العام الدراسي:2022- 2023

ثانوية أنس بن مالك بنين

# Grade 10

## **First Term**

Name:			
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Class:			



## **Unit 1: We are What we Eat**

#### Unit 1: lessons 1 & 2

Day &	Date:
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No.	Word		Meaning	No.	Word		Meaning
1	absorb	v		11	iron	n	
2	antioxidant	n		12	metabolise	V	
3	arthritis	n		13	neutralise	V	
4	caffeine	n		14	nutrition	n	
5	calcium	n		15	probiotic	adj	
6	cholesterol	n		16	protein	n	
7	combat	V		17	saturated fat	n	
8	dietician	n		18	stimulant	n	
9	digestive	adj		19	unsaturated fat	n	
10	fibre	n		20	vitamin	n	

#### **Vocabulary**

### A. From a, b, c and d choose the correct word to complete the following sentences:

1.	Vitamins C and E are bo	th	They may combat many c	liseases.
	a. antioxidants	b. proteins	c. saturated fats	d. dieticians
2.	While working in his gar	den, Ali's	caused his finger to ac	he and become stiff.
	a. protein	b. nutrition	c. arthritis	d. cholesterol
3.	Coffee has the most	, while tea	contains somewhat less.	
	a. calcium	b. antioxidant	c. caffeine	d. protein
4.	Healthy food and the right	nt amount of vitami	n help youd	iseases.
	a. metabolise	b. neutralise	c. combat	d. absorb
5.	has many fund	tions in the body ir	ncluding the construction of	of bones and teeth.
	a. Cholesterol	b. Calcium	c. Arthritis	d. caffeine
6.	Many people experience	d a drop in their	levels when	they had green tea.
		b. arthritis		d. nutrition
7.	Good is	essential for a patie	nt's recovery.	
		b. caffeine	The second second	d. arthritis
8.			ess. Make sure you eat lot	
	a. Arthritis	b. Fiber	c. Saturated fat	d. caffeine
9.	can ease up	the digestive proce	ess. Make sure you eat lot	s of vegetables.
			c. Cholesterol	
10	). It is said that	C is great for skin	and overall health.  c. vitamin	V
	a. cholesterol	b. dietician	c. vitamin	d. arthritis
11			You should	d eat less of it.
	a. saturated fat	b. caffeine	c. iron	d. fibre
	# (UK)	aitlea	pher (y	DM .

## Fill in the spaces with the most suitable words from the list:

absorb - antioxidants - arthritis - digestive -calcium - combat

<ol> <li>Many people prefer to drink green tea as it is rich in</li></ol>
Set Book Questions
1- Suggest things you can add to your diet to keep your body and soul in tip-top shape.
2- Why are home–made meals healthier than fast food and high–sugar snacks?
3- How can you improve your immune system?
4 - Probiotic drinks contain billions of good bacteria. How can good bacteria help us?
5- What are the benefits of green tea? How can antioxidants benefit the body?
6- How can dark chocolate be useful?
7- The Chinese used green tea to treat many things. Discuss.
Translation
Translate the following into good English: علي: هل تعلم أن الشاي الأخضر مفيد للصحة؟ Ali:
خالد: نعم, فهو يحتوي على مضادات الأكسدة.  Khalid:
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#### Unit 1: lessons 4 & 5

Day & Date:.		
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No.	Word		Meaning	No.	Word		Meaning
1	deficiency	n		5	pomegranate	n	
2	grilled	adj		6	RDA	abb	
3	metabolism	n		7	sodium	n	
4	organic	adj		8	supplement	n	

#### Fill in the spaces with the most suitable words from the list:

pomegranate / grilled / sodium / supplements / deficiency / metabolism

- 1. When you expose your body to extreme cold, your body's .....will slow down.
- 2. Old people may need ...... to get the nutrients they might otherwise lack.
- 3. Grandma prepared ..... chicken sandwiches for lunch.
- 4. The farmers take advantage of the cool climate to grow...., pears and roses.
- 5. The blood tests I made revealed a .....in certain key minerals and vitamins.

#### Grammar

#### **Simple Past Tense:**

**Form**: (S + (V2) + O + ...)

<u>Use</u>: completed past actions:

I **bought** a new mobile phone yesterday.

**Negative Form**: I **didn't buy** a new mobile phone yesterday.

Question Form: Did you buy a new mobile phone yesterday? Yes, I did / No, I didn't.

Adverbs: Yesterday, last year, last week, last night, ago, in the past...

#### **Past Continuous Tense:**

Form:

S + (was/were + V1 + ing) + O + ...

Use:

To indicate that an action was happening in the past when it was interrupted by another event or action.

She was writing a letter when the phone rang.

When the phone rang, she was writing a letter.

It started to rain while we were having a picnic.

While we were having a picnic, it started to rain.

Negative Form: Ali wasn't studying for the exam when I called him.

**Question Form**: Who broke the glass while I was cleaning my room?

## Order of adjectives: (O-S-A-Sh-C-O-M)

When two or more adjectives are used in front of a noun, they are usually in this order:

Opinion	Size	Age	Shape	Colour	Origin	Material	noun
wonderful	small	old	round	black	Brazilian	metal	table

#### **Examples**:

- He gave her six beautiful large red roses.
- A little old Chinese man came to the door.
- I keep all my money in a small black metal box.

It is unusual to put more than three adjectives in front of a noun.

A. From a, b, c, and	d choose the correct answ	wer:	
1. While my father	in the gard	len, an old friend passed b	y to see him.
a- working	b- is working	c- was working	d- were working
2. It was lucky we	under the tree	e when the lightening hit.	
a- weren't sitting	b- are sitting	c- was sitting	d- aren't sitting
3. My son was watchi	ng the movie when an elec	ctric failure	place yesterday.
a- took	b- is taking	c- takes	d- were taking
4. Itl	his comment while I was o	conducting research on far	nous historians.
a- read	b- reads	c- am reading	d- have read
5. My father	this car three months	s ago.	
a- has bought	b- had bought	c- bought	d- buys
6. My friend and I	in the sea	a when we saw a huge sha	rk.
a- are swimming	b- swim	c- has swum	d- were swimming
7. I was completing m	y research	. you called me yesterday	
a- before	b- after	c- when	d- while
8. The news which we	e heard 1	terrible.	
a- is	b- are	c- were	d- was
<b>.</b>	the house,		± •
a- decorate	b- decorated va	c- were decorating	d- was decorating
10. My sister puts a	va	se for flowers in the living	g room.
	b. red nice glass	18.	. I a comment of the
11.We were jogging in	n the park when light rain	to fall.	
a- began	b- were beginning	c- begins	d- has begun
	<u> </u>		

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a- slept 13. While I a- was doing 14. While I was climb a- fall	ing the ladder to fix the b- fell When you phoned me la	c- sleeps , my father came c- do e shelf, Ithe	d- is e in. d- di down and bro	oke my hand. d- falls weekly article.
B. From a, b, and c,	choose what is require	ed:		
1. He gave her a (diar a. big diamond wor b. wonderful big di c. wonderful diamo	amond	g) ring.	(Reorder the	adjectives)
2. He wants to buy a can a small nice red b. nice red small can nice small red	(small - red - nice) car.		(Rearrange t	he adjectives)
a. When I woke ub. I woke up this	ning. It was raining hear p this morning, it was r morning when it was ra ining heavily, I woke u	raining heavily.	(Join using: wh	nen)
4. My father bought a a. beautiful woode b. beautiful small c. wooden small b	wooden	nall) box from Ir	ndia. ( <b>Order the a</b>	ndjectives)
5. When I (arrive) to to a. arriving b. arrives c. arrived	the airport yesterday, th	ne plane was land	ding. (co	orrect)
6. I bought a (black- l a. wonderful black b. wonderful Fren c. French black w	ch black		(Reorder the ad	jectives)

<ul><li>7. While the farmer (work) in the garden, he hurt his back badly.</li><li>a. was working</li><li>b. were working</li><li>c. works</li></ul>	(Correct)
8. They were flying over the mountains. The plane crashed.  a. The plane crashed when they were flying over the mountains.  b. When they were flying over the mountains, the plane crashed.  c. They were flying over the mountains when the plane crashed.	n using: when)
9. I bought a new ( red – Italian - small) carpet.  a. Italian red small b. small red Italian c. Italian small red	adjectives)
<ul> <li>10. We spend our holiday in a (huge – beautiful - wooden) chalet. (Order the a. beautiful wooden huge</li> <li>b. wooden huge beautiful</li> <li>c. beautiful huge wooden</li> </ul>	e adjectives)
11. I met two of my neighbors. I was walking back to my home.  a. While I met two of my neighbors, I was walking back to my home.  b. I met two of my neighbors while I was walking back to my home.  c. I was walking back to my home while I met two of my neighbors.	using: while)
<ul><li>12. I was chatting with my neighbour. My mobile rang.</li><li>a. I was chatting with my neighbor when my mobile rang.</li><li>b. I was chatting with my neighbor while my mobile rang.</li><li>c. When I was chatting with my neighbor my mobile rang.</li></ul>	(Join)
13. The conference was held in a (square, brown, big) building.  a. brown big square  b. square big brown  c. big square brown	he adjectives)
14. My uncle gave me a (small - beautiful - white) vase on my birthday.	
a. white small beautiful b. beautiful white small c. beautiful small white	the adjectives )

#### **Unit 1: lessons 7 & 8**

a. malnutrition

Day & Date:
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d. specialty

No.	Word		Meaning	No.	Word		Meaning
1	irresponsibly	adv		7	crammed	adj	
2	vegetarian	adj		8	specialty	n	
3	fanatic	n		9	wholesome	adj	
4	eatery	n		10	salad bar	n	
5	appeal to	V		11	malnutrition	n	
6	atmospheric	adj					

## A. From a, b, c and d choose the correct word to complete the following sentences:

b. eatery c. fanatic

1. I heard that a company is building a new ..... in the town.

2 can be defeated by providing proper supplements.							
a. Salad bar	b. Fanatic	c. Speciality	d Malnutrition				
3. This story will definitely to young adults and teenagers.							
a. absorb	b. appeal	c. combat	d. metabolise				
4. As a	•		•				
		c. crammed					
5. Grilled steaks are a							
a. malnutrition							
6. Because my father is a fo							
a. speciality	b. fanatic	c. eatery	d. malnutrition				
	Set Bool	x Questions					
Set Book Questions  1. What are the disadvantages of a vegetarian menu?  2. What are the advantages of a vegetarian menu?  3. What are the qualities of your favourite eatery?  4. Some kinds of food should be avoided. Discuss.  5. What advice would you give to a vegetarian?  6. Why is it healthy to put a piece of well-chewed date in the mouth of a newborn baby?							

## **Language Functions**

	- I agree with you						
	- Of course. You have got a point						
	- You are right. / That's right						
1. Agreement							
1. Agreement	- You are absolutely right						
	- I accept that. / That is true						
	- That's a good point						
	- I disagree with you						
	- I can't possibly agree						
2. Disagreement	- You can't mean that						
	- I can't accept that						
	- Surely you don't think that						
	- You can't be serious						
3. Expressing	- In my opinion,						
opinion	- I think						
	- I believe						
	- From my own point of view,						
	- To be honest,						
4. Likes dislikes	- I like / I love						
	- I dislike / - I don't like						
5. Advice	- I advise you / You should						
	- It is better to						
	- If I were you, I						
	- If you want my advice,						
	- The best thing for you to do is						

### What you would say in the following situations:

what you would say in the following situations:
1. Your friends asked you what you'd like to do this weekend.
2. Your friend follows a vegetarian lifestyle irresponsibly.
3. Your teacher wants you to compare fast food and home-made food.
4. Your young sister wants to drink fizzy drinks but you want to order fresh juice.
5. One of your cousins doesn't know where to travel in the next summer holiday.

#### **Summary Making**

#### Read the following passage, then do as required:

Coffee can act as a poison when it is given in large doses to small children, but for adults who drink it in moderation, it is definitely not a poison. Most people believe that it is the caffeine which produces all the effects that coffee has on the body, but the other things in the coffee bean are involved, too. The smell of the coffee itself produces stimulating effects in different parts of the body. The blood in the brain is expanded so that the circulation is improved, and this removes some of the fatigue from the brain. It can increase the pulse rate, which means stimulating the heart. Coffee also helps the body remove salts from the blood.

In a paragraph of FOUR sentences ONLY, su	<u>mmarise and paraphrase the</u>	passage
above in an answer to the following question:		

What happens when adults drink coffee?

Translate the following into good English:  المامي: يعاني الأشخاص الذين يتبعون نظام نباتي كأسلوب حياة من سوء التغذية.  Sami:    Content / relevance   Paraphrasing   Spelling and   Paragraph   Total   Format     Format   Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format   Format     Format     Format   Format     Format	of ideas         grammar         Format           30         20         5         5         60    Translation  Translate the following into good English:  سامي: يعاني الأشخاص الذين يتبعون نظام نباتي كأسلوب حياة من سوء التغذية.  عمر: معك حق فهو لا يحتوي على الفيتامينات والمعادن اللازمة للجسم.  Sami:			• •						
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#### **Writing**

#### Write on the following topic: (Expository)

"Good health is not something we earn buy, However, it can be an extremely valuable thing to have."

Plan and write a report of 12 sentences (140 words), explaining the healthy lifestyle you should follow and the unhealthy habits you should avoid.

#### **Outline**

<u>Introduction:</u>
Body Paragraph 1:
Paragraph 2:
Conclusion:
Little on Lord Our

				Write you	r topic her	<u>e</u>		
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- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

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## **Unit 2: Respecting Cultures**

## Unit 2: lessons 1& 2

Day	& Date:			
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No.	Word		Meaning	No.	Word		Meaning
1	aspiration	n		6	interfaith	adj	
2	creed	n		7	mentor	n	
3	diversity	n		8	seminar	n	
4	delegate	n		9	tolerance	n	
5	initiative	n					

A 17							
	I d choose the correct and s forbid discrimination ba		or				
a. initiative		· ·					
	theirto attend their						
	b. seminars						
	ore always ready to take		<u>e</u>				
a. delegate		c. initiative	<del>-</del>				
C	b. creed we must learn to accept						
a. diversity							
•		c. aspiration	<u>e</u>				
•	and understand						
a. tolerance	b. diversityis to be a famous do	c. mentor	d. delegate				
			d. tolerance				
a. creed  7. Kuyyoit has arrangae	d to promote resp	c. delegate					
a- aspirations		c- seminars	<b>-</b>				
a- aspirations	b- delegates	C- Schillars	d- mentors				
	Set Boo	k Questions					
1. As a mentor, you w	ill have the opportunity to d	o many activities. Di	scuss.				
2. Being a mentor can	have many benefits. Comm	ent.					
3. What is the main p	ourpose of the UN?	/ _ 🏊					
4. What has Kuwait done to further the culture of peace?							
5. Why is it important to respect and tolerate other people and other religions?							
6. What can be done to further the Culture of Peace?							
	<i>y</i>	<del>"</del> ,	ay				

#### Unit 2: lessons 4 & 5

No.	Word		Meaning	No.	Word		Meaning
1	calligraphy	n		4	inspirational	adj	
2	consistently	adv		5	master	V	
3	diverse	adj		6	richly	adv	

#### Fill in the spaces with the most suitable words from the list below:

(richly / diverse / mastered / consistently / calligraphy / inspirational)

- 1. The criminal has.....denied stealing the old man's bag.
- 2. The bride designed her own...... decorated wedding cake.
- 3. I joined a ..... workshop to improve my Arabic handwriting.
- 4. A/ An ..... range of craft makers presented their work in the National Exhibition.
- 5. With practice and hard work, my little brother ...... English well.

#### **Grammar**

#### **Present Perfect Tense:**

**Form:**  $S + \{ have / has + V3 \} + O + ...$ 

<u>Uses:</u> In general, this tense describes events which happened in the past but are closely connected with the present. We use the Present Perfect Simple to refer to:

1- How long something has happened:

I have lived in Kuwait since 2000.

She has studied French for 5 years.

2- Something happened in the past, but with a definite result in the present.

Ali has passed his driving test, so he can drive on his own.

I have broken my leg; I can't go skiing this year.

3- Something which has just happened.

I have just eaten my lunch. I can't eat anymore.

4- with "yet" in negative and interrogative sentences.

Have you finished your science project yet?

I haven't found my lost keys yet.

5- with "ever" in negative and interrogative sentences.

Have you ever visited Canada?

He hasn't ever got such a high mark.

There are adverbs associated with this tense: Lately, recently, just, ever, yet, since, for

14

Since: + a point of time in the past:	For: + a period of time:
<ul> <li>Since 1999, 1988</li> <li>Since 8 o'clock, 5 o'clock</li> <li>Since yesterday, last month, last year</li> <li>Since I was a child, he travelled abroad</li> <li>Since November, Monday, the liberation of Kuwait, this morning</li> <li>Since then</li> </ul>	-For a second, two minutesFor an hour, two hoursFor a day, two daysFor two weeks, three weeksFor two months, three monthsFor five years, three yearsFor a long time, a short time
	- For a while

#### **Prepositions**

Long periods of time. (century, year, season, month, morning, evening...)

She visited France in 2000. I will see you in the morning.

Spatial volume.

In:

At:

On:

By:

With:

He stays in a hotel. I live in Kuwait.

Point of Itimemeet you at 12 p.m. Exceptions:

He will come home **at** night.

 $^{>}$  See you **at** the weekend.

Point of place.

Drop me off at the petrol station, please.

An activity or a skill.

He laughed at my acting. He is good at physics.

A surface of something:

The paper is **on** my desk. Put the plates **on** the shelf.

Days of the week and specific dates.

I was born  ${f on}$  26 October 2005. The exam will be  ${f on}$  Wednesday.

A device or machine, such as a phone or computer.

He is **on** the phone right now. My favorite movie will be **on** TV tonight.

Means of travelling. I went to school by bus.

Who made it. It is a book by Mark Twain.

Instruments / Things.

Wear this tie with yellow shirt. Why did you beat him with a stick?

Persons. He is sitting with his friends.

Among(st): In the middle of a group of people or things:

I was amongst the last students to leave the class.

15

A. From a, b, c, and d choose the correct answer:						
1. Teachers need to raise	the awareness of non-viole	ence	young people.			
a- at	b- amongst	c- through	d- on			
2. I haven't seen my friend Ali he came back from London.						
a- for	b- ago	c- since	d- yet			
3. I a documentary film on animal communication on TV recently.						
a- have watched	b- will watch	c- would watch	d- watch			
4. My brother has been working for an oil company2000.						
a- already	b- yet	c- since	d- just			
5. You require your paren	nts approval to take part	the s	school competition.			
a- with	b- in	c- of	d- by			
6. Ahmed's father was sh	akingang	er because of his so	on's low marks.			
a- with	b- at	c- for	d- by			
7. The patient was instar	tly taken to the hospital		an ambulance.			
a- with	b- through	c- amongst	d- by			
8all	the countries visited, I enj	oyed Canada the mo	ost.			
a- Of	b- At	c- By	d- On			
9. The teacher was very a	ngry stud	ents because they n	nade a lot of noise.			
a- for	b- with	c- by	d- on			
10his migra	ation to Canada, my elder b	orother has never co	me back to Kuwait.			
a- For	b- Since	c- Already	d- Yet			
11. The food you have or	dered from the restaurant l	nasn't come				
a- never	b- just	c- yet	d- already			
	ave been waiting					
a- since	b- for	c- already	d- never			
13. I always go to school	foot b	because my house is	s not far.			
a- with	b- by	c- on	d- through			
14. He has been looking	his stolen mo	bile phone for about	t two weeks.			
a- after	b- at	c- in	d- for			
15 the	time you get there the mee	ting will be over.				
a- Through	b- By	c- Amongst	d- At			
16. I have lived with my	grandparentster	n years.	A .			
a- by	b- since	c- yet	d- for			
17. I saw a terrible accident on the corner the street.						
a- of	d- against					
18. My father usually reads the newspaperthe morning.						
a- by	b- at	c- on	d- in			
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19. I need to submit my I	English project, but	I haven't finished it	
a- just	b- never	c- yet	d- since
20. Ia do	cumentary film on	animal communication	on on TV recently.
a- have watched	b- watch	c- will watc	ch d- would watch
21. Have you	consulted a dietitia	an before going on a d	liet?
a. yet	b. for	c. since	d. ever
22. Why are you so late?			
a- just	b- yet	c- ago	d- since
23. Our school was offici		1 <sup>st</sup> , Nover	
a. amongst	b. at	c. on	d. with
24. They must arrive		•	_
a. by	b. with	c. at	d. of
B. From a, b, and c, choo	se what is require	<u>ed:</u>	
1. I ( <b>not pay</b> ) the telepho a. don't pay b. haven't paid c. hasn't paid	ne bill yet.		(Correct)
b. The secretary hasn	't already submitted 't submitted the rep	eports to the manager.  If the reports to the manager a  corts to the manager a  corts to the manager years.	nnager. lready.
3. He ( <b>pass</b> ) his driving t a. passes b. passed	est recently and wa	anted to drive his fathe	er's car. (Correct)
c. has passed			
4. My brother is thirty five a. hasn't got married b. doesn't get married c. haven't got married c. haven't got married strong to the strong of the strong three strong to the strong three			0
5. I (know) Anwar since a. I knew Anwar since b. I will know Anwar s c. I have known Anwa	we were 5 years of since we were 5 years	ld. ars <mark>old</mark> .	(Correct the verb)

### <u>Unit 2: lessons 7 & 8</u>

ıy & Date:
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No.	Word		Meaning	No.	Word		Meaning
1	account	n		6	high-ranking	adj	
2	conduct	V		7	pilgrimage	V	
3	cover	V		8	relevant	adv	
4	figure	n		9	review	n	
5	ground-breaking	adj					

## Fill in the spaces with the most suitable words from the list:

(account / high-ranking / conducted / figure / pilgrimage / ground-breaking / cover)
1. It took us 3 hours to the distance from the city to the camp.
2. My uncle enjoys a /an position in the Ministry of Health.
3. Two eye-witnesses gave the police a fullabout the accident.
4. Some inventions made our lives easier and faster.
5. The company a survey to evaluate their products according to the public.
6. Muslims perform in the last month of the Islamic calendar.
Sat Dools Owerstiere
Set Book Questions
1. How can we create a peaceful society?
2. What might happen if the culture of peace doesn't exist among people?
3. What did His Highness the Amir of Kuwait Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah emphasize in the meeting of the UN General Assembly in 2008?
4. When you write a review about a book, what are the things I should include in it?
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## **Language Functions**

	- I referto			
1. preference	- I likemore than			
	- I 'd better than			
	- Can you?			
	- Could you?			
2. Request	- Will you?			
	- Would you mind?			
	- I'll be grateful if you			
	- Do you mind?			
3. Suggestion	- I suggest			
	- Why don't you?			
	- Let's			
	- How about?			
	- What about?			
	- It would be a good idea to			

## Write what you would say in the following situations:

1. A friend of yours helped you finish your assignment.
2. Your father doesn't know what to do with his old car.
3. Your mother is asking you to recommend a restaurant for traditional Kuwaiti food.
4. A friend of yours wants to know what you think of travelling abroad.
<u>Translation</u>
Translate the following sentences into good English:
سالم: تلعب الكويت دورا هاما في دعم ثقافة السلام.
عمر: تنظم الكويت العديد من المؤتمرات لنشر التسامح والاحترام بين الناس.
Salem:
Omar:
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#### **Writing**

#### Write on the following topic: (Expository)

"Culture of Peace brings people together regardless of their nationalities, religions, and cultural background."

Plan and write a report of 12 sentences (140 words), explaining the importance of culture of peace and what countries should do to further it.

#### **Outline**

Introduction:
Body Paragraph 1:
Paragraph 2:
······································
<u>Conclusion:</u>

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				Write you	r topic her	<u>·e</u>		
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	Rubrics	Outline	Exposition of ideas and	Paragraphing and number of	Spelling	Grammar	Handwriting spacing and	Total
	orice	Outillic	coherence	sentences			punctuation	
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- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

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## Reading Comprehension Read the following passage carefully, then answer the questions below:

Do you enjoy eating salsa and chips? Or maybe you like having ketchup on your fries? Then, you must like the essential ingredient in these sauces; tomatoes.

The tomato <u>originally</u> comes from South America and has been eaten by people there for thousands of years. Today, tomatoes are popular all over the world. People like having them almost in every dish they make. However, when they were first introduced, there was quite a bit of doubt and worry surrounding them.

Ancient Aztec writings mention recipes for dishes of tomatoes, peppers, and salt, probably the first salsa recipe! Spanish soldiers conquered the Aztecs and brought tomato seeds back with them to Europe. In Europe, these yellowish tomatoes were first called "apples of gold." For a long time, people in Northern Europe and North America did not eat these "apples of gold." People were afraid to eat **them** because the plant looked similar to a poisonous plant. German people even thought that if someone ate tomatoes, he or she would change into a wolf. However, by the mid-1800s, people all over the world had accepted the tomato as a good food to eat.

Nevertheless, the tomato was due for more confusion. Do you think tomatoes are a fruit or vegetable? Actually, tomatoes are a fruit. However, in the United States of America, tomatoes are a vegetable by law, In the 1800s, there was no import tax on fruit from other countries, but there was an import tax on vegetables. At that time, many tomatoes were coming from other countries into America, and American tomato farmers became worried about making a living. The government made tomatoes a vegetable by law so that non- American tomatoes would be taxed.

It is easy to tell that the tomato is really a fruit. In fact, tomatoes are similar to berries. Both have seeds inside, and both grow from the flowers of a plant. Both also have delicious flesh surrounding the seeds. Tomatoes and strawberries are actually in the same family. Can you imagine having tomato ice-cream?

#### A. From a, b, c and d, choose the correct answer:

- 1. The best title for the passage could be:
  - a. All about Tomatoes
  - b. Tomato Ice-cream
  - c. American Tomato Farmers
  - d. Flowers and Seeds

<ul> <li>2. The underlined word <u>originally</u> in the 1<sup>st</sup> paragraph means:</li> <li>a. lately</li> <li>b. rarely</li> <li>c. firstly</li> <li>d. greatly</li> </ul>
<ul> <li>3. The underlined word them in the 2<sup>nd</sup> paragraph refers to:</li> <li>a. Spanish soldiers</li> <li>b. apples of gold</li> <li>c. dishes of tomatoes, peppers and salt</li> <li>d. Aztec writings</li> </ul>
<ul> <li>4. Tomatoes are popular all over the world because people:</li> <li>a. liked the essential ingredient of chips</li> <li>b. had a bit of doubt about them</li> <li>c. thought they were poisonous</li> <li>d. like having them almost in every dish</li> </ul>
<ul><li>5. According to the passage, all the following statements are TRUE except:</li><li>a. In Europe, people called tomatoes "apples of gold".</li><li>b. Germans thought tomatoes could change a person into a wolf.</li><li>c. Some people thought tomatoes were similar to a poisonous plant.</li><li>d. Tomatoes have never been accepted as a good food to eat.</li></ul>
<ul> <li>6. The writer wrote this passage to:</li> <li>a. explain the process of growing tomatoes</li> <li>b. inform us about tomatoes</li> <li>c. tell us about the ancient Aztec writings</li> <li>d. describe the American farming law</li> </ul>
B-With reference to the passage, answer the following questions:
7. In what way did the American government help tomato farmers?
8. How are tomatoes like strawberries?
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## **Unit 3: Inspiring Architecture**

## <u>Unit 3: lessons 1 & 2</u>

Day & Date:	
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No.	Word		Meaning	No.	Word		Meaning
1	concrete	adj		8	framework	n	
2	design	n		9	geometric	adj	
3	drill	v		10	renowned	adj	
4	evoke	V		11	slightly	adv	
5	expressionist	n		12	studio	n	
6	forecourt	n		13	venue	n	
7	foundation	n					

## A. From a, b, c and d choose the correct word to complete the following sentences:

. The famous artist has changed the attic in his house into a photography						
a. foundation	b. framework	c. studio	d. forecourt			
2. The hotel is an ideal	for confer	ences and business mee	tings.			
a. influx	b. gourmand	c. studio	d. venue			
3. The witness paused.	before answ	wering the lawyer's que	stion.			
a. irresponsibly	b. richly	c. consistently	d. slightly			
4. The Avenues Mall is	for it	ts good restaurants and	coffee shops.			
a. geometric	b. concrete	c. renowned	d. public			
5. Today's biggest build	lings have solid	that resist ea	arthquakes.			
a- venues	b- studios	c- forecourts	d- foundations			
6. The photographs	strong mei	mories of our holidays i	n France.			
a- drilled	b- evoked	c- benefited	d- advocated			
Fill in the spaces with	words from the list:					
(concre	ete / forecourt / drilled/	evoked / foundation /	design)			

1. There is a large.	in front of our house where you can park your car.
2. Although this bu	ilding is very old, it has a strong
3. Builders	deep holes in the ground to put the foundation of the building.
4	is a mixture between cement, sand, small rocks and water.
5. The	of this building is so distinguished that it evokes the style of a ball.
	Set Book Questions
1 3371 1	1-11
1. Why do countrie	s build impressive buildings?

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Day & Date:
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No.	Word		Meaning	No.	Word		Meaning
1	boutique	n		4	gourmand	n	
2	brand	n		5	mainstream	adj	
3	edutainment	n		6	state-of-the-art	adj	

A.	From a	ı. b.	c and d	choose the	correct	word to	complete	the fo	ollowing	sentences:
T = 0	T I CIII M	., ~,	c alla a			11 01 0	COLLIDICE			

<ul><li>a. objective</li><li>2. There is a modern</li><li>a. gourmand</li><li>3. As a/an</li></ul>	b. framework next to the b. boutique	c. edutainment bakery where you c. brand food made of unus	educational and entertaining. d. boutique can find fashionable clothes. d. boutique ual and rare ingredients. d. brand
	Set Bo	ook Questions	
<u> </u>	it described as monume		
	nply a shopping center; it		· ·
3. How is the 360° SI	nopping Centre in Kuwa	ait considered educ	eational?
Translate the follow	ing sentences into goo	<u>inslation</u> d English:	
		وأذهب للسينما لمشاهدة	علي: أحب زيارة مجمع360 لكي أتسوق ناصر: أوافقك الرأي, مجمع 360 يستقبل
Naser:			
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#### **Unit 3: lessons 4 & 5**

Day & Date:	
-------------	--

No.	Word		Meaning	No.	Word		Meaning
1	chic	adj		6	spacious	adj	
2	governmental	adj		7	state	adj	
3	modernistic	adj		8	sturdy	adj	
4	public	adj		9	substantial	adj	
5	residential	adj					

#### Fill in the spaces with these words:

#### (spacious - chic- residential - sturdy - modernistic - public)

- 1- The National Assembly building is a ......one. It's so fashionable and stylish.
- 2- Driving fast in .....areas is not allowed .
- 2- Your wedding suit is very ......and expensive .
- 4- The Pyramids of Giza are so ...... They were built to last forever.
- 5- My family lives in a/an..... house in Doha. Its area is over 600 square metres.

#### **Grammar**

#### **Comparative and Superlative Adjectives: (Adjective Degrees)**

#### 1- Regular Adjectives:

	adjective	comparative degree	superlative degree
	- tall	- taller than	- the tallest
short	- nice	- nicer than	- the nicest
sh	- sad	- sadder than	- the saddest
	- busy	- busier than	- the busiest
5.0	- important	- more / less important than	- the most / least important
long	- expensive	- more / less expensive than	- the most / least expensive

#### **2- Irregular Adjectives:**

adjective	comparative degree	superlative degree
good	better than	the best
bad	worse than	the worst
far	farther / further than	the farthest /furthest

#### **Note:**

We can use the structure [(not) as+ adjective + as] for comparing

Peter is (not) as old as me.

#### **Compound adjectives:**

A compound adjective is formed when two or more adjectives work together to modify the same noun. These terms should be hyphenated to avoid confusion.

A street of two kilometers A two-kilometre street

A car with four wheels A four-wheel car

#### Adjectives ending in '-ed' and '-ing'

- 1- Adjectives that end in -ed generally describe emotions they tell us how people feel. I was so **bored** in that lesson, I almost fell asleep. She was really **tired** and went to bed early.
- 2- Adjectives that end in -ing generally describe the thing that causes the emotion. I could listen to her for hours. She's so **interesting**. I can't sleep! That noise is really **annoying**!

#### A. From a, b, c, and d choose the correct answer:

1. This room is	than any other ro	om in the hotel.	
a- more spacious	b- spacious	c- the most spacious	d- most spacious
2. My grandfather l	lives in a big house. It is	one in	the neighbourhood.
	b. larger		
3. I think Mercedes	Benz is	car in the world.	
a- the most lux	urious b- luxurious	c- most luxurious	d- more luxurious
4. This is	storybook I have 6	ever read.	
a- the most excite	ed b- more excited than	c- the most exciting	d- more exciting than
5. I always do exerc	cises. That's why I'm	than my sister.	
a. fit		c. the fittest d.	fittest
6. It is	to email each custom	ner than to write letters.	
a. the easiest	b. easy	c. easier d.	easiest
7. This sofa is even	than the	old one.	
a. comfortable	b. more comfortable	c. as comfortable d.	the most comfortable
8. That girl got the	first prize because she is	student in	my class.
	b. the smarter		
9. This is the	car I have eve	er seen. I'm sure it's so	expensive.
	b. most comfortable		
	acation wasor		
a. good	b. better s that Mercedes are	c. best	d. the best
11. My father think	s that Mercedes are	comfortable cars	in the world.
a. the most	b. more	c. most	d. than
1	166 -11	1 - 1 - /	}
971	UDIXITIPES	man per (	Om

12. In my opinion, diving is one of	ous ated
B. From a, b, and c, choose what is required:  1. My mother prepared a dinner with three courses.  a. My mother prepared a three-courses dinner.  b. My mother prepared a three-course dinner.  c. My mother prepared a three-course dinners.	es)
<ul> <li>2. He handed me a report of ten pages.</li> <li>a. He handed me a ten-page report.</li> <li>b. He handed me a ten-pages report.</li> <li>c. He handed me ten-page report.</li> </ul>	ve)
3. My nephew seems to be (excited) child at the party.  a. My nephew seems to be more excited child at the party.  b. My nephew seems to be most excited child at the party.  c. My nephew seems to be the most excited child at the party.	<b>'e</b> )
<ul> <li>4. The National Library building is (amazed) from inside.</li> <li>a. The National Library building is amazing from inside.</li> <li>b. The National Library building is amazed from inside.</li> <li>c. The National Library building is amazingly from inside.</li> </ul>	ive)
5. The children loved his lessons because he is a very (interested) teacher.	
a. The children loved his lessons because he is a very interesting teacher. b. The children loved his lessons because he is a very interested teacher. c. The children loved his lessons because he is a very interest teacher.	<i>(</i> e)
6. I am staying in a hotel with four stars.  a. I am staying in a four-stars hotel.  b. I am staying in a four-star hotel.  c. I am staying in four-stars hotels.	es)
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Unit	3:	lessons	7	&	8
------	----	---------	---	---	---

No.	Word		Meaning	No.	Word		Meaning
1	advocate	V		6	influx	n	
2	apprehensive	adj		7	objective	n	
3	benefit	v		8	profitable	adj	
4	council	n		9	voice	V	
5	detrimental	adj					

A. From a, b, c and	d d choose the correct	word to complete the	following sentences:
	king scented soap was f		
a- profitable	b- apprehensive	c- detrimental	d- residential
2. The	of refugees from	African countries is in	creasing.
a. council	b. objective	c. studio	d. influx
3. The main	of this meeting	_	<del>-</del>
a. influx		c. objective	
	es must have		e environment.
_	b. apprehensive		d. detrimental
5. The long delay in	n my flight had made mo	e quite	••••
a. spacious	b. apprehensive	c. sturdy	d. public
	Set B	<b>Sook Questions</b>	
	ntages of building a new a		
2. Some people migh	t be afraid of building a n	ew airport in Al wafra. D	
	<u>La</u>	nguage Functions	
	ay in the following situ you about the colour you		
2. You want to pers	uade your father to buy	you a motorbike.	
3. Your friend is ab	sent for two days now,		
4. Your mother bou	ght a sofa, and she does	n't know where to put	it.
5. Your father asks	you about your decision	for joining the army.	

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### **Writing**

#### Write on the following topic: (Expository)

Architecture is the art and science of designing and making buildings. Civilizations are remembered by famous buildings.

Plan and write a report (12 sentences- 140 words) talking about the reasons for buildings and the changes in buildings' materials over time.

#### **Outline**

Introduction:
Body Paragraph 1:
Paragraph 2:
Conclusion:
Little 130 loon Com

				Write you	r topic her	<u>e</u>		
			••••••	• • • • • • • • • • • • • • • • • • • •		• • • • • • • • • • • • • • • • • • • •		
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	Rı		Exposition of	Paragraphing	Spelling	Grammar	Handwriting	Total
	Rubrics	Outline	ideas and coherence	and number of sentences			spacing and punctuation	
	S	20	40	10	10	10	10	100
			disdo	4571		i (	)	

- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

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#### **Summary Making**

#### - Read the following passage, then do as required:

Many people catch a cold in the springtime. When a virus attacks your body, your body works hard to get rid of it. Blood rushes to your nose and brings congestion with it. You feel terrible because you can't breathe well, but your body is actually "eating" the virus. Your temperature rises and you get a fever, but the heat of your body is killing the virus. You also have a runny nose to stop the virus from getting to your cells. The immune system in your body attacks any foreign invaders such as viruses. You may feel unhappy, but actually your wonderful body is doing everything that can kill the cold.

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the previous

<u>pa</u>	ssage in an answer	to the following qu	<u>uestion:</u> (4X15=60 M	Iarks)	
	I	How does the huma	n body get rid of viru	ises?	
• • •					• • • • • • • • • • • • • • • • • • • •
• • •					• • • • • • • • • • • • • • • • • • • •
• • •	• • • • • • • • • • • • • • • • • • • •		• • • • • • • • • • • • • • • • • • • •		• • • • • • • • • • • • • • • • • • • •
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	of ideas	T drupinusing	grammar	Format	10141
	30	20	5	5	60
	م.	السياح من كل أنحاء العال	مباني المشهورة التي تجذب	ك الكويت العديد من ال	سالم: تمتلا
	ي ذلك.	ويت هي بعض الأمثلة عل	ئمة ومجمع 360 و أبراج الك	ك الرأى. إن مجلس الأ	فهد: أوافقا
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## Focus on: Traditional Dress in Kuwait

## **Set Book Questions**

1. Why do most	Kuwaitis prefer tra	ditional dress?				
	Grammar Paired Conjunctions					
Paired conjunction	ons are often used	in both spoken and writte	en English to make a point,			
give an explanati	ion, or discuss alte	ernatives. Their structure	is strict! The most common			
	ons include: ( <u>both</u>	<u>and, eitheror, neithe</u>	ernor, not onlybut also)			
For example:						
		<b>nd</b> Khalid are in the class				
'		teacher or the students ar				
` ′		e students <b>nor</b> the teacher				
(not only / but a			ion <b>but</b> she <b>also</b> acts in movies.			
	- Not only do	oes she write plays <b>but</b> sh	e also acts in movies.			
A TO 1		. 14	41 6 11			
		_	te the following sentences:			
a. Neither	b. Both	c. Either	a successful businessman.			
		the cheesecake.	d. Not only			
			dand			
a. or		c. nor fast as the red one.	d. and			
	b. that		d. both			
<ul><li>a. as</li><li>4. She is both inte</li></ul>	- · · · · · · · · · · · · · · · · · · ·	c. to	d. botti			
	b. and	c. but	d. nor			
			direct human interaction.			
	b. Neither	c. Both				
B. From a, b, and	c, choose what is	required:				
1. The athlete not	only won the race	but he also broke the wo	orld record as well.			
			(Begin with Not only	y)		
a. Not only the	athlete won the ra	ace but he also broke the	world record as well.			
b. Not only did	the athlete win th	e race but he also broke t	he world record as well.			
c. Not only did	the athlete won th	ne race but he also broke t	the world record as well.			
1	7		2 Aul			
2. The employees	not only come ea	rly to work, but they also	work hard.			
a. Not only the	employees come	early to wor <mark>k, but they al</mark>	so w <mark>ork</mark> hard.			
b. Not only did	the employees co	me early to work, but the	y also work hard.			
c. Not only do	the employees cor	ne e <mark>arly to w</mark> ork, but t <mark>he</mark> y	also work hard.			
4	UWQit	1/00/33/10/	-(Om			

Grade 10		Scholastic Year: 2022-2023	
	First Period Q	uiz (60 Marks)	
Name:		Class:10 /	50
	I. VOCABULA	RY (20 marks)	
Choose the most su	itable answers from a, b	<u>, c and d:</u> (4x5=20 m)	20
1. Plants are importa a. conduct	nt because they <b>b. neutralise</b>	carbon dioxide and give off oxygen.  c. absorb d. master	
2. The <b>a. wholesome</b>	and fantastic design of <b>b. geometric</b>	f the king's palace astonished everyor  c. grilled d. probiotic	
	much to further the culture	e of peace and among a	11
people. <b>a. tolerance</b>	b. figure	c. foundation d. stimulan	ıt
a. renowned	b. interfaith	food during theprocess  c. inspirational d. digestive  R (10 marks)	
	n. GRAMINIA	(10 marks)	
Do as required be	tween brackets:	(2x5=10 m)	10
<ul><li>a. big diamond v</li><li>b. wonderful big</li><li>c. wonderful dia</li></ul> <ul><li>6. He (pass) his dri</li><li>a. passes</li></ul>	diamond mond big	ring. (Reorder the adjectives)  attended to drive his father's car. (Cor	
b. passed c. has passed	199/		

#### Write on the following topic:

**30** 

"You are what you eat" A healthy nutrition has an effect on the immune system. Write **a report** (**6 sentences-70 words**) explaining how the impact of proper nutrition can lead to a healthy life.

<u>Outline</u>
(Write your topic here)

## **Unit 4: Computer Games**

### <u>Unit 4: lessons 1 & 2</u>

Day	&	Date:							
-----	---	-------	--	--	--	--	--	--	--

No.	Word		Meaning	No.	Word		Meaning
1	anti-reflective	adj		9	naturalistic	adj	
2	Artificial Intelligence (AI)	n		10	perception	n	
3	compete	V		11	rival	adj	
4	competitive	adj		12	sensor	n	
5	console	n		13	simulate	V	
6	convoluted	adj		14	speech recognition	n	
7	discourse	n		15	visual effects	n	
8	employ	V		16	wizard	n	

#### A. From a, b, c and d choose the correct word to complete the following sentences:

1. The	of the new film are really	amazing and realistic.	
a. visual effects	b. sensor	c. speech recognition	d. wizard
2. The new hospital in	our area will	many doctors and n	urses.
a. employ	b. simulate	c. compete	d. drill
3. When you write an	essay make sure to avoid l	ong paragraphs and	sentence
a. naturalistic	b. anti-reflective	c. convoluted d. d.	competitive
4. Our company hired	a computerto prev	ent hackers from breaking i	nto our files.
a. console	b. sensor	c. perception	d. wizard
5. To practise for their	drivers' exams, students u	se a computer to	various
driving condition	s and situations.		
a. employ	b. simulate	c. compete	d. evoke
6. Our new TV system	has asoftwa	are to figure out voice order	rs from users.
a. visual effects	b. perception	c. speech recognition	d. wizard
7. The security device	has a heat	which detects the presence of	of people.
a - sensor	b- mode	c- joystick	d- wizard
		A CONTRACTOR OF THE CONTRACTOR	

Fill in the spaces with the most suitable words from the list:  (naturalistic / console / competitive / discourse / compete / perceptions )
<ol> <li>Artists paint their portraits to convert their ideas into</li></ol>
healthy relationship.  5. The zoo is a/an environment of rare animals similar to the original habitat.
Set Book Questions
1. How will future computer games be different from the ones we are playing now?
2. What are the bad effects that computer games have on young people?
3. Why don't parents want their children to spend too much time playing computer or video games?
4. How can computer companies make computer games more attractive?
5. What positive effects can playing computer games have on young people?
Translate these sentences into good English:  خالد: يتنبأ خبراء التكنولوجيا بأن ألعاب الكمبيوتر في المستقبل سوف تبدو أكثر واقعية وأكثر طبيعية.
Khalid:
أحمد: نعم فالذكاء الصناعي سوف يتطور كثيرا. Ahmad:
Asumait leas her Com

#### Unit 4: lessons 4 & 5

Day	&	Date:								
-----	---	-------	--	--	--	--	--	--	--	--

No.	Word		Meaning	No.	Word		Meaning
1	analogue	adj		4	hold button	n	
2	computer- friendly	adj		5	touchscreen	n	
3	drive	n		6	wireless	adj	

#### Fill in the spaces with words from the list below:

(wireless / hold button / computer-friendly / touchscreen / analogue / drive)

- 1. Mobile companies replaced the old style of buttons with a sensitive ......
- 2. Digital watches differ from ......watches by the way that they display the time.
- 3. I need a high speed ......network to transfer the data from my old mobile to the new one.
- 4. You need a CD/DVD ...... to burn the information on the CD.
- 5. To receive another call you should press the ...... instead of keeping the caller waiting.

#### **Talking about the future - The future forms:**

**1- The will future form**: (will/won't + infinitive)

(future predictions)

- Greece will win the next World Cup.

## **Note 1:**

We can use **expect**, **think** or **predict** (that) with the will future form:

- I **expect/ think/ predict** (that) it'll be sunny tomorrow.

### **Note 2:**

We can use **definitely**, **probably** or **possibly** to show how likely something is.

- Laptop computers will **definitely** get cheaper.

### **Note 3:**

We can also use may instead of will if we are not sure about a prediction:

- It may be sunny tomorrow.

**2- The going to future form**: (be going to + infinitive) (future plans and intentions)

- I'm going to start my own business next year.

## 3- Present continuous with future meaning:

(future arrangements)

We use the present continuous for future arrangements we have already made.

- I'm seeing the doctor tomorrow morning at 10.30.

# The correlative comparative: "the more..."

The correlative comparative is a paired construction. It expresses that two things vary together. Each part is syntactically alike. A comma separates the two clauses.

- The more I study, the more I want to learn.
- The higher you climb, the colder it gets.
- The sooner they go, the better it is.

### A. From a, b, c, and d, choose the correct answer:

1. I	a universit	y in London next month.	
a. join	b. joined	c. have joined	d. am joining
2. We predict that pre	oduction	soon after the mai	ntenance of machines.
a. will start	b. started	c. starting	d. would start
3. My mother believe	es that I	a famous in	nventor in the future.
a. am	b. will be	c. was	d. have been
4. The interview	place tomor	rrow morning in the main	office of the company.
a. has taken	b. was taking	c. is taking	d. took
5. The weather forec	ast predicts that it	this wo	eek.
a. doesn't rain	b. hasn't rained	c. won't rain	d. wouldn't rain
6. Who	to watch the	match on TV tonight?	
a. goes	b. is going	c. has gone	d. went
		next month to join univer	
a. travel	b. travelled	c. have travelled	d. am travelling
8. My father	to	o start a new business nex	t year.
a. is going	b. goes	c. has gone	d. went
9. The less fat you co	onsume, the	you ge	t.
a. healthier	b. healthy	c. healthiestimagination I g	d. the healthiest
10. The more stories	I read, the	imagination I g	et.
a. good	b. better	c. best	d. the best
11. The more carboh	ydrates you take, th	e	you get.
a. fatter	b. fat	c. fattest	d. the fattest
		information y	
customs and believed	efs.		
a. more	b. most	c. muchmuscles y	d. the most
13. The more sports	you play, the	muscles	you build.
		c. strongest	
14. The higher you p	ursue your studies,	thechances you	have for a well-paid job.
a. wider	b. widest	c. wide	d. the widest
15. The more options	s you ask to include	in your computer, the	it becomes.
a. expensive	b. more expensive	c. most expensive	d. the most expensive
41	wait/	29/ppr(	Om

a. famous	you export to other country b. the most famous resources we save, the b. the least	c. most famousmon	d. more famous
B. From a, b, and	c , choose what is requir	ed:	
<ul><li>1. He always comes</li><li>a. hired</li><li>b. will hire</li><li>c. has hired</li></ul>	late to the office, I expect	that he (hire) a car nex	t time. (Correct)
<ul><li>2. The sooner we lea</li><li>a. as earlier as</li><li>b. earliest</li><li>c. earlier</li></ul>	ive, the <b>(early</b> ) we will ge	t there.	(Correct)
<ul><li>a. My friend was g</li><li>b. My friend is go</li></ul>	win the contest next time. going to win the contest next ing to win the contest next to win the contest next time.	ext time.	forrect the verb)
<ul><li>a. The more comp</li><li>b. The more comp</li></ul>	er games you play, the outer games you play, you outer games you play, the pouter games you play, the	will have more experie more experience you ge	ence.
b. The more exerc	e you take,ise you become ise you take, you become ise you take, the more ene	more energetic.	(Complete)
a. What does the ab. Who has finished		100	(Ask a question)
<ul><li>a. The manager do</li><li>b. The manager di</li></ul>	ects that salaries will incre besn't expect that salaries will idn't expect that salaries will n't expecting that salaries	will increase in the next will increase in the next	years.
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# **Unit 4: lessons 7 & 8**

Day & Date:.		
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No.	Word		Meaning	No.	Word		Meaning
1	arcade	n		6	exclusive	adj	
2	bonus	adj		7	helpline	n	
3	breathtaking	adj		8	joystick	n	
4	built-in	adj		9	keypad	n	
5	caller	n		10	mode	n	

A. From a, b, c and d choo	ose the correct wo	ord to complete the f	following sentences:
1. The new game character			
better control of the mov	ements of the chara	icters.	
a. helpline	b. joystick	c. caller	d. mode
2. New tablets are provided	with separable	to help users move	easily while using them.
a. modes	b. keypads	c. helplines	d. callers
3. The safari journeys are		adventures because a	animals move around the
cars without restraints.			
<ul><li>a. breathtaking</li><li>4. I asked the designer to m</li></ul>	b. built-in	c. bonus	d. wireless
4. I asked the designer to m	ake my clothes cab	inets	into the walls to save
space in my room.			
<ul><li>a. bonus</li><li>5. The employee received a</li></ul>	b. built-in	c. breathtaking	d. wireless
5. The employee received a	/ an	payment instead	of a salary increase.
a. built-in			
6. Your password gives you			
<ul><li>a. breathtaking</li><li>7. Most tele-communication</li></ul>	n companies offer a	ıserv	ice around the clock.
a. helpline			
	<u>Languag</u>	<u>ge Functions</u>	
Write what you would cay	, in the following s	ituations:	
1. Your brother doesn't kno			mes
		/	
2. Scientists believe that if			
3. Your friend spends too m			
6027007	71 71 -		
4. A friend of yours wants t	o know how you ha	ave applied for a univ	versity.
5. The teacher asked you ab	out your plans afte	r finishing your high	school.
	· · · · · · · · · · · · · · · · · · ·		<u></u>
124	- ,	1 , 7	·

#### **Writing**

### write on the following topic: (Expository)

"My parents said that sitting at home playing computer games all day won't bring you anywhere in life unless you do it less."

Plan and write an expository essay of **not less than 12 sentences** (**140 words**) stating **the positive and the negative effects of computer games on teens' life.** 

NB: (Your writing should include an introduction, two-body paragraphs and a conclusion)

<u>Outline</u>
<u>Introduction:</u>
D a J
Body:
Paragraph 1:
Paragraph 2:
Conclusion:

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			Write you	r topic her	<u>e</u>		
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orics		coherence	sentences			punctuation	
	20	40	10	10	10	10	100
		ALA.	// //		10		

- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

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#### **Reading Comprehension**

#### Read the following passage carefully, then answer the questions below:

Buying things today is so simple. Just enter a shop, like a book store, choose the desired book and pay for it. Long ago, before the invention of money, how did people trade?

The oldest and most **primitive** way of exchange should be the barter trade. By this way, People used goods to exchange for the things that they wanted to buy. For instance, if person (A) wanted a book and he had a spare goat, he must look for someone who had the exact opposite, that someone, say person (B), must have a spare book of person (A's) choice and is also in need of a goat. Having found such a person, the problem does not end here. A big goat may worth not only one book, hence person (B) may have to offer person (A) something else, say five chickens. However, he runs the risk of person (A) rejecting the offer as he may not need the chickens. The above example clearly shows the inefficiency of barter trading.

Many years later, the barter trade finally gave way to the money form of exchange when the idea of money was invented. In the early days, almost anything could be used as money: beads, shells and even fishing hooks. Then in an area near Turkey, gold coins were used as money.

Money at first beat the traditional barter trade. However, as time went by, the thought of carrying a huge bag of coins for shopping appeared not only troublesome but thieves attracting. Hence, the Greek and Roman traders, who bought goods from people in faraway cities, invented cheques to solve the problem. Not only are paper cheques easy to carry around, **they** discouraged robbery as these cheques can only be used by the person whose name is printed on them. Following this idea, banks later issued notes in exchange for gold deposited with them. These bank notes can then be used as cash. Finally, governments of today adopted the idea and began to print paper money, backed by gold for the country's use.

Today, besides enjoying the convenience of using paper notes as the mode of exchange, technology has led man to invent other vital means of transaction like cash and credit cards.

# A. From a, b, c and d, choose the correct answer:

- 1- The best title for this passage is:
  - a- Greeks and Roman Traders
  - b- The Invention of Money
  - c- The History of Paper Notes
  - d- The New Means of Transaction

2- The <b>OPPOSITE</b> of the underlined word " <b>primitive</b> " in paragraph (2) is:
a- important
b- basic
c- easy
d- modern
3- What does the underlined word " <b>they</b> " in paragraph ( <b>4</b> ) refer to?
a- traders
b- goods
c- cities
d- cheques
4- What can be understood from paragraph (2)?
a- How barter trade worked.
b- How money was invented.
c- How gold coins were exchanged.
d- How technology changed money.
a 110 W teemstogy enanged money.
5- According to the passage, which of the following sentences is <b>NOT</b> true?
a- Buying things today is difficult.
b- People used goods to trade.
c- Barter trading was not successful.
d- Governments print paper money.
6- The writer's main purpose in writing this passage is to:
a- talk about buying things.
b- illustrate how goods are sold.
c- explain the transition of money.
d- describe how banks issue notes.
u- describe now banks issue notes.
B-With reference to the passage, answer the following questions:
7- Why did paper cheques discourage robbery?
8- What do buying and selling things depend mainly on nowadays?
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# **Unit 5: Sports Psychology**

### **Unit 5: lessons 1 & 2**

Day &	Date:
,	2000

No.	Word		Meaning	No.	Word		Meaning
1	able-bodied	adj		7	phenomenon	n	
2	adversity	n		8	physiotherapy	n	
3	equestrian	adj		9	rehabilitation	n	
4	neurologist	n		10	self-discipline	n	
5	observe	v		11	virtue	n	
6	Paralympics	n					

## Fill in the spaces with the most suitable words from the list:

(phenomenon / observe / virtues / equestrian / physiotherapy / able-bodied /neurologist / adversities / Paralympics / rehabilitation)

1.	The are a multi-sport event for athletes with physical and mental disabilities.
2.	The player received a long after the match he was hurt in.
3.	This gym can be used by both and disabled people; it is well equipped.
4.	Alongside my dairy farm, I run a/an centre to teach people horse riding.
5.	Scientiststhe world, describe it, and find the best ways for us to live.
6.	A rainbow is a natural in which we can see different colours in the sky.
	A strong-willed man will never stop when he faces
8.	Teachings of Islam encourages manysuch as honesty and tolerance.
	Many patients need continuing care, follow up or after surgeries.
	Set Book Questions
1-	Why are the Paralympics important to the disabled?
2-	What skills are important to athletes, whatever their abilities are?
3-	What did Kuwait do to help the disabled?
4-	What facilities can be found in the Kuwait Disabled Sports Club?
5-	The Kuwait Disabled Sport Club is important to the disabled. Discuss.
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# <u>Unit 5: lessons 4 & 5</u>

No.	Word		Meaning	No.	Word		Meaning
1	aggression	n		7	motivation	n	
2	determination	n		8	opponent	n	
3	extrovert	n		9	sportsmanship	n	
4	feedback	n		10	stimulation	n	
5	introvert	n		11	teammate	n	
6	mentality	n					

## Fill in the spaces with words from the list below:

(mentality / aggression / determination / extrovert / teammate / motivation / sportsmanship / opponent)

1. This team is very famous for their fair play and good
2. There seems to be a lack of among the staff; they don't work well.
3. The boxer won the gold medal after knocking down his with a single blow.
4. I cannot understand the of the people who hurt weak and helpless animals.
5. We need more from consumers in order to improve our products.
6. My eldest brother is a/an while the youngest one is shy and quiet.
7. My father is a man of; he never quits or loses hope in what he is doing.
8. Violence on television can encourage in children.
Set Peek Questions
Set Book Questions
1- The psychological factors affect sportspeople (athletes). Explain.
2- How can your personality affect your choice of a sport if you are an extrovert?
3- What are the pressures of being a world champion?

#### **Asking Wh-Questions:**

Who (persons)	Ali speaks English fluently. Who speaks English flue		
Whom (persons)	Khalid met <b>the manager</b> yesterday	<b>Whom</b> did Khalid meet yesterday?	
What (things)	I found <u>a wallet</u> in the street.	What did you find in the street?	
When (time)	I go to work <b>tomorrow</b> .	When do you go to work?	
Where (place)	He lives <b>in Kuwait City</b> ?	Where does he live?	
Why (reason)	I study hard <b>to pass my exams</b> .	Why do you study hard?	
Which (choice)	Ali will buy <b>the new</b> car.	Which car will Ali buy?	
Whose (possession)	Salem lost Ali's keys.	Whose keys did Salem lose?	
How (manner)	He plays the piano <b>beautifully</b> .	<b>How</b> does he play the piano?	
How many	The police arrested <b>three</b> men.		
(countable nouns)	<b>How many</b> men did the police ar	rest?	
How much	Ali lost <u>20 dinars</u> yesterday.		
(uncountable nouns)	How much (money) did Ali lose yesterday?		
How often (frequency)	Ali goes to the gym once a week.	How often does Ali go to the gym?	
How long (duration)	The concert will last for 50 minutes	<b>How long</b> will the concert last?	

## Modal Verbs: (can, could, should, would)

- 1- We use *can / can't* +infinitive to talk about general abilities and inabilities in the present.
- I can run 100 meters in 12 seconds.
- I can't drive.
- 2- We use *could / couldn't* +infinitive to talk about general abilities and inabilities in the pas
  - I could swim when I was four years old.
  - I couldn't swim until I was nearly nine years old.
- 3- **Should** and **would** are used with other verbs to add various meanings, mostly degrees of certainty and obligation:
- You should visit your grandparents to do with more often.
- I would accompany you under other circumstances.

## **Giving instructions (Imperatives):**

- The base form of the verb is also the imperative form: Have a nice day./ Phone me later. / Shut the door, please. / Be quiet!
- The negative imperative is don't + base form:

  Don't be late. / Don't forget to send me a postcard. / Don't tell anyone!

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Question tags are short questions we add to the end of statements.

- The verb in the question tag relates to the verb in the statement: *Your name is Ahmed, isn't it?*
- The pronoun in the question tag relates to the subject of the statement: You don't live here, do you?

  Ahmed lives here, doesn't he?
- If the statement is affirmative, the question tag is negative: We are playing football after school, aren't we?
- If the statement is negative, the question tag is affirmative: *She won't be happy, will she?*

#### Note:

- Stop talking, will you/ won't you / would you?
- Don't stop singing, will you?
- I'm the fastest, aren't I?
- Let's play tennis, shall we?

#### Note:

Scarcely, hardly, barely, rarely, seldom, never, impossible, few, little, no, neither, none, nothing and nobody are negative words.

- You've never been to London, have you?

## From a, b, c or d choose the correct the answer:

1-	Would you mind telling	me	you go to school? -	By bus.
	a- when	b- where	c- why	d- how
2-	I have to go to the bank.	d	loes it open?	
	a- How much	b- How many	c- When	d- Where
3-	are you w	vearing that heavy o	coat? Can't you see or feel	the burning sun?
	a- Where	b- When	c- How	d- Why
4-	My little brother is a great	at tennis player; he	win any match	easily.
	a- can	b- should	c- can't	d- wouldn't
5-	you like anotl	ner cup of coffee? I	think you loved the first of	one.
	a- Should	b- Could	c- Would	d- Can
6-	If you go to Egypt, you.	visit the	Pyramids; it's awesome to	stand beside them.
	a- would	b- wouldn't	c- should	d- shouldn't
	/ / /			

7- You talk loudly in the library, or you will be required to leave.				
a- should	b- shouldn't	c- would	d- wouldn't	
8- I speak English when I was 12, but now, I'm as good as a British person.				
a- can't	b- couldn't	c- should	d- shouldn't	
9- My little sister	ride a horse at	the age of eight.		
a- can	b- can't	c- could	d- should	
10- I'm afraid I	come to your party.	I will be too busy studyin	g for my exams.	
a- wouldn't	b- couldn't	c- can't	d- shouldn't	
11- Please, se	eated until the seatb	elt sign is off.		
a- remaining	b- remained	c- remain	d- remains	
12	yourself a point for	each right answer.		
a- Giving	b- Gave	c- Give	d- Gives	
13 the fir	st train in the morni	ing.		
a- Catching	b- Caught	c- Catch	d- Catches	
14year	rs does a man need t	to speak English fluently?		
a. How much	b. Where	c. When	d. How many	
15much	food is enough for t	fifteen people invited for o	linner?	
a. Who	b. Where	c. How	d. What	
16- The repair of the comp	outer costs about KI	) 25,	?	
a. did it	b. is it	b. didn't it	d. doesn't it	
17i	ndoor sport do you j	prefer, table tennis or bow	ling?	
a. Who	b. Which	c. Where	d. When	
18- He used to stay up late	<u>,</u>	?		
a. wouldn't he	b. hadn't he	c. wasn't he	d. didn't he	
19- Call me as soon as possible,?				
a. do you	b. can you	c. aren't you	d. would you	
20- Iplay foo	otball professionally	when I was 17 years old.		
a. couldn't	b. should	c. could	d. can	
21girl	succeeded in the in	terview?		
a. Where	b. When	c. Who	d. Which	
22- Don't wait for him any	more,	?		
a. don't you	b. will you	c. didn't you	d. doesn't he	
23- Ianswe	r all the questions ir		ar.	
a. shouldn't	b. could	c. can	d. wouldn't	
24did	you stay during you	r last holiday?	N/	
a. Where	b. When	c. Who	d. Which	
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25- Due to the bad weath	her forecast, we	go climbir	ng tomorrow.	
a. would	b. should	c. can't	d. couldn't	
26- You will buy a new	laptop,	?		
a. aren't you	b. don't you	c. won't you	d. haven't you	
27- You aren't available	tomorrow,	?		
a. are you	b. were you	c. will you	d. do you	
28- Your brother studies	banking and marketing a	broad,	?	
a. doesn't he	b. won't he	c. didn't he	d. isn't he	
29- He's been running fa	ast to catch the bus,	?		
a. is he	b. hasn't he	b. isn't he	d. has he	
30- She never goes out v	with her dog,	?		
a. does she	b. doesn't she	b. hasn't she	d. has she	
From a, b and c, choose	e the correct answer as r	required:		
1- I arrived there at abou	ıt 12 o'clock.		(Ask a question)	
a- Where did you ar	rive there?		<u>-</u>	
b- When did you arr				
c- How much did yo				
•				
2- First, filling in the for	m and wait till they call y	ou inside.	(Correct)	
a- First, fills in the form and wait till they call you inside.				
	rm and wait till they call y	•		
	form and wait till they cal			
c Thus, inica in the	Torin and wait till they can	i you ilistae.		
3- My dad visits my gran	ndnarents once a week		(Ask a question)	
	ir dad visit your grandpare	ente?	(Ask a question)	
<del>-</del>	our dad visit your grandpa			
C- How lai do your da	ad visit your grandparents	<u>'</u>		
4- He has found an old b	and in the room	1	(Ask a question)	
			(Ask a question)	
a. Where has he found				
b. Where he has found	7 1		^	
c. What has he found	an old book?	5 11	0	
	MAUI 6		Add	
	rd to please his customers.		(Ask a question)	
a. How does that wait				
b. Why that waiter wo				
c. Why does that wait		10/	1-	
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(Ask a question) 6- This car cost me 4500 dinars. a. How much this car cost you? b. How many did this car cost you? c. How much did this car cost you? 7- It will take 2 hours to get to the borders. (Ask a question) a. How many will it take to get to the borders? b. How long it will take to get to the borders? c. How long will it take to get to the borders? (Ask a question) 8- My friend can design websites. a. Where can your friend design? b. When can your friend design? c. What can your friend design? 9- The world cup competition will start on 23<sup>rd</sup> June. (Ask a question) a. What will the world cup competition start? b. When will the world cup competition start? c. How will the world cup competition start? 10- Tell him your secret. (Make negative) a. Don't tell him your secret. b. Didn't tell him your secret. c. Doesn't tell him your secret. 11- The exam results were given out two days ago, ......? (Add a question tag) a. didn't they? b. were they? c. weren't they? 12- I invited 12 persons to attend the family gathering. (Ask a question) a. How many persons did you invite to attend the family gathering? b. How much persons did you invite to attend the family gathering? c. How long persons did you invite to attend the family gathering?

Day &	Date:
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No.	Word		Meaning	No.	Word		Meaning
1	application	n		4	member	n	
2	badminton	n		5	sauna	n	
3	gymnastics	n		6	solarium	n	

# Fill in the spaces with the suitable words from the list below:

(g	ymnastics /	' member /	/ badminton /	application /	/ solarium /	' sauna
(8	y IIIIIastics /		vaummuu /	application /	Solai lulli /	Sauna

(gymnastics / member / badminton / application / solarium / sauna)
1- If there is not a lot of sunshine in a place, one can get a tan in a
<b>Language Functions</b>
Write what you would say in the following situations:
1- A man asks you about how he can reach the bank.
2- Your brother thinks that the new environmental law will reduce air pollution.
3- One of your relatives helped you with your homework.
4- The teacher wants to know why you want to postpone the quiz for next week.
5- Your brother does not want to live in the city and wants to move to the countryside.
Translate the following into good English:  المها المعاقين أول دولة في الخليج تطور ناديا رياضيا خاصا للمعاقين.  المها النادي بالتأهيل البدني و النفسي و الاجتماعي لأعضائه.
Owner

## **Writing**

#### Write on the following topic: (Expository)

The importance that our society attaches to sport is incredible. Sports build character and teach a lot about life.

Plan and write an essay of 12 sentences (140 words) explaining the positive effects of sports on people and the role of society to encourage people to practise and take part in sports.

**NB:** (Your writing should include an introduction, two-body paragraphs and a conclusion)

## **Outline**

Introduction:
<b>Body</b>
Paragraph (1)
Paragraph (2)
Conclusion:

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			Write you	r topic her	<u>re</u>		
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Rut	Outline	Exposition of ideas and	Paragraphing and number of	Spelling	Grammar	Handwriting spacing and	Total
Rubrics		coherence	sentences	10	10	punctuation	100
	20	40	10	10	10	10	100

- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

### **Summary Making**

#### Read the following passage, then do as required:

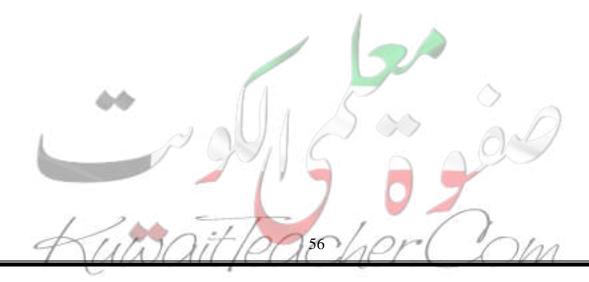
Teachers have special relationships with nearly each and every one of their students. A teacher's primary goal is to teach students the things that are in the textbooks and more important, how to show respect to each other. They teach students how to live a better life by getting along with everyone. In order to do that, teachers themselves have to interact with students. Through pair and group work, teachers tend to direct their students to cooperate with others and become part of the environment around them. This helps students how to act in special situations and be good citizens.

<u>In a paragraph of FOUR sentences ONLY, summarise and paraphrase the passage above in an answer to the following question:</u>

	What are the main goals of teachers?																											
													• • •						· · · ·	• • • •								
••••	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • • •	• • •	• • • •	• • •	• • • •	• • •	• • • •	• • • •	••••	• • • • •	••••	• • •	• • •	• • • •	• • • •	• • • •	• • •
			. <b></b> .																									

Content / relevance	Paraphrasing	Spelling and	Paragraph	Total
of ideas		grammar	Format	
30	20	5	5	60

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence- Minus 10 for two sentences and above)



## **Unit 6: Nature**

#### Unit 6: lessons 1 & 2

Day &	Date:	
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No.	Word		Meaning	No.	Word		Meaning
1	conservation	n		7	hectare	n	
2	deserve	v		8	marsh	n	
3	effluent	n		9	propagation	n	
4	fauna	n		10	sanctuary	n	
5	fence off	v		11	vegetation	n	
6	flora	n					

## Fill in the spaces with the suitable words from the list below:

(deserves / flora / marsh / sanctuary / hectare / vegetation / effluent / conservation) 1. Much of the region's native ...... has been damaged by developers who are building hotels on green lands. 2. There is a need for the.....of trees, or there will soon be no forests. 3. He ..... the Nobel Prize. He is an outstanding scientist. 4. This island is maintained as a ......for endangered species. 5. Dangerous ......from some chemical plants is being poured into the river through the town. 6. Rain had been falling steadily all day and the ground had become a..... 7. Unfortunately, tourism is damaging the ......and fauna of the island. **Set Book Questions** 1- How important do you think animals are in the modern world?

2- Should we spend money on birds Why/ Why not?
3- Al-Jahra Pools Nature Reserve has become an important environmental site. Comment.
4- In addition to having Nature Reserves, what can we do to protect our environment?

# <u>Unit 6: lessons 4 & 5</u>

Day & Date:		
-------------	--	--

No.	Word		Meaning	No.	Word		Meaning
1	aggressive	adj		5	proud	adj	
2	fierce	adj		6	stubborn	adj	
3	herbivore	n		7	sustenance	n	
4	hostile	adj		8	tame	adj	

# Fill in the spaces with the suitable words from the list below:

(tame / proud / aggressive / stubborn / herbivores / sustenance)
1. Watching violence on TV makes some children more aggressive.
2. The shortage of rain affectsbadly as they depend totally on plants to feed.
3. He is so that his son has been chosen for the national team.
4. The bird became sothat it was impossible to release it back into the wild.
5. In harsh weather conditions, many animals die due to the lack of
Set Book Questions
1- How can you participate in protecting natural world in Kuwait?
2- Many birds and animals are becoming extinct. Discuss.
<u>Translation</u>
A- Translate the following into good English: علي: ماذا يمكن أن نفعل لنساعد في حماية الحياة البرية في منطقتا؟
خالد: الكثير يمكن فعله. علينا أن نحافظ على نظافة المنطقة وان نحول المناطق المهجورة إلى مأوى للحيوانات. Ali:  Khalid:
Kuwaitleas her Com

#### **Grammar**

#### Countable nouns

Countable nouns have singular and plural forms:

I have one brother and four sisters. / You can see animals in zoos and on farms.

We use these words with countable nouns:

a / one l've got a / one brother.

two / four / six, etc. People walk on **two legs** but dogs walk on **four legs**.

a few I went out with a few friends.

a lot of / lots of She's won a lot of / lots of competitions.

any Have you got any CDs with you?

How many students are in your class?

many I don't read **many books**.
no My family has **no pets**.

some There are **some birds** in that tree. **The mountains** are really high.

#### Uncountable nouns

Uncountable nouns do not have a plural form, and are not used with a / an: When I'm thirsty, I drink water.

The Internet is the best place to find all kinds of information.

We use these words with uncountable nouns:

a little We've still got a little time before the train.

a lot of / lots of He's got a lot of / lots of money.

any Have you got any paper?

How much tea have we got left?

much There isn't much food in the fridge.

no There is **no milk** in the bottle.

some I'd like **some advice** about university courses. the **The homework** last night was really easy.

Note: Much and many are usually used in questions and negative sentences.

A lot of / lots of are usually used in affirmative sentences.

### **Present Perfect Simple and Continuous:**

**Present Perfect Continuous:** Form:  $S + \{\text{have / has +been} + V1 + \text{ing}\} + O + ...$ 

**<u>Uses:</u>** We use the Present Perfect Continuous to talk about:

1- to stress the length of time an activity has taken: She **has been training** to be a doctor for six years.

I have been living here since 2000.

2- An activity which may not be completed:

Nawal has been writing her essay all morning.

# From a, b, c or d, choose the correct the answer:

1. My colleague is very	hardworking, he won	gold m	edals.
a. much	b. any	c. lots of	d. no
2. We've still got	time before the meeting	ng.	
a. many		c. few	d. any
3students are			·
a. How much	•	c. How many	d. Any
4tea have we		•	J
		c. How much	d. No
5. There ismi	b. How many lk in the bottle.		
a. many		c. no	d. the
•	ce about how to pass my e		
a. some			d. any
	solution for my problem		
a. some	• •	c. no	d. many
8. Theremuch for	•	<b>C.</b> 110	a. many
		c. isn't	d. no
	ive prepared is very delicit		<b>u.</b> 110
a. No			d. Many
	money to buy that ex		d. Ividity
	b. much	•	d. any
•	sweet tea at all, that's why		•
	b- a little		d- a few
	rain this wir		
	b. many		d. a few
	•		u. a 16w
a. for	t posted your application f		d vot
	b. just		d. yet
	kesapple b. a		d
			d. any
	years does a man need to	-	•
a. How much	b. Where	c. When	d. How many
•	experience, so l	•	1 C
a- a little	b- a few	c- little	d- few
17. The tower			1 1 1 11.
a- build	b- builds	c- is building	d- is built
	as I am concerned this is		S
a- long	b- soon	c- tall	d- far
_	itFebruary.		aul)
a- since	b- for	c- ago	d- yet
20. I haven't heard about		April 1	
a- for	b- since	c- yet	d- ago
1 2	-	, 7	
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21. He has stayed	d in France a co	ouple of days.	
a- ago	b- for	c- yet	d- since
22. I've been her	e a long time.		
a- for	b- ever	c- ago	d- since
23. I haven't fin	shed my homework	• • • • • • • • • • • • • • • • • • • •	
a- yet	b- ever	c- for	d- since
24 I have been st	udying English	1999.	
a- yet	b- ever	c- for	d- since
25. I've been play	ying the luteI v	was a child.	
a- for	b- yet	c- since	d- ago

#### From a, b and c, choose the correct answer as required:

1. She (**suffer**) from memory loss since the accident, but she still remembers my name.

(Correct the verb)

- a. She has been suffering from memory loss since the accident, but she still remembers my name.
- b. She suffering from memory loss since the accident, but she still remembers my name.
- c. She suffers from memory loss since the accident, but she still remembers my name.
- 2. A strong wind (**blow**) all the afternoon.

(Correct)

- a. A strong wind has been blowing all the afternoon.
- b. A strong wind blows all the afternoon.
- c. A strong wind is blowing all the afternoon.
- 3. The secretary has already submitted the reports to the manager. (Make Negative)
  - a. The secretary hasn't already submitted the reports to the manager.
  - b. The secretary hasn't submitted the reports to the manager already.
  - c. The secretary hasn't submitted the reports to the manager yet.
- 4. Our teacher (talk) about tenses for over an hour, and we wish he would stop. (Correct)
  - a. Our teacher has been talking about tenses for over an hour, and we wish he would stop.
  - b. Our teacher had talked about tenses for over an hour, and we wish he would stop.
  - c. Our teacher was talking about tenses for over an hour, and we wish he would stop.
- 5. My teacher (**correct**) books for two hours and he hasn't finished yet. (**Correct**)
  - a. My teacher had corrected books for two hours and he hasn't finished yet.
  - b. My teacher has been correcting books for two hours and he hasn't finished yet.
  - c. My teacher is correcting books for two hours and he hasn't finished yet.
- 6. Ali has been (repair) his broken bike since seven o' clock in the morning. (Correct)
  - a. Ali has been repaired his broken bike since seven o' clock in the morning.
  - b. Ali has been repairing his broken bike since seven o' clock in the morning.
  - c. Ali has been repairs his broken bike since seven o' clock in the morning.

# Unit 6: lessons 7 & 8

No.	Word		Meaning	No.	Word		Meaning
1	adjacent	adj		8	imperative	adj	
2	bed out	v		9	mammal	n	
3	carbon monoxide	n		10	nest	n	
4	cleanup	n		11	on behalf of	phr	
5	exotic	adj		12	toxin	n	
6	finance	v		13	wasteland	n	
7	global	adj					

# From a, b, c and d choose the correct word to complete the following sentences:

	a- mammal	b- cleanup	o keep their streets free fro c- toxin	om rubbish. d- wasteland
2.	The parrot builds itsa- toxin	out of grass b- nest	on top of the tree. c- wasteland	d- mammal
3.			people and consider their	
	a- exotic	b- imperative	c-global	d- adjacent
4.	Developing countries sho	<u>-</u>	pete ineco	nomy.
	a. tame	b. exotic	c. imperative	d. global
5.	The fire spread to two	buildings bef	ore firefighters were able t	o contain it.
	a- imperative	b- exotic	c-global	d- adjacent
6.		<del>_</del>	meone to	
	a- bed out	b- finance	c- fence off	d- deserve
	What you would say in  1. Your friend surprised		<u>:</u>	
	2. Someone says that wa		te of time.	
	3. Your brother thinks th		way to be on time for wor	·k.
	4. Your classmate always	s stays home and rarely r	neets his/her friends.	
	Kuw	ait/pae	her Con	7

#### **Reading Comprehension**

#### Read the following passage carefully, then answer the questions below:

Normal life never stays normal for long simply because it is full of stress. Stress is often described as a feeling of being overloaded, wound-up, tense and nervous. We all experience stress at times. It can sometimes be positive and help to motivate us to get a task finished, or perform well. But stress can also be harmful if we become over-stressed and it interferes with our ability to get on with our normal life for too long.

When we face a stressful event, our bodies respond by activating the nervous system and releasing hormones such as adrenaline and cortisol from the adrenal glands. These hormones cause physical changes in the body which help us react quickly and effectively to get through the stressful situation. They prepare our bodies to stay and fight or flee the situation. This is sometimes called the 'fight or flight' response. The hormones increase our heart rate, breathing, blood pressure, metabolism and muscle tension.

While these changes help people try to meet the challenges and effects of the stressful situations, **they** can cause negative physical or psychological symptoms if stress is not controlled. These symptoms can include headaches, other aches and pains, anxiety, anger, depression, high blood pressure, heart diseases, lack of confidence and many other symptoms.

Learning to handle stress in healthy ways is very important. Fortunately, it is easy to learn simple techniques. These include <u>recognizing</u> the causes of stress (some stress is natural), taking steps to deal with the problem, tackling the symptoms and most importantly, asking for help from a friend or a professional. The worst thing for stress is trying to take control over uncontrollable things. Because when we fail — since it's beyond our control — we only get more stressed out and feel helpless. Doing what's within our power moves us forward and is empowering and energizing. In addition to that, having certain routines throughout the day helps us to relax, better enjoy what we have in our lives and manage the harmful effects of stress. These routines include regular times for exercise and relaxation, and planning ahead to do certain jobs on specific days of the week.

# A) From a, b, c and d, choose the correct answer:

- 1- What is the best title for this passage?
  - a. The Changes of Stress
  - b. The Stressful Events
  - c. Body Reactions to Stress
  - d. The Symptoms and Solutions of Stress

<ul> <li>2- The underlined word "recognizing" in the 4<sup>th</sup> paragraph is closest in meaning to:</li> <li>a. knowing</li> <li>b. tackling</li> <li>c. learning</li> <li>d. including</li> </ul>
3- The underlined word "they" in the 3 <sup>rd</sup> paragraph refers to: a. effects b. changes c. challenges d. situations
<ul> <li>4- According to paragraph 2, what is the effect of stress on our bodies?</li> <li>a. It decreases cortisol in our bodies.</li> <li>b. It makes our bodies release hormones.</li> <li>c. It helps us react slowly and effectively.</li> <li>d. It raises our heart beat and lowers blood pressure.</li> </ul>
<ul> <li>5- Which of the following statements is <b>NOT TRUE</b>?</li> <li>a. The nervous system is activated in stressful events.</li> <li>b. Adrenaline lowers metabolism in stressful situations.</li> <li>c. The heart is responsible for controlling the adrenal glands.</li> <li>d. Stress activates the nervous system to release the necessary hormones.</li> </ul>
<ul><li>6- What is the author's purpose in writing this passage?</li><li>a. To inform readers about the types of stress.</li><li>b. To teach readers how bodies release hormones.</li><li>c. To show readers the effects of stress on our blood pressure.</li><li>d. To tell readers about stress, its effects and ways to control it.</li></ul>
B) Answer the following questions:
7-Why shouldn't we try to take control over uncontrollable things?
8-How can we handle stress in healthy ways?
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## **Writing**

## Write on the following topic: (Expository)

Wildlife conservation programs have been working hard to save many different species from extinction.

Plan and write an essay of 12 sentences (140 words), showing the importance of wildlife conservation and the ways of keeping wild life safe without dangers.

**NB:** (Your writing should include an introduction, two-body paragraphs and a conclusion)

#### **Outline**

Turkey Januari and
<u>Introduction:</u>
<b>Body</b>
Paragraph (1)
raragraph (1)
Paragraph (2)
Conclusion:

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			Write you	r topic her	<u>·e</u>		
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• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •			• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •
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Rub	Outline	Exposition of ideas and	Paragraphing and number of	Spelling	Grammar	Handwriting spacing and	Total
Rubrics		coherence	sentences	10	10	punctuation	100
	20	40	10	10	10	10	100

- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

# Focus on Kuwait: A Shoppers Paradise

# **Set Book Questions**

	1. Kuwait is a great place to for shopping. Discuss.
	Inversion Inversion refers to an irregular verb placement form.
	Case One:
5	The question form (auxiliary + subject + main verb) takes the place of the standard positive sentence structure. Generally, an inversion is used to stress the uniqueness of an event and begins with a negative.
(	e.g. Not only do I enjoy classical music, but I also have a season ticket to the symphony orchestra.  Case Two:
	Inversion after so (So + adjective + verb 'to be' + subject).  e.g. So strange was the situation that I couldn't sleep.
	om a, b, and c, choose what is required:
1	It was so cold. The wind blew so hard. (Begin with: Not onlybut also)  a. Not only did it was so cold but the wind also blew so hard.  b. Not only was it so cold but the wind also blew so hard.  c. Not only it was so cold but the wind also blew so hard.
1	I was so happy. I bought flowers for everybody in class.  a. So I was happy that I bought flowers for everybody in class.  b. So happy I was that I bought flowers for everybody in class.  c. So happy was I that I bought flowers for everybody in class.
3. \$	Salem came to the party. He also brought a present with him.
	(Begin with: Not onlybut also)
	a. Not only did Salem come to the party but he also brought a present with him.
	<ul><li>b. Not only did Salem came to the party but he also brought a present with him.</li><li>c. Not only does Salem come to the party but he also brought a present with him.</li></ul>
	The wind was so strong. We couldn't open the window. (Begin with: So)
	a. So strong was the wind that we couldn't open the window.
	<ul><li>b. So strong the wind was that we couldn't open the window.</li><li>c. So the wind was strong that we couldn't open the window.</li></ul>
•	e. So the white was strong that we contain open the whiteow.
5. ′	Tooth paste can fight cavity. It can also refresh your breath.
	(Begin with: Not onlybut also)
	a. Not only does tooth paste can fight cavity but it can also refresh your breath.
	b. Not only tooth paste can fight cavity but it can also refresh your breath.  c. Not only can tooth paste fight cavity but it can also refresh your breath.
•	of thou only can toom pasto right carry out it can also remonly our oreally