

# **PARAGRAPHS 10**

#### **Outline**

Supporting details:	*
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# Healthy lifestyle

Health is very important in our life. **In fact**, Eating healthy food makes us strong. **Also**, drinking much water and fresh juice is so useful. **In addition**, playing sports keeps us fit. **Moreover**, having enough sleep helps us relax. **Finally**, we should follow a healthy life style.

## Respecting cultures

Respecting cultures is very important. **In fact,** it helps us live in peace. **Also**, we should accept other people from different faiths. **In addition**, we should respect their customs. **Moreover**, we should share their festivals with them. **Finally**, we should respect all cultures.

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#### **Building impressive buildings**

Building impressive buildings is very important. In fact, these buildings bring happiness for all people. Also, they are good for economy. In addition, they attract tourists from different countries. Moreover, they add beauty to the country. Finally, we should build wonderful buildings.

## Vegetarian lifestyle

Today, the vegetarian diet has become common. In fact, it is rich in water, vitamins and fiber. Also, it is a rich source of antioxidants. In addition, it is helpful for weight loss. On the other hand, it lacks RDA. Moreover It also causes malnutrition. Finally, we should follow a healthy life style.

#### Building a new airport in your area

Building an airport is very important. In fact, It will make travelling easy to other countries. Also, it will improve the economy of the country. In addition, building a new airport will provide more jobs. On the other hand, it will bring more noise to the area. Moreover, it may cause air pollution. Furthermore, it will bring more traffic to the region. Finally, building a new airport is beneficial to any area.

**Best of luck** 

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