

Writing

“You will never know your limits until you push yourself to them.”

However, some people are in favour of extreme sports while others think that they should be banned.

Plan and write an **Argumentative** essay of 14 sentences (160 words) **discussing arguments for and against extreme sports and stating your position.**

Outline

Introduction:

Hook: Have you ever thought of pushing yourself to extreme limits?

Background: Doing extreme sports is a controversial issue.

Thesis: While some people are in favour of extreme sports, others think that they should be banned.

Body:

Paragraph one

Arguments for extreme sports:

- new experience (تجربة جديدة)
- a sense of achievement (شعور بالإنجاز)
- overcome fear (التغلب على الخوف)
- build confidence (بناء الثقة)

Paragraph two

Arguments against extreme sports:

- dangerous / recklessness (تهور) (خطيرة)
- traumatic (death and injuries) (موت و إصابات) (مأساوي)
- sometimes expensive (أحيانا مكلف)
- family and friends worry (قلق العائلة و الأصدقاء)

Conclusion: To sum up, extreme sports is one of the issues that people disagree about. I think extreme sports should be banned as they are dangerous.

Extreme Sports (الرياضات الخطرة)

Have you ever thought of pushing yourself to extreme limits? Doing extreme sports is a controversial issue. While some people are in favour of extreme sports, others think that they should be banned.

On the one hand, some people are in favour of extreme sports. They believe that doing extreme sports can provide athletes with new experiences. **Also**, they claim that extreme sports give a sense of achievement. **In addition**, they say that extreme sports can help some young people overcome their fear. **Finally**, they think that doing extreme sports can build confidence.

On the other hand, other people are against doing extreme sports. They argue that extreme sports are dangerous and involve recklessness. **Besides**, they strongly believe that extreme sports are traumatic as they can sometimes lead to death and serious injuries. **Furthermore**, those who do extreme sports spend a lot of money on training and equipment. **Last but not least**, family, relatives and friends live in constant fear and worry about athletes and their safety.

To sum up, extreme sports is one of the issues that people disagree about. I think extreme sports should be banned as they are dangerous and can lead to death.

