



المزيني

Al Muzaini

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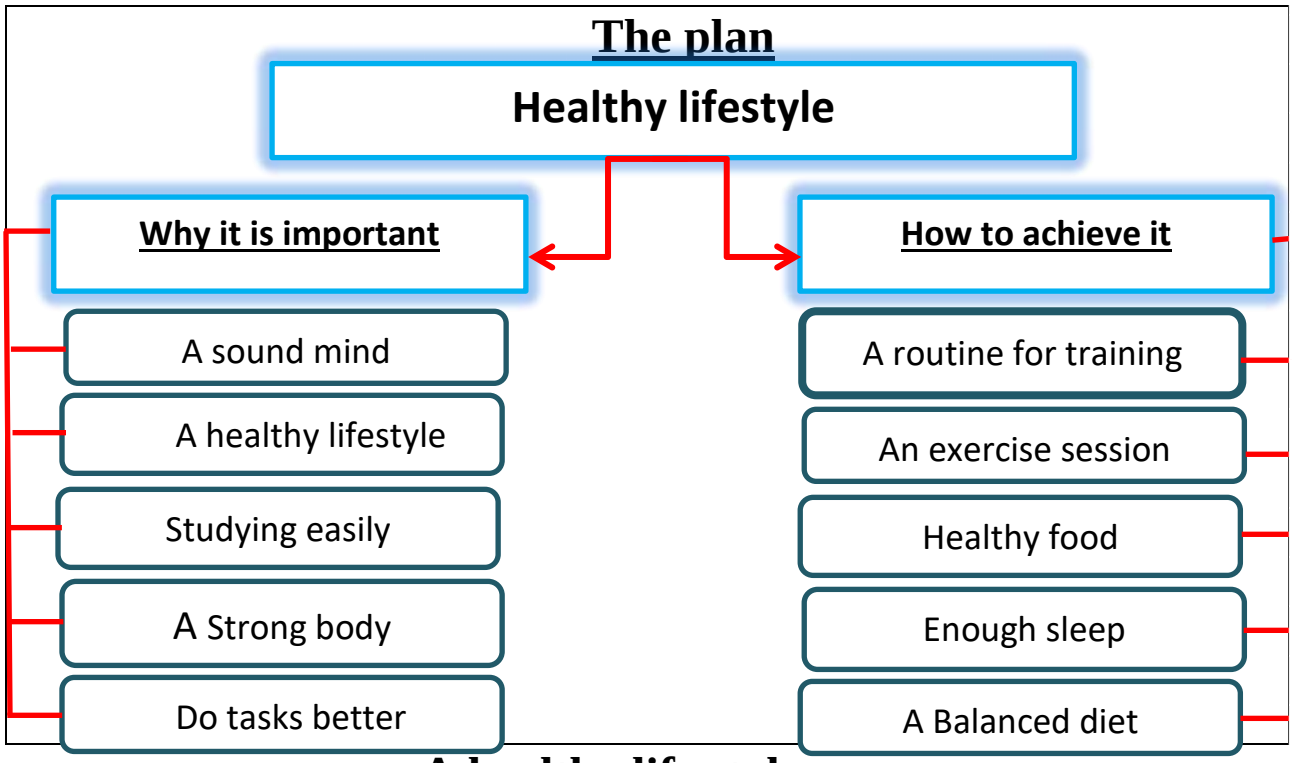
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WRITING (1)

"Keeping fit is very important for a healthy lifestyle but it is not that easy to achieve it." Plan and Write a report of two paragraphs (10 sentences) about **the importance of leading healthy lifestyle and how people can achieve it.**

* Your writing should include a topic sentence, supporting details and a conclusion.



A healthy life style

A sound mind is in a sound body. It is very important to have a healthy life style. When you are fit, studying becomes easier. You will have a strong body. You can do tasks easily.

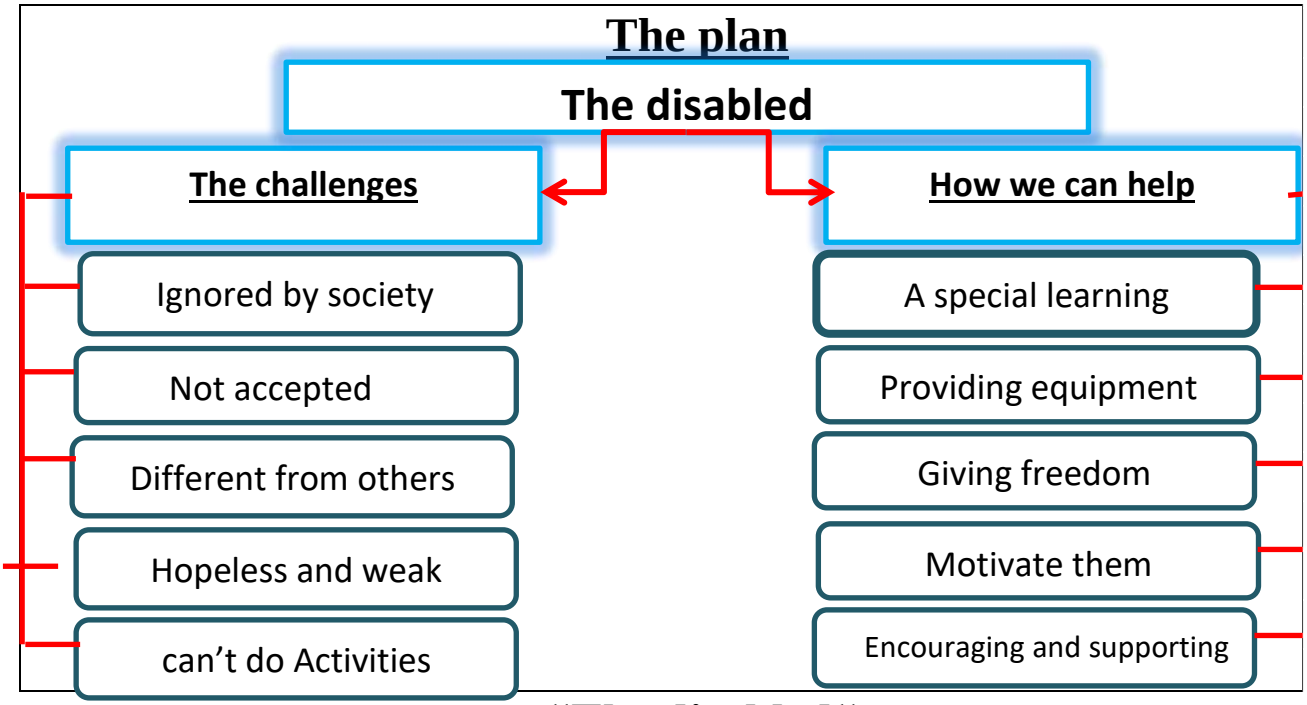
There are many ways to have a healthy life style. It is important to have routine of training. You should have a good exercise session. You should eat healthy food. You should sleep enough. Finally, a balanced diet and daily exercise will help you to keep fit and healthy.

WRITING (2)

"The physically challenged can do miracles inspite of their disabilities."

Plan and **write** a composition of **two** paragraphs (**not less than 10 sentences**) about "**The disabled**" explaining **the challenges that they may face and how we can help ther**

*Your writing should include a topic sentence, supporting details and a conclusion.



"The disabled"

The disabled are a part of any society. They may face many challenges. Some Societies may ignore them. Some Societies don't accept them. They think that the disabled are different from others. They think that the disabled are hopeless and they can't do any activities.

To help the disabled we should provide them with special learning. We should provide them with special equipment. It is important to give them freedom to practice activities. We should help them to overcome their disabilities. We should encourage and motivate them.

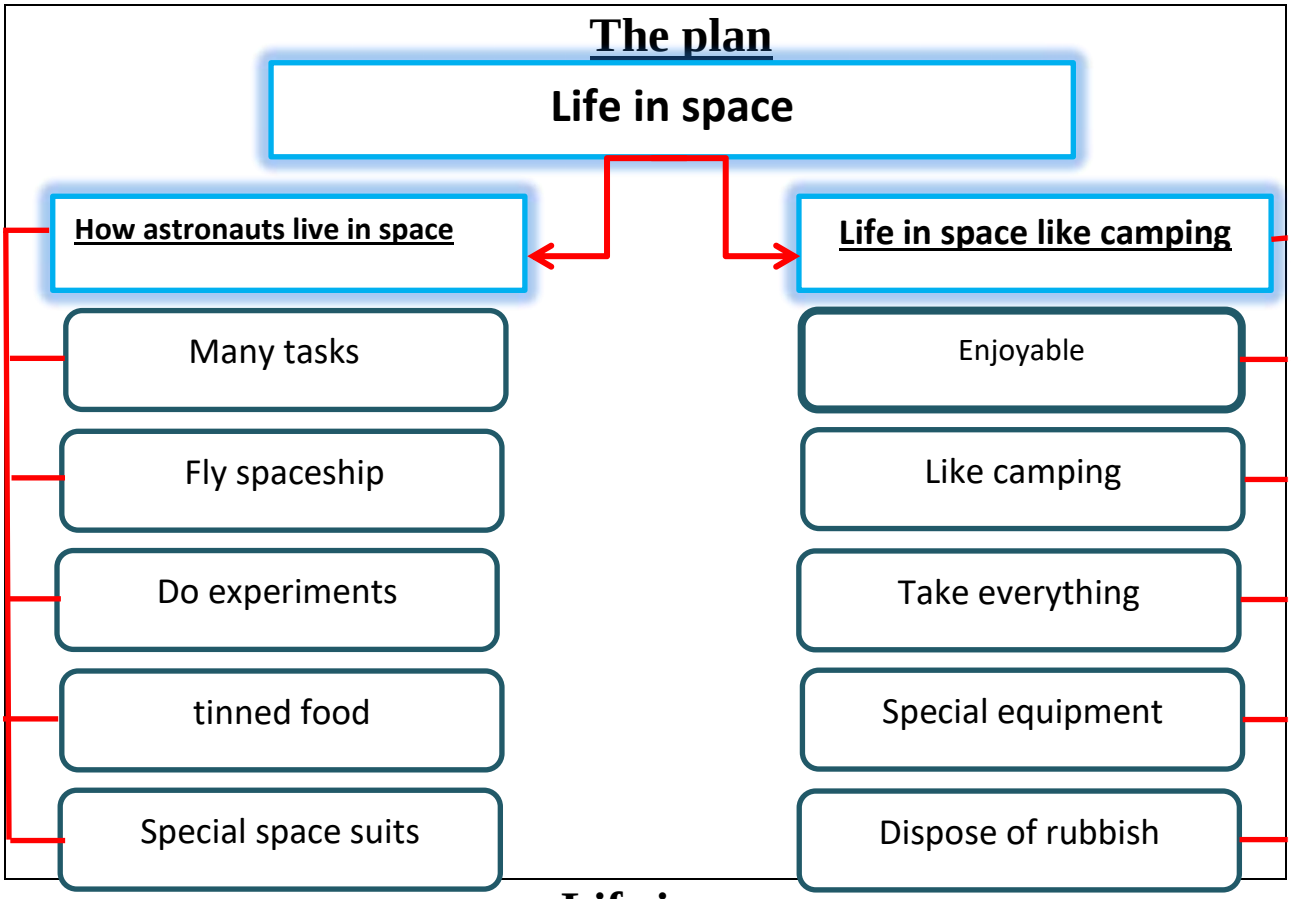
WRITING (3)

"Travelling into space is a dream of all people of different ages."

Plan and **write** a composition of two paragraphs (not less than 10 sentences) about **"life in space"** explaining **the way astronauts live in space and how it is like camping.**

*Your writing should include a topic sentence, supporting details and a conclusion.

The plan



Life in space

Life in space is enjoyable. It is like camping for three reasons. First, you have to take everything you need. Second, you use special equipment. Third, you have to dispose of rubbish.

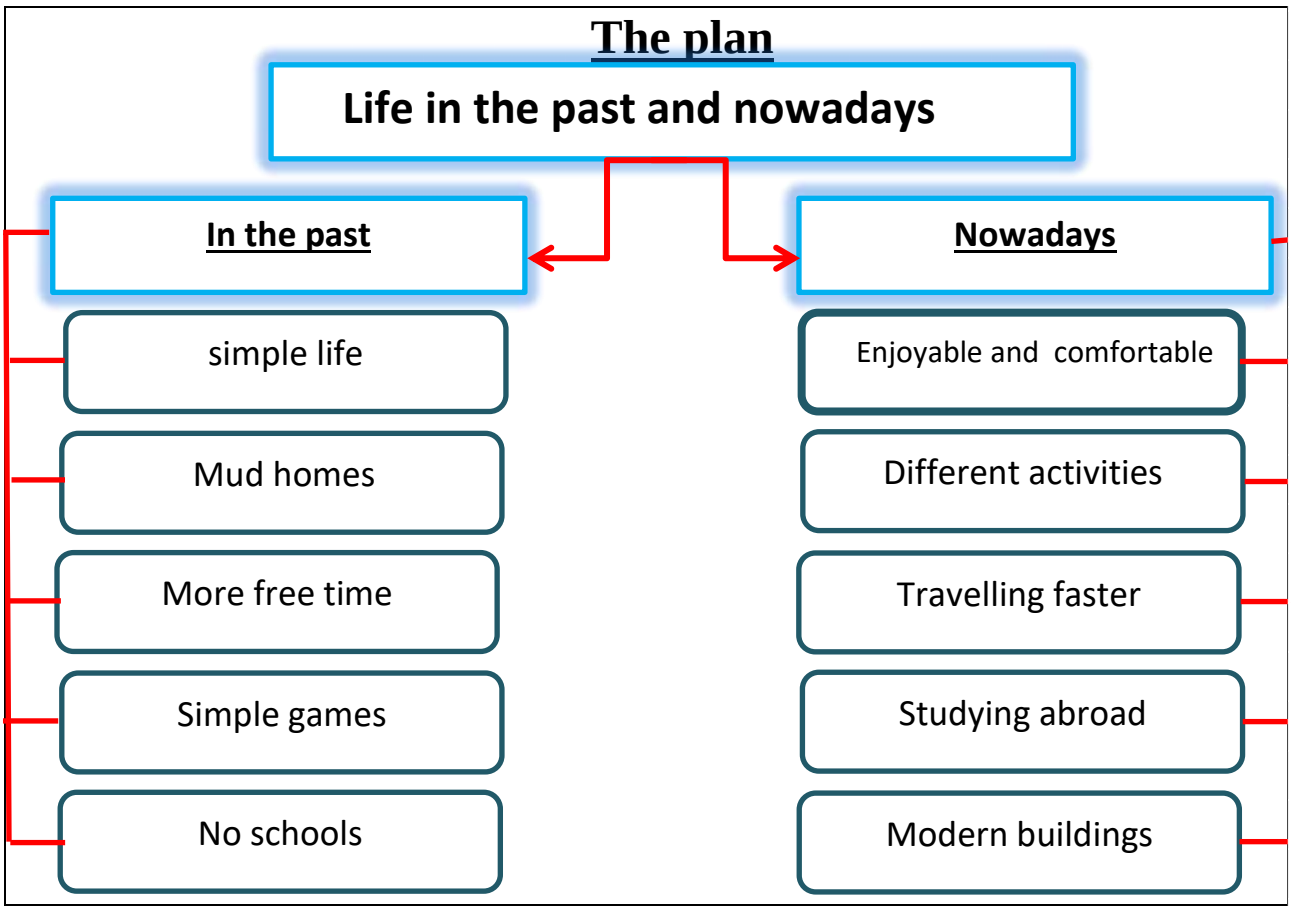
In space astronauts do many tasks. They fly the spaceship. They do experiments and explore planets. They eat tinned food and drink through a straw. They wear special suits. Finally, I dream of being an astronaut.

WRITING (4)

"Life in the past was different from life nowadays."

Plan and **write** a composition of two paragraphs (not less than 10 sentences) **about life in the past and life nowadays.**

*Your writing should include a topic sentence, supporting details and a conclusion.



"Life in the past and nowadays"

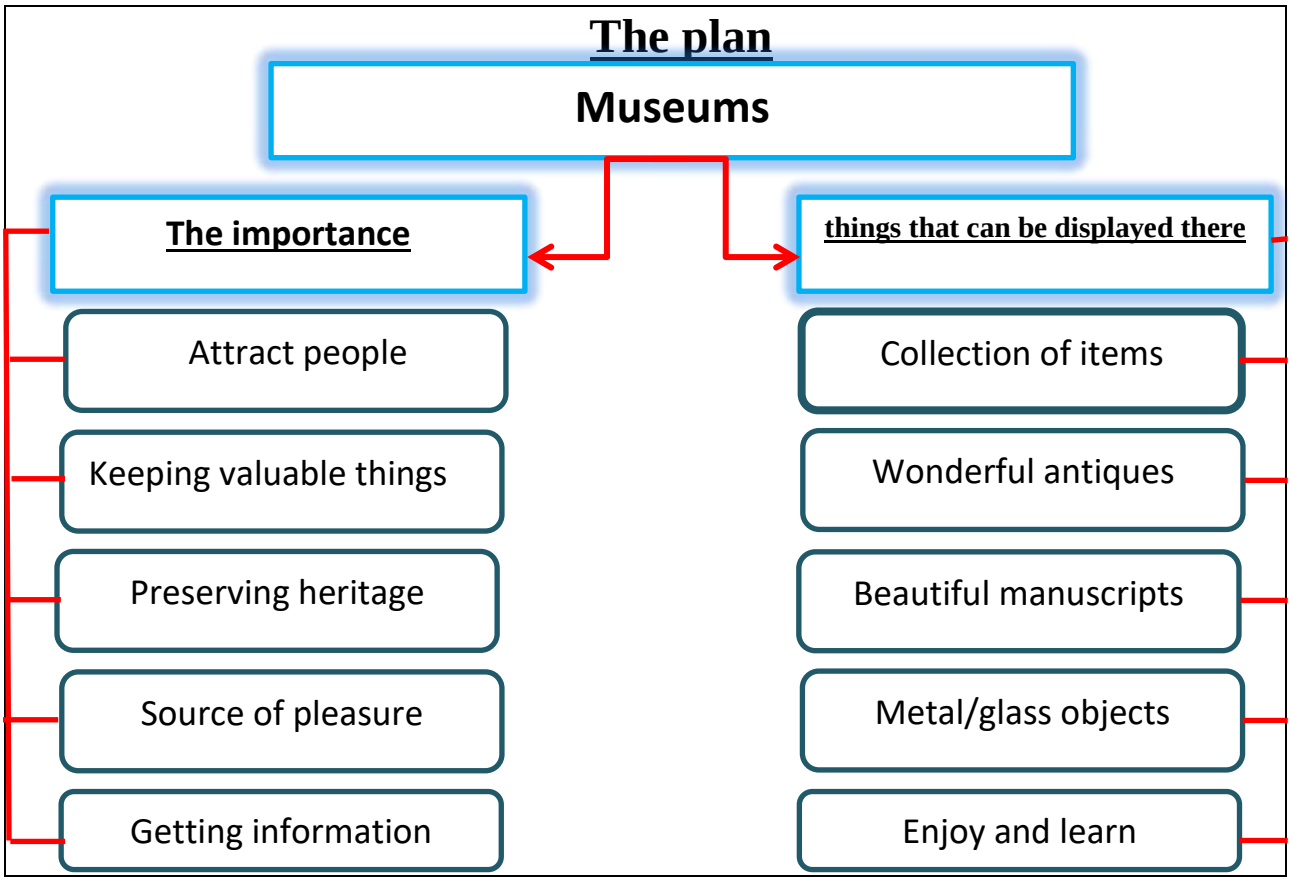
Life in the past was simple. People lived in mud homes. There were no schools. People had more free time. They used to play simple games and tell stories. There were no schools.

Nowadays, life is completely different. It is easier, enjoyable and more comfortable. There are modern buildings. People depend on modern technology. They can travel faster. The enjoy playing online games and surfing the internet.

WRITING (5)

"A museum is considered one of the most interesting places that attract people of different ages." **Plan** and **write** a composition of two paragraphs (not less than 10 sentences) about **"Museums"** explaining **the importance of building museums and the things that can be displayed there.**

*Your writing should include a topic sentence, supporting details and a conclusion.



Museums

A museum is an interesting place. It attracts people of different ages. It is a place for keeping the most valuable things. The heritage of the country is preserved in the museums. Also, the museum is a source of pleasure. People can get information from the museums.

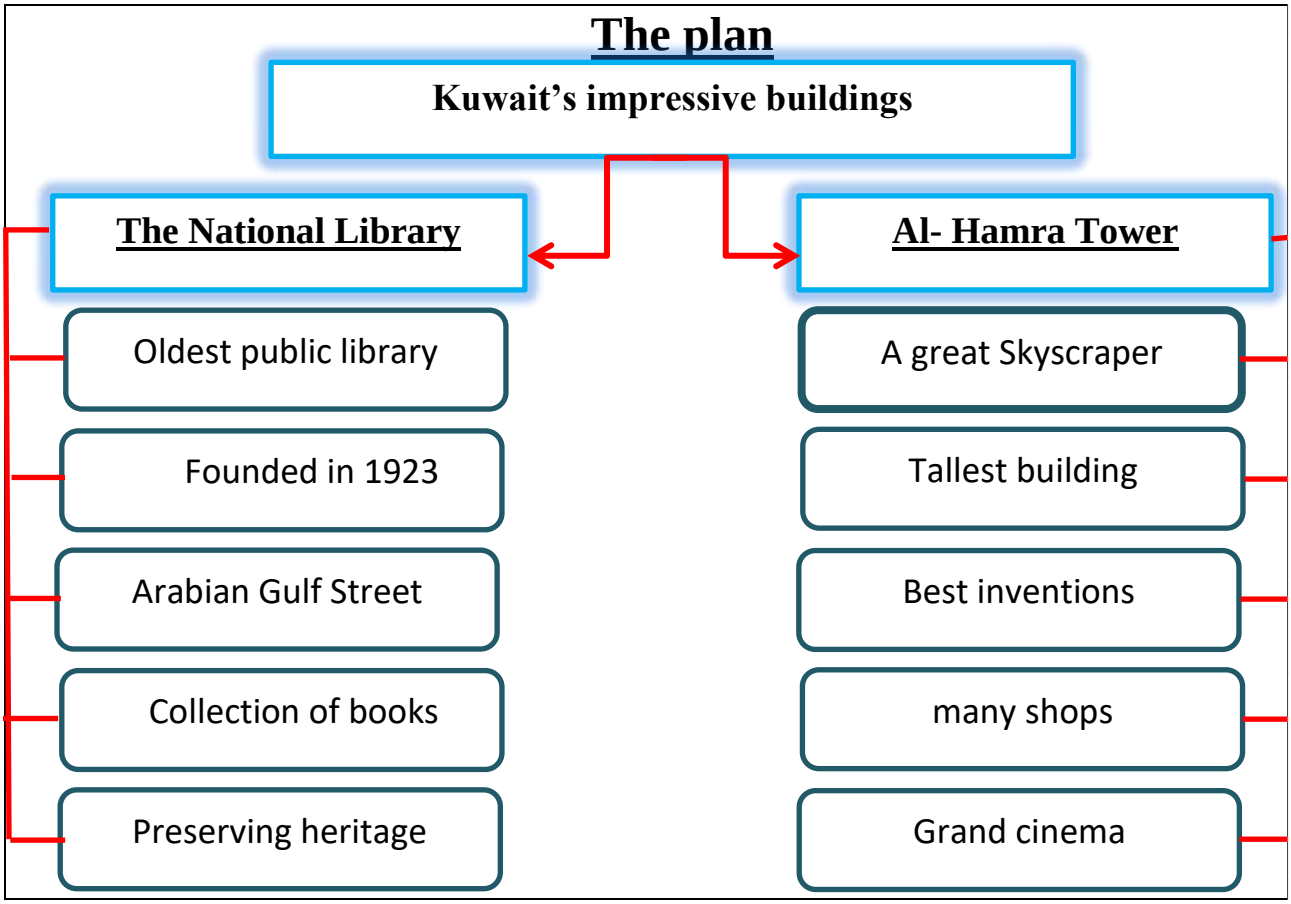
The museum has a collection of items. It includes wonderful antiques. Also, it has beautiful manuscripts. There are also metal and glass objects. When you visit the museum you will enjoy and learn.

WRITING (6)

"Kuwait has many impressive modern places."

Plan and **write** a composition of two paragraphs (not less than 10 sentences) about **Kuwait's impressive buildings** including **The National Library of Kuwait and Al-Hamra Tower.**

*Your writing should include a topic sentence, supporting details and a conclusion.



Kuwait's impressive building

Kuwait has many impressive modern places. The national library is the oldest public library in Kuwait. It was founded in 1923. It is located in the Arabian Gulf Street. The library has a collection of thousands books .. The library is preserving the national heritage of Kuwait.

Al –Hamra Tower is a great skyscraper. It is the tallest building in Kuwait. It was included in the list of the best inventions of 2011. There are many shops. Also, the eight-screen grand cinema is found there. Impressive buildings prove the economic power of the country.