

وزارة التربية
الإدارة العامة للتعليم الخاص
مؤسسة الجهراء الأهلية التعليمية
الفصل الدراسي الأول
العام الدراسي: 2022-2023

مؤسسة الرفعة النموذجية (م + ث) بنون



Grade 10

REMEDIAL EXERCISES

1ST TERM



2022-2023

Student's Name :

Class :

MODULE 1

UNIT 1

"We are what we eat "

| No | Word | Meaning | No | Word | Meaning |
|-----------------------------|----------------------|--|-----------------------------|----------------------|--|
| Unit 1 LESSON : 1- 2 | | | 23 | dehydration (n) | جفاف |
| 1 | absorb (v) | يمتص | 24 | fatigue (n) | الإرهاق- التعب الشديد |
| 2 | antioxidant (n) | مضاد للاكسدة | 25 | obesity (n) | السمنة - البدانة |
| 3 | arthritis (n) | التهاب المفاصل | Unit 1 LESSON : 4- 5 | | |
| 4 | caffeine (n) | الكافيين (المادة المنبهة في البن والشاي) | 26 | deficiency (n) | نقص (الوقود - التغذية) |
| 5 | calcium (n) | الكالسيوم | 27 | grilled (adj.) | مشوي |
| 6 | cholesterol (n) | الكولسترول | 28 | metabolism (n) | التمثيل الغذائي (عملية تحول الطعام إلى طاقة) |
| 7 | combat (v) | يقاوم - يحارب | 29 | organic (adj.) | عضوي |
| 8 | dietician (n) | أخصائي تغذية | 30 | pomegranate (n) | رمان |
| 9 | digestive (adj.) | هضمي | 31 | RDA (abbr.) | المسموح به يومياً (من المواد الغذائية) |
| 10 | fibre (n) | ليف - ألياف | 32 | sodium (n) | صوديوم |
| 11 | iron (n) | حديد (في الطعام) | 33 | supplement (n) | مكمل (غذائي) - إضافي |
| 12 | metabolise (v) | يمثل غذائياً (يحول الطعام إلى طاقة) | Unit 1 LESSON : 7- 8 | | |
| 13 | neutralize (v) | يضعف تأثير - يبطل مفعول | 34 | appeal to (v) | يروق ل- يعجب ب- |
| 14 | nutrition (n) | تغذية | 35 | atmospheric (adj.) | مريخ - متع - جوي |
| 15 | probiotic (adj.) | تحتوي على بكتريا مفيدة للصحة | 36 | crammed (adj.) | مزدحم - محشو |
| 16 | protein (n) | بروتين | 37 | eatery (n) | مطعم - مكان للأكل |
| 17 | saturated fat (n.) | دهون مشبعة | 38 | fanatic (n) | متعصب - متفعل - متحمس |
| 18 | stimulant (n) | منبه - محفز - منشط | 39 | irresponsibly (adv.) | بشكل غير مسئول |
| 19 | unsaturated fat (n.) | دهون غير مشبعة | 40 | malnutrition (n) | نقص (سوء) التغذية |
| 20 | vitamin (n) | فيتامين | 41 | salad bar (n) | بوفيه سلطة مفتوح |
| Unit 1 LESSON : 3 WB | | | 42 | speciality (n) | صنف معين من الطعام - تخصص |
| 21 | boost (v) | يزيد - يدعم - يعزز | 43 | vegetarian (n) | شخص نباتي |
| 22 | comprise (of) (v) | يتألف من | 44 | wholesome (adj.) | صحي |

UNIT 2 –"Respecting cultures."

| No | Word | Meaning | No | word | Meaning |
|------------------------------|------------------|-------------------------|------------------------------|-------------------------|-------------------|
| Unit 2 LESSON : 1 - 2 | | | Unit 2 LESSON : 4 - 5 | | |
| 1 | aspiration (n) | طموح - أمل | 15 | calligraphy (n) | خط اليد- حسن الخط |
| 2 | creed (n) | عقيدة - إيمان | 16 | consistently (adv.) | بشكل ثابت / منتظم |
| 3 | delegate (n) | مندوب - مفوض | 17 | diverse (adj.) | متنوع - متعدد |
| 4 | diversity (n) | تنوع - اختلاف | 18 | inspirational (adj.) | إلهامي |
| 5 | initiative (n) | مبادرة | 19 | master (v) | يرع في- يجيد |
| 6 | interfaith (adj) | متعلق بالديانات | 20 | richly (adv.) | بغزارة- بوفرة |
| 7 | mentor (n) | مستشار - معلم | Unit 2 LESSON : 7 - 8 | | |
| 8 | seminar (n) | مؤتمر- ندوة | 21 | account (n) | تقرير |
| 9 | tolerance (n) | تسامح- تحمل - صبر | 22 | conduct (v) | ينظم - يفود |
| Unit 2 LESSON : 3 WB | | | 23 | cover (v) | يجتاز - يسافر |
| 10 | adorn (v) | يزين | 24 | figure (n) | شخص مهم |
| 11 | commemorate (v) | يحيى ذكرى - يحتفل بذكرى | 25 | ground -breaking (adj.) | مبدع |
| 12 | cursive (adj.) | أحرف متصلة (مشبك) | 26 | high-ranking (adj.) | عظيم - كبير |
| 13 | embellish (v) | يزين - يزخرف | 27 | pilgrimage (n) | رحلة الحج |
| 14 | paraphrase (v) | يعيد صياغة - يفسر | 28 | relevant (adj.) | نو علاقة - مناسب |
| | | | 29 | review (n) | عرض نقدي - نقد |

UNIT 3 –"Inspiring architecture ."

| No | Word | Meaning | No | Word | Meaning |
|------------------------------|-------------------------|----------------------------------|------------------------------|---------------------|------------------------|
| Unit 3 LESSON : 1 - 2 | | | Unit 3 LESSON : 4 - 5 | | |
| 1 | concrete (adj.) | خرساني | 20 | chic (adj.) | أنيق - شيك |
| 2 | design (n) | تصميم - يصمم | 21 | Governmental(adj.) | حكومي |
| 3 | drill (v) | يثقّب - مثقاب | 22 | modernistic (adj.) | عصري - حديث |
| 4 | evoke (v) | يستحضر - يثير - يحرك | 23 | public (adj.) | عمومي - عام |
| 5 | expressionist (n) | معبّر | 24 | residential (adj.) | سكني - داخلي |
| 6 | forecourt (n) | ساحة أمام المبنى | 25 | spacious (adj.) | واسع - فسيح |
| 7 | foundation (n) | أساس - قاعدة - الأرضية الخرسانية | 26 | state (adj.) | رسمي |
| 8 | framework (n) | هيكل - بنية | 27 | sturdy (adj.) | قوي البنية - متين |
| 9 | geometric (adj.) | هندسي | 28 | substantial (adj.) | فخم - ضخم - جوهري |
| 10 | renowned (adj.) | مشهور - معروف | Unit 3 LESSON : 7 - 8 | | |
| 11 | slightly (adv.) | بشكل طفيف | 29 | advocate (v) | يوصي ب - يؤيد |
| 12 | studio (n) | أستوديو | 30 | apprehensive (adj.) | متخوف - قلق |
| 13 | venue (n) | مكان الحدث | 31 | benefit (v) | يستفيد (فائدة) |
| Unit 3 LESSON : 3 WB | | | 32 | council (n) | مجلس |
| 14 | boutique (n) | بوتيك - محل صغير | 33 | detrimental (adj.) | ضار - مؤذ |
| 15 | brand (n) | ماركة مسجلة | 34 | influx (n) | تدفق (سيل من الزوار) |
| 16 | edutainment (n) | ترفيهي تعليمي | 35 | objective (n) | هدف - غرض |
| 17 | gourmand (n) | ذوافة للطعام | 36 | profitable (adj.) | مربح - مفيد |
| 18 | mainstream (adj.) | سائد | 37 | voice (v) | يعبر عن رأي |
| 19 | state-of-the-art (adj.) | حديث | | | |

MODULE 2

UNIT 4

"Computer games"

| No | Word | Meaning | No | Word | Meaning |
|------------------------------|---------------------------------------|-------------------------------|-----------------------------|--------------------------|---------------------------|
| Unit 4 LESSON : 1 - 2 | | | 19 | mundane (adj.) | ممل |
| 1 | anti-reflective (adj.) | غير عاكس | 20 | out of shape (exp.) | غير لائق / غير صحي |
| 2 | artificial intelligence (AI) (n.) | ذكاء صناعي | Unit 4 LESSON : 4- 5 | | |
| 3 | compete (v.) | يتنافس | 21 | analogue (adj.) | غير رقمي |
| 4 | competitive (adj.) | تنافسي | 22 | computer-friendly (adj.) | مستخدم الكمبيوتر |
| 5 | console (n.) | جهاز كمبيوتر للألعاب | 23 | drive (n.) | مشغل الاسطوانات |
| 6 | convoluted (adj.) | معقد- صعب الفهم | 24 | hold button (n.) | زر الإيقاف المؤقت |
| 7 | discourse (n.) | حديث - محادثة | 25 | touch screen (n.) | شاشة باللمس |
| 8 | employ (v.) | يوظف - يشغل | 26 | wireless (n.) | لا سلكي |
| 9 | naturalistic (adj.) | واقعي- محاكي للواقع | Unit 4 LESSON : 7- 8 | | |
| 10 | perception (n.) | إدراك حسي | 27 | arcade (n.) | لعبة كمبيوتر - مركز تسلية |
| 11 | rival (adj.) | منافس - متنافس | 28 | bonus (adj.) | إضافي |
| 12 | sensor (n.) | جهاز مراقبة (استشعار) | 29 | breathtaking (adj.) | مثير - مذهش |
| 13 | simulate (v.) | يحاكي- يقلد | 30 | built-in (adj.) | مثبت (داخل الجهاز) |
| 14 | speech recognition (n.) | تمييز الصوت | 31 | caller (n.) | الشخص المتصل |
| 15 | visual effects (n.) | مؤثرات مرئية | 32 | exclusive (adj.) | حصري |
| 16 | wizard (n.) | شخص بارع (ساحر) | 33 | helpline (n.) | خدمة هاتفية (للمساعدة) |
| Unit 4 LESSON : 3 WB | | | 34 | joystick (n.) | ذراع التحكم |
| 17 | idle (adj.) | كسول | 35 | keypad (n.) | لوحة مفاتيح مصغرة |
| 18 | incredibly (adv.) | بشكل لا يصدق / بشكل غير معقول | 36 | mode (n.) | خيار التبديل (أسلوب) |

MODULE 2

UNIT 5

"Sports psychology"

| No | Word | Meaning | No | Word | Meaning |
|------------------------------|----------------------|----------------------------|-----------------------------|--------------------|-----------------------|
| <i>Unit 5 LESSON : 1 - 2</i> | | | <i>Unit 5 LESSON : 4- 5</i> | | |
| 1 | able-bodied (adj.) | قوي البنية - لائق | 16 | aggression (n.) | هجوم / عنف |
| 2 | adversity (n.) | صعوبات / سوء حظ | 17 | determination (n.) | عزم - تصميم |
| 3 | equestrian (adj.) | متعلق بالفروسية | 18 | extrovert (n.) | انبساطي (شخص منفتح) |
| 4 | neurologist (n.) | طبيب أمراض عصبية | 19 | feedback (n.) | استرجاع معلومات |
| 5 | observe (v.) | يلاحظ - يراقب | 20 | introvert (n.) | انطوائي (شخص منطوي) |
| 6 | Paralympics (n.) | الألعاب الأولمبية للمعاقين | 21 | mentality (n.) | عقلية / طريقة التفكير |
| 7 | phenomenon (n.) | ظاهرة | 22 | motivation (n.) | تحفيز - باعث نفسي |
| 8 | physiotherapy (n.) | العلاج الطبيعي | 23 | opponent (n.) | خصم |
| 9 | rehabilitation (n.) | تأهيل - إصلاح | 24 | sportsmanship (n.) | روح رياضية |
| 10 | self-discipline (n.) | ضبط النفس | 25 | stimulation (n.) | تحفيز / حث (خارجي) |
| 11 | virtue (n.) | فضيلة | 26 | teammate (n.) | زميل في الفريق |
| <i>Unit 5 LESSON : 3 WB</i> | | | <i>Unit 5 LESSON : 7- 8</i> | | |
| 12 | interpersonal (adj.) | خاص بالعلاقات بين الأشخاص | 27 | application (n.) | طلب توظيف |
| 13 | navigate (v) | يستدل طريق - يسترشد | 28 | badminton (n.) | تنس / الريشة الطائرة |
| 14 | personal trainer (n) | مدرب شخصي | 29 | gymnastics (n.) | الجمباز |
| 15 | stamina (n) | قوة الاحتمال- الجلد | 30 | member (n.) | عضو |
| | | | 31 | sauna (n.) | ساونا (حمام بخار) |
| | | | 32 | solarium (n.) | حجرة مشمسة (حمام شمس) |

MODULE 2

UNIT 6 – "Nature"

| No | Word | Meaning | No | Word | Meaning |
|------------------------------|---------------------------|-----------------------------------|-----------------------------|------------------------------|---------------------|
| Unit 6 LESSON : 1 - 2 | | | 19 | fierce (adj.) | شرس - عنيف |
| 1 | conservation (n.) | حماية - حفظ | 20 | herbivore (n.) | حيوان عشبي |
| 2 | deserve (v.) | يستحق - جدير بـ | 21 | hostile (adj.) | عدائي |
| 3 | effluent (n.) | نفايات سائلة | 22 | proud (adj.) | فخور - متكبر |
| 4 | fauna (n.) | حيوانات (عصر / منطقة معينة) | 23 | stubborn (adj.) | عنيد |
| 5 | fence off (ph. v.) | يُسور - يحيط بسياج | 24 | sustenance (n.) | تغذية - طعام |
| 6 | flora (n.) | نبات (عصر/ إقليم معين) | 25 | tame (adj.) | أليف |
| 7 | hectare (n.) | هكتار (10.000م2) | Unit 6 LESSON : 7- 8 | | |
| 8 | marsh (n.) | مستنقع - بركة | 26 | adjacent (adj.) | مجاور - بجانب |
| 9 | propagation (n.) | تكاثر - تناسل (للنبات والحيوان) | 27 | bed out (v.) | يشتل - يغرس النبات |
| 10 | sanctuary (n.) | محمية - ملاذ | 28 | carbon monoxide (n.) | أول أكسيد الكربون |
| 11 | vegetation (n.) | الحياة النباتية (في منطقة معينة) | 29 | cleanup (n.) | تنظيف - تطهير |
| Unit 6 LESSON : 3 WB | | | 30 | exotic (adj.) | غريب - أجنبي |
| 12 | call (n) | صوت (الطائر - الحيوان) | 31 | finance (v.) | يمول (تمويل) |
| 13 | genus (n) | نوع - جنس | 32 | global (adj.) | عالمي |
| 14 | pesticide (n) | مبيد حشري | 33 | imperative (adj.) | ضروري - هام جداً |
| 15 | poacher (n) | صياد (غير شرعي) | 34 | mammal (n.) | ثدييات / حيوان ثديي |
| 16 | underpart (n) | الجزء السفلي (لحيوان) | 35 | nest (n.) | عش |
| 17 | widespread (adj.) | واسع الانتشار | 36 | on behalf of (ph. n.) | بالنيابة عن |
| Unit 6 LESSON : 4- 5 | | | 37 | toxin (n.) | سم |
| 18 | aggressive (adj.) | عدواني - هجومي | 38 | wasteland (n.) | أرض قاحلة (بور) |

Unit 1Lesson 1-2

1- Why should we eat home-made meals and avoid fast food?

(2020)

home-made meals -They are healthy - they are fresh -they keep our body fit

fast food - It causes diseases - It is full of fats

2-Islam ensures the importance of eating wisely. Explain.

(1st p2014 - 2015)

حثنا الإسلام على أهيه تناول الطعام بحكمه, اشرح

-We can keep our body healthy and strong.

أنها تحافظ على أجسامنا صحية و قويه

3-What should we do to keep our mind and body in tip-top shape?

(1st p2015– 2016)

ماذا يجب ان نفعل لنجعل عقولنا وأجسامنا فى أفضل حل؟

-We can add green tea, chocolate and probiotic drinks - We should do exercise

من الممكن ان نضيف الشاي الأخضر و الشوكولاته و المشروبات الخمائرية.

يجب القيام بالتمارين

4- There are many benefits of probiotic drinks. Mention.

(1st period 2010 – 2011)

هناك العديد من الفوائد للمشروبات الخمائرية , اذكرها ؟

- They contain good bacteria

- They improve immune system

انها تحتوى على بكتيريا جيدة .

انها تحسن النظام المناعى .

5-Good bacteria are important for our bodies. Why?

(1st p 2011)

تمتص المغذيات . تبطل مفعول البكتيريا الضارة .

تحفز عملية الهضم .

-They absorb nutrients -They neutralise bad bacter

البكتيريا الجيدة مهمة لأجسامنا , اذكرها ؟

عرف الصينيون فوائد الشاي الأخضر منذ العصور القديمة , ناقش ؟

6-The Chinese have known the benefits found in green tea since ancient times. Discuss.

كيف أن مضادات الأكسدة مفيدة لصحة أجسامنا ؟

- In what way are antioxidants useful (good) for our health/ bodies?

(1st period 2022)

تقاوم الأمراض .

تخفض الكولسترول .

- They combat diseases

- They lower cholesterol (1st period 2011/2016)

تحسن جهاز المناعة .

تزيل العصارات الضارة .

- They improve immune system

- They remove harmful substances

-It is well-known that dark chocolate is good for health. Explain.

(1st period 2019)

- انه لمن المعروف إن الشوكولاتة السادة مفيدة للصحة . اشرح .

- Diabetics are advised to have dark chocolate. Why?

(1st period 2010 – 2011)

مرضى السكرى ينصحون بتناول الشوكولاتة الداكنة , لماذا ؟

-It metabolises sugar

-It lowers blood pressure

تمثل السكر .

تخفض ضغط الدم .

8- What are the different types of food that your daily diet should include ?

ما هي أنواع الطعام المختلفة التي يجب ان تحتوى عليها حميتك اليومية ؟

-What should your healthy food pyramid contain ?

(Mid-year 2012)

ما الذي يجب ان يحتوى عليه هرمك الغذائى الصحى ؟

-It should contain milk, meat, grains and fruits

يجب ان يحتوى على الحليب و اللحم والحبوب والفاكهة .

Unit 1-3 (Work Book)

9- What nutrients are useful to improve sporting performance(necessary for a healthy lifestyle) ?

ما المغذيات الأساسية المفيدة فى تحسين الأداء الرياضى؟

- They are proteins , fats , vitamins , water and carbohydrates.

(1st period 2018)

البروتينات و الدهون و الفيتامينات و الماء و الكربوهيدرات .

10- Why do you think that too much saturated fats are harmful?

لماذا تعتقد ان الكثير من الدهون المشبعة ضارة .

-They cause heart diseases

-They lead to obesity.

(1st period 2011)

تسبب أمراض القلب .

تؤدى إلى السمنة

11-We should drink about 6:8 glasses of water daily. Why?

يجب أن نشرب حوالى 6:8 أكواب من الماء يوميا , لماذا ؟

- It prevents dehydration

-It flushes toxins

تمنع الجفاف .

تطرد السموم .

Lesson 7-8

12- How should a good restaurant (eatery) be ?

(2nd Period 2014)

كيف يجب أن يكون المطعم الجيد ؟

- It should have good location , healthy food and drinks

- It should be quiet and clean

يجب أن يقدم طعام و شراب صحى ونظيف .

يجب أن يكون نظيف و هادئ .

13-What are the advantages(pros)and disadvantages(cons) of a vegetarian menu/food? (2012)

ما هي مميزات و عيوب الطعام النباتى ؟

- Following a vegetarian lifestyle irresponsibly can cause (lead to) :

(1st 2011)

إتباع نظام نباتى باهمال يؤدى إلى :

| Disadvantages (cons) | العيوب | Advantages (pros) | المميزات |
|-------------------------------|---------------------|--------------------------------|------------------------|
| - It leads to health problems | يؤدى إلى مشاكل صحية | -It has low cholesterol | كولسترول اقل |
| - It leads to malnutrition | يؤدى إلى نقص تغذية | - It contains fresh vegetables | يحتوى على خضروات طازجة |

Unit 2 Lesson 1-2

1. In your opinion how does the mentor play a leading role in the community? (1stP 2011)

كيف يقوم المرشد (الناصح) بدور ريادي في المجتمع ؟

- How can mentoring schemes help build relationships in your community?

كيف يساعد الإرشاد (النصيح) في بقاء علاقات في المجتمع ؟

- What are the advantages (aims - benefits) of mentoring ?

(1st period 2011)

ما هي مميزات الإرشاد ؟

- It helps students on their projects

يساعد الطلاب في مشاريعهم .

- It breaks down barriers in community

يكسر الحواجز في المجتمع .

2- How can you build good relationships in your community?

(1st p2014 - 2015)

كيف نستطيع بناء علاقات جيدة في مجتمعك ؟

- we can help people

نستطيع مساعدة الناس

- we should respect others

يجب احترام الآخرين

3. How can culture of tolerance and the mutual understanding be achieved among nations?

- It's through international dialogue

من خلال الحوار الدولي

- It's through interfaith dialogue

من خلال الحوار الديني

(1st period 2011)

4. What has Kuwait done to further (promote) the Culture of Peace?

(1st period 2013)

كيف شجعت الكويت ثقافة السلام ؟

- it held conferences and seminars

عقدت مؤتمرات و ندوات

- it offered programmes

قدمت البرامج

5. What are the benefits of people treating each other with respect?

(1st period 2013 - 2017)

ما هي فوائد تعامل الناس مع بعضهم باحترام ؟

- We can live in peace

نعيش في سلام

- countries will be stronger and safer

الدول سوف تكون أكثر أمانا و اقوى

6. What can be done to ensure people treat each other with respect?

(1st period 2014/2016)

ماذا يمكن عمله لتحقيق الاحترام المتبادل بين الناس ؟

-We should hold seminars

يجب عقد الندوات

-We should offer programmes

يجب تقديم البرامج

7. How can you show respect to your country ?

(1st p 2013/14)

-We should work hard

يجب العمل بجد

-We should keep it clean

نحافظ على نظافتها

Unit 2 Lesson 3 (Work Book)

8. In what ways can you show respect for other cultures and nations?

(1st period 2010 - 2015)

كيف نظهر الاحترام للثقافات و الامم الاخرى ؟

- How can you provide a simple bridge between languages and cultures?

كيف نقيم جسر من التواصل بين اللغات و الثقافات ؟

- We can organise conferences - We can share their festivals

ننظم المؤتمرات

نشارك في الاحتفالات

- We can design posters for them

نصمم البوسترات لهم

Unit 3 Unit 3 Lesson 1-2

1. Why are some buildings (Sydney Opera House) considered inspiring piece of architecture?

لماذا بعض المباني (مبنى أوبرا سيدني) تعتبر قطع معمارية ملهمة ؟

- It's expressionist

- It's remarkable

(1st period 2009 – 2010)

2. The National Assembly building in Kuwait and the Opera House in Sydney share a similarity. Explain.

مبنى مجلس الأمة الكويتي و مبنى أوبرا سيدني بهم و بينهم تشابهات مثل ؟

-They are built by the same designer.

(1st period 2011)

3. Why do you think building impressive buildings is important?

(1st period 2014)

لماذا تعتقد ان بناء المباني المعبرة مهم ؟

- They reflect our culture

- They're a source of relaxing

أنها تعكس الثقافة

Unit 3 Lesson : 3 { Workbook }

4. 360 Kuwait centre isn't simply a shopping centre. Explain.

(1st p2016)

مبنى مجمع 360 مبنى ليس فقط مبنى لسوق , اشرح ؟

- Describe your favourite building in Kuwait . (1st p2014)

أوصف المبنى المفضل لديك ؟

- What makes a shopping centre appeal to customers?

(1st period 2013 - 2017)

ماذا يجعل مبنى التسوق أفضل أكثر للزبائن ؟

- if It has many shops and games stores

- if It has a family entertainment centre

به كثير من المحلات

مركز ترفيهي عائلي

-if It's a relaxing centre

- if It has the largest cinema.

به مركز استرخاء

با اكبر سينما

5. 360 Kuwait centre isn't simply a shopping centre, but it is also educational . Explain. (1st period 2018)

360 بالكويت مبنى تعليمي و أيضا مركز تعليمي اشرح ؟

- It mixes education with entertainment.

- It's through TV. programmes and music.

يخلط التعليم و الموسيقى

من خلال الموسيقى والبرامج

6. What shopping places would you recommend for visitors to visit in Kuwait?

(2nd P-2011)

ما هي أماكن التسوق التي تنصح بها الزوار بالكويت ؟

- It's 360 Kuwait

- It's Villa Moda

مركز 360

فيلا مودا

7. What are the advantages (benefits) of building a new airport?

(1st period 2010 – 2011)

ما هي مميزات بناء مطار جديد؟

- It's a profitable idea

انها فكرة مربحة

- It's a fast way for travelling

طريقة سفر سريعة

8. What are the disadvantages (bad effects - against) of building a new airport?

(1st p2010)

ما هي عيوب بناء مطار جديد؟

- It's noisy

انه مزعج

- It leads to heavy traffic

ازدحام مروري

Unit 3 { FOCUS on }

9. Traditional dress has always been important within Kuwait and still continuous to be so. How

اللبس التقليدي دائما مهم في الكويت و مستمر و دائم حتى الآن كيف؟

- What does the traditional dress mean to you?

(2nd P 2010 - 2020)

ماذا يعنى الزي ل رسمى القديم

- It's a part of our traditions

انه جزء من عاداتنا و تقاليدنا

- It's a symbol of equality

رمز للمساواة

10. The Dishdasha is an important part of the Kuwaiti traditional dress. Explain.

(1st p2010)

انها رمز للمساواة و تقليديه

النشداشة ج انها مناسبة للمناخ و مريحة

- It's a symbol of equality / traditional

- It suits climate / comfortable



Unit 4

Lesson 1-2

1. What will computer games be different (like) in the future? (changes) (1st p. 2019 - 2022)

- كيف ستكون ألعاب الكمبيوتر في المستقبل ؟ (التغيرات)

- Games will be more difficult

ستكون الألعاب أكثر صعوبة

- Games will be more expensive / realistic

ستكون الألعاب اعلي سعرا و وواقعيه

2. Computer games in the future will be more realistic and naturalistic. Explain. (Mid-year 2016)

العاب الكمبيوتر ستكون أكثر واقعيه في المستقبل ؟

- In the future, our game characters will be able to perform some tasks such as:

في المستقبل , شخصيات الألعاب سوف تكون قادرة علي أداء بعض المهام مثل :

- Characters will perform visual perception

الشخصيات سوف تؤدي الإدراك البصري

- They will perform speech recognition.

سوف تؤدي التمييز الصوتي

3. What good effects can playing computer games have on young people(affect positively)?

ما هي الآثار الايجابية لألعاب الكمبيوتر علي الأطفال ؟

- They will be more intelligent

سوف تكون أكثر ذكاء

- They will be more imaginative

سوف تكون أكثر خيالاً

(Mid-year 2020)

4. What disadvantages (bad effects) can playing computer games have on young people (youth)?

ما هي الآثار السلبية لألعاب الكمبيوتر علي الشباب ؟

- Most parents don't like their children to spend much time on computer games. Why? (2nd p2010 - 2014 - 2015)

معظم الآباء لا يحبون أطفالهم يقضون وقت كبير علي ألعاب الكمبيوتر , لماذا ؟

- They waste time

تضيع الوقت

- They make pupils idle.

تجعل الطلبة كسالي

- They cause bad eyesight.

تسبب ضعف النظر

5. Why do you think computer games are so popular?

لماذا أصبحت ألعاب الكمبيوتر مشهورة ؟

- They are exciting.

انها مثيرة

- They develop intelligence

تطور الذكاء

U. 4

Workbook (Lesson 3)

6. Mention differences between traditional and modern computer games: (2nd P 2012)

ما هي الاختلافات بين ألعاب الكمبيوتر القديمة والحديثة ؟

Traditional: We use only our fingers and make players idle

القديمة : نستخدم أصابعنا فقط و تجعل اللاعبين كسالي

Modern: We use our whole bodies and make players fit.

الحديثة : نستخدم كل أجسامنا و تجعل اللاعبين رشيقون

8. From your point of view, psychological factors are important. Why?

من وجهة نظرك , لماذا تكون العوامل النفسية مهمة ؟

- They improve athletes' performance

-they avoid pressures.

لتحسين الأداء الرياضي

لتجنب الضغوط

9. How can your personality affect your choice of a sport if you are an extrovert? (2022)

كيف يمكن لشخصيتك أن تؤثر على اختيارك لرياضة معينة لو كنت شخص منفتح ؟

- I will choose a sport where I interact with others as football and boxing

سأختار رياضة حيث يمكنني أتفاعل مع الآخرين مثل كرة القدم و الملاكمة.

ما المميز في محمية الجهراء الطبيعية ؟

1. What is remarkable about Al-Jahra Pools Nature Reserve ?

من صنع الإنسان كاملا

- It's completely man-made

تسقي من مياه المجاري

- It's effluent waste.

2. Why are Natural reserves such as Al-Jahra Pool Nature Reserve important? (2nd P 2015)

لماذا المحميات الطبيعية مثل محمية الجهراء الطبيعية مهمة ؟

-Nature Reserve has been a crucial centre for conservation, education and research. How? (2nd P 2013)

المحمية الطبيعية مركز للتكاثر و الحفظ و التعليم و البحث و الحماية , كيف ؟

- It provides a refuge.

- It protects the habitat.

تزود المأوي

تحمي السكن و البيئة

3. Natural Reserves have many benefits / purposes . Mention them. (2nd P 2013)

ما هي فوائد المحميات الطبيعية؟

- They are conservation , research , education and propagation.

انها للحماية والحفظ و البحث و التعليم و التكاثر

4. Why do you think animals are very important in our world?

(Mid-year 2016)

لماذا تعتقد ان الحيوانات مهمة في عالمنا ؟

- It's for entertainment and sport

- It's for work , food and medical research.

- من اجل التسلية والرياضة

- من اجل العمل والغذاء والبحث العلمي

1. Mention some of the important events that usually take place in the Paralympics.

اذكر بعض الأحداث الهامة التي غالباً ما تحدث في الألعاب الأولمبية للمعاقين ؟

- Name the fields in which the disabled can participate in Paralympics. (2nd P 2012)

اذكر المجالات التي يشارك فيها المعاقين ؟

- *They're sailing, marathons and power lifting.*

الإبحار و الماراتون و رفع الأثقال

2. Ramadan (fasting) teaches athletes / people some values such as: (2nd P 2011)

صوم رمضان يعلم الرياضيون (الناس) بعض القيم ؟

- Regardless their natural abilities , athletes need some skills such as : (2nd P 2013)

بغض النظر عن قدراتهم الطبيعية , الرياضيون يحتاجون بعض المهارات مثل :

- *It teaches us patience, sacrifice and self- discipline.*

تعلم الصبر و التضحية و ضبط النفس

3. What is important about Paralympics?

(Mid-year 2015 - 2020)

ما هي أهمية الألعاب الأولمبية للمعاقين ؟

- *They encourage the disabled*

- *They rehabilitate them.*

تشجيع المعاقين

تعيد تأهيلهم

4. Kuwait's efforts / role for encouraging and motivating the disabled are endless. Discuss.

- How can any society help the disabled? (2nd P 2013 – 2020-2022)

دور / جهود الكويت في تشجيع و تحفيز ذوي الاحتياجات الخاصة بلا حدود. ناقش.

- *We can build a sports club and organize competitions for them.*

- يمكننا بناء نوادي رياضية و ننظم منافسات لهم.

5. Why do you think people enjoy watching big sporting events, like the Olympic Games?

لماذا تعتقد أن الناس يستمتعون بمشاهدة الأحداث الرياضية مثل الألعاب الأولمبية

- *We can enjoy our time*

- *we can learn new skills (1st P 2014 - 2017)*

- *We can support our team*

- *They bring out the best in athletes*

يخرجون الأفضل من الرياضيون

6. What are the skills needed to become a Formula One Driver?

ما هي المهارات المطلوبة لتصبح متسابق في سباق السيارات ؟

- *He should be independent, determined , courageous and aware*

يجب ان تكون مستقل و مصبر و شجاع و واعى

7. What are the skills / abilities needed for winning a marathon racing? (2nd P 2013)

ما هي المهارات و القدرات المطلوبة للفوز بسباق الماراتون ؟

- *He should have willpower , stamina and endurance*

يجب أن يكون لديه القوة و الصبر و التحمل

5. Some animals(birds) are in danger of extinction. Why? Mention some of the dangers

بعض الحيوانات والطيور مهددة بالانقراض لماذا ؟

- They are as hunting, poachers, pesticides and forest fires.

(2nd P 13)

بسبب الصيادون و المبيدات الحشرية و حرائق الغابات

6. As a student, how can you help to protect wildlife in your area?

(1st period 2018-2019)

- كطالب بالمرحلة الثانوية , كيف تساعد في حماية الحياة البرية في قريتك ؟

- We can look after birds

نعتني بالطيور

- we can stop hunting and run clean-up campaigns.

نوقف الصيد و نقوم بحملات التنظيف

7. Why do you think it is important to save / protect wild life?

(2nd P 2013 – 2014)

لماذا من المهم حماية الحياة البرية ؟

- It's a part of our heritage.

إنها جزء من التراث

- It's to keep balance in nature.

حماية التوازن في البيئة

Module 2

focus on

8. Why do some people consider Kuwait is a shopper's paradise?

(1st period P 13 - 2019)

- لماذا يعتبر بعض الناس الكويت جنة المتسوقين ؟

- Villa Moda in Kuwait is the well-known, remarkable destination for shopaholics. Comment.

- فيلا مودا وجهة تسوق معروفة و ملفتة للنظر لمدمنو التسوق , علق .

- It has the best shopping centres.(in the Middle East)

- It has a unique shopping experience.

- لديه أفضل مراكز التسوق (في الشرق الأوسط)

- لديه خبرة تسوق فريدة



Language Functions (10th / 11th / 12th Years)

| No. | المعني | اسم الوظيفة | التعبير | المعني |
|-----|----------------------------|------------------------|--|------------------------------|
| 1 | النصيحة | Advice | - You should..... / You shouldn't.... | يجب أن ... / لا يجب أن.. |
| 2 | الاعتذار | Apology | - I'm sorry. | أسف |
| 3 | التحذير | Warning | - Be careful. It's dangerous. / Don't.... | احترس / لا..... |
| 4 | التفضيل | Preference | - I like / I preferto | أنا أحب... / أفضل |
| 5 | الطلب بأدب | Request politely | - Can you, please? | هل أستطيع ... من فضلك؟ |
| 6 | الاقتراح | Suggestion | - Let's / You can | هيا بنا... / تستطيع أن |
| 7 | الامتنان / الشكر | Gratitude | - Thank you. | شكراً |
| 8 | الاستجابة للشكر | Responding to thanking | - You are welcome. | على الرحب والسعة / العفو |
| 9 | المحبة / الاستحسان | Likes / Approval | - I like it. / It's wonderful. | أنا أحبه . / هذا رائع |
| 10 | عدم المحبة / عدم الاستحسان | Dislikes / disapproval | - I don't like it. / It's bad. | أنا لا أحب ... / انه سيئ |
| 11 | الموافقة | Agreement | - I agree with you. / That's right. | أتفق معك. / هذا صحيح |
| 12 | عدم الموافقة | Disagreement | - I don't agree with you. - That's wrong. | لا أتفق معك. / هذا خطأ |
| 13 | إعطاء الأسباب | Giving reason | - It's because I was ill / busy. | هذا لأنني كنت مريض / مشغول |
| 14 | إعطاء رأي | Giving opinion | - I think it's good / bad. | أعتقد أنه جيد / سيئ . |
| 15 | عرض مساعدة | Offering help | - Can I help you? | هل أستطيع مساعدتك؟ |
| 16 | طلب مساعدة | Asking for help | - Can you help me , please? | هل تستطيع مساعدتي؟ |
| 17 | الإلزام | Obligation | - You must | يجب أن |
| 18 | المنع | Prohibition | - It's not allowed. / You mustn't.. | إنه غير مسموح. / لا يجب |

| | | | | |
|----|-------------------------------------|---|--|--|
| 19 | اللوم | Blame | - I blame you. / It's your mistake. | ألومك . / هذا خطأ |
| 20 | تخفيف اللوم | Release from blame | - Don't worry. / Never mind. | لا تقلق / لا عليك |
| 21 | التهنئة | Congratulations | - Congratulations! / Good luck! / Well-done. | مبروك / حظ وافر / أحسنت |
| 22 | الإقناع | Persuasion | - Come on, please! - Please ! Please ! I like (need) it . | هيا من فضلك. / من فضلك! |
| 23 | الدعوة | Invitation | - I'd like to invite you to..... | أود أن أدعوك لـ..... |
| 24 | قبول الدعوة | Accepting invitation | - Ok. I'll come. | سوف آتي. |
| 25 | رفض الدعوة | Declining invitation | - I'm sorry, I can't. (I'm busy .) | أسف، لا أستطيع |
| 26 | الندم التمني | Regret Wish | - I wish I were..... - I wish I had + P.P. - I'd like to..... | أتمنى لو... / أحب ان.... |
| 27 | التخطيط / النية | Planning / Intention | - I plan to / I will.. | أخطط لـ... / أنا سوف... |
| 28 | خيبة الأمل | Disappointment | - I'm disappointed. / What a pity ! | أنا مُحبط / باللاس. |
| 29 | نصيحة متأخرة | Late Advice | - You should have + P.P. | كان يجب أن |
| 30 | وصف : (مهرجان / احتفال / مكان) | Describing : (festival/celebration/place) | - It was dazzling. I enjoyed it. | كان ملفت للنظر . استمتعت به كثيرا. |
| 31 | عدم الاهتمام / اللامبالاة | Indifference | - I don't care. - So what ! | لا أهتم / وماذا بعد ؟ (وأنا شكور) |

Language Functions

1-Your father , teacher , scientist (**says /said – tells – told / thinks – argue - suggest / believes / is convinced**)

..... *I agree with you*.....

-Your friend, classmate, brother, sister (**says /said – tells – told / thinks – argue - suggest / believes / is convinced**)

..... *I don't agree with you*.....- *That's wrong*.....

2- A friend asks **why /cause / reason**.....

.....*Because I was ill / Because it's good*.....\

3-You **want**.....but your father **refuses / against idea / doesn't allow / persuade him**....

.....*Please! Please! I like it*.....- *Come on, please*.....

4- Your friend asks about your **plans / intention**

.....*I plan to go to London*.....- *I will*

5-A friend asks about your **opinion / points of view**

.....*I think it is good / bad*.....

6-A friend asks **which** you **like / prefer** tea or coffee.

.....*I like tea*..... / *I prefer*to

7-A friend **invites** you to **wedding / party / a farm**.....

.....*Ok. I will come.* / *Sorry, I can't come*.....

8- **advice**----- You should be careful.

9- You **want to**...../ **ask** your friend/ **to help you**

.....*Can you help me, please?*.....

10- A friend **bought a new**.....

..... *I like it. It's good. / I don't like it. It's bad*.....

11- A friend **helped you / gratitude**.....

.....*Thank you*.....

12-You have (**free time / weekend / holiday**) **suggest**.....

.....*Let's go to*.....(*the zoo / sea / cinema*)..

13- You friend **failed / had an accident / got up late**.....

.....*You should have been careful*...../ **That's bad**.....

14-Your friend doesn't know how **to reach a place / destination / asks where**

.....*Turn left. It's next to the bank*.../ You can use **Google maps**.....

15- I don't care / So what ! / It's OK.*عند عدم فهم معنى الموقف ضع

| <i>Infinitive</i> | <i>Irr. Past</i> | <i>PP.</i> | <i>Infinitive</i> | <i>Irr. Past</i> | <i>PP.</i> |
|-------------------|------------------|------------|-------------------|------------------|------------|
| go | went | gone | buy | bought | bought |
| do | did | done | think | thought | thought |
| come | came | come | bring | brought | brought |
| become | became | become | catch | caught | caught |
| run | ran | run | teach | taught | taught |
| drink | drank | drunk | keep | kept | kept |
| begin | began | begun | sleep | slept | slept |
| swim | swam | swum | feel | felt | felt |
| eat | ate | eaten | meet | met | met |
| give | gave | given | feed | fed | fed |
| get | got | got | grow | grew | grown |
| forget | forgot | forgotten | know | knew | known |
| win | won | won | throw | threw | thrown |
| write | wrote | written | draw | drew | drawn |
| ride | rode | ridden | fly | flew | flown |
| drive | drove | driven | make | made | made |
| take | took | taken | leave | left | left |
| find | found | found | lose | lost | lost |
| steal | stole | stolen | see | saw | seen |
| speak | spoke | spoken | hear | heard | heard |
| break | broke | broken | understand | understood | understood |
| wear | wore | worn | be | was /were | been |
| say | said | said | have | had | had |
| pay | paid | paid | cut | cut | cut |
| tell | told | told | shut | shut | shut |
| sell | sold | sold | hit | hit | hit |
| build | built | built | let | let | let |
| send | sent | sent | put | put | put |
| spend | spent | spent | cost | cost | cost |
| stick | stuck | stuck | hurt | hurt | hurt |
| dig | dug | dug | read | read | read |
| hold | held | held | spread | spread | spread |
| fall | fell | fallen | broadcast | broadcast | broadcast |

Prepositions of time

at

7 o'clock , 5:00 pm مع الساعات
08:30 , 11:00 , 6:00 am

الأوقات :- night, mid-night , sunset
noon, weekend ,free time ,dawn ,sunrise

on

أيام الأسبوع : Saturday , Sunday
Monday, Tuesday, Wednesday , etc

التاريخ (شهر + رقم) : 21st March, 25th Feb. :
August 2nd , June 20th etc

الأعياد و المناسبات : National Day, Eid Al Fitr
Eid Al Adha , Mother Day, holiday,birthday

السنوات : 1990 , 2018 , 1846

in

فصول السنة: Summer, Winter, Spring, Autumn

الشهور January, March, February , Ramadan

الأوقات الأساسية: morning, afternoon, evening

by

وسائل المواصلات: car, bus, train, truck,
plane, ship, camel, bicycle, lorry

By sea , by land , by air

حروف جر خاصة بالصف العاشر

| | |
|--|------------------------------|
| between | بين اثنين (شخصين – شينين) |
| among = amongst (Kuwaiti citizens / wreckage) | بين أكثر من اثنين (مجموعة) |
| through (trees / park / doorway) | من خلال |
| throughout → world → her life | في جميع أنحاء أثناء |
| angry with | غاضب من (شخص) |
| arrive at | يصل إلي (مكان صغير) |
| the reason for | السبب ل |
| On the bus On a bus - Yesterday I went to school on a bus. | علي الباص |
| by bus | بواسطة الباص |
| at the end | في النهاية |
| by the time | في الوقت عندما |
| take part in = participate in | يساهم / يشارك في |
| Of all (the countries I visited.....) | من كل الدول التي زرتها |
| meet with | يتقابل مع |
| in order to / to | لكي |
| prefer..... to..... | يفضل |

GRADE 10 – UNIT ONE – VOCABULARY

A) From a, b, c and d choose the most correct answer:-

- 1- Because my father is a football, he hasn't missed any games for ten years.
a) specialty b) fanatic c) metabolism d) nutrition
- 2- Vitamins C and E are both They may combat many diseases.
a) Antioxidants b) proteins c) deficiencies d) dieticians
- 3- While working in his garden, Harry's caused his finger to ache and become stiff.
a) protein b) metabolism c) arthritis d) eatery
- 4- Instead of folding his clothes, my brother had his clothes into a dresser drawer.
a) crammed b) probiotic c) grilled d) digestive
- 5- Coffee has the most, while tea contains somewhat less.
a) Metabolism b) antioxidant c) caffeine d) protein
- 6- The imported products from Europe many customers in the Gulf area.
a) neutralise b) appeal to c) absorb d) metabolise
- 7- You can get bacteria from many types of food, such as yogurt.
a) crammed b) probiotic c) grilled d) atmospheric
- 8- My sister needs to have more and less sugar in her diet if she wants to be fit.
a) sodium b) protein c) caffeine d) specialty
- 9- Tourism has acted as a to the country's economy.
a) stimulant b) sodium c) caffeine d) calcium
- 10- When eating large meals, yoursystem will be overloaded.
a) crammed b) atmospheric c) grilled d) digestive
- 11- When you expose your body to extreme cold, your body'swill slow down.
a) metabolism b) sodium c) deficiency d) eatery
- 10- Healthy food and the right amount of vitamin help you.....diseases.
a) metabolise b) appeal to c) combat d) absorb
- 11- Old people may need to get the nutrients they might otherwise lack.
a) dieticians b) deficiencies c) supplements d) antioxidants
- 12-has many functions in the body including the construction of bones and teeth.
a) Specialty b) Calcium c) Arthritis d) Fanatic
- 13- Grandma prepared chicken sandwiches for lunch.
a) crammed b) probiotic c) grilled d) atmospheric
- 14- Grilled steaks are a in the new restaurant near our office.
a)pomegranate b) fanatic c) metabolism d) specialty
- 15- My mother is having a lowdiet this month due to her high blood pressure.
a) pomegranate b) arthritis c) sodium d) eatery
- 16- As a person , my diet is full of fresh fruit, vegetables and grains.
a) grilled b) vegetarian c) crammed d) digestive
- 17- This story will definitely to young adults and teenagers.
a) absorb b) appeal c) combat d) metabolise
- 18- The farmers take advantage of the cool climate to grow....., pears and roses.
a) cholesterol b) dietician c) pomegranate d) fanatic
- 19- It is safer not to go on any diet without consulting a/an first.
a) eatery b) dietician c) arthritis d) stimulant
- 20- Many people experienced a drop in their levels when they had green tea.
a) pomegranate b) eatery c) cholesterol d) fanatic

- 21- can be defeated by providing proper supplements.
 a) Pomegranate b) Protein c) Specialty d) Malnutrition
- 22- The blood tests I made revealed ain certain key minerals and vitamins.
 a) deficiency b) nutrition c) pomegranate d) fiber
- 23- I heard that a company is building a new in the town.
 a) supplement b) eatery c) protein d) calcium
- 24- Good is essential for a patient's recovery.
 a) nutrition b) fanatic c) deficiency d) arthritis
- 25-can ease up the digestive process. Make sure you eat lots of vegetables.
 a) Arthritis b) Fiber c) Eatery d) Fanatic
- 26- It is said thatC is great for skin and overall health.
 a) cholesterol b) dietician c) vitamin d) arthritis
- 27- Butter and cream contain a lot of You should eat less of it.
 a) saturated fat b) caffeine c) sodium d) specialty

B) Fill in the spaces with the most suitable words from the list below:

(arthritis- neutralise- dietician – metabolise – atmospheric - organic)

- 28- There's a new bakery that makes Italian whole grain bread.
- 29- I quite like the sea view, it is, specially in spring.
- 30- His body doesn't iron normally, so he needs an iron supplement daily.
- 31- Greek yogurt and probiotic drinks bad and good bacteria in the stomach.
- 32- The doctor explained that the sharp pains in my joints are caused by

C) Fill in the spaces with the most suitable words from the list below:

(wholesome- deficiency – combat - absorb – vegetarian - organic)

- 33- The farm's eggs were produced with chemical-free food.
- 34- Try drinking much water before and after the gym class to avoid water
- 35- The menu includes a wide selection of dishes for people.
- 36- I need to eat fresh fruits and vegetables in order to diseases.
- 37- A sponge will any liquids. It is used for that reason.

II - UNIT ONE Grammar

A- From a, b, c and d, choose the most suitable answer:

- 1- Whyyou standing on the chair when I came into the room?
 a. are b. were c. been d. have been
- 2- We went to Rome last summer andmost of the holiday by the sea.
 a. are spending b. spend c. spent d. spending
- 3- Tom lives in a/an house around the corner.
 a. beautiful English old b. English old beautiful
 c. old beautiful English d. beautiful old English
- 4- I was walking along the road when Ian old friend.
 a. met b. meeting c. meet d. was meeting
- 5- I went to watch a basketball game yesterday. Most players were wearingshirts.
 a. cotton large red b. red large cotton c. large cotton red d. large red cotton
- 6- While Ia story, the train stopped suddenly.
 a. am reading b. have read c. was reading d. reading
- 7- I Japan last summer. I had found that everything was different.
 a. visit b. am visiting c. visited d. have visited
- 8- The sun brightly when suddenly it started to rain.
 a. shone b. is shining c. was shining d. shines
- 9- Peter has manybooks in the attic.
 a. interesting old history b. old interesting history c. interesting history old d. old history interesting

B – From a, b, and c, choose the correct answer as required:

- 13- She dropped the (**old/ green/beautiful**) plate and it smashed. (Reorder the adjectives)
a. She dropped the beautiful green old plate and it smashed.
b. She dropped the green beautiful old plate and it smashed
c. She dropped the old beautiful green plate and it smashed
- 14- While Rosie (**walk up**) the Regent Street, she met an old friend from college. (Correct)
a. While Rosie walked up the Regent Street, she met an old friend from college.
b. While Rosie was walking up the Regent Street, she met an old friend from college.
c. While Rosie is walking up the Regent Street, she met an old friend from college.
- 15- My classmate bought a (**red / new / plastic**) lunchbox. (Reorder the adjectives)
a. My classmate bought a red new plastic lunchbox.
b. My classmate bought a red plastic new lunchbox.
c. My classmate bought a new red plastic lunchbox.
- 16- While I was studying history my friend (**come**) in. (Correct)
a. While I was studying history my friend was coming in.
b. While I was studying history my friend came in.
c. While I was studying history my friend comes in.
- 18- The students (**have**) a test when the storm started. (Correct)
a. The students had a test when the storm started.
b. The students were having a test when the storm started.
c. The students are having a test when the storm started.
- 19- We (**see**) a fallen star while we were fishing by the lake. (Correct)
a. We were seeing a fallen star while we were fishing by the lake.
b. We Saw a fallen star while we were fishing by the lake.
c. We are seeing a fallen star while we were fishing by the lake.
- 20-She went home and sat on her (**wooden / old / comfortable**) chair. (Reorder the adjectives)
a. She went home and sat on her old wooden old comfortable chair.
b. She went home and sat on her wooden old comfortable chair.
c. She went home and sat on her comfortable old wooden chair.
- 19- My mom asked me to put the cups in a (**round / little / new**) box. (Reorder the adjectives)
a. My mom asked me to put the cups in a little new round box.
b. My mom asked me to put the cups in a round little new box.
c. My mom asked me to put the cups in a round little new box.
- 20- I stayed up late because I (**discuss**) a problem with my brother the whole night. (Correct)
a. I stayed up late because I discuss a problem with my brother the whole night.
b. I stayed up late because I was discussing a problem with my brother the whole night.
c. I stayed up late because I discussed a problem with my brother the whole night.

UNIT ONE – EXPOSITORY WRITING

Write on the following topic: (Expository)

Your food choices each day may affect your health - how you feel today, tomorrow, and in the future. Plan and write an essay of 12 sentences (140 words) explaining what a healthy diet should include and how it can affect your health in the future.

Outline

Introduction:

Body: Paragraph 1:

Paragraph 2:.....

Conclusion:

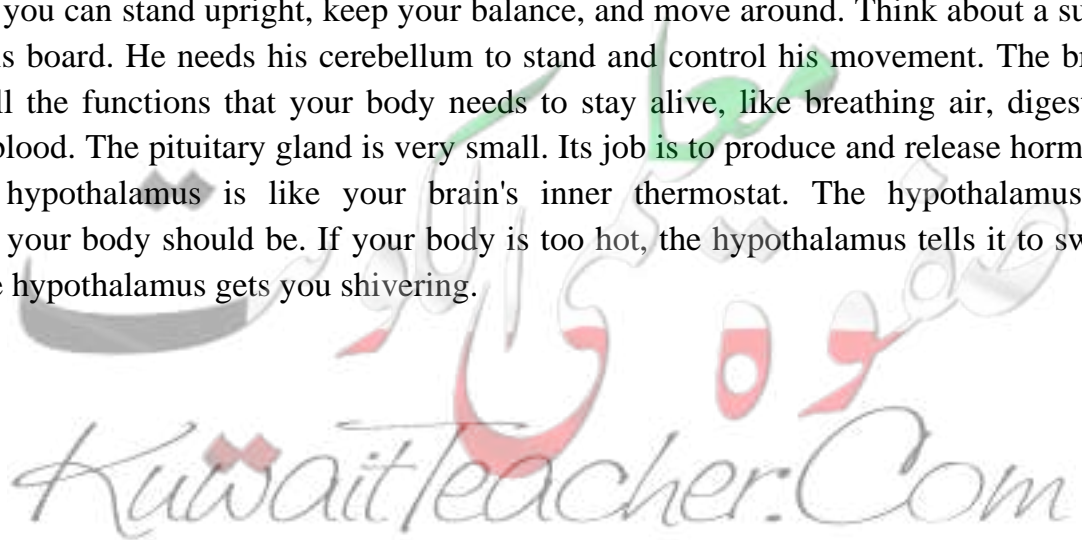
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U1 Read the following passage carefully, then answer the questions that follow:

How do you remember the way to your friend's house? Why do your eyes **blink** without you ever thinking about it? Your brain is in charge of these things. In fact, your brain is the boss of your body. It runs and controls just about everything you do, even when you're asleep. Not bad for something that looks like a big gray wrinkly sponge.

A brain has many different parts that work together, for example, the Cerebrum, Brain Stem, Pituitary Gland and Hypothalamus. The biggest part of the brain is the cerebrum. The cerebrum is the thinking part of the brain and **it** controls your voluntary muscles — the ones that move when you want them to. So you need your cerebrum to dance or kick a soccer ball. You need your cerebrum to solve math problems, and draw a picture. Your memory lives in the cerebrum — both short-term memory and long-term memory. The cerebrum has two halves. Scientists think that the right half helps you think about abstract things like music, colours, and shapes. The left half is more analytical, helping you with math, logic, and speech.

Another important part of the brain is the cerebellum which is a lot smaller than the cerebrum. It controls balance, movement, and coordination, how your muscles work together. Because of your cerebellum, you can stand upright, keep your balance, and move around. Think about a surfer riding the waves on his board. He needs his cerebellum to stand and control his movement. The brain stem is in charge of all the functions that your body needs to stay alive, like breathing air, digesting food, and circulating blood. The pituitary gland is very small. Its job is to produce and release hormones into your body. The hypothalamus is like your brain's inner thermostat. The hypothalamus knows what temperature your body should be. If your body is too hot, the hypothalamus tells it to sweat. If you're too cold, the hypothalamus gets you shivering.



From a, b, c and d, choose the correct answer:

- 1- The best title for this passage is:
a. Parts of the Body b. Parts of the Brain c. Abstract Knowledge d. The Pituitary Gland
- 2- The underlined word “**blink**” in the 1st paragraph means:
a. shut and open b. succeed and fail c. run and stop d. start and finish
- 3- The underlined word “**it**” in the 2nd paragraph refers to:
a. the brain stem b. the brain c. the hypothalamus d. the cerebrum
- 4- According to the 3rd paragraph, the pituitary gland:
a. controls everything. b. keeps your body on low temperatures.
b. produces and releases hormones into your body. d. helps you remember the way to your friend's house.
- 5- All the following sentences are **TRUE EXCEPT**:
a. We blink without thinking about it.
b. We need the cerebellum to solve problems and draw pictures.
c. We need cerebellum to stand and control our movement and stand straight.
d. We need the hypothalamus to allow our bodies to sweat whenever we feel hot.
- 6- The writer’s purpose in writing this text is:
a. To analyze different parts of the brain and their functions. b. To tell us how the brain works.
c. To explain how to keep fit and healthy. d. To state the benefits of sleeping.

Answer the following questions:

- 7- What is the function of the brain stem?
.....
- 8- Which part of the brain is more important for a football player?
.....

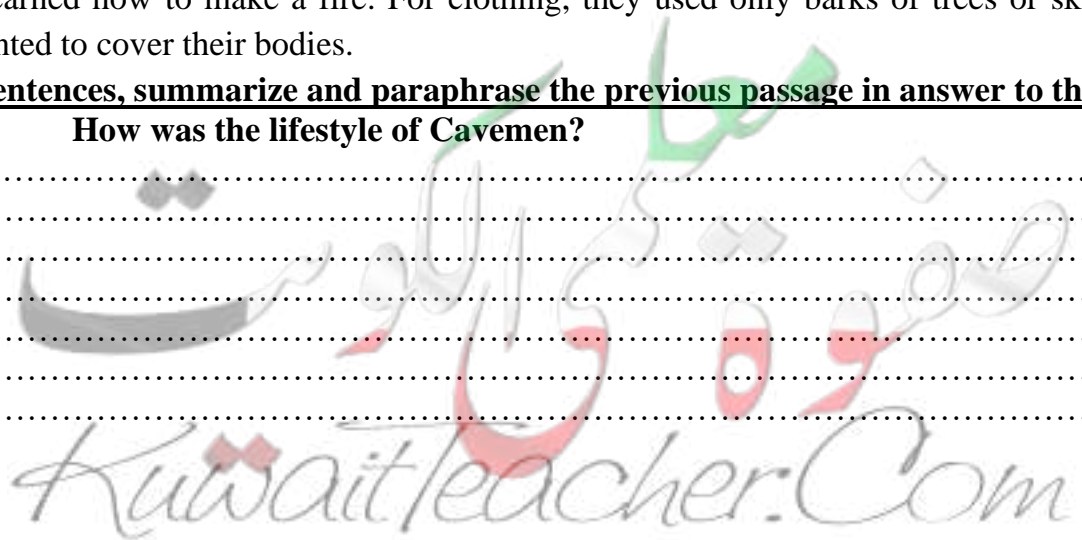
SUMMARY MAKING

- Read the following passage, then do as required:

Caves were "homes" which served only as temporary shelters. They protected humans from the sun, rain and wild animals which roamed forests. Men of that time were called “Cavemen”. Cavemen usually lived in small groups and life was very difficult. They had to move from place to place in search for food. They would catch fish or pick berries and wild fruit. When a particular place where they stayed ran out of food supply, they would leave to find another suitable spot. Their tools and weapons, which were made of stones, were simple and rough. Cavemen ate their food raw until they learned how to make a fire. For clothing, they used only barks of trees or skins of animals they had hunted to cover their bodies.

In FOUR sentences, summarize and paraphrase the previous passage in answer to the following question: **How was the lifestyle of Cavemen?**

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GRADE 10 – UNIT TWO – VOCABULARY

From a, b, c and d, choose the most suitable word that best completes each of the following sentences:

- 1- A child's dreams and can lead him to success.
a) seminar b) aspiration c) mentor d) pilgrimage
- 2- International Laws forbid discrimination based on race, colour or
a) initiative b) calligraphy c) creed d) tolerance
- 3- All countries sent theirto attend the economic conference held in Geneva.
a)accounts b) reviews c) aspirations d) delegates
- 4- To live in peace, we must learn to acceptin the society we are living in.
a)diversity b) seminar c) pilgrimage d) calligraphy
- 5- The manager started a meeting to encouragedialogue in the company.
a)interfaith b) high ranking c) ground-breaking d) probiotic
- 6- Good employees are always ready to take..... in order to complete the work.
a)delegate b) creed c) initiative d) account
- 7- I am going to present a/ an about the developments in e-learning.
a)tolerance b) seminar c) pilgrimage d) creed
- 8- Ahmed's honesty, and understanding made him a great leader to his team.
a)account b) delegate c) mentor d) tolerance
- 9- My friend told me that he will help me gather information for my research.
a)digestive b) relevant c) interfaith d) organic
- 10- Muslims perform in the last month of the Islamic calendar.
a)pilgrimage b) initiative c) mentor d) figure
- 11- Some people are fond of collecting old paintings, and antiques.
a)tolerance b) calligraphy c) delegate d) diversity
- 12- A/ An range of craft makers presented their work in the National Exhibition.
a)grilled b) diverse c) interfaith d) inspirational
- 13- The manager gave a/ an talk on overcoming problems.
a) organic b) diverse c) grilled d) inspirational
- 14- With practice and hard work, my little brother English well.
a)mastered b) combatted c) covered d) neutralised
- 15- The patient wrote a very touching.....about his mother's role in his treatment journey.
a)figure b) initiative c) account d) creed
- 16- The company a survey to evaluate their products according to the public.
a)conducted b) mastered c) metabolised d) absorbed

B) Fill in the spaces with the most suitable words from the list below:

(cover/ delegate/ account/ high-ranking/ diverse/master)

- 17-Ahmed was chosen as a/an to represent our class in the Students' Parliament.
- 18- Companies with a lot of nationalities become culturally
- 19- My brother prepared a good of the most recent electronic inventions.
- 20- My uncle enjoys a/an position in the Ministry of Health.
- 21- It took us 3 hours to the distance from the city to the camp.

(calligraphy/ richly / review/ ground-breaking/ consistently/grilled)

- 23- The criminal has...denied stealing the old man's bag.
- 24- The bride designed her own decorated wedding cake.
- 25- Some inventions made our lives easier and faster.
- 26- An annual the company performance is published every year.
- 27- I joined a workshop to improve my Arabic handwriting.

UNIT TWO

GRAMMAR

A- From a, b, c and d, choose the most suitable answer:

- 1- The manager Turkey every year for business since 1995.
a) had visited b) visited c) will visit d) has visited
- 2- They were rewarded as they..... for the same company for 20 years.
a) have worked b) work c) should work d) are working
- 3- She her homework yet. She has to do it before going to bed.
a) doesn't write b) didn't write c) hasn't written d) has written
- 4- you ever hunted a bear?
a) Did b) Have c) Do d) Are
- 5- They just the "Beach Cleanup" campaign.
a) should- start b) will- start c) had- started d) have- started
- 6- I have spoken English I was 3 years old.
a) since b) for c) already d) yet
- 7- Have you..... consulted a dietitian before going on a diet?
a) yet b) for c) since d) ever
- 8- Bader has lived in this town 45 years.
a) by the time b) for c) just d) since
- 9- No, I have been sick since I took the vaccine.
a) never b) ever c) yet d) already
- 10- She was angry her sister as she had broken her mobile.
a) through b) with c) on d) amongst
- 11- They must arrive the airport two hours before the flight time.
a) by b) with c) at d) of
- 12- all employees, Ahmed mastered using the new machine.
a) At b) Amongst c) On d) By
- 13- I read a novel written Jane Austin last night.
a) of b) amongst c) at d) by
- 14- Some animals migrate winter to raise their young and find food.
a) with b) in c) at d) by

B – From a, b, and c, choose the correct answer as required:

- 15- Omar and Ahmed have decided to climb Mount Everest. **(Make negative)**
a- Omar and Ahmed have not decided to climb Mount Everest
b- . b- Omar and Ahmed has not decided to climb Mount Everest.
c- Omar and Ahmed did not decide to climb Mount Everest.
- 16- I (know) Anwar since we were 5 years old. **(Correct the verb)**
a- I knew Anwar since we were 5 years old.
b- b- I will know Anwar since we were 5 years old.
c- I have known Anwar since we were 5 years old.
- 17- My sister (not master) knitting yet. She needs more practice. **(Correct the verb)**
a- My sister didn't master knitting yet. She needs more practice.
b- My sister hasn't mastered knitting yet. She needs more practice.
c- My sister won't master knitting yet. She needs more practice.
- 18- Hisham has taken an online training course. **(Ask a question)**
a- What has Hisham taken?
b- What has Hisham take?
What did Hisham take?

UNIT TWO EXPOSITORY WRITING

- Write on the following topic:

The UN is trying hard to promote the culture of tolerance and mutual understanding.

Plan and write an essay of 12 sentences (140 words) explaining why promoting tolerance and mutual understanding among people is important , and how it can be achieved.

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U2 - Read the following passage carefully, then answer the questions that follow:

Persuasion is the art of convincing someone to agree with your point of view. According to the ancient Greek philosopher Aristotle, there are three basic tools of persuasion: ethos, pathos, and logos.

Ethos is a speaker’s way of convincing the audience that he/she is a credible source. An audience will consider a speaker **credible** if he/she seems trustworthy, reliable, and sincere. This can be done in many ways. For example, a speaker can develop ethos by explaining how much experience or education he/she has in the field. After all, you would consult a dentist not a firefighter for a tooth ache. A speaker can also create ethos by convincing the audience that he/she is a good person who has their best interests at heart. If an audience cannot trust you, you will not be able to persuade them.

Pathos is a speaker’s way of connecting with an audience’s emotions. For example, a speaker who is trying to convince an audience to vote for him might say that he alone can save the country. These words are intended to fill the audience with fear, thus making them want to vote for him. Similarly, a charity organisation that helps animals might show an audience pictures of injured dogs and cats. These images are intended to fill the viewers with pity, which will make **them** donate money.

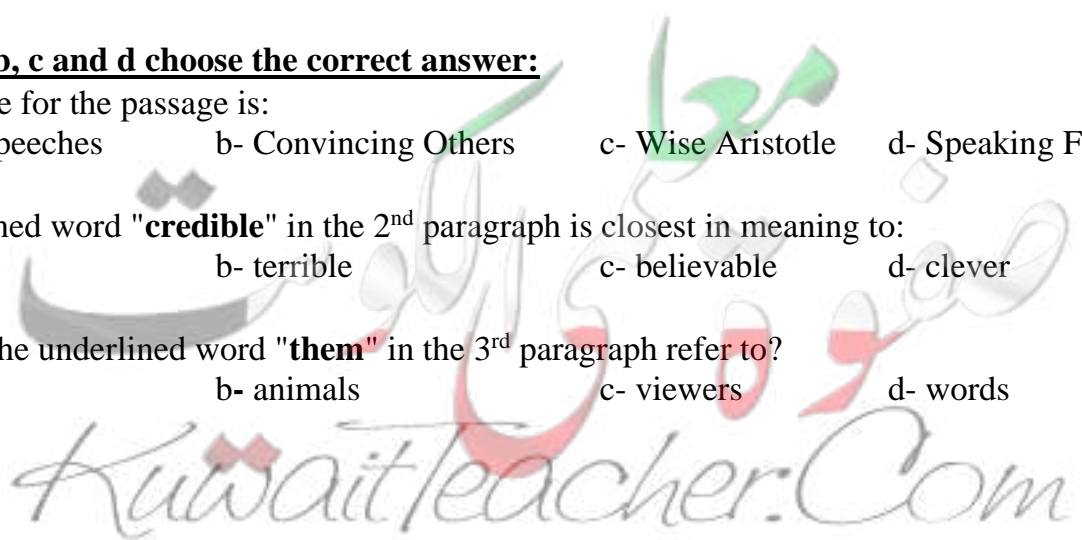
Logos is the use of facts, information, statistics, or other evidence to make your argument more convincing. An audience will be more likely to believe you if you have data to back up your claims. For example, a commercial for soap might tell you that laboratory tests have shown that their soap kills all 7,000,000 of the bacteria living on your hands right now. This piece of information might make you more likely to buy their brand of soap. Presenting this evidence is much more convincing than simply saying “our soap is the best!” Use of logos can also increase a speaker’s ethos; the more facts a speaker includes in his argument, the more likely you are to think that he/she is educated and trustworthy.

From a, b, c and d choose the correct answer:

- 1- The best title for the passage is:
a- Writing Speeches b- Convincing Others c- Wise Aristotle d- Speaking Fluently

- 2- The underlined word "**credible**" in the 2nd paragraph is closest in meaning to:
a-boring b- terrible c- believable d- clever

- 3- What does the underlined word "**them**" in the 3rd paragraph refer to?
a-images b- animals c- viewers d- words



- 4- What can be understood from the 1st paragraph?
- a- The art of convincing others is very old.
 - b- Only Greeks used persuasion in their speeches.
 - c- By time people developed persuasion into three different tools.
 - d- Convincing and persuading others is used among old men only.
- 5- According to the 2nd paragraph, one should mention his experience and education to:
- a- get a new certificate.
 - b- show off and annoy others.
 - c- gain the audience's trust.
 - d- compare his/her work to others
- 6- What is the purpose of the writer?
- a- To inform readers about ancient philosophers.
 - b- To analyze Aristotle's writing and find the wisdom.
 - c- To convince others to use the persuasion style.
 - d- To explain and inform the audience of the tools of persuasion.

Answer the following questions:

7- How does the pathos tool work?

.....

.....

8- How can logos help in building the ethos tool?

.....

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U2: SUMMARY MAKING

- Read the following passage, then do as required:

There are people who have much more than what they need to live while others have barely enough to survive. One cannot make them rich but can provide them with essentials. Raising donation as money, clothes, food or shelter helps to direct their efforts to live a decent life. Good education, insures a long-lasting improvement in their lives. Building relationships among them helps them regaining their self-confidence and self-esteem also makes them hold their own responsibility. Moreover, treating them well and enrolling them in the bigger society make them work harder to gain the society's trust and respect.

In FOUR sentences, summarize and paraphrase the previous passage in answer to the following question: "How can we help the needy?"

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GRADE 10 – UNIT THREE – VOCABULARY

A- From a, b, c and d choose the correct answer :-

1. Theof refugees from African countries is increasing.
a) influx b) objective c) studio d) venue
2. The mainof this meeting is to give more information on our plans.
a) influx b) objective c) studio d) venue
3. The famous artist has changed the attic in his house into a photography
a) influx b) objective c) studio d) venue
4. The hotel is an ideal for conferences and business meetings.
a) influx b) objective c) studio d) venue
5. The witness paused before answering the lawyer's question.
a) irresponsibly b) richly c) consistently d) slightly
6. Sarah bought a/ an little hat during her last visit to Paris.
a) chic b) apprehensive c) sturdy d) detrimental
7. Cutting down trees must have effects on the environment.
a) chic b) apprehensive c) sturdy d) detrimental
8. The long delay in my flight had made me quite
a) chic b) apprehensive c) sturdy d) detrimental
9. The car is enough to withstand both rough and sandy lands.
a) chic b) apprehensive c) sturdy d) detrimental
10. I have spoken very often to officials, to explain what we need.
a) geometric b) governmental c) profitable d) modernistic
11. The artist's ideas are obviously represented in his paintings.
a) geometric b) governmental c) sturdy d) modernistic
12. The Avenues Mall is for its good restaurants and coffee shops.
a) geometric b) public c) renowned d) residential
13. Her hobby of making scented soap was fast becoming abusiness.
a) profitable b) geometric c) sturdy d) residential
14. I found that I can study better when I go to thelibrary.
a) profitable b) public c) sturdy d) residential
15. There is a need for more green spaces inareas around the city.
a) profitable b) apprehensive c) renowned d) residential
16. What distinguishes this school is its forecourt.
a) spacious b) state c) profitable d) residential
17. Teachers in the sector are asking for a pay rise.
a) spacious b) state c) substantial d) residential
18. There are differences between the two car models.
a) Spacious b) state c) substantial d) residential

A: Fill in the spaces with the most suitable words from the list below:

(evoked – benefited – profitable – studio – venue – modernistic)

1. The Holiday Inn provided the for this year's conference
2. Everyone from limiting their intake of tea to just three cups a day.
3. The design of the house is shown through the simplicity of furniture.
4. The businessman noticed that it is more to sell direct to the public
5. The photographs strong memories of our holidays in France

From a, b, c and d choose the most suitable answer:

1. I think English is one of languages all over the world.
a-important b- more important c- most important d- the most important
2. For me, German is than English.
a-much difficult b- more difficult c- so difficult d- most difficult
3. Your soup is so tasty. It's than the soup in the canteen.
a-tasty b- tastier c- tastiest d- the tastiest
4. In Europe, August is than February.
a-sunny b- sunnier c- sunniest d- the sunniest
5. Air pollution in cities is than in the countryside.
a-bad b- worse c- worst d- the worst
6. What is mountain in the world?
a- high b- higher c- highest d- the highest
7. Sometimes an email is than a telephone.
a-convenient b- more convenient c- most convenient d- the most convenient
8. This is the meal on the menu.
a-nutritious b- more nutritious c- most nutritious d- the most nutritious
9. The blue car is fast as the red one.
a-as b- that c- to d- both
10. She is both intelligent beautiful.
a-or b- and c- but d- nor
11. This is a training programme.
a- two- months b- two month c- two month d- two-months
12. Next week we will go for a walk.
a- three- mile b- three miles c- three mile d- three-miles
13. She bought a bottle of Coca-Cola at the supermarket.
a-two litre b- two litres c- two- litre d- two-litres
14. There is a delay in our flight.
a-five- second b- five seconds c- five second d- five-seconds
15. This movie is than the last one.
a- boring b- more boring c- most boring d- the most boring
16. I believe that orchids are beautiful as tulips.
a- as b- that c- to d- both
17. I have a contract with my cell phone provider.
a- two- year b- two years c- two year d- two-years
18. Shall we take a break?
a- ten- minute b- ten minutes c- ten minute d- ten-minutes

C) From a, b, and c, choose the correct answer as required:

1. My mother prepared a dinner with three courses. **(Use a compound adjectives)**
 - a. My mother prepared a three-courses dinner.
 - b. My mother prepared a three-course dinner.
 - c. My mother prepared a three-course dinners.
2. He handed me a report of ten pages. **(Use a compound adjective)**
 - a. He handed me a ten-page report.
 - b. He handed me a ten- pages report.
 - c. He handed me ten-page report.

3. My nephew seems to be (excited) child at the party. (Correct the adjective)
a. My nephew seems to be more excited child at the party.
b. My nephew seems to be most excited child at the party.
c. My nephew seems to be the most excited child at the party.

4. The National Library building is (amazed) from inside. (Correct the adjective)
a. The National Library building is amazing from inside.
b. The National Library building is amazed from inside.
c. The National Library building is amazingly from inside.

5. The children loved his lessons because he is a very (interested) teacher. (Correct the adjective)
a. The children loved his lessons because he is a very interesting teacher.
b. The children loved his lessons because he is a very interested teacher.
c. The children loved his lessons because he is a very interest teacher.

6. I am staying in a hotel with four stars. (Use a compound adjectives)
a. I am staying in a four-stars hotel.
b. I am staying in a four-star hotel.
c. I am staying in four-stars hotels.

Language functions

- Write what you would say in the following situations:

1. You want to persuade your sister to join a training course in painting.
.....
2. Your sister asks you about the colour you like for your room.
.....
3. You want to persuade your father to buy you a motorbike.
.....
4. Your friend is absent for two days now, and you don't know why.
.....
5. Your mother bought a sofa, and she doesn't know where to put it.
.....
6. Your father asks you about your decision for joining the army.
.....

Translation

- 1- احمد: يفضل الكويتيون ارتداء الزي التقليدي .
Ahmad: The Kuwaiti people prefer wearing the traditional dress.
علي : وذلك لأنهم يفتخرون بوطنهم وعاداتهم
Ali : That's because they are proud of their country and traditions.

- 2- فهد : يجب أن يسود التسامح والسلام جميع الناس في جميع أنحاء العالم
- حمد : لذلك يجب علينا أن نحترم الثقافات والأديان الأخرى.

- 3 - ان اتباع نظام غذائي نباتي بشكل غير مسئول قد يؤدي الى سوء التغذية
- ان مضادات الاكسدة تعمل على تنقية الجسم من الأجسام الضارة.

GRADE 10 – UNIT THREE – EXPOSITORY WRITING

Building a new residential area adds a lot to the heritage of the country. Plan and write an essay of 12 sentences (140 words), explaining the importance of building impressive residential areas and stating the characteristics which can make them more attractive.

Outline

Introduction:

Body: Paragraph 1:

Paragraph 2:

Conclusion:

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.....

Read the following passage carefully, then answer the questions below:

Most of the serious health problems in modern America can be linked to poor diet. Many people regularly consume foods high in sodium, sugar, and saturated fats Which not only increase their chances of obesity, but also increase their risks of developing heart disease and diabetes. There are many reasons for having poor diet. Some people do so knowingly. There is also a significant portion of the population that remains undereducated about proper nutrition. What is more, individuals who live in food desert-areas in lowincome neighbourhoods may not even have the opportunity to obtain nutritious food.

Food deserts are located in high-poverty areas, such as rural areas or densely populated, low-income urban centres away from modern neighbourhoods. Food deserts most often develop when major supermarket chains either relocate out of these areas or simply refrain from building stores there. This means that those who live in high-poverty areas often also live miles away from the fresh meats, dairy products, and fresh fruits available at supermarkets. Residents of these areas who do not have cars are thus forced to travel long distances on public transportation to do **their** grocery shopping. They are limited to the food available at local convenience stores which sell packaged and processed foods that offer little nutritional value.

Fast food restaurants are extremely concentrated in low-income areas. Because individuals who live in food deserts tend to get their meals from fast food restaurants or convenience stores, they often suffer from a variety of health issues. Research has found that individuals who live in low-income neighbourhoods are much more likely to develop problems with obesity, diabetes, and hypertension than those who live in more **affluent** neighbourhoods.

A solution to the problem of food deserts seems obvious: more supermarkets should be built in low-income neighbourhoods. Of course, it is difficult to lure supermarket chains into poor areas because poorer people have less money to spend on food and supermarket chains do not consider them to be attractive customers. One way that the government can help to settle this issue is by offering tax breaks or other incentives for supermarkets in lowincome areas. Moreover, Community gardens and farmers' markets should offer local initiatives to solve the problem.

From a, b, c and d choose the most correct answer:

1. The main idea of paragraph (1) is:
 - a. The risks of developing heart disease and diabetes
 - b. The bad effects of obesity on the American people.
 - c. The solutions of the food deserts problem.
 - d. The reasons of having poor diet in America
2. The underlined word "**affluent**" in paragraph 3 means:
 - a. low
 - b. updated
 - c. wealthy
 - d. distant
3. What does the underlined word "**their**" in paragraph 2 refer to?
 - a. residents
 - b. products
 - c. distances
 - d. supermarkets
4. If supermarkets opened locations in more low-income areas,;
 - a. members of low-income households would not go there
 - b. the supermarkets would be unable to compete with the fast-food chains.
 - c. the convenience stores in the area would stop their business.
 - d. the health of low-income residents would be more likely to improve
5. According to the passage, all the following statements are **TRUE except**:
 - a. People who live in high-poverty areas often live miles away from the fresh food.
 - b. Major supermarket chains refrain from building stores in low-income areas.
 - c. Convenience stores sell packaged and processed foods.
 - d. Fast food restaurants are concentrated in high-income areas.
6. The writer's purpose in writing this text is to:
 - a. inform us about supermarkets' contributions to obesity in America.
 - b. warn us about the dangers of fast food.
 - c. highlight the problem of food deserts and its solutions.
 - d. encourage readers to live in low-income areas.

B: Answer the following questions:

7. What are the suggested solutions for food deserts?
.....
8. Where do individuals who live in food deserts get their food?
.....

GRADE 10 – UNIT THREE – SUMMARY MAKING

Read the following passage, then do as required:

Some people say that laughter is the best medicine. Scientists are beginning to agree with this. They are studying laughter seriously and are finding that it is gainful for us. Every minute we laugh is the same as forty-five minutes of relaxation. Many doctors around the world believe that laughter helps us get better when we are sick. Laughter helps in reducing stress hormones and blood pressure, as well as increasing blood flow and oxygenation to the cells and organs. Laughter has also been shown to increase memory, intelligence, and creativity.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question: **What are the benefits of laughter?**

.....

.....

.....

.....

A- From a, b, c and d choose the most suitable word that best completes:

- 1-The new hospital in our area will many doctors and nurses.

| | |
|------------|-------------|
| a. employ | b. simulate |
| c. compete | d. drill |
- 2- Soccer players shouldto win the cup; however, they have to stick to the basics of fair play.

| | |
|------------|-------------|
| a. employ | b. simulate |
| c. compete | d. evoke |
- 3- The zoo is a/an environment of rare animals similar to the original habitat.

| | |
|-----------------|--------------------|
| a. naturalistic | b. anti-reflective |
| c. convoluted | d. rival |
- 4- When you write an essay make sure to avoid long paragraphs andsentences.

| | | | |
|-----------------|--------------------|---------------|----------|
| a. naturalistic | b. anti-reflective | c. convoluted | d. rival |
|-----------------|--------------------|---------------|----------|
- 5-The new movie couldn't achieve success and suffered great loss because of themovies that have the same story.

| | |
|-----------------|--------------------|
| a. naturalistic | b. anti-reflective |
| c. convoluted | d. rival |
- 6-The new game characters are controlled by a/an..... not a keypad to give better control of the movements of the characters.

| | |
|---------------|-------------|
| a. helpline | b. joystick |
| c. perception | d. wizard |
- 7-Artists paint their portraits to convert their ideas into.....

| | |
|----------------|--------------|
| a. helplines | b. joysticks |
| c. perceptions | d. sensors |
- 8-New tablets are provided with separable to help users move easily while using them.

| | |
|----------------|------------|
| a. helplines | b. keypads |
| c. perceptions | d. sensors |
- 9-The safari journeys are adventures because animals move around the cars without restraints.

| | |
|----------------------|-------------|
| a. breathtaking | b. built-in |
| c. computer-friendly | d. wireless |
- 11-The teacher turned our notebook into aform to display it on the data show projector in classes.

| | |
|----------------------|-------------|
| a. breathtaking | b. built-in |
| c. computer-friendly | d. wireless |
- 12-I need a high speednetwork to transfer the data from my old mobile to the new one.

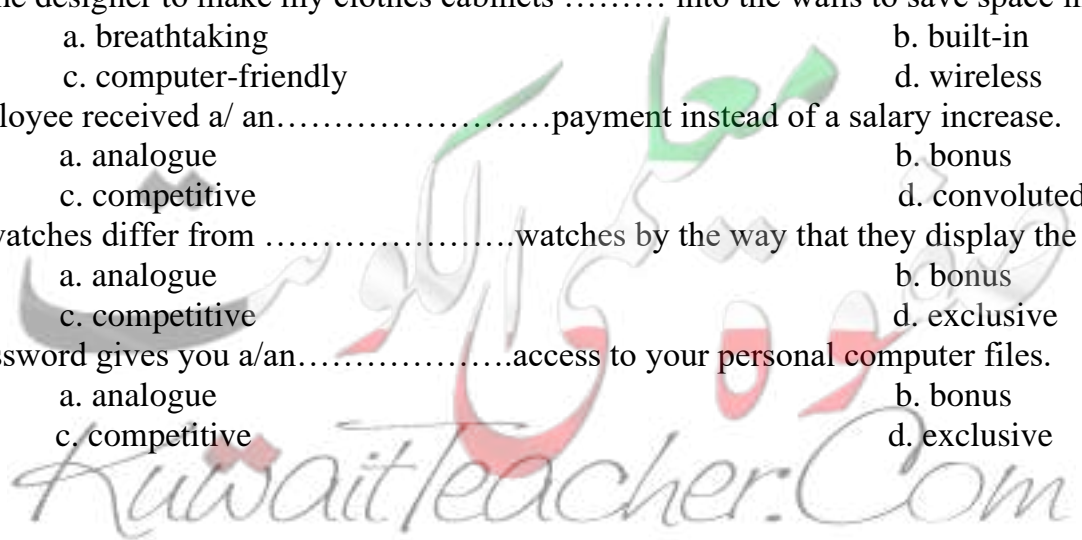
| | |
|----------------------|---------------|
| a. breathtaking | b. convoluted |
| c. computer-friendly | d. wireless |
- 13-I asked the designer to make my clothes cabinets into the walls to save space in my room.

| | |
|----------------------|-------------|
| a. breathtaking | b. built-in |
| c. computer-friendly | d. wireless |
- 14-The employee received a/ an.....payment instead of a salary increase.

| | |
|----------------|---------------|
| a. analogue | b. bonus |
| c. competitive | d. convoluted |
- 15-Digital watches differ fromwatches by the way that they display the time.

| | |
|----------------|--------------|
| a. analogue | b. bonus |
| c. competitive | d. exclusive |
- 16-Your password gives you a/an.....access to your personal computer files.

| | |
|----------------|--------------|
| a. analogue | b. bonus |
| c. competitive | d. exclusive |



- 17-During Hala February festivals, there are big sales atprices.
 a. analogue b. bonus
 c. competitive d. convoluted
- 18-Thebetween parents and their children is essential for maintaining a healthy relationship.
 a. arcade b. caller
 c. console d. discourse
- 19-We don't have enough coins to play on the ...games. We'd better go back home and play online.
 a. arcade b. caller
 c. console d. discourse
- 20-The manufactures of video games are providing the new gamingwith wireless connection.
 a. arcade b. caller
 c. console d. discourse
- 21- Telecommunication and medical industries are applying.....developments to improve speech recognitions technologies.
 a. drive b. hold button
 c. artificial intelligence d. mode
- 22- I can't burn the information on the CD without a CD/DVD My laptop doesn't have one.
 a. drive b. hold button
 c. artificial intelligence d. mode
- 23-To receive another call you should press the instead of keeping the caller waiting.
 a. drive b. hold button
 c. artificial intelligence d. mode
- 24-The photos of your mobile are amazing. It is set to the auto which helps changing settings automatically to take the best photos.
 a. drive b. hold button
 c. artificial intelligence d. mode
- 25-Our company hired a computerto prevent hackers from breaking into our files.
 a. visual effect b. touch screen
 c. speech recognition d. wizard
- 26- Mobile companies designed their recent mobiles with a sensitiveto replace the old style of buttons.
 a. discourse b. touch screen
 c. joystick d. wizard
- 27-The of the new film are really amazing and realistic.
 a. visual effects b. touch screen
 c. speech recognition d. wizard
- 28- Our new TV system has asoftware to figure out voice orders from users.
 a-visual effects b. touch screen
 c. speech recognition d. wizard
- 29-I couldn't identify the ID of the because I didn't subscribe to this service on the landline.
 a- arcade b. caller
 c. console d. discourse
- 30 -Most tele-communication companies offer aservice around the clock.
 a. helpline b. joystick
 c. perception d. sensor
- 31-To practise for their drivers' exams, students use a computer tovarious driving conditions a and situations.
 a. employ b. simulate
 c. compete d. evoke

B: Fill in the spaces with words from the list below:

(compete – competitive – drill – wireless – simulate – wizard)

- 1-Satellite signals are sent over to devices; that's why weather conditions affect the quality of signals.
- 2-Bill Gates is the richest man in the world. It is really hard for other businessmen to with him in the field of technology.
- 3-Steve jobs was ain business industry and computer technology.
- 4-The salesman works day and night to outsell all his coworkers.
- 5-Astronauts zero gravity by practicing in reduced gravity aircrafts.

GRADE 10 – UNIT FOUR – Grammar

A –Choose the most suitable answer from a, b, c and d:

- 1-The more stories I read, theimagination I get.
a. good
b. better
c. best
d. the bes
- 2-The more carbohydrates you take, theyou get.
a. fatter
b. fat
c. fattest
d. the fattest
- 3-The more countries you visit, the.....information you learn about people's customs and beliefs.
a. more
b. most
c. much
d. the most
- 4-The more sports you play, themuscles you build.
a. strong
b. stronger
c. strongest
d. the strongest
- 5-The higher you pursue your studies, thechances you have for a well-paid job.
a. wider
b. widest
c. wide
d. the widest
- 6-The more options you ask to include in your computer, the it becomes.
a. expensive
b. more expensive
c. most expensive
d. the most expensive
- 7-The more goods you export to other countries, theyour products become.
a. famous
b. the most famous
c. most famous
d. more famous
- 8-The more energy resources we save, themoney we spend.
a. little
b. the least
c. least
d. less
- 9- Ia university in London next month.
a. join
b. joined
c. have joined
d. am joining
- 10-My father to start a new business next year.
a. is going
b. goes
c. has gone
d. went
- 11-My mother believes that I a famous inventor in the future.
a. am
b. will be
c. was
d. have been

“Computer games have become very popular among children nowadays” **Plan & write** an essay of not less than **12 sentences** (140 words) explaining why it is not recommended to spend too much time playing computer games and how they can be used wisely.

Outline

Introduction:

Body: Paragraph 1:

Paragraph 2:

Conclusion:

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Read the following passage carefully, then answer the questions below:

Normal life never stays normal for long simply because it is full of stress. Stress is often described as a feeling of being overloaded, wound-up, tense and nervous. We all experience stress at times. It can sometimes be positive and help to motivate us to get a task finished, or perform well. But stress can also be harmful if we become over-stressed and it interferes with our ability to get on with our normal life for too long.

When we face a stressful event, our bodies respond by activating the nervous system and releasing hormones such as adrenaline and cortisol from the adrenal glands. These hormones cause physical changes in the body which help us react quickly and effectively to get through the stressful situation. They prepare our bodies to stay and fight or flee the situation. This is sometimes called the ‘fight or flight’ response. The hormones increase our heart rate, breathing, blood pressure, metabolism and muscle tension.

While these changes help people try to meet the challenges and effects of the stressful situations, **they** can cause negative physical or psychological symptoms if stress is not controlled. These symptoms can include headaches, other aches and pains, anxiety, anger, depression, high blood pressure, heart diseases, lack of confidence and many other symptoms.

Learning to handle stress in healthy ways is very important. Fortunately, it is easy to learn simple techniques. These include **recognizing** the causes of stress (some stress is natural), taking steps to deal with the problem, tackling the symptoms and most importantly, asking for help from a friend or a professional. The worst thing for stress is trying to take control over uncontrollable things. Because when we fail — since it’s beyond our control — we only get more stressed out and feel helpless. Doing what’s within our power moves us forward and is empowering and energizing. In addition to that, having certain routines throughout the day helps us to relax, better enjoy what we have in our lives and manage the harmful effects of stress. These routines include regular times for exercise and relaxation, and planning ahead to do certain jobs on specific days of the week.

From a, b, c and d, choose the correct answer:

1-What is the best title for this passage?

- a. The Changes of Stress
- b-The Stressful Events
- c-Body Reactions to Stress
- d- The Symptoms and Solutions of Stress

2-The underlined word **“recognizing”** in the 4th paragraph is closest in meaning to:

- a. knowing
- b-tackling
- c-learning
- d-including

3-The underlined word **“they”** in the 3rd paragraph refers to:

- a. effects
- b- changes
- c- challenges
- d- situations

4-According to **paragraph 2**, what is the effect of stress on our bodies?

- a. It decreases cortisol in our bodies.
- b. It makes our bodies release hormones.
- c. It helps us react slowly and effectively.
- d. It raises our heart beat and lowers blood pressure.

5-Which of the following statements is NOT TRUE?

- a. The nervous system is activated in stressful events.
- b. Adrenaline lowers metabolism in stressful situations.
- c. The heart is responsible for controlling the adrenal glands.
- d. Stress activates the nervous system to release the necessary hormones.

6-What is the author’s purpose in writing this passage?

- a. To inform readers about the types of stress.
- b. To teach readers how bodies release hormones.
- c. To show readers the effects of stress on our blood pressure.
- d. To tell readers about stress, its effects and ways to control it.

- Answer the following questions:

7-Why shouldn’t we try to take control over uncontrollable things?

.....
.....

8-How can we handle stress in healthy ways?

.....
.....

GRADE 10 U4 SUMMARY MAKING

Read the following passage, then do as required:

Playing computer games has various effects on young people. It has good as well as bad effects. Playing computer games can develop children’s imagination. Imagination is essential for creativity. Modern computer games used in gyms can make them healthier and fitter. That’s why gyms include games in their programs. Also, the new type of joysticks used in games can improve the level of fitness and building up their muscles. Besides all, most computer games provide information. Above all, modern multiplayer games offer the possibility of interaction and chatting with each other. This helps in developing personal skills.

In a paragraph of FOUR sentences of your own, summarise and paraphrase the previous passage in answer to the following question:

What are the effects of playing computer games on young people?

.....
.....
.....
.....

GRADE 10 – UNIT FIVE – VOCABULARY

A- From a, b, c, and d, choose the most suitable word:

- 1- A strong-willed man will never stop when he faces
a- adversities b- virtues c- applications d- extroverts
- 2- Violence on television can encourage in children.
a- feedback b- physiotherapy c- aggression d- rehabilitation
- 3- Dear applicants, you must attach a recent photograph to your form.
a- stimulation b- application c- rehabilitation d- determination
- 4- can be played by two or four people with a racket and a shuttlecock.
a- Solarium b- Sportsmanship c- Stimulation d- Badminton
- 5- My father is a man of; he never quits or loses hope in what he is doing.
a- determination b- neurologist c- rehabilitation d- member
- 6- My eldest brother is a/an while the youngest one is shy and quiet.
a- introvert b- extrovert c- member d- neurologist
- 7- We need more from consumers in order to improve our products.
a- adversity b- aggression c- feedback d- application
- 8- They all showed extraordinary skills. They are so clever with all kind of horses.
a- bonus b- competitive c- equestrian d- wireless
- 9- I have become a/an of the school's elite football club after scoring 3 goals.
a-member b-introvert c- solarium d- application
- 10- I cannot understand the of the people who hurt weak and helpless animals.
a- rehabilitation b- opponent c- mentality d- teammate
- 11- My cousin is an intelligent student, but he lacks the to work hard.
a- introvert b- motivation c- extrovert d- rehabilitation
- 12- The checked the patient and sent him to hospital.
a- physiotherapy b- neurologist c- feedback d- mentality
- 13- They were careful to good behaviour while their parents were away.
a- compete b- observe c- employ d- simulate
- 14- The boxer won the gold medal after knocking down his with a single blow.
a- mentality b- feedback c- opponent d- sportsmanship
- 15- The are a multi-sport event for athletes with physical and mental disabilities.
a- gymnastics b- Paralympics c- opponents d- saunas
- 16- Many patients need continuing care, follow up or after surgeries.
a- rehabilitation b- self-discipline c- adversity d- aggression
- 17- A rainbow is a natural in which we can see different colours in the sky.
a- stimulation b- phenomenon c- sauna d- aggression
- 18- Lionel Messi will receive for more than a month after his knee surgery.
a- aggression b- adversity c- sportsmanship d- physiotherapy
- 19- A/An is a room with seats and a very high temperature with a lot of steam.
a- sauna b- extrovert c- virtue d- adversity
- 20- If there is not a lot of sunshine in a place, one can get a tan in a
a- feedback b- rehabilitation c- solarium d- virtue
- 21- This team is very famous for their fair play and good
a- introvert b- neurologist c- sportsmanship d- aggression
- 22- Teaching through and enjoyment is the best thing in that school.
a- teammate b- member c- stimulation d- physiotherapy

Fill in the spaces with the most suitable words from the list below:

motivation – gymnastics – able bodied – equestrian – compete – observe

- 1- We cannot practise this sport if we're not enough to fight.
- 2- There seems to be a lack of among the staff; they don't work well.
- 3- To have a flexible body, you should practise on daily basis.
- 4- I would like to some classes to determine if this is the right course for me.
- 5- Alongside my dairy farm, I run an centre to teach people horse riding.

Fill in the spaces with the most suitable words from the list below:

observe – able-bodied – compete – equestrian – physiotherapy – sportsmanship

- 1- The player received a long after the match he was hurt in.
- 2- This gym can be used by both and disabled people; it is well equipped.
- 3- Scientists the world, describe it, and find the best ways for us to live.
- 4- These days, in rich countries, horses are mainly kept for sports. 5- As a sign of good, the two boxers shook hands after the match.

GRADE 10 – UNIT FOUR – Grammar

- From a, b, c, and d, choose the most suitable answer:

- 1- Would you mind telling me you go to school? - By bus.
a- when b- where c- why d- how
- 2- I have to go to the bank. does it open?
a- How much b- How many c- When d- Where
- 3- are you wearing that heavy coat? Can't you see or feel the burning sun?
a- Where b-When c- How d- Why
- 4- My little brother is a great tennis player; he win any match easily.
a- can b- should c- can't d- wouldn't
- 5-..... you like another cup of coffee? I think you loved the first one.
a- Should b- Could c- Would d- Can
- 6- If you go to Egypt, you visit the Pyramids; it's awesome to stand beside them.
a- would b- wouldn't c- should d- shouldn't
- 7- You talk loudly in the library, or you will be required to leave.
a- should b- shouldn't c- would d- wouldn't
- 8-I speak English when I was 12, but now, I'm as good as a British person.
a-can't b- couldn't c- should d- shouldn't
- 9-My little sister ride a horse at the age of eight.
a- can b- can't c- could d- should
- 10-I'm afraid I come to your party. I will be too busy studying for my exams.
a- wouldn't b- couldn't c- can't d- shouldn't
- 11-Please, seated until the seatbelt sign is off.
a- remaining b- remained c- remain d- remains
- 12-..... yourself a point for each right answer.
a- Giving b- Gave c- Give d- Gives
- 13-..... the first train in the morning.
a- Catching b- Caught c- Catch d- Catches

From a, b and c, choose the correct answer as required:

1- I arrived there at about 12 o'clock. (Ask a question)
a- Where did you arrive there?
b- When did you arrive there?
c- How much did you arrive there?

2- My brother does his homework with his friends. (Ask a question)
a- Who did your brother do his homework with?
b- Who will your brother do his homework with?
c- Who does your brother do his homework with?

2- First, filling in the form and wait till they call you inside. (Correct)
a- First, fills in the form and wait till they call you inside.
b- First, fill in the form and wait till they call you inside.
c- First, filled in the form and wait till they call you inside.

3- My dad visits my grandparents once a week. (Ask a question)
a- How often did your dad visit your grandparents?
b- How often does your dad visit your grandparents?
c- How far do your dad visit your grandparents?

GRADE 10 – UNIT FIVE – EXPOSITORY WRITING

- Write on the following topic:

"Paralympics is a sport event that involves people with disabilities."

Plan and write an essay of not less than 12 sentences (140 words) about the importance of holding such events and the role of the society towards the disabled.

Outline

Introduction:

Body: Paragraph 1:

Paragraph 2:

Conclusion:

.....
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.....
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.....
.....



- Read the following passage carefully, then answer the questions that follow:

It was one of those terribly hot days in Baltimore. We always had those for a month between July and August. That day was particularly hotter than I could remember it had ever been. The weatherman on the radio said the temperature would reach 104°!

Needless to say, it was too hot to do anything outside. But it was also **scorching** in our apartment. This was 1962, and I would not live in a place with an air conditioner till ten years later. So, my brother and I decided to leave the apartment to go to a cooler place. I suggested the drug store where I could get a soda or any kind of juice. But he reminded me that the shopkeeper in the drug store would not let you sit there all day. My brother instead suggested watching a movie. It was a brilliant plan.

Movie theatres were one of the few places where you could sit in for a long and, more importantly, sit in air conditioning. In those days, you could buy one ticket and sit through both movies of a double feature. Then, the theatre would show the same two movies again after that. If you wanted to, you could sit through them twice. Most people did not do that, but the manager at our theatre, Mr. Bellow, did not mind if you did. That particular day, my brother and I sat through both movies twice, trying to escape the heat. We sat and watched *The Music Man*, followed by *The Man Who Shot Liberty Valance*. We'd already seen the second movie once before. **It** had shown at the theatre since January, because Mr. Bellow loved anything with John Wayne in it. Watching it again was better than going outside, and at least *The Music Man* was new to us. We left the theatre around 8 PM, just before the evening shows began. We returned the next day and saw the same two movies again, twice more. And we did it the next day too.

Finally, on the fourth day, the heat wave broke. Still, to this day I can sing half the songs in *The Music Man* and quote half of John Wayne and Jimmy Stewart's dialogue from *The Man Who Shot Liberty Valance*! Those memories are some of the few I have of the heat wave of 1962.

Choose the correct answer from a, b, c, and d:

- 1- What is the main idea of the 3rd paragraph?
- a. Why movie theatres were important during the hot days.
 - b. What kind of movies they watched.
 - c. The effects of childhood memories.
 - d. The importance of drug stores.
- 2- The **OPPOSITE** of the underlined word “**scorching**” in the 2nd paragraph is:
- a- falling
 - b- dropping
 - c-observing
 - d- freezing
- 3- The underlined word “it” in the 3rd paragraph refers to:
- a. the heat
 - b- the second movie
 - c-the theatre
 - d-that particular day
- 4- Why wasn't the idea that the writer first suggested nice?
- a- Because the drug store didn't let children enter drug stores.
 - b- Because there was no air conditioner in the drug store.
 - c- Because the drug store wouldn't let people stay there for a long time.
 - d- Because they wanted to watch a movie.

5- All the following statements are **TRUE, EXCEPT:**

- a- They boys watched the movies more than once.
- b- They didn't want to stay home.
- c- The weather was too hot during that day.
- d- The manager didn't like John Wayne's movies.

6- The purpose of the writer in writing the passage is to:

- a- tell the readers about the importance of going to the cinema.
- b- inform us about how movie theatres used to work.
- c- tell us about one of his memories during hot days.
- d- show us why childhood memories are important.

B. With reference to the passage, answer the following questions:

7- What happened on the fourth day?

.....
.....

8-Why did the writer and his brother decide to leave the apartment ?

.....
.....

GRADE 10 – UNIT FIVE

– SUMMARY MAKING

Read the following passage, then do as required

Many students find that preparing for each individual class for 60-90 minutes per day will leave them well prepared for the real exam. Experts think that students should not cram at the last second. They would recommend that students should keep their ears open in class. Their teachers will sometimes tell them about the exam study strategies. They should be in class every day to receive such help. They insist that students review their class notes on a regular basis. If a student follows these remarks well, he or she will definitely get many A's in his or her exams.

In a paragraph of FOUR sentences ONLY, summarize and paraphrase the above passage in answer to the following question:

What are the best pieces of advice to get many A's?

.....
.....
.....
.....
.....
.....

GRADE 10 – UNIT SIX – Vocabulary

- To save rare fauna from extinction, never buy birds from pet shops.
a- proud b- adjacent c- exotic d- tame
- A is a natural habitat where endangered animals and birds live safely.
a- flora b- hectare c- sanctuary d- sustenance
- fights may lead to undesirable consequences.
a- Stubborn b- Fierce c- Adjacent d- Proud
- Look at that over there. It has water and mud all the time.
- This park is the largest wildlife in the United States of America.
a)- sanctuary b)- fence c)- marsh d)- fauna

Fill in the spaces with the suitable words from the list:

(poacher – pesticides – call – underpart – genus – widespread)

- Farmers need to save their crops from insects and small animals.
- The of an owl at night is traditionally connected to sadness and misery.
- A/An includes fewer members than family and more members than species.
- The floods have unfortunately caused serious environmental damage.

(clean up – nest – finance – imperative – exotic – on behalf of – global – mammals)

- Pollution is a problem that we should solve to avoid worse disasters.
- It's to find a solution to traffic jam. The city is getting more and more crowded.
- Before we start our project, let's know who will us. We don't have enough money.
- Ali is so courageous that he will speak his colleagues in today's morning assembly.
- Next week, I'll take part in the campaign in my school.

(fenced off - effluents - proud - aggressive - bonus)

- I'm so of my brother. He's passed all exams with good grades.
- The new sales representatives have earned a great this month.
- from local factories are finding their way to the river .
- Natural reserves should be to protect fauna from illegal hunting.
- Men tend to be more than women .

From a,b,c and d , choose the right answer :

1. I haven't seen my friend Ali he came back from London.
a. for b. since c. ago d. yet
2. The Chinese athlete has been leading the race long years.
a. since b. for c. yet d. already
3. I have had three cups of coffee this morning, but still feel dizzy.
a. since b. for c. while d. as
4. I've been waiting here 5 o'clock in the morning.
a. for b. since c. ago d. during
5. I haven't seen Salem his wedding.
a. since b. for c. ago d. yet
- 6-..... players are there in a football team?
a- How far b- How often c- How long d- How many
- 7 – Fortunately, only.....people were injured in the accident.
a- much b-little c-few d-many
- 8 – Unfortunately, we have verymoney left.
a- much b-little c-few d-many
- 9-There is a lot of food left. Take as as you want.
a- much b- many c- a little d- a few
- 10- Not all the children went outside.....of them stayed in the classroom.
a)some b)any c)much d) a little
- 11- I have to go to the supermarket. There isn't coffee left.
a) many b) any c) a few d) some
- 12- Would you like milk? Yes please.
a) any b)some c) little d) few
- 13- Can you tell me about your experience in London?
a) few b) a little c) much d) many

From a, b and c, choose the correct answer as required:

- 1- Ali (just go) to the station to meet a friend. (Correct the verbs)
.....*has just gone*.....
- 2-They are donating money and carrying out new projects for the poor. (Use: Not only)
.....*Not only are they donating money and carrying out*.....
- 3- The boy worked hard. He made progress. (Join using: not only)
...*Not only did the boy work hard but also he made progress*.....
- 4- I (already attend) a course in programming since two months.
.....*have already attended*..... (Correct the verbs)
- 5- I (not see) the Pyramids of Egypt yet. (Correct the verbs)
.....*have not seen*.....

U4 LANGUAGE FUNCTIONS

Write what you would say in the following situations:

1-Your brother doesn't know much information about computer games.

2-Scientists believe that if we don't save sources of energy, we will be in trouble.

3-Your friend spends too much time playing computer games. You need to advise him.

4-The teacher asked you about your plans after finishing your high school.

5-You haven't finished your school project and the deadline is tomorrow.

6-Your brother thinks that the new environmental law will reduce air pollution.

7-The teacher wants to know why you want to postpone the quiz for next week.

8-Your brother does not want to live in the city and wants to move to the countryside.

TRANSLATION

علي: كيف ستكون الألعاب في المستقبل ؟
خالد: أظن أن الألعاب ستكون أكثر واقعية وطبيعية.

علي: إن تقنيات الألعاب تتغير بصورة مستمرة .
خالد: بالتأكيد، التغيرات المستمرة تجعل من تقنية الألعاب عملاً سريع التطور .

علي: ألعاب الكمبيوتر محببة جداً لدى الشباب من مختلف الأعمار.
خالد: لأنها تساعد علي قضاء أوقات فراغهم وتنمي مهاراتهم ومخيلتهم.

علي: إن الكويت أول دولة في منطقة الخليج تنشئ نادي رياضي للمعاقين.
-أحمد: معك حق . يضم هذا النادي الآن أكثر من ألف و خمسمائة عضو

حمزة : أقيمت الدورة الاولمبية في العاصمة الصينية في عام 2008
ياسر: كانت رائعة وقد شارك بها رياضيون من 148 دولة في عشرين رياضة مختلفة.

يوسف: يكون الشخص المنطوي في العادة خجولاً ويفضل الرياضات غير العنيفة .
راتب : و بالإضافة إلى ذلك ، لا يفضل العمل ضمن فريق.



دولة الكويت
وزارة التربية

التوجيه الفني العام للغة الانجليزية

امتحان الصف العاشر - الفصل الدراسي الأول 2021 / 2022

المجال الدراسي: اللغة الأجنبية الأولى (الإنجليزية) - الزمن: ثلاث ساعات

المفردات - القواعد - الوظائف اللغوية - أسئلة الكتاب - التعبير الكتابي - الاستيعاب المقروء - التلخيص بالترجمة

Total Mark (420 Marks)

I. Vocabulary (50 Marks)

50

A - From a, b, c and d, choose the most suitable word that best completes each of the following sentences: (5X5 = 25 m)

- 01- The new medicine proves to the effects of the disease effectively.
a. master
b. combat
c. drill
d. cover
- 02- One of the most important qualities that an athlete should have is
a. solarium
b. calligraphy
c. framework
d. self-discipline
- 03- The company has decided to two secretaries and a computer programmer.
a. employ
b. absorb
c. evoke
d. conduct
- 04- It's our duty as good citizens to keep places like schools and parks clean.
a. apprehensive
b. relevant
c. rival
d. public
- 05- The culture of is an Islamic concept. It refers to respect and acceptance.
a. deficiency
b. foundation
c. tolerance
d. stimulation



B - Fill in the spaces with the most suitable words from the list below: (5 x5 = 25 m)

(organic / joystick / spacious / slightly / teammate / consistently)

- 06- Players control characters on the screen using a/an **joystick** or a keyboard.
- 07- You can buy **organic** food products from the local supermarket in your area.
- 08- There is a/an **spacious** yard in front of our house where the children can play freely.
- 09- The weather today is **slightly** cooler than yesterday. Let's go for a walk on the beach.
- 10- Every football player is a/an **teammate** to other players. They all work to win the game.

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II- Grammar (40 Marks)

40

A – From a, b, c and d, choose the correct answer: (4x5=20 m

- 11- The tourist has stayed in London a couple of weeks.
 a. since
 b. for
 c. ever
 d. yet
- 12- The final exam will be the morning. You need to get up early.
 a. on
 b. at
 c. in
 d. by
- 13- Al Hamra Tower is building in Kuwait. It rises 413 metres.
 a. tall
 b. taller
 c. tallest
 d. the tallest
- 14- While the boys hide-and-seek in the garden, it started to rain heavily.
 a. play
 b. are playing
 c. have played
 d. were playing



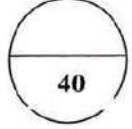
B- From a, b, and c , choose what is required: (4x5 = 20 m)

- 15- The more exercise you take, (Complete)
 a. The more exercise you take, you become energetic more.
 b. The more exercise you take, you become more energetic.
 c. **The more exercise you take, the more energetic you become.**
- 16- The children (play) video games the whole night yesterday. (Correct the verb)
 a. The children will play video games the whole night yesterday.
 b. **The children played video games the whole night yesterday.**
 c. The children have played video games the whole night yesterday.
- 17- I think my classmate will win the next spelling bee competition. (Ask a question)
 a. Who has won the next spelling bee competition?
 b. **Who will win the next spelling bee competition?**
 c. Who would win the next spelling bee competition?
- 18- The family spent a holiday in a hotel with four stars in Dubai. (Use a compound adjective)
 a. The family spent a holiday in four-stars hotel in Dubai.
 b. The family spent a holiday in a four-stars hotel in Dubai.
 c. **The family spent a holiday in a four-star hotel in Dubai.**



III- Language Functions (40 Marks)

Write what you would say in each of the following situations: (4x 10 = 40 m)



19- Your teacher asks you about your plans for the future.

Planning for the future

20- Your friend follows a vegetarian lifestyle irresponsibly.

Expressing opinions - Expressing disagreement

21- You have a job interview and you don't know exactly what to do.

Asking for advice

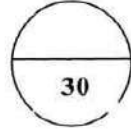
22- You are at a restaurant. Your friend doesn't know what to order for lunch.

Making recommendations / Making suggestions

Or any reasonable response

IV- Set Book (30 Marks)

- Answer only (THREE) of the following questions: (3x10 = 30 m)



23- Why are antioxidants so good for our bodies?

They help combat cancer and arthritis./ They lower cholesterol. / They improve the general immune system.

24- What might computer games be like in the future?

They will be more realistic./ Computer-controlled characters will be more naturalistic./ Games will be more convoluted.

25- How has Kuwait encouraged and motivated the disabled?

Kuwait has built The Kuwait Disabled Sports Club./ Kuwait organises competitions for the disabled.

26- How can your personality affect your choice of a sport if you are an extrovert?

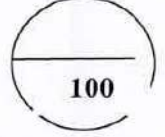
- If I am an extrovert, I will choose a sport where I interact with others, like football.



Or any reasonable answer



V- WRITING (100 Marks)



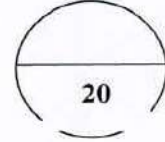
Write on the following topic: Expository

Receiving respect from others is important because it helps us to feel safe and accepted by others.

Plan and write **an essay of 12 sentences** (140 words) **explaining how you can show respect to others and the effects of respect on people and society.**

NB: Your writing should include **an introduction, 2 body paragraphs and a conclusion.**

(Outline - 20 Marks)



Introduction:

Body:

Paragraph 1 :

Paragraph 2 :

Conclusion :

| Outlining | Exposition of ideas & coherence | Paragraphing & number of sentences | Spelling | Grammar | Hw., spacing & punctuation | Total |
|-----------|---------------------------------|------------------------------------|----------|---------|----------------------------|-------|
| 20 | 40 | 10 | 10 | 10 | 10 | 100 |
| | | | | | | |



VI- Reading Comprehension (80 marks)**- Read the following passage and answer the questions below:**

80

According to the Food and Agriculture Organisation, we waste more than a third of the food we produce. A group of graduate students at Lund University wants to change that fact. They have come up with a way to use old fruits and vegetables. They use food that is about to go to waste. It may help people who do not have a lot of access to food.

Food Powder is dried powdered fruits and vegetables, which can be given to people in need after natural disasters. It can also be distributed in low-resource areas where fresh food is difficult to find.

Kent Ngo, one of the students who developed Food Powder, says they are not producing something **innovative**. Powdered food has been around since the early days of astronauts. The students are rethinking food waste. One group of students went to farmers and sellers to get fruit. Another group of students tested different techniques of drying and powdering the food. They decided on spray drying it, and then changing it into a powder. From there, the students looked at ways to distribute the Food Powder, through government support.

Gerald Perry Marin, a member of the group, grew up in the Philippines. He had seen how hurricanes cut people off from their food supply, and how important it was to have access to food. "Today a bag for humanitarian disasters contains nutrients such as strawberry jam, peanut butter and peas in tomato sauce. We think that an easily transported pack of cheap dried food powder with high nutritional value would be a better choice," Marin says.

The students have got support from the government in the Philippines, and they are currently drying calamansi, a citrus fruit that tastes like a mix of lemon and orange. The students also started working with the United Nations, to try to reach more people and countries that could benefit from the Food Powder project. **They** are working to use calamansi powder in food products, like cake mixes and ice cream. "I was a bit surprised that the calamansi powder tasted so good," Ngo says. "I can't wait for the mango and pineapple powder."



A- From a, b, c and d, choose the correct answer: (6x10=60 m)



27- The best title for this passage is:

- a. Astronauts' Food
- b. Food Nutritional Value
- c. **Food Powder Project**
- d. Humanitarian Disasters

28- What does the underlined word '**innovative**' in the 3rd paragraph mean?

- a. scarce
- b. **brand-new**
- c. profitable
- d. cost-effective

29- What does the underlined word '**they**' in the last paragraph refer to?

- a. countries
- b. people
- c. the United Nations
- d. **the students**

30- To help people who do not have a lot of access to food, a group of students:

- a. distributed fruits and vegetables.
- b. sold food products.
- c. **used food that is about to go to waste.**
- d. searched low-nutritional value food.

31- According to the passage, which of the following statements is **NOT TRUE**?

- a. The world wastes more than a third of produced food.
- b. **A group has come up with a way to waste food.**
- c. Natural disasters cut people off from their food supply.
- d. Students are currently drying calamansi in the Philippines.

32- The purpose of the writer is to:

- a. inform us about Lund University.
- b. tell people how to make food bags.
- c. **make people aware of food waste.**
- d. describe the duties of the Food Organisation.

B- Answer the following questions: (2 X 10 = 20 m)

33- What does a bag for humanitarian disasters contain?

A bag for humanitarian disasters contains nutrients such as strawberry jam / peanut butter / peas in tomato sauce.

34- Why is powdered food a good choice?

Because it is easily transported. / It is cheap. / It has high nutritional value./ It saves waste food.

VII – Summary Making (60 Marks)

60

- Read the following passage, then do as required:

Perfumes are popular today because smelling good plays a great role in our social life. But do you know perfumes have several benefits? They can help fight body odour and keep us smell good all day. Perfumes make us feel better and enhance our mood. They can also boost our confidence because the sense of good smell can help motivate us. Moreover perfumes help us relax as well. So, the next time you wear a perfume, remember it's not just making you smell good but feel better, too.



In a paragraph of FOUR sentences ONLY, summarise and paraphrase the passage above in answer to the following question:

- What are the benefits of using perfumes?

Answers must include FOUR of the following ideas:

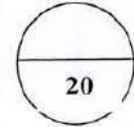
- Perfumes help fight body odour / and keep us smell good all day
- They make us feel better / and enhance our mood.
- Perfumes can boost our confidence / and motivate us.
- They help us relax.

| Rubrics | Content / relevance of ideas | Paraphrasing | Spelling and grammar | Paragraph format | Total |
|---------|------------------------------|--------------|----------------------|------------------|-------|
| | 30 | 20 | 5 | 5 | 60 |

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence / Minus 10 for two sentences and above).

VIII – Translation (20 Marks)

- Translate the following into good English: (2x 10 =20 m)



أحمد: يرحب العديد من الناس بفكرة بناء مطار في منطقة الوفرة .
علي : سيتمكنهم ذلك من الوصول الى مدينة الكويت خلال 10 دقائق بالطائرة المروحية.

Ahmed: Many people welcome the idea of building an airport in Al- Wafra area.

Ali : It will enable (help) them to reach Kuwait City in 10 minutes by helicopter.



End of Questions

Best of Luck

