, but he didn't stay long.

Dad's garage is huge. It has three separate workshops and he employs forty mechanics and over a hundred other staff. It's hard to keep track of all the workers, so dad employs a foreman named Antonio. He's a short, heavy man, and he moves slowly, but he has a lot of power. His job is to check what the mechanics are doing and to tell them what they're supposed to do. He also pays the men's wages.



At first, Don worked hard. He was young, tall, slim and quick with his hands. He fixed the cars faster and better than anyone. He was a rising star among the mechanics in the workshops.

After a while, Don lost interest in his work. That was the beginning of his real trouble. He found a quiet place outside the garage, where no one could see or hear him. He would sit under a tree and spend the days singing to himself instead of working.

'You like to think I'm working, but I'm not,' he sang.

After a while, Antonio found out what Don was doing. He set a trap.

One morning, before Don arrived at work, he climbed up the tree and waited for Don to arrive.

An hour later, Don, as usual, came to sit under the tree. 'You like to think I'm working, but I'm not,' he started singing.

All of a sudden, Antonio dropped out of the tree and looked him in the eye. He sang to the same tune Don had used:

'You like to think I'm going to pay you, but I'm not!'

And that's how Don lost his job at my dad's garage. Since then he has been jobless.



3 Answer these questions about the story:

My dad runs a garage just outside the city. It's the biggest garage in town. It's a family business and my dad is really proud of what he has achieved. All the rich people bring their expensive cars to him to be serviced and repaired. Last year, a mechanic named Don came to work for my dad, but he didn't stay long.



- What was Don like? How did he work at first?
- Where did Don spend his time after he had lost interest in his job?
- How did Antonio solve the problem?
- What message do you think the writer of the story is trying to share?

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waited for Don to arrive.

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'You like to think I'm going to pay you, but I'm not!'

And that's how Don lost his job at my dad's garage. Since then he has been jobless.



3 Answer these questions about the story:

- What was Don like? How did he work at first?

He was quick with his handle worked hard .

- Where did Don spend his time after he had lost interest in his job?

He found a quiet place outside the garage .Under a tree .

- How did Antonio solve the problem?

He set a trap and hid up in the tree to catch Don .

- What message do you think the writer of the story is trying to share?

**He wants to convey a moral that deception isn't working .
Hard work leads to better jobs and a better life .**

“
lessons

learned
”

5



a. Fill in this table with the required information from the story.

Characters

Setting

Events

Writer's Dad

garage

• Don started working as a mechanic.

Don

**Outside
the garage**

became lazy and stopped working

• Later, he

Antonio

Under a tree

Then, Antonio discovered his trap

Finally, Antonio set a trap and

Don was fired.

b. If you were in Antonio's place, how would you solve the problem?

I would speak face to face with Don .

I would give him less wages .

صفوة معلمي الكويت

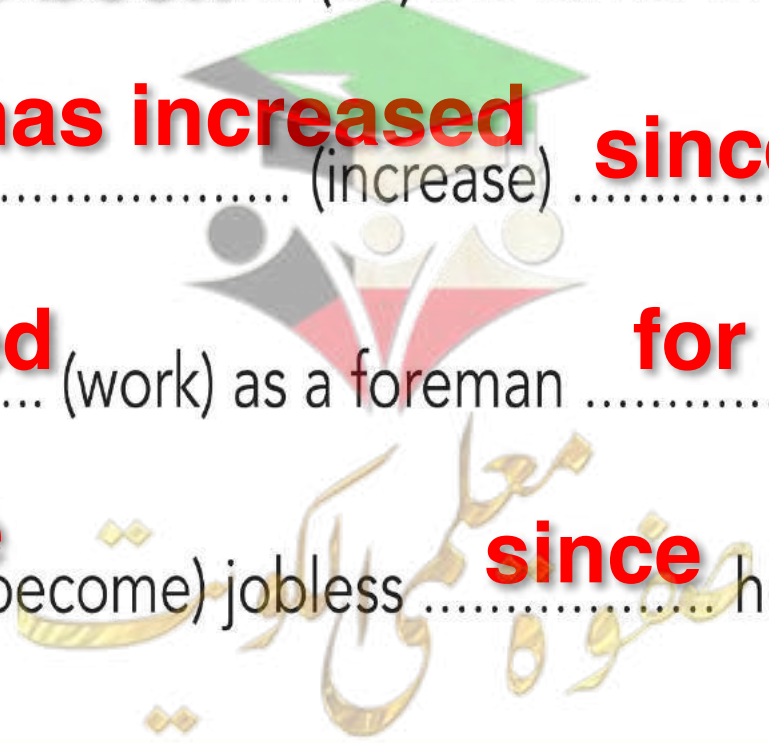
5 Grammar in context (present perfect + for / since)

 **Correct the verbs in brackets and use since or for.**

1. The writer's father **has been** (be) the owner of this garage **for** 20 years.
2. The number of customers **has increased** (increase) the garage was first opened. **since**
3. Antonio **has worked** (work) as a foreman **for** a long time.
4. Don **has become** (become) jobless **since** he was caught cheating.

Since:
2010, April,
I left school

For:
3 hours,
days, ages, a
short time





a. Ask and answer questions using **"How long...?"** and **"for" / "since"**.

Take notes while asking about these ideas:

(live in this neighbourhood / know your best friend / have this mobile / be in this school ...etc.)

e.g. A: How long have you studied English?

B: For four years, since I was nine years old.

b. Use your notes to report to your class about your partner.

e.g. My partner has lived in this neighbourhood since he/she was born.



With reference to a story you have read, or a movie you have watched, write a summary describing: the characters, the setting and the plot.

Characters

.....

.....

.....

.....

Setting

.....

.....

.....

.....

Events

.....

.....

.....

.....

صفوة معالي
الكويت

Guess the title of the unit .

I USE GOOGLE TRANSLATE FOR FREE & THAT'S HOW I LEARNED ENGLISH

-Jack Ma



EVERYONE

a story.



What's the lesson going to be about ?

WHAT'S YOUR STORY?

People's Stories

tell YOUR STORY

Steve Jobs

At 30 years old, Steve Jobs was left devastated and depressed after being removed from the company he started. He overcame all obstacles to become successful and Apple products speaks the rest.

" I FAILED IN SOME SUBJECTS IN EXAM, BUT MY FRIEND PASSED IN ALL, NOW HE IS AN ENGINEER IN MICROSOFT, AND I AM THE OWNER OF MICROSOFT. "

BILL GATES



Guess the following meaning

1. stingy - furious - hearty



chicken - porridge

5. taste - smell - leftover - inhale



justice - crowd



1 Find the odd one out. Justify your answer.

1. stingy – furious – hearty – angry

All qualities of a person except for hearty of food.

2. cattle – goat – chicken – porridge

All animals except for porridge food.

3. taste – smell – leftover – inhale

All verbs except for Leftover, a noun.

4. court – justice – crowd – fairness

All court words except for crowd, people.

2



3.1

a. Listen to the story and decide if these statements are true (T) or false (F). Correct the false ones.

a. The tajiri was very generous.

Stingy

(F)

angry

b. The tajiri was happy to see the markiri outside his kitchen.

(F)

not give

his goat to

fair

d. The village chief was unfair to the tajiri.

(F)

(F)



صفوة على

Think , pair and
share :

b. Listen again and write a description of each of:

1. The tajiri: **was a stingy,greedy rich man .**

2. The maskini: **was a very poor man .**

3. The village chief: **was very fair and smart .**



3  a. Discuss the following questions, then share your ideas with the class.

- What do you think of what the Tajiri and the village chief did?

The tajiri was very selfish and stingy.
The village chief was very fair and just.

- How would you solve the problem between the tajiri and the maskini if you were the village chief?

Frankly speaking , I would send the tajiri to jail .

- **b. Retell the story:** each member of the group should retell part of the story.



3 Grammar in context Intensifiers (too ... to / so ... that)

too + adjective to + infinitive

So + adjective that + sentence

The Tajiri was very mean. He didn't want to share the smell of his food with others.

The Tajiri was too mean to share the smell of his food with others.

The Tajiri was so mean that he didn't want to share the smell of his food with others.

Join the following sentences using (too...to/ so...that):

- The exercise was very difficult. I couldn't do it.

The exercise was too difficult to do .

- The news is very good. It cannot be true.

The news is so good that it can't be true .

- This mobile is very expensive. I cannot afford it.

This mobile is too expensive to buy .

- 5  a. Write your own short story about the poor and the rich. Fill in the following chart with the necessary information.

Characters: Who?

The Ahmeds The Talals

Setting: When and where?

**Villa
cottage
Last winter**

Title

Poor But Happy

Problem: What went wrong?

**The Ahmeds were very poor .
They didn't find their shelter .
The rich family ignored their
neighbourhood .**

Solution: How did it end?

**Ahmed searched for work .
He did his best till he made himself
Life turned over and the Talals
became poor .**

b. Use your notes to write the story.

Last winter, The Ahmeds lived in a small cottage near the Talals' large villa. It was too cold and they couldn't find a shelter. Ahmed was a strong-willed man. He lived happily with his kids. Once, his wife asked him to go to the Talals to ask for some help. The Talals were greedy. They just lived for themselves. But Ahmed refused and worked hard to feed his kids and he died. He turned over and the Talals lost their wealth. The family broke up. They lived a sad and miserable life. The Ahmeds were poor but happy. Now, they are rich and happy too.

Remember to:

- use appropriate adjectives to describe the characters.
- use connectors to show the sequence of events (first, then ...etc)
- use some suspense to attract the readers.
- check your writing for capitalization and punctuation.



Ask your parents, or check other sources for another story about the rich and the poor and share it with your class.



Guess the title of the unit .

What's the lesson going to be about ?

Life in Space





Before you read

1 How do you think life is on a space station?

Make notes about:

(eating – drinking – clothes – sleeping – moving – entertainment... etc.)

e.g. You can't drink from a glass.



Read and guess the meaning of the following words

Since 2000, highly-trained astronauts have been travelling 350 kilometres above the Earth's surface. Most of these astronauts spend a lot of their time working in space. Living in space is a bit like camping. Everything you need, you use special equipment. You have to dispose of your own rubbish. We asked astronauts from the International Space Station to tell us about living in space.



What do they eat in space?



Clothes
Do they need special clothes while living and washing the clothes in space?

Clothes

When we go into space in the shuttle or when we re-enter the Earth's atmosphere, we wear special suits called LES (Launch and Entry Suits).



We have parachutes, oxygen, and a gun kit. When we are in space, we wear casual clothes with lots of pockets. In space, we wear specialized, white suits.



2



Read the text and answer the questions below.



Since 2000, highly-trained astronaut teams have been travelling 350 kilometres into space to live and work. Most of these astronauts spend about three months in space. Living in space is a bit like camping, you have to take everything you need, you use special equipment, and you have to dispose of your own rubbish. We asked Bill Ross on the International Space Station to tell us about living in space.

Food

1. Give three reasons why being in space is like camping.
2. Why don't astronauts use knives, forks and plates in space?
3. How do you think the tools of the LES are useful to astronauts?



special clothes while living and washing inside the space shuttle?

When we go into space in the shuttle or when we re-enter the Earth's atmosphere, we wear special suits called LES (Launch Entry Suits).

They have parachutes, oxygen, an inflatable boat, water and a flare gun kit.

Inside the station, we wear casual clothes with lots of pockets. Sometimes when we walk outside in space, we wear specialized, white spacesuits with finger heaters in our gloves!



2  Read the text and answer the questions below.

1. Give three reasons why being in space is like camping.

You have to take everything. **You use special equipment .**

You have to dispose of your own rubbish .

2. Why don't astronauts use knives, forks and plates in space?

They can't eat off plates. **They eat from the packages .**

3. How do you think the tools of the LES are useful to astronauts?

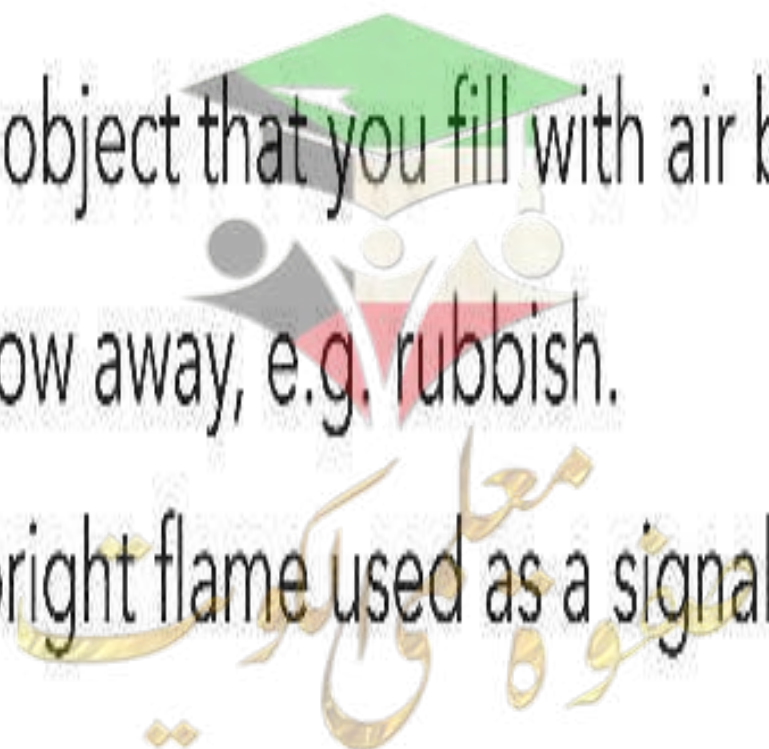
They are very useful. **Parachutes are used for landing on the moon .**

Oxygen is used for breathing. **Food and water to survive .**



3 Match the words from the text with their definitions.

1. dispose of (-) the containers food comes in.
2. inflatable (2) an object that you fill with air before use.
3. flare (1) throw away, e.g. rubbish.
- (3) a bright flame used as a signal.



- 3 a. Imagine you are a journalist. Write six questions to ask an astronaut about his experience of life in space.



You can ask about:

The most difficult thing / the best moment / what they miss / ...etc.
e.g. How long have you been on the space station?

1- How do you eat ?

2- How can you sleep ?

3- If you need to drink , how can you do

4- If there is a fire , how can you put it out ?

5- Is it easy to call your family ?

6- If you get sick , how should you behave ?

b. Role play:

Work in pairs. Be a journalist and an astronaut

Use your questions from exercise 4.

- Ask your partner questions, then exchange roles.
- Act out the interview in front of other pairs.

Remember to:

- respect turn taking.
- use facial expressions.
- listen and ask for clarification if needed.

صفوة معلمة الكلوب



Search the internet for extra information about life in space and find out why astronauts wear white specialized spacesuits. Share your information with your class.



Space is a dangerous environment and presents extremes of both hot and cold for the human explorer. To allow spacesuit cooling (and heating) systems to work most efficiently, they are made of material that reflects much of the incident radiation (mostly sunlight) that falls on them; hence, they are white.

Another reason for using white material is that this helps astronauts to be visible to crew members, even in the darkness of the Earth's shadow.

The background of the image is a sunset over the ocean. The sky is filled with soft, golden clouds, and the sun is low on the horizon, casting a warm glow. The water is a deep blue, and a sandy beach is visible in the foreground. Overlaid on the image is a graduation cap (mortarboard) with a tassel, and a rolled-up diploma tied with a ribbon. The text is centered and reads:

Module Two

Our Amazing

Unit Four World

Unforgettable Past

Kuwaitpast.com



4

Unforgettable Past

Module 2



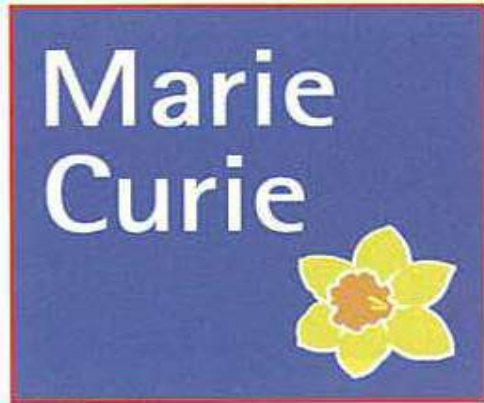
Guess the title of the unit .

What's the lesson going to be about ?



Before you read

- 1  Which of the following charity organisations would you like to join? Why?



To help people with cancer .



To give money to the poor .



To provide shelters .



To provide food and medicine for people that suffer from war



was a very

started her ca
and became

she **hired** another

in the school. She **raised** a lot of money for the school.

Unfortunately, Clara was not allowed to be the principal of the new school.

Her **community** would not let her take this position. A new principal was hired instead.

She was paid twice as much as a female assistant.

In the **harsh** environment of the Civil War, Clara decided to **quit** her job.

When the Civil war began, Clara was a nurse. She fed the wounded and cleaned their **wounds** on the battlefield. She proved that women could succeed in any job. Clara led the American Red Cross, an international organization. Injured soldiers were cared for by this organization. Clara always said, "I may be **compelled** to face danger, but I never



an. She was born in 1821 in the United States.

Clara worked as a teacher at an early age. Clara opened a school in 1847 and became a well-respected teacher. When her school was closed, she hired another teacher to help her.

There were over 600 students at the school. She raised a lot of money for the school that was used to open a new school.

Unfortunately, Clara was not allowed to be the principal of the new school.

Her community would not let her take this position. A new principal was hired instead.

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Position of women in the past

Never give up .

2



a. Read the text and give it a suitable title.



Clara Barton was a very special woman. She was born in 1821 in the United States. She started her career as a teacher at an early age. Clara opened a free school and became a popular and respected teacher. When her school grew, she **hired** another teacher to help her teach. There were over 600 students in the school. She **raised** a lot of money that was used to open another school.

Unfortunately, Clara was not allowed to be the principal of the new school. Her **community would not** let women hold this position. A male principal was hired instead and was paid twice as much as Clara. She was **demoted** to "female assistant".

Due to the **harsh** environment, Clara **suffered** from many health problems and decided to **quit** her job.

When the Civil war began, Clara worked as a nurse. She fed soldiers and cleaned their **wounds** on the battlefield. She proved that women can succeed in any job. Clara later founded an international organisation. Injured soldiers were cared for by Clara's organisation. Clara always said, "I may be **compelled** to face danger, but I never fear it."



Clara Barton was a very special woman. She was born in 1821 in the United States. She started her career as a teacher at an early age. Clara opened a free school and became a popular and respected teacher. When her school grew, she **hired** another teacher to help her teach. There were over 600 students in the school. She **raised** a lot of money that was used to open

1. How would you describe Clara Barton?
2. Women were not treated as equal to men during the 19th Century, explain.
3. What is the purpose of the writer?
4. Think of a great Kuwaiti woman and compare her to Clara Barton.

Due to the harsh environment, Clara suffered from many health problems and decided to **quit** her job.

When the Civil war began, Clara worked as a nurse. She fed soldiers and cleaned their **wounds** on the battlefield. She proved that women can succeed in any job. Clara later founded an international organisation. Injured soldiers were **cared** for by Clara's organisation. Clara always said, "I may be **compelled** to face danger, but I never fear it."



f the new



b. Answer the following questions:

1. How would you describe Clara Barton?

She was a very special woman . She never felt despair .

2. Women were not treated as equal to men during the 19th Century, explain.

Men were given a special treatment . Women were ignored .

3. What is the purpose of the writer?

To focus on the position of women and how much they suffered .

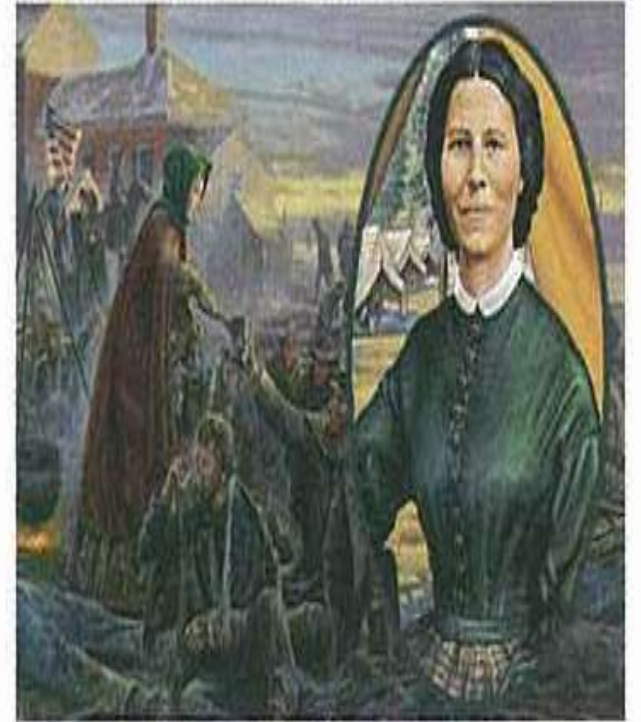
4. Think of a great Kuwaiti woman and compare her to Clara Barton.

Massouma Al-Mubarak The first female government minister

3 Grammar in context *The Passive Voice (Past Simple)*

Passive: *Object+ was/were+ Past Participle*

The passive voice is used to focus on the action rather than who did it.



e.g. Clara opened a free school.

A free school was opened by Clara.

Simple Past Tense

The cat killed a snake.

Subject

Main Verb

Object

A snake was killed by the cat.

Subject

H V

Pst ppl

Spl Prepn

Object

Active Voice

We use

Second form of Verb

Example

1. Girl clicked Selfie 📸
2. Girls clicked Selfie 📸
3. Girls clicked Selfies 📸

Passive Voice

We use

Was/Were + Third form of Verb

Example

1. Selfie was clicked by girl 📸
2. Selfie was clicked by girls 📸
3. Selfies were clicked by girls 📸

a. Read the text again and underline three sentences in which the passive voice is used.



Clara Barton was a very special woman. She was born in 1821 in the United States. She started her career as a teacher at an early age. Clara opened a free school and became a popular and respected teacher. When her school grew, she **hired** another teacher to help her teach. There were over 600 students in the school. She **raised** a lot of money that was used to open another school.

Unfortunately, **Clara was not allowed to be the principal** of the new school. Her **community would not** let women hold this position. **A male principal was hired instead** and was paid twice as much as Clara. **She was demoted to** "female assistant".

Due to the **harsh** environment, Clara suffered from many health problems and decided to **quit** her job.

When the Civil war began, Clara worked as a nurse. She fed soldiers and cleaned their **wounds** on the battlefield. She proved that women can succeed in any job. Clara later founded an international organisation. Injured soldiers were cared for by Clara's organisation. Clara always said, "I may be **compelled** to face danger, but I never fear it."



b. Change the following sentences into passive:

1. The teacher cancelled the test.

The test was cancelled by the teacher .

2. They took some pictures in the old town.

Some pictures were taken in the old town .

صفوة معلمى الكويت

c. In your notebook, write three sentences about the pictures using the past simple passive.

Cookies were saved in a jar .



An e-mail was sent last night .



A tree was watered yesterday .



صفوة معلمي الكوئيت

4  **a. In groups, think of a charity campaign that you can create.**

Give it a name, discuss its services, the main difficulties that you may face while creating it and possible solutions to those difficulties.



Best Charitable
Giving Campaigns
Using Social Media





b. In your notebook, write a post which can be displayed on your blog to promote your campaign. (You can add a logo)


We can help the poor live a warm winter .

We can do it together to relieve their suffering .

Never say it's too difficult and start now .

We are waiting for your hand to help .





Read books and find information about the great Kuwaiti woman you discussed in exercise 2.b, then present it to your class.

Massouma al-Mubarak (born 1947) is Kuwait's first female government minister, sworn in on 20 June 2005. She was educated in the United States and is a professor of political science.

She has been active in the field of equal rights for women and also writes a daily column for Al Anba newspaper. In 2002 she collected signatures on a petition opposing segregation by gender or abolishing coeducation in Kuwait.

Guess the title of the unit .

What's the lesson going to be about ?

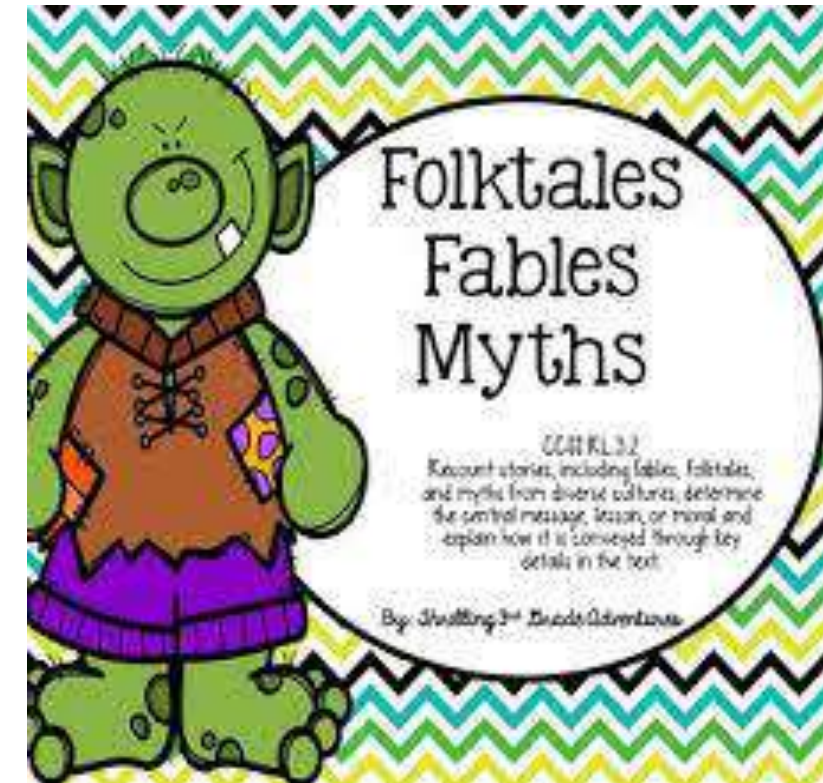
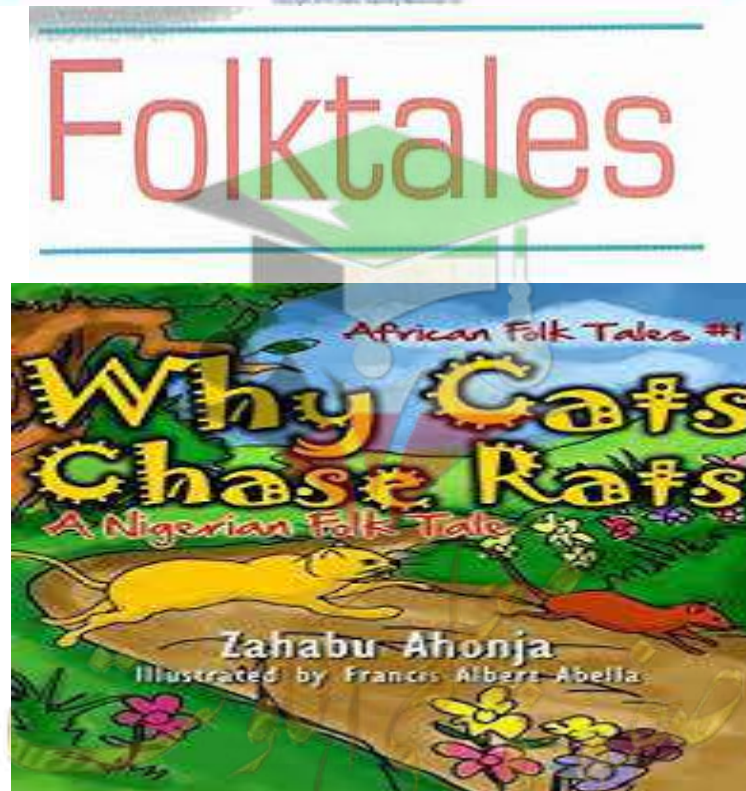
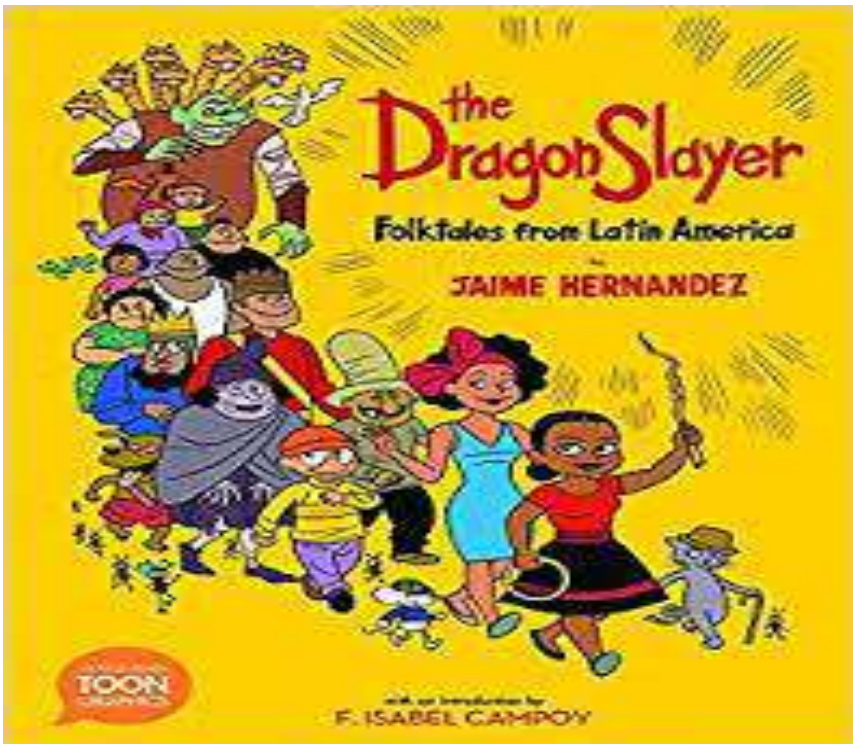
- told for a long time
- by a group of people
- ordinary characters who live ordinary lives



Folk Tales

CONTENTS

	The Little Red Hen
	Chicken Little (The Sky is Falling)
	Mr. Bunny's Carrot Soup
	The Four Friends



Folktales

1  Discuss in pairs:

1. What is a folktale?

A popular and traditional story .

2. Name some popular folktales and tell your partner a little about them.

The dragon Slayer **Why cats chase rats**

صفوة المكي الكلوب



b. Listen to the folktale again and complete the following summary with words from the list:

plunged in - submissive - cottage - begged - exceptionally - humble



lived in a **cottage**

..... **ally** good. It was so



Huw **begged** his mother to save the cow,

but he became **submissive** when she told him to be quiet and stopped arguing.



The next morning, the six silver cows ran to the lake and **plunged in** They disappeared.



3



With your partner, write some questions about the story and what might have happened after.

e.g.: What did Huw do every morning?

You can use these question words: (How/ Why/ What...etc)

- **Where did Huw live ?**
- **How did the silver cows disappear ?**
- **When did the silver cows disappear ?**
- **Why was Huw sad ?**



صفحه ۱۰۰

4 Grammar in context Past Continuous Tense

e.g.: While Huw was watching over the herd, six silver cows rose out of the water.

WHEN/WHILE

While + Past Cont. Tense, S. Past Tense
S. Past Tense + While + Past Cont. Tense



While I was doing my homework, my uncle came in
Past continuous tense Simple past tense

My uncle came in while I was doing my homework
Simple past tense Past continuous tense

'when' + short action (past simple tense)
'while' + long action (past continuous tense)

I **was watching** TV when Jim **knocked** the door.

	I was watching TV	when	Jim knocked the door.
When	Jim knocked the door	,	I was watching TV
	Jim knocked the door	while	I was watching TV
While	I was watching TV	,	Jim knocked the door

I **was watching** television when she **rang** me.

past continuous

past simple

My sister **cut** her finger while she **was chopping** some onions.

past simple

past continuous

 a. Choose the correct verb to complete the following sentences:

1. When I (leave - **left** - was leaving) the club, it was already snowing heavily.
2. Fatma dropped her ID card while she (look - looks - **was looking**) for her purse.
3. A new student (enter/ **entered**/ was entering) our class while my partner was giving a presentation.

صفوة بنتي الكويت

b. Complete the following sentences:

1. The vet was treating an injured tiger in the zoo, when
the tiger bit him .



2. I was walking along the road when **I saw an accident .**

3. I heard a scream while **I was driving my car .**

4. While our grandma was telling us an interesting story **, I fell asleep .**

5  In groups, discuss how some people mistreat animals and suggest ways to protect them. Then share your ideas with the class.

You can discuss the following points:

Mistreating animals: **frightening and killing them**
- **making experiments.**

Protecting animals: ***treating animals with care*** -
building a nature reserve.



Remember to:

- maintain eye contact while speaking.
- speak with respect.
- be confident.



Guess the title of the unit .

What's the lesson going to be about ?



Pearl Diving



Pearl Diving

1 Before you read Think, Pair, Share



- Discuss the jobs Kuwaiti people used to have in the past.
- List the hardships in these jobs.

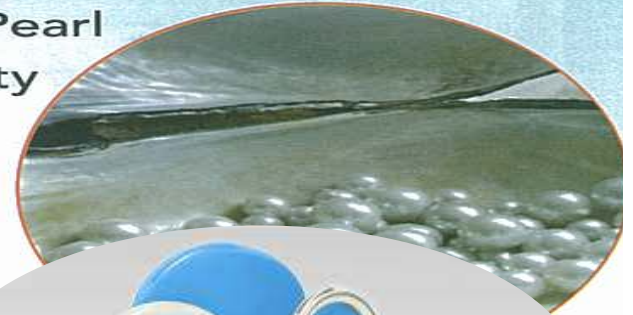


1 Before the discovery of oil, pearl diving was the main source of income for many Kuwaiti people. Pearl divers used to face many hardships for sailors and divers. They often



diving was the main source of income for many Kuwaiti people. Pearl diving was a daily activity for 16 hours a day.

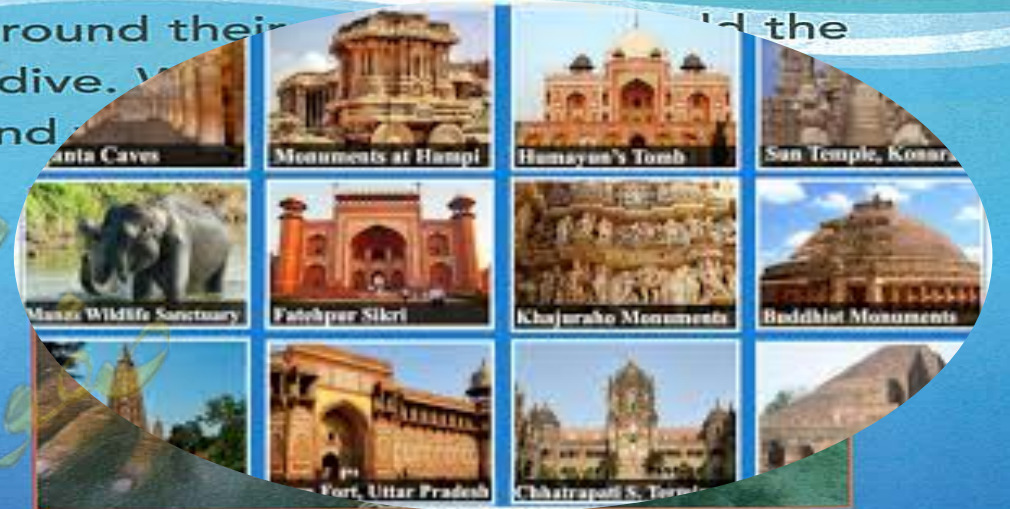
2 Pearl diving was not only an industry, but a social system that held communities together. Every **generation** passed on the tradition of pearl diving by teaching their children and telling them stories about pearling. The methods used in pearling did not change for many years.

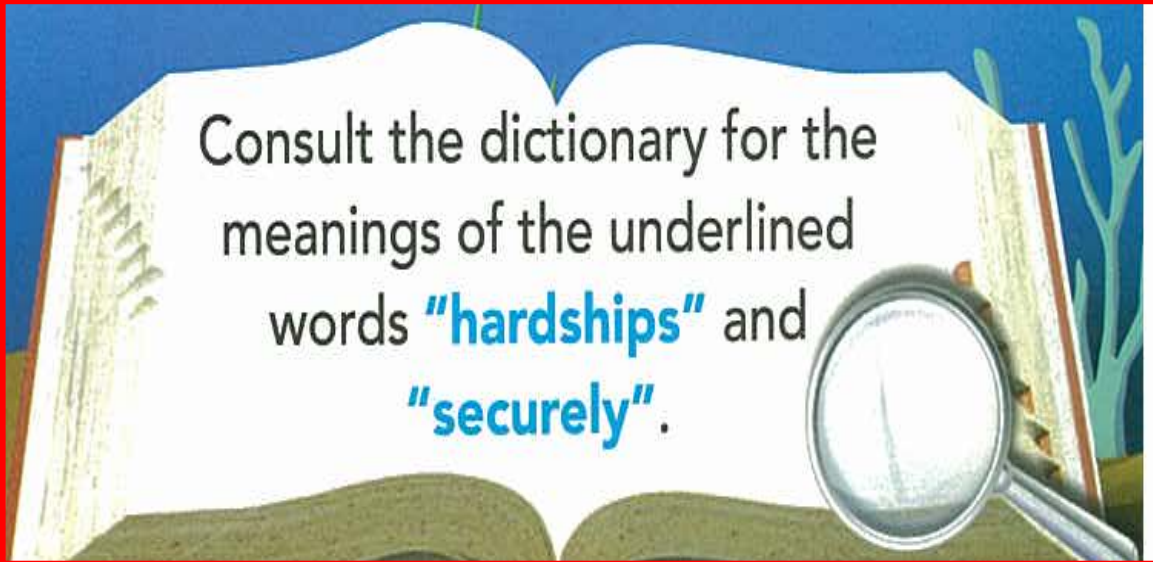


3 Pearls hunters used many kinds of equipment. 'Boom' was one of the most famous ones. They wore black suits, a nose clip, a neck basket, and a heavy anchor. They were tied **securely** to the boat. They swam around their anchor and held the rope **throughout** the dive. When they found a pearl, they **tugged on the rope** and

during

4 The tradition of pearl diving died during the 1930's because of the introduction of cultured pearls which were cheaply farmed in Japan, but pearl diving is still an important part of the Kuwaiti **heritage**. Nowadays festivals are held and **sea trips** are organised to keep this tradition alive. These trips are supported by His Highness the Amir of Kuwait.





Consult the dictionary for the meanings of the underlined words "**hardships**" and "**securely**".

hardship

noun [C or U] • **UK**  /'hɑ:d.ʃɪp/ **US**  /'hɑ:rd.ʃɪp/

★ **C1** (something that causes) **difficult or unpleasant conditions of life, or an example of this:**

economic hardship

securely

adverb • **UK**  /sɪ'kjʊə.li/ **US**  /sə'kjʊr.li/

securely *adverb* (PROTECTED)

★ **in a way that avoids someone or something being harmed by any risk, danger, or threat:**

The door was securely fastened.

The offices were securely guarded.

This certificate is an important document, and should be kept securely (= in a place where it cannot be lost or stolen).

1 Before the discovery of oil in Kuwait, pearl diving was the main source of income for many Kuwaiti people. Pearling was important for Kuwait's economy. Pearl divers used to face many hardships in the sea. Pearling was a daily activity for sailors and divers. They often worked for 12 or 16 hours a day.

2 Pearl diving was not only an industry, but a social system that held communities together. Every **generation** passed on the tradition of pearl diving by teaching their children and telling them stories about pearling. The methods used in pearling did not change for many years.



3 Pearls hunters used many kinds of ships. The 'Boom' was one of the most famous ones. Divers wore wraparound skirts or black suits, a nose clip, a neck basket and a toe anchor. They were tied **securely** to the ship with a rope around their waists. They held the rope **throughout** the dive. When a diver was ready, he **tugged on the rope** and was pulled up to the surface.

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2  **Read the article and match the headings with the right paragraphs:**

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a. Keeping Pearling Alive

b. Pearling Before Oil

c. Pearling Communities

d. Pearling Equipment and Practice



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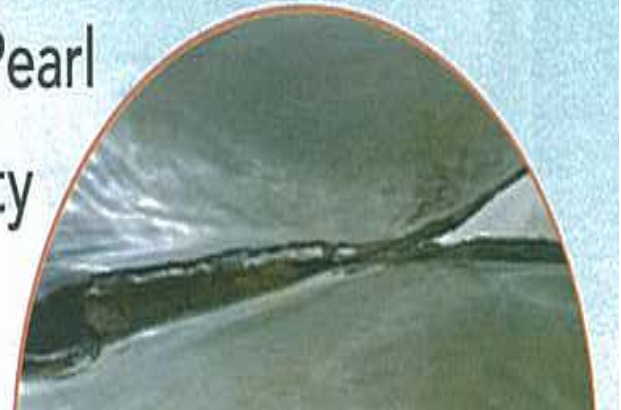
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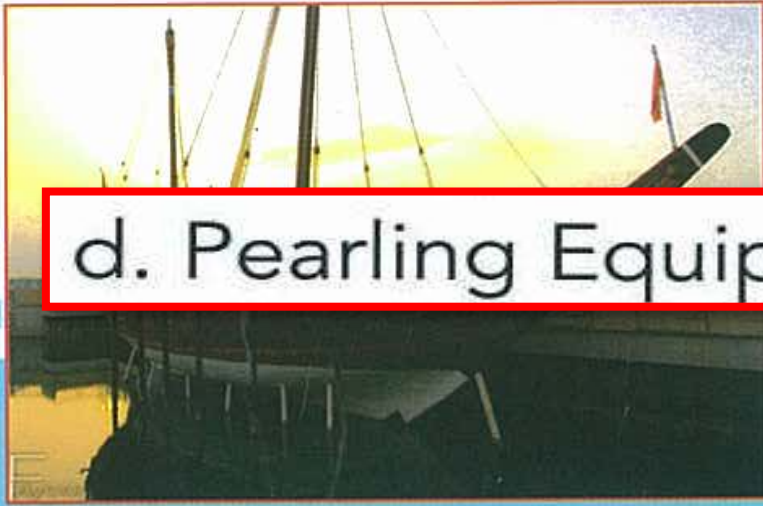
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c. Pearling Communities





d. Pearling Equipment and Practice

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a. Keeping Pearling Alive

Consult the dictionary for the meanings of the underlined words "**hardships**" and "**securely**".

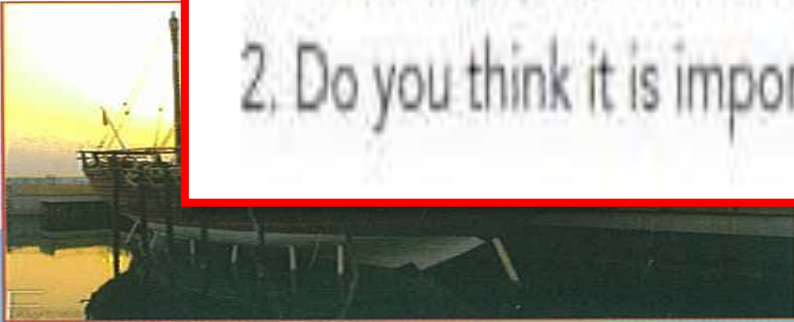
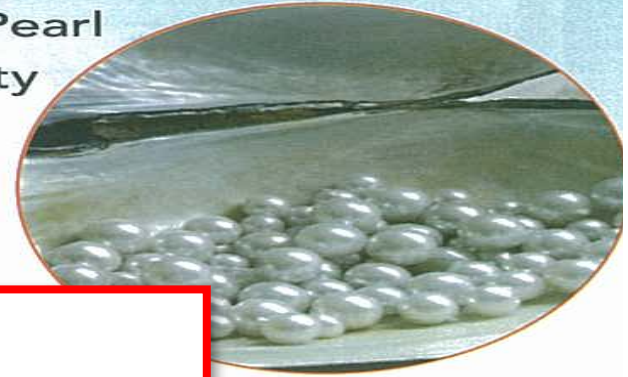


3 Read the article again and answer the following questions:

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2 Pearl diving was not only an industry, but a social system that held communities together. Every **generation** passed on the tradition of pearl diving.

1. What equipment did divers need for pearl diving?
2. Do you think it is important to keep the tradition of pearl diving alive? Why?



ships. The divers wore a neck **securely** to the ship with a rope around their waists. They held the rope **throughout** the dive. When a diver was ready, he **tugged on** the rope and was pulled up to the surface.

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3 Read the article again and answer the following questions:

1. What equipment did divers need for pearl diving?

Black suits , nose clip , neck basket and toe anchor .

2. Do you think it is important to keep the tradition of pearl diving alive? Why?

**Yes , I think so . To remind new generations of their p
We must take pride of our past .**

4 "Older people often say that life was better in the past than it is now"

-  a. In groups, decide whether you agree or disagree with the statement. Think of reasons to support your opinion, then hold a debate with the class and explain your points of view.

You can discuss the following aspects:

Lifestyle - food - clothing - entertainment - jobs -
transportation - types of houses - education - tools and
devices .etc

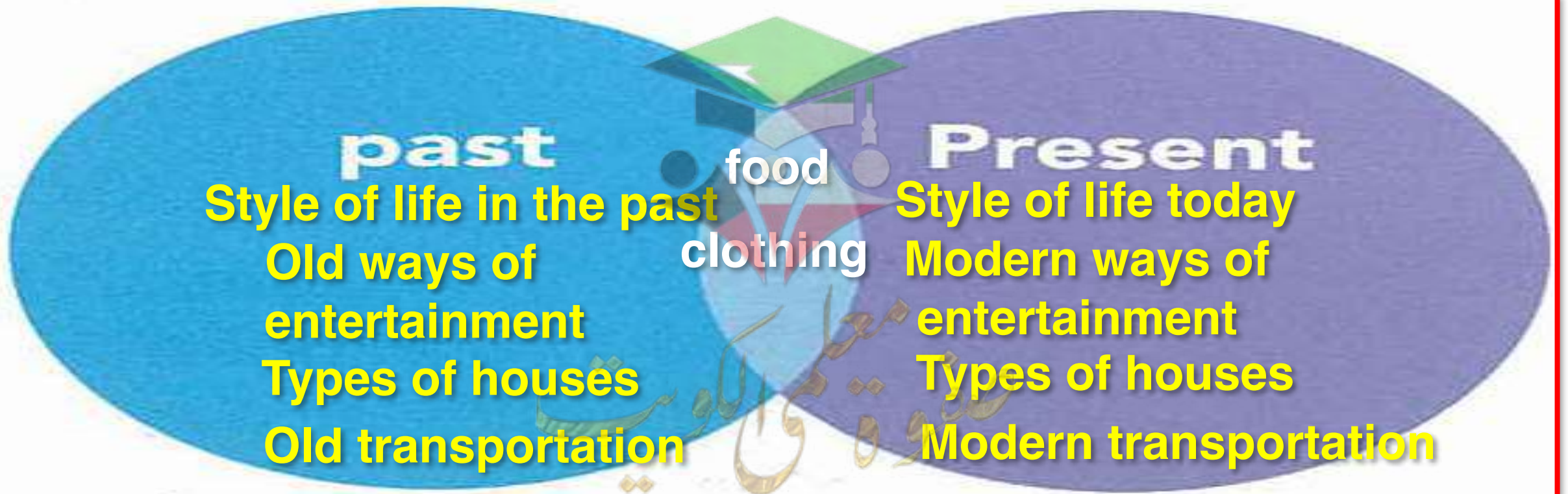
Remember to:

- listen carefully to other people's ideas.
- paraphrase what your partner said and ask for clarification if you don't understand.



b. In your notebook, plan and write a report of two paragraphs comparing life in Kuwait in the past and nowadays.

Copy the following diagram in your notebook and fill it with similarities and differences.





Listen to some instructions and rules about modern diving using any audio resources you prefer, then tell the instructions to your class.

DIVE.in | Social Diving Magazine

10 THINGS SCUBA DIVERS NEED TO KNOW

- 1 DON'T TOUCH**
Even if it feels tempting to touch the turtle's back or the corals: Don't. You have no idea how big damage you can cause.
- 2 DON'T FOLLOW PEER PRESSURE**
This goes with point 5, don't dive if you are not confident that it's the right dive plan for YOU. Don't let anyone else say what is right for you.
- 3 BUOYANCY SKILLS**
This is one of the most important skills a diver can master. Breathe in to go up, out to go down. Only use the BCD to compensate for depth changes.
- 4 WATCH YOUR FINS**
If you don't have control of your fins, you have no idea what they are breaking or who you are kicking in the face. If you hit something: Stop, look and if necessary take a stroke with the hands.
- 5 DIVE GEAR**
Take care of your dive gear and your gear will take care of you. Don't slack on dive equipment maintains.
- 6 KEEP BLOWING BUBBLES**
It's the most important rule in scuba diving and should be on your mind all the time when diving.
- 7 WATCH YOUR AIR**
Stating the obvious - always remember to monitor your air, as often as you can.
- 8 NEVER EXCEED YOUR LIMITS**
Something pretty a little deeper down isn't worth dying for. Never exceed what you feel comfortable with or what you are trained to dive.
- 9 LISTEN TO THE BRIEFING**
There's nothing worse than a diver who didn't pay attention to the dive guides briefing, and ends up getting lost or spoiling the dive, because he didn't know what to do.
- 10 DON'T TOUCH**
Yes we covered this already, but I don't mind repeating. Don't touching anything underwater. Take only pictures leave only bubbles.

Feel free to share, redistribute, give to friends or publish on your website - but please make a link to www.dive.in/10-things

DIVE.in
www.dive.in/10-things



فضل الدعاء للمسلمين بظهر الغيب
**ما من عبد مسلم يدعو لأخيه
بظهر الغيب إلا قال الملك :**
ولك بمثل

[رواه مسلم]

صفوة من الكلوب

Guess the title of the unit .

What's the lesson going to be about ?

5 Incredible Places

Module 2



Reading

Before you read Think, p



1  In pairs, talk about amazing places around the world

Islands

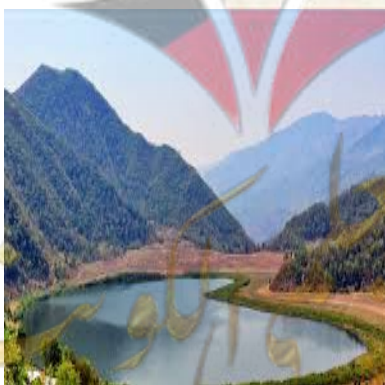
Mountains

Rivers

Lakes

Oases

Waterfalls





Vaadhoo Island is located on the **equator** to the southwest of Sri Lanka in the Indian Ocean. It is part of the Maldives. Vaadhoo is a **unique** place where you can have an unforgettable experience. The island has white sand and is surrounded by warm waters that seem to **glow** in the dark. The glow is created by tiny sea organisms. The water near the beach looks like a mirror **reflecting** the sky and stars.

Luxor City

Is located on the east bank of the Nile River in southern Egypt. Luxor has been described as the world's greatest open-air museum. It contains about a third of the most valuable monuments, temples, tombs and **antiquities** in the whole world. Luxor is one of the most important ancient sites. It was the capital of Egypt when the pharaohs ruled from the 16th-11th centuries BC.



Souq Al-Mubarakiya

Is one of the oldest markets in Kuwait. It has been around for more than 200 years. Visitors can spend hours in this market strolling around and doing some **bargain** hunting. From Safat Square, a local landmark, to the new SoMo (south Mubarakiya) area, visitors can enjoy the traditional souq **atmosphere**. It's a great place for shopping, eating or for **sightseeing**.



2



Read about the three places and decide if the following sentences are true (T) or false (F). Justify your answers.



Vaadhoo Island is located on the **equator** to the southwest of Sri Lanka in the Indian Ocean. It is part of the Maldives. Vaadhoo is a **unique** place where you can have an unforgettable experience. The island has **white** sand and is surrounded by warm waters that seem to **glow** in the dark. The glow is created by tiny sea organisms. The water near the beach looks like a mirror **reflecting** the sky and stars.

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من إعداد
مجموعة
مدرسة
اللويس

Souq Al-Mubarakiya


Is one of the oldest markets in Kuwait.

It has been around for more than 200 years. Visitors can spend hours in this market strolling around and doing some **bargain** hunting.

From Safat Square, a local landmark, to the new SoMo (south Mubarakiya) area, visitors can enjoy the traditional souq **atmosphere**. It's a great place for shopping, eating or for **sightseeing**.



سوق مباركية الكويت

- 
1. Both the Sea of Stars and Luxor are in Asia. (F)
2. The Sea of Stars glows because of some living things. (T)
3. In Souq Al-Mubarakiya, visitors can buy items at low prices. (T)
4. Luxor has new monuments, temples and tombs. (F)

صفوة من كويت

3  Match the following words with their definitions:

- | | | |
|------------------|--------------|--|
| 1. unforgettable | (3) | walk in a leisurely, relaxed way. |
| 2. organism | (1) | special, unusual and difficult or impossible to forget. |
| 3. stroll | (2) | a living thing such as a plant or animal. |
| | (-) | a title for ancient Egyptian kings. |

صفوة معلمي الكويت

Comparatives and superlatives

Comparative Superlative Irregulars

tall	→ taller	→ the tallest	Good → better → the best
short	→ shorter	→ the shortest	Bad → worse → the worst
nice	→ nicer	→ the nicest	many → more → the most
big	→ bigger	→ the biggest	much → more → the most
hot	→ hotter	→ the hottest	far → farther → the farthest
funny	→ funnier	→ the funniest	→ further → the furthest
expensive	→ more expensive	→ the most expensive	
interesting	→ more interesting	→ the most interesting	

Base Form/ Positive

easy

wide

thin

young

narrow

brave

close

thick

dark

dim

lonely



-er Form/ Comparative

easier

wider

thinner

younger

narrower

braver

closer

thicker

darker

dimmer

lonelier



-est Form/ Superlative

easiest

widest

thinnest

youngest

narrowest

bravest

closest

thickest

darkest

dimmest

loneliest

Comparative and Superlative - exercises

Fill in the correct form of the words in brackets (comparative or superlative).

1. My house is **bigger** (big) than yours.
2. This flower is **prettier** (pretty) than that one.
3. Non-smokers usually live **longer** (long) than smokers.
4. Who is the **the richest** (rich) woman on earth?
5. He was the **the cleverest** (clever) thief of all.
6. New York is **bigger than** (big) Paris.
7. English milk is **stronger than** (strong) French milk.
8. An elephant is **heavier than** (heavy) a fly.
9. A Mini is **cheaper** (cheap) a Jaguar.
10. Rugby is **funnier** (funny) than football.
11. Mary is the **prettiest** (pretty) of all.

4 Grammar in context *Comparative and superlative*

cheap

cheaper than ...

... the cheapest

expensive

more expensive than ..

...the **most** expensive



In pairs, complete the following sentences with the comparatives or superlatives of the adjectives between brackets:

1. Luxor is one of the **oldest** places mentioned in the articles. (**old**)
2. For some people, visiting Souq Al-Mubarakiya is **better** than the Sea of Stars. (**good**)
3. Sometimes, going to the beach is **more interesting** than visiting historical sites. (**interesting**)

5  In your notebook, write some sentences comparing Kuwait to the following countries: (China – Turkey – Bahrain – Canada).

Think of **size, population, climate ...etc.**

China is **bigger than** Kuwait .

Turkey has **more population than** Kuwait .

Kuwait is **bigger than** Bahrain .

Canada is **colder than** Kuwait .



- Search the net or books for amazing places around the world and tell your class about them.
You can prepare a presentation OR you can bring pictures.



Guess the title of the unit .

What's the lesson going to be about ?



Describing Places



Think , pair and share :

Speaking

a. Have you ever been to a desert?

Yes

No

Where was it?

Africa

Asia

What was it like?

Dry

Hot

Cold

Discuss with your partners.



صفوة معلمي الكويت

Think , pair and share :

b. Write as many words related to the desert as possible.

camel

oasis

animals

sand

tent

nomad

صفوة معلمي الكويت



5.1

Listen to Fahad talking about his holiday and complete the following table:

Destination
Transport
Animals
Weather

Kalahari Desert in Africa .

Car

Lions , giraffes and elephants

Dry , hot sunny and rainy .

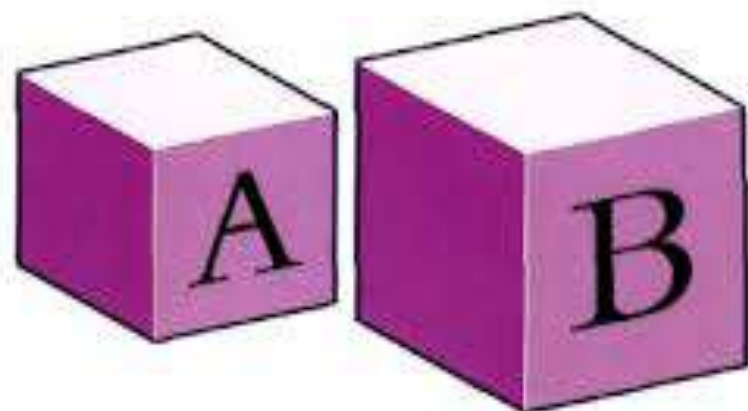


3 Grammar in context (not) as.....as

We use (**as as**) to make comparisons between things which are equal in some way: **He was as busy as a bee.**

We use (**not as as**) to make comparisons between things which aren't equal: **Silver is not as heavy as gold.**

not as ... as



Box A isn't as big as Box B.

CONSTRUCTION

as + Adjective + as
not as /so + Adjective + as



Compare 2 things, which are the same → positive degree

Example: *The blue ball is as big as the red ball.*



Compare 2 things, which are not the same → negative degree

Example: *The green ball is not as big as the blue ball.*

The green ball is not so big as the blue ball.

Comparative Adjectives – Not As [Adjective] As

You can also say that something is “not as [adjective] as” something else. This is the opposite of “more [adjective].”

- The elephant is **bigger than** the mouse.
 - The mouse is **not as big as** the elephant.
- Your test score is **better than** mine.
 - My test score is **not as good as** yours.

Use “not as [adjective] as” to rewrite the following sentences:

1. John is taller than Stu.

Stu isn't as tall as John .

2. China is bigger than Taiwan.

Taiwan isn't as big as China .

3. Randy's cell phone is newer than mine.

Mine isn't as new as Randy's cell phone .

4. I think that history is more interesting than science.

Science isn't as interesting as History .

5. Black and white movies are worse than color movies.

Colour movies aren't as bad as white and black movies .

6. Apples are healthier than candy.

Candy isn't as healthy as apples .

7. Dogs are noisier than cats.

Cats aren't as noisy as dogs .



Complete the following sentences with **(not) as...as**:


1. English is **not as difficult as** Maths. (not/ difficult).
2. This exercise is **as easy as** the other one (easy).
3. Today is **not as windy as** yesterday (not/ windy).
4. The tomato soup was **as delicious as** the mushroom soup (delicious).

صفوة میاں کلویپ

4  Compare the pictures using (not) as..... as:



1. The classic car is ... because ... it isn't as powerful as the new car .
2. The suitcase is not as difficult to carry as the package .
3. **Counting** with fingers isn't as easy as the calculator .
4. The left tower is not as tall as the right tower .

- 5  a. Talk about the similarities and differences between you and your partners using (not) as.....as.

You can talk about age, height, skills...etc.

(Think about interesting abilities you and your friends have.)

صفوة معلمي الكويت

b. Write some sentences about you and your partners

I am as old as my friend .

I am not as tall as my friend .

I am as good as my friend in playing football .

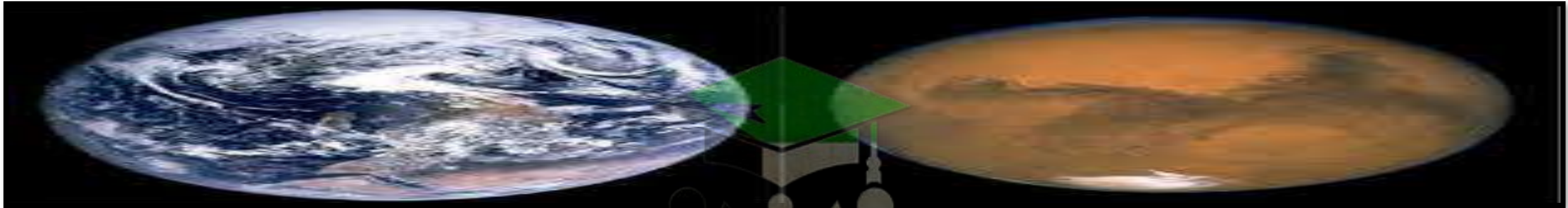
I am not as fast as my friend .

My friend is not as good as me in playing tennis

صفوة معلمي الكويت



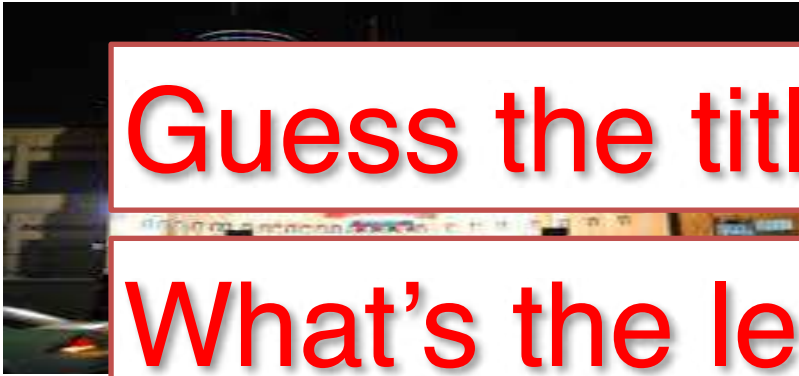
- Visit the NASA website and find how earth is similar to or different from Mars or other planets, then explain the information to your classmates. www.nasa.gov



Mars is approximately half the diameter of **Earth** with a surface area only slightly less than the total area of **Earth's** dry land. **Mars** is less dense than **Earth**, having about 15% of **Earth's** volume and 11% of **Earth's** mass, resulting in about 38% of **Earth's** surface gravity.

Guess the title of the unit .

What's the lesson going to be about ?





1 Before you read Think, Pair, Share

Make a list of museums in Kuwait. Then compare your list to the other groups. Talk about the ones you enjoyed visiting and why.



Kuwait National Museum

Sheikh Abdullah Al Salim Cultural Centre


Kuwait House of National Works Museum

Scientific Centre

Tareq Rajab Museum of Islamic Calligraphy



Think , pair and share :

2  Read the following texts

Find the topic sentence in each one.

Tareq Rajab Museum of Islamic Calligraphy

is the largest Islamic calligraphy museum in Kuwait. The museum has a **collection** of over thirty thousand items. It first opened to the public in 1980 and it includes beautiful manuscripts of the Qur'an from around the Islamic world. There are also metal and glass objects and a collection of silver jewellery. There are also early gold pieces **that** were found in the Muslim World. The museum is a source of **pleasure** and information for its visitors.



The Louvre Museum



is the world's largest museum. It is a historic place in Paris, France and one of the city's biggest tourist attractions. It is on the right side of the Seine River. It **houses** the most **impressive** art collection in the world with ancient Egyptian, Greek and Roman antiquities. It has **sculptures** from the Middle Ages. It also has furniture, objects and paintings.

Smithsonian Institution

is the world's largest museum, education and research complex. It has 19 museums and the National Zoo. The SI is building the future by preserving heritage, discovering new knowledge and sharing resources with the world. It was founded in 1846 to share knowledge. It is located in Washington DC and contains many **exhibits**. There are over 137 million items in the Smithsonian.



3



Read the texts again to answer the following questions:

Tareq Rajab Museum of Islamic Calligraphy

is the largest Islamic calligraphy museum in Kuwait. The museum has a **collection** of over thirty thousand items. It first opened to the public in 1980 and it includes beautiful manuscripts of the Qur'an from around the Islamic world.



1. How is the Tareq Rajab Museum a source of information?
2. What's the aim of the Smithsonian Institution?
3. Discuss the differences between the three museums.
4. What do you think the words '*collection*' and '*houses*' mean? Why?
5. What does the word '*heritage*' make you think of?

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Think , pair and share :

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The museum has a collection of over thirty thousand items .

2. What's the aim of the Smithsonian Institution?

It was founded to share knowledge and preserve the heritage .

3. Discuss the differences between the three museums.

4. What do you think the words 'collection' and 'houses' mean? Why?

variety – groups - list

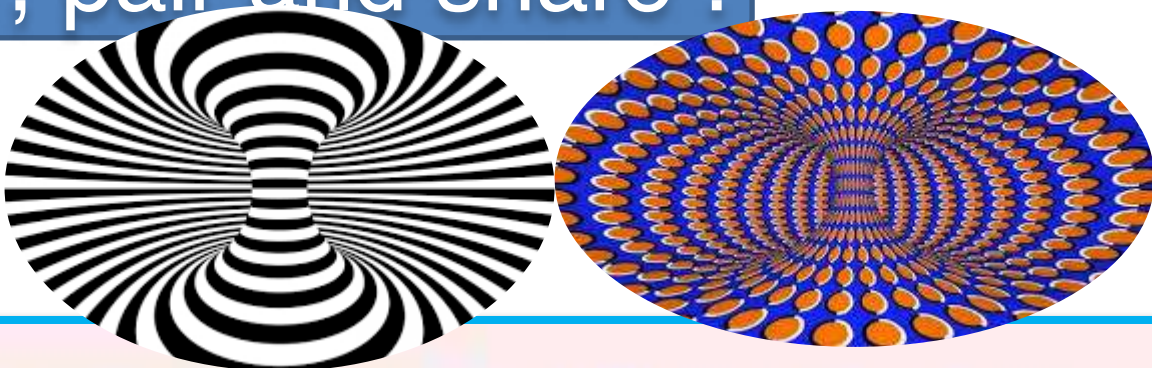
give a place

5. What does the word 'heritage' make you think of?

It makes me think of the past – culture – traditions .

Think , pair and share :

Speaking and Writing



4 • Look at the following optical **illusion**, what do you see?
• What do you know about this painting?



It's the Mona Lisa .
The most famous painting in the world .
It was painted by Leonardo da Vinci .



Think , pair and share :



a. In groups, discuss the following questions and take notes:

1. Why do countries build museums?

To learn about the past and show their culture to visitors .

2. What items can be displayed in museums?

Old antiquities , statues and photos of martyrs .

3. What benefits do we get from visiting museums?

We get information about the past and history of the country .

4. What are some rules that should be followed when visiting a museum?

Keep calm . Don't touch windows – No noise – Let private things out . No photography .



Think , pair and share :



b. In a hundred years, what items do you think will be displayed in museums? Write a description of the exhibits that you can see.

There will be statues of famous figures .

There will be photos of old Kuwait Towers .


There will be models of old Liberation Tower .

There will be models of old villas .

There will be models of old cars .

There will be photos of old desert .

Think , pair and share :

 -If you could create your own museum, what would your museum be? What types of exhibits would you have?



6

Surprising Records

Module 2

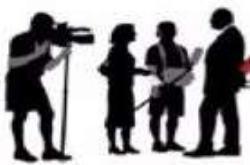
Reading

1 Before you read Think, Pair, Share

Describe some news that you recently heard. Was it interesting? funny? informative?

The characters in this interview are fictional.

Al_Ikhlās Al_Ahliya school has become the first Kuwaiti school to win the first place in "Arab Reading Challenge". It is an interesting news.



BREAKING NEWS



Our news reporter, Dana Ali, went to the National Library of Kuwait to meet one of the experts in Kuwait history, Mr. John Ramzi. Dana contacted him to talk about Kuwait records.

Dana: Hello Mr. Ramzi. We are **thrilled** you found time in your busy **schedule** to meet with us to talk about your latest book *"Kuwait Records 2018"*. You worked on this book for two years, didn't you?

John: Well, **actually** it took more than two years because, as you know, records are broken every year.

Dana: Can you share with us some of your favourite records that haven't been broken yet?

John: Look around, you are **conducting** this interview in one of Kuwait's oldest records, 'the National Library of Kuwait'. It is the oldest public library in Kuwait. You knew about that, didn't you?

Dana: Yes, I did. I read your book and I loved it. We don't want to **spoil** it for other people who would love to read it, but can you tell us about other favourites of yours?

John: Sure, one of my favourites is the biggest island in Kuwait and the second biggest island in the Arabian Gulf, Bubiyan Island. What's

unique about this island is that its sand is saltier than the water in the gulf. Currently, there is no one living on the island except for birds. Did you visit it?

Dana: No, I didn't, but our cameraman did. He said it's interesting. What about Al-Hamra Tower? Is it a Kuwaiti record as well?

John: Yes, it is, and a great skyscraper if I may add. It is the tallest building in Kuwait and the 23rd tallest in the world. It's more than 400 meters high and it took six years to build. It was included in the list of the best inventions of 2011 by TIME magazine which is published in New York. Don't forget the exciting **luxury** shops you'll find there, the variety of dining options and the eight-screen grand cinema.

Dana: Wow! That's quite impressive. Thank you, Mr. Ramzy for this interview, it makes me feel proud to be a Kuwaiti. We hope to speak again soon about your next book.

John: Thank you Dana the pleasure was mine.



2  **Read the interview and answer the following questions:**

- What is the connection between the book and the interview's location?

It is one of Kuwait's oldest records " The National Library of Kuwait " .

- Why is Bubiyan Island mentioned in the book?

It is the biggest island in Kuwait and second biggest in Arabian Gulf .
its sand is saltier than the water in the Gulf.

- Which Kuwaiti record does Mr. Ramzi think is the most fascinating and why?

Al-Hamra Tower as it's the tallest building in Kuwait and the 23rd tallest in the world

4 **Grammar in context** *Question Tags (Past simple)*

- You **worked** on this book for two years, **didn't you?**
- You **knew** about that, **didn't you?**



Complete the following sentences:

1. They spoke to the teacher about the project, **didn't** they?
2. Amani **didn't eat** (eat) all the candy, did she?
3. It **was** (be) cold yesterday, wasn't it?
4. They were busy when you called, **weren't they** ?

Writing

4  **Design a new tourist attraction for Kuwait.**

- What new **tourist attraction, event, festival, competition or building** do you think Kuwait needs to attract more visitors?
- Think of one and write a paragraph describing the (location, activity, time ... etc)

I think making a huge festival beside Kuwait towers in the beginning of the next year... The festival should display art collections and some historical item that are rare in the world that they attract many visitors to visit the festival . Marketing Campaigns should be made to let more foreigners to hear about the festival .

Guinness Records

5  a. Read the following records and match them with the pictures:

(3) In 2011, Jyoti Kisanji Amge from India entered the Guinness Book of World Records as the shortest living woman in the world. She is 62.8 cm tall.

(2) In 2012, Kuwait set off 77,282 fireworks and entered the Guinness Book of World Records for the biggest and most spectacular fireworks show in history.

(1) in 2017 a company in Singapore created the world's Most Expensive Coffee Pod and donated the proceeds to charity. It's made of coffee and gold dust.



b. Look at the pictures, guess and explain what you think these records are about.



The fastest animal

Eating more sandwiches

The tallest mustache

Listening

2  1.1 Listen and write the missing words.

Amazing Records

A: The **oldest** hotel in the world is in Japan, dating back to the year **717**.

B: The **most expensive** carpet in the world is Persian and was sold for \$2,487,178.

C: The **longest** taxi ride was **34908** kilometres. It was a return trip from **London** to Cape Town, South Africa.

3 Grammar in context Question Tags (Past simple)

a. Add more adjectives to each of the following categories.

Opinion	Size	Age	Shape	Colour	Origin	Material
Beautiful	large	old	round	red	Kuwaiti	wooden
bad	small	young	square	black	British	metal
delicious	medium	youth	oval	green	Jordanian	glass

b. Reorder the adjectives in the following sentences:

e.g. I bought a wonderful, small, wooden coffee table.

There is a pair of nice, white, leather trainers.

1. Have you seen my (leather – new – black) bag?

Have you seen my new black leather bag.....


2. My brother has a (large – brown – scary) dog. I'm afraid of it.

My brother has a scary large brown dog.... I'm afraid of it.....

3. My father would like to sell his (German – old – small) car.

My father would like to sell his small old German car.....

Speaking

4  Describe three items using at least three adjectives, then ask the other groups to guess what the items are. (Use correct adjective order)

e.g. It's a delicious oval-shaped orange fruit that has a big seed in it.



1. It's an important large round yellow star for our lives.....

2. It's a delicious curved _ shaped yellow fruit with a thick skin.....

3. It's a valued rounded white or gray growth inside the shells.....

5  Tell your partner about a record you would like to break, why you want to break it, how, where and when.



Timeless Gold

Reading

1 Before you read

Look at the pictures, can you guess what they are about?

1 In 2011, one trillion dollars' worth of jewellery and countless silk sacks filled with diamonds and gold were found in India. They were underground in a temple. These items were given to the temple over thousands of years by the royal families who ruled that area.



2 The tomb of the young king Tutankhamen was discovered in 1922. The tomb was filled with many treasures, including necklaces and other jewellery, all made of gold. The mask of the king weighs almost 18 kilograms and it is made of pure gold.

3 The Omar Ali Saifuddien Mosque is a spectacular piece of art, located in Brunei. Brunei is located on the north coast of the island of Borneo in Southeast Asia. The mosque has marble minarets and several golden domes. The most amazing thing is that the main dome is covered in pure gold. Everything in the mosque was imported. The marble is from Italy, the granite from Shanghai, the crystal chandeliers from England and the carpets from Saudi Arabia.



2 Read the article and write a suitable title for each paragraph.

Paragraph 1	Discovery of treasure under Indian temple.....
Paragraph 2	The most valuable mask in the world.....
Paragraph 3	Omar Ali Saifuddien Mosque in Brunei.....

3  Read again and choose the correct answers from a, b, c and d:

1. What is the author's purpose for writing paragraphs 2 and 3 ?
 - a. To take about the owners of the treasures.
 - b. To explain the importance of finding treasures.
 - C. To provide accurate descriptions of the treasures.
 - d. To give information about Islamic places in the world.
2. Which word in the text means "brought in from another country" ?
 - a. ruled
 - b. made
 - C. Covered
 - d. imported

Speaking and Writing

4  a. Work in groups to discuss the following question:

Imagine you found a buried treasure that is worth millions with nothing that tells who the owner is. Would you keep it or give it to the police to search for its owner?

Reach an agreement, then tell your class about your decision, explaining your reasons.

I will give it to the government to put in a museum as a heritage of the country . By this my country will attract more tourist .

 b. In your notebook, write a report explaining what you would do if you found a treasure.

- Make sure to state your opinion clearly at the beginning.
- Explain your opinion by giving strong reasons and examples.
- Conclude your report by summarising the main points that you made.
- (Don't forget to edit your paragraphs checking for spelling and punctuation.)

